

Revised 1/7/15

PARKS & RECREATION DEPARTMENT

222-3444



**2015 - Winter Season
WOMENS WEDNESDAY POWER A1 LEAGUE**

<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE</u>
1. Bangarang Ninjas	Jessica R	h)321-7105
2. No Diggity	Melissa E	h)222-3692
3. Not That Kevin	Courtney T	h)402-3945
4. Blow Up Dolls	Jessica N	h)229-0671
5. Blocking Bulldogs	Heather M	h)319-404-7590
6. I'd Hit That	Stephanie C	h)641-430-3733

	<u>Jan 7</u>	<u>Jan 14</u>	<u>Jan 28</u>	<u>Feb 4</u>	<u>Feb 18</u>
<u>Court</u>	<u>North</u>	<u>North</u>	<u>North</u>	<u>North</u>	<u>North</u>
7:40	2-1	3-4	6-4	5-3	5-6
8:35	4-5	6-1	2-3	6-2	1-3
9:30	3-6	2-5	1-5	4-1	4-2

	<u>Feb 25</u>	<u>March 4</u>	<u>March 11</u>	<u>March 25</u>	<u>April 1</u>	<u>April 8</u>
<u>Court</u>	<u>South</u>	<u>Center</u>	<u>Center</u>	<u>Center</u>	<u>Center</u>	<u>Center</u>
6:15	6-3	5-2	5-1	1-4	2-4	2-1
7:10	5-4	1-6	3-2	2-6	3-1	4-5
8:05	1-2	4-3	4-6	3-5	6-5	3-6

~All scheduled matches are at Valley Southwoods.

~1st team listed is home and serves 1st game. Alternate 1st serve for 2nd and 3rd game.

~Uniforms are not required. Non-marking gym shoes only.

~Teams will play all 3 games of match. Rally scoring will be used for all 3 games of match.

~Unsportsmanlike conduct and harassment of Officials will not be tolerated.

~5 roster changes/additions allowed. Last day to change/add players is **March 25, 2015**.

~Awards – Team trophies will be presented to first and second place teams in the league. A team plaque will be awarded to League Tourney Champions (if applicable).

~League Champions t-shirts will be awarded to every rostered player on League Champion teams.

~In case of bad weather, call **222-3500** for a recording on games status after 5:00 pm. **If the recording is not updated, games will be held as scheduled.**

~West Des Moines Park and Recreation Department is not responsible for any lost personal items left in the gym.

~No unsupervised children allowed in gyms or hallways.

~Game ball provided by Department

~A Legal picture I.D. is required of all players at all times.

~If you have any questions regarding league information e-mail kevin.fitzgerald@wdm.iowa.gov or bruce.mankel@wdm.iowa.gov.

Revised 1/7/15

PARKS & RECREATION DEPARTMENT

222-3444



**2015 - Winter Season
WOMENS WEDNESDAY POWER A2 LEAGUE**

<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE</u>
1. Docs Lounge	Kari M	h)577-0912
2. Girls Night Out	Nikki T	h)480-9787
3. Wagamamas	Kim B	h)205-2535
4. Big Pimpin	Katie K	h)450-3331
5. That's What She Set	AJ P.	h)491-0527

	<u>Jan 7</u>	<u>Jan 21</u>	<u>Jan 28</u>	<u>Feb 11</u>	<u>Feb 18</u>
<u>Court</u>	<u>South</u>	<u>South</u>	<u>South</u>	<u>South</u>	<u>South</u>
7:40	1-4	3-1	5-3	2-5	4-2
8:35	2-1	2-4	4-3	1-5	3-5
9:30	2-3	4-5	1-2	3-4	5-1

	<u>March 4</u>	<u>March 11</u>	<u>March 25</u>	<u>April 1</u>	<u>April 8</u>
<u>Court</u>	<u>South</u>	<u>South</u>	<u>South</u>	<u>South</u>	<u>South</u>
6:15	3-2	5-4	1-4	League	League
7:10	5-2	1-3	2-1	Tournament	Tournament
8:05	4-1		2-3		

~All scheduled matches are at Valley Southwoods.

~1st team listed is home and serves 1st game. Alternate 1st serve for 2nd and 3rd game.

~Uniforms are not required. Non-marking gym shoes only.

~If a team is 5 minutes late – forfeit first game. If a team is 10 minutes late – forfeit match.

