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AN INNOVATIVE LINK TO NEWS AND ACTIVITIES FOR THE CITY OF WEST DES MOINES

# WDM magazine

Issue 40 | Fall 2016

16

ART ON THE TRAIL

28

LIBRARY ACTIVITIES

p1

WDM PARKS & RECREATION



**IllumiFest**  
a Fall Festival of light

**Sept. 24**

# WDM FACILITY MAP



- 1 City Hall:** 4200 Mills Civic Pkwy
- 2 Public Safety Station #19:**  
8055 Mills Civic Pkwy
- 3 Fire Station #21:**  
3421 Ashworth Road
- 4 Human Services:** 139 6th Street
- 5 WDM Public Library:**  
4000 Mills Civic Pkwy
- 6 Law Enforcement Center:**  
250 Mills Civic Pkwy
- 7 Public Works:**  
560 S. 16th Street
- 8 Fire Station #17:**  
1401 Railroad Avenue

- 9 Westside Fire Station #22:**  
1801 68th street
- 10 Fire Station #18:**  
5025 Grand Avenue
- 11 Valley Junction Activity Center:**  
217 5th Street
- 12 Nature Lodge:**  
2500 Grand Avenue
- 13 Holiday Aquatic Center:**  
1701 Railroad Avenue
- 14 Valley View Aquatic Center:**  
255 S. 81st Street
- 15 Water Works Plant:**  
1505 Railroad Avenue

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WELCOME to the WDM Magazine...  
The City of West Des Moines' premier communication sent to over 31,000 homes and businesses throughout the City.

The WDM Magazine is published 3 times per year to highlight city news and information as well as community events and programming available through WDM Parks and Recreation, the WDM Library, and WDM Human Services.



Providing the services communities need for more than a century.

- ▷ 5525 Merle Hay Road, Suite 200  
Johnston, IA 50131
- ▷ Phone 515.278.2913  
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- ▷ HRGREEN.COM

TRANSPORTATION + WATER  
GOVERNMENTAL SERVICES  
LAND DEVELOPMENT  
ENERGY + CONSTRUCTION



# THE MAYOR'S COLUMN

The heart of historic West Des Moines is well known for many things, especially its eclectic shopping, vibrant farmers market that attracts large crowds and more than 100 vendors to Fifth Street every Thursday evening from early May through late September, and an established surrounding neighborhood that has been home to many residents for generations.

But many people don't know that West Des Moines began in 1893 as Valley Junction. It wasn't until a vote on Dec. 7, 1937 — the third such vote by residents — that Valley Junction changed its name to West Des Moines.

Last September, we started searching for a firm to assist us in the creation of a master plan to ensure the continued vitality of the area, which is bounded by First Street (Highway 28) to the east, Railroad Avenue to the south, and Grand Avenue to the north and west. After considering several proposals, we selected Teska Associates to lead this effort.

We are fortunate that West Des Moines is able to conduct this effort from a position of strength — strength that only comes from a strong local economy and citizens who truly care about the area's vitality. Our intent is to take an already thriving area to the next level by working to ensure we're planning ahead and identifying needs and resources.

Since January, city officials and staff have held three workshops to gather public input and determine what residents would like to see in both the commercial and residential areas. Teska has done an excellent job of engaging people to talk about the area and identify new ways to keep the neighborhood and business district fresh and appealing.

Input has come through focus groups, public workshops, community events, online polls and even an ideas chalkboard. These interactive tools have created a sense of excitement among participants who are thrilled to help shape the future of an important part of our community.

When asked what people would like to see in historic West Des Moines, we heard a variety of outstanding suggestions ranging from a request for more upper-story apartments and condos to more bistro-style outdoor cafes, restaurants and rooftop patios. We also heard about bicycle and parking needs and a few areas that need some additional care and attention.

This variety of perspectives provided helpful feedback that is greatly appreciated.

As we work on this plan, our focus will include a look at the business mix to see if a strong food and beverage component might strengthen the area's appeal. We'll also look at the residential mix to see if we have the right blend of single family homes, multi-family homes and rentals. Parking needs are important, too, because we want to make sure we're providing adequate access for pedestrians, bike riders and transit users.