~Teams will play all 3 games of match. Rally scoring will be used for all 3 games of match.

~Unsportsmanlike conduct and harassment of Officials will not be tolerated.

~5 roster changes/additions allowed. Last day to change/add players is **March 11, 2015**.

~Awards – A Team trophy Volleyball will be presented to first place team in the league. A team plaque will be awarded to League Tourney Champions (if applicable).

~League Champions t-shirts will be awarded to every rostered player on League Champion teams.

~In case of bad weather, call **222-3500** for a recording on games status after 5:00 pm. **If the recording is not updated, games will be held as scheduled.**

~West Des Moines Park and Recreation Department is not responsible for any lost personal items left in the gym.

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PARKS & RECREATION DEPARTMENT

222-3444



2015 - Winter Season

WOMENS WEDNESDAY POWER A2 LEAGUE TOURNAMENT

1st That's What She Set

#1

4/1/15 7:10 pm

South

(Loser to C)

4th Big Pimpin

4th Big Pimpin

#1

4/1/15 6:15 pm

South (Loser to A)

5th Docs Lounge

4th Big Pimpin

4/8/15 6:15 pm

South

Girls Night Out

Tournament Champion

2nd Girls Night Out

#2

4/1/15 8:05 pm

South

(Loser to B)

2nd Girls Night Out

3rd Wagamamas

Consolation Bracket

5th Docs Lounge

South

4/8/15 7:10

3rd Wagamamas

3rd Wagamamas

South

4/8/15

8:05

Wagamamas

Consolation Champs

1st That's What She Set

WEATHER # - 222-3500

MATCHES HELD AT VALLEY SOUTHWOODS (625 South 35th Street)

**MANAGERS WILL BE NOTIFIED OF FINAL STANDINGS
BY EMAIL AFTER LEAGUE PLAY HAS BEEN COMPLETED.**

Team plaque will be awarded to the Tournament Champion.

Teams will play best 2 out of 3 games for the match during League Tournament.

Highest seeded team will always be home team.

Same time limit rule & Scoring System rules as was used in league play will apply.

Revised 1/6/15

PARKS & RECREATION DEPARTMENT

222-3444



2015 - Winter Season

WOMENS WEDNESDAY POWER B1 LEAGUE

<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE</u>
1. Bumpin Ugliers	Amy W	h)641-799-8779
2. Saints	Jaime N	h)447-3399
3. That was Yours	Danelle V	h)577-3939
4. Volleyballers	Jodi B	h)712-789-2897
5. Scrappypants	Jacque F	h)865-7685
6. Nags	Gretchen S	h)556-2405

	<u>Jan 14</u>	<u>Jan 21</u>	<u>Feb 4</u>	<u>Feb 11</u>
<u>Court</u>	<u>South</u>	<u>North</u>	<u>South</u>	<u>North</u>
7:40	2-1	3-4	6-4	5-3
8:35	4-5	6-1	2-3	6-2
9:30	3-6	2-5	1-5	4-1

	<u>Feb 25</u>	<u>March 4</u>	<u>March 11</u>	<u>March 25</u>	<u>April 1</u>	<u>April 8</u>
<u>Court</u>	<u>North</u>	<u>North</u>	<u>North</u>	<u>North</u>	<u>North</u>	<u>North</u>
6:15	5-6	6-3	5-2	5-1	1-4	2-4
7:10	1-3	5-4	1-6	3-2	2-6	3-1
8:05	4-2	1-2	4-3	4-6	3-5	6-5

~All scheduled matches are at Valley Southwoods.

~1st team listed is home and serves 1st game. Alternate 1st serve for 2nd and 3rd game.

~Uniforms are not required. Non-marking gym shoes only.

~Teams will play all 3 games of match. Rally scoring will be used for all 3 games of match.

~Unsportsmanlike conduct and harassment of Officials will not be tolerated.

~5 roster changes/additions allowed. Last day to change/add players is **April 1, 2015**.

~Awards – A Team trophy Volleyball will be presented to first place team in the league. A team plaque will be awarded to League Tourney Champions (if applicable).

~League Champions t-shirts will be awarded to every rostered player on League Champion teams.

~In case of bad weather, call **222-3500** for a recording on games status after 5:00 pm. **If the recording is not updated, games will be held as scheduled.**

~West Des Moines Park and Recreation Department is not responsible for any lost personal items left in the gym.

~No unsupervised children allowed in gyms or hallways.

~Game ball provided by Department

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Revised 1/7/15

PARKS & RECREATION DEPARTMENT

222-3444



2015 - Winter Season

WOMENS WEDNESDAY POWER B2 LEAGUE

<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE</u>
1. Hit It Or Quit It	Allie W	h)712-358-2411
2. BLC girls	Holly S	h)660-229-4355
3. Cheap Shots	Michelle C	h)223-6009
4. 6 Pack	Stacy Y	h)238-3017
5. Dig This	Stephanie B	h)490-0460
6. Shanky Panky	Lesley W	h)664-6006

	<u>Jan 7</u>	<u>Jan 14</u>	<u>Jan 21</u>	<u>Jan 28</u>	<u>Feb 4</u>	<u>Feb 11</u>	<u>Feb 18</u>
6:15	1-2	3-1	3-6	5-4	1-4	6-5	4-6
7:10	4-3	2-5	1-5	6-1	2-6	3-4	5-2
8:05	5-6	6-4	4-2	2-3	3-5	2-1	1-3
	<u>Feb 25</u>	<u>March 4</u>	<u>March 11</u>	<u>March 25</u>			
6:15	2-4	3-2	5-3	1-2			
7:10	5-1	1-6	6-2	4-3			
8:05	6-3	4-5	4-1	5-6			

~All scheduled matches are at **Rex Mathes (14th Street & Vine)**

~1st team listed is home and serves 1st game. Alternate 1st serve for 2nd and 3rd game.

~Uniforms are not required. Non-marking gym shoes only.

~Teams will play all 3 games of match. Rally scoring will be used for all 3 games of match.

~Unsportsmanlike conduct and harassment of Officials will not be tolerated.

~5 roster changes/additions allowed. Last day to change/add players is **March 4, 2015**.

~Awards – A Team trophy Volleyball will be presented to first place team in the league. A team plaque will be awarded to League Tourney Champions (if applicable).

~League Champions t-shirts will be awarded to every rostered player on League Champion teams.

~In case of bad weather, call **222-3500** for a recording on games status after 5:00 pm. **If the recording is not updated, games will be held as scheduled.**

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PARKS & RECREATION DEPARTMENT

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2015 - Winter Season WOMENS WEDNESDAY POWER C1 LEAGUE

<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE</u>
1. One Arm Bandits	Stacey T	h)238-8483
2. Sets on the Beach	Ashley H	h)319-270-4172
3. Just us Gals	Joann T	h)202-8832 w)453-1653
4. DMOS	Tedi A	h)712-540-4830
5. Bump It Up	Linda B	h)834-9211

	<u>Jan 7</u>	<u>Jan 14</u>	<u>Jan 21</u>	<u>Jan 28</u>	<u>Feb 4</u>	<u>Feb 11</u>	<u>Feb 18</u>
6:15	1-4	3-1	5-3	2-5	4-2	3-2	1-3
7:10	1-5	2-4	4-3	2-1	5-1	3-5	5-2
8:05	2-3	4-5	1-2	3-4		4-1	5-4

<u>Feb 25</u>	<u>March 11</u>
League	League
Tournament	Tournament

- ~All scheduled matches are at **Woodland Hills Elem** (1120 South 95th St).
- ~1st team listed is home and serves 1st game. Alternate 1st serve for 2nd and 3rd game.
- ~Uniforms are not required. Non-marking gym shoes only.
- ~Teams will play all 3 games of match. Rally scoring will be used for all 3 games of match.
- ~Unsportsmanlike conduct and harassment of Officials will not be tolerated.
- ~5 roster changes/additions allowed. Last day to change/add players is **February 11, 2015**.
- ~Awards – A Team trophy Volleyball will be presented to first place team in the league. A team plaque will be awarded to League Tournery Champions (if applicable).
- ~League Champions t-shirts will be awarded to every rostered player on League Champion teams.
- ~In case of bad weather, call **222-3500** for a recording on games status after 5:00 pm. **If the recording is not updated, games will be held as scheduled.**
- ~West Des Moines Park and Recreation Department is not responsible for any lost personal items left in the gym.
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- ~A Legal picture I.D. is required of all players at all times.
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2015 - Winter Season

WOMENS WEDNESDAY POWER C1 LEAGUE TOURNAMENT

	<u>1st Sets on the Beach</u> #1 2/25/15 7:10 pm		<u>1st Sets on the Beach</u>
<u>4th One Arm Bandits</u> #1 2/25/15 6:15 pm (Loser to A) <u>5th DMOS</u>	(Loser to C)		
	<u>5th DMOS</u>	3/11/15 6:15 pm	<u>Sets on the Beach</u> Tournament Champion
	<u>2nd Bump It Up</u> #2 2/25/15 8:05 pm	<u>2nd Bump It Up</u>	
	(Loser to B)		
	<u>3rd Just us Gals</u>		
<u>Consolation Bracket</u>			
<u>4th One Arm Bandits</u>			
3/11/15 7:10 <u>3rd Just us Gals</u>	<u>3rd Just us Gals</u>		
	3/11/15 8:05	<u>Just us Gals</u> Consolation Champs	
	<u>5th DMOS</u>		

WEATHER # - 222-3500

MATCHES HELD at **Woodland Hills Elem**(1120 South 95th St).

MANAGERS WILL BE NOTIFIED OF FINAL STANDINGS BY EMAIL AFTER LEAGUE PLAY HAS BEEN COMPLETED.

Team plaque will be awarded to the Tournament Champion.

Teams will play best 2 out of 3 games for the match during League Tournament.

Highest seeded team will always be home team.

Same time limit rule & Scoring System rules as was used in league play will apply.

PARKS & RECREATION DEPARTMENT

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2015 - Winter Season WOMENS WEDNESDAY POWER C2 LEAGUE

<u>TEAM NAME</u>	<u>MANAGER</u>	<u>PHONE</u>
1. Old McGladrey	Steph G	h)440-0271 w)535-6506
2. Face Planters	Gina G	h)402-301-3374
3. For Real This Time	Margret G	h)419-9913
4. All About that Ace	Sarah L	h)240-1069
5. Sully's	Darby N	h)577-3087

	<u>Jan 7</u>	<u>Jan 14</u>	<u>Jan 21</u>	<u>Jan 28</u>	<u>Feb 4</u>	<u>Feb 11</u>	<u>Feb 18</u>
6:15	1-4	3-1	5-3	2-5	4-2	3-2	1-3
7:10	1-5	2-4	4-3	2-1	5-1	3-5	5-2
8:05	2-3	4-5	1-2	3-4		4-1	5-4

<u>Feb 25</u>	<u>March 11</u>
League	League
Tournament	Tournament

~All scheduled matches are at **Brookview Elementary (8000 – E. P. True Parkway)**

~1st team listed is home and serves 1st game. Alternate 1st serve for 2nd and 3rd game.

~Uniforms are not required. Non-marking gym shoes only.

~Teams will play all 3 games of match. Rally scoring will be used for all 3 games of match.

~Unsportsmanlike conduct and harassment of Officials will not be tolerated.

~5 roster changes/additions allowed. Last day to change/add players is **February 11, 2015**.

~Awards – A Team trophy Volleyball will be presented to first place team in the league. A team plaque will be awarded to League Tourney Champions (if applicable).

~League Champions t-shirts will be awarded to every rostered player on League Champion teams.

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222-3444



2015 - Winter Season

WOMENS WEDNESDAY POWER C2 LEAGUE TOURNAMENT

1st Face Planters
#1
2/25/15 7:10 pm

4th Old McGladrey
#1
2/25/15 6:15 pm
(Loser to A)
5th All About That Ace

(Loser to C)

1st Face Planters
5th All About That Ace
3/11/15 6:15 pm

Sully's
Tournament Champion

2nd Sully's
#2
2/25/15 8:05 pm 2nd Sully's

(Loser to B)
3rd For Real This Time

Consolation Bracket

4th Old McGladrey
3/11/15 7:10
3rd For Real This Time

3rd For Real This Time
3/11/15 8:05 For Real This Time
Consolation Champs

5th All About That Ace

WEATHER # - 222-3500

MATCHES HELD at **Brookview Elementary (8000 – E. P. True Parkway)**

MANAGERS WILL BE NOTIFIED OF FINAL STANDINGS BY EMAIL AFTER LEAGUE PLAY HAS BEEN COMPLETED.

Team plaque will be awarded to the Tournament Champion.

Teams will play best 2 out of 3 games for the match during League Tournament.

Highest seeded team will always be home team.

Same time limit rule & Scoring System rules as was used in league play will apply.