Another critical component of the area is the streetscape, and whether or not the landscaping, walkability and lighting is welcoming to visitors and meets residents' needs. The team also is addressing the reuse of the Phenix Elementary School site, which is ripe for redevelopment.

No plan would be complete without specific implementation strategies that include an analysis of potential sources and uses of funding to support suggested improvements.

Our goal is to have the City Council take action on a final draft of the master plan in September. In the meantime, I encourage you to visit the project website at [www.historicwdm.com](http://www.historicwdm.com) to share your ideas and see how far we have come in gathering ideas to take historic West Des Moines to the next level.

Mayor Steven K. Gaer



## SPONSORSHIP INDEX



To become a sponsor, please contact the City Manager's Office at 222-3610.



WEST DES MOINES CITY HALL

4200 Mills Civic Parkway | West Des Moines, Iowa 50265 | (515) 222-3600



# WATER QUALITY IMPROVEMENTS IN WEST DES MOINES

## NEW in 2016 – Woodland Hills Park Water Quality Improvements

The City has received another IDALS Water Quality Initiative grant in the amount of \$65,500 for several projects in Woodland Hills Park, a new neighborhood park located at 1230 South 95th Street. The Parks & Recreation Department is excited about the following project components:

**Bioretention Cells** – Several bioretention cells and associated native plantings are being installed as part of the park's stormwater management system. Benefits of these biocells include increased infiltration of rainwater, improved water quality, increased aesthetics, improved wildlife habitat, lower chemical use, and educational opportunities.

**Soil Quality Restoration & Native Seeding** – We will be improving the compacted clay soil on the site by deep aerating and applying compost to about 4 acres. A native seed mix will be planted on approximately 2 acres of the park. The main benefit of soil quality restoration is improved water infiltration which will decrease runoff of stormwater.



**Permeable Pavement** – The new parking lot in Woodland Hills Park won't be a typical concrete lot. It will include an area of permeable pavement that will collect as much rainwater as possible so it can infiltrate rather than runoff. Any water passing through the permeable pavement system will be much cleaner.

These water quality improvements are part of a larger development project that includes a shelter, restroom building, and playground. Construction is planned to begin in late August. For more information, call West Des Moines Parks & Recreation at 222-3447 or check out the Environmental Efforts on the Parks & Recreation Department webpage at [www.wdm.iowa.gov](http://www.wdm.iowa.gov).



## City Campus Pond Watershed Improvements Project Completed!

In 2015, the City received a \$33,000 grant from the Iowa Department of Agriculture & Land Stewardship (IDALS) Water Quality Initiative program for the City Campus Pond Watershed Improvement

project. Goals of the project included demonstrating ways to reduce runoff and water pollution, improving the pond's water quality, and ultimately creating a great place for urban fishing.



## COMMUNITY COMPLIANCE *Formerly known as Code Enforcement*

Potential violations of City Code are now being processed by the Community Compliance division of West Des Moines Public Works. The following list identifies common requests handled by Community Compliance:

- Junk cars (inoperable, not properly licensed, parts missing, etc.) on private property
- Auto parts stored outside on private property
- Vehicles and trailers parked on unpaved surfaces
- Junk and debris in the yard
- Weeds and/or grass growing to a height of 10" or more
- Snow and ice removal from sidewalks

If you have a Code Compliance request, please contact 222-3480 during the hours of 7:30 a.m. to 4:00 p.m., Monday through Friday, or visit the website at [www.wdm.iowa.gov](http://www.wdm.iowa.gov) and click on Community Compliance on the left-hand side of the page.

If an investigation by a Community Compliance Specialist determines there is a compliance issue, the property owner will be contacted and given an appropriate amount of time to correct the violation prior to further action by the City.

**West Des Moines residents and City staff work together to keep West Des Moines an attractive and safe place to live and work!**

## Safe Drinking Water is No Accident; Go Ahead and Toast the Tap

The next time you stroll over to the faucet to tap all the water you need for drinking, cooking, bathing and so on; you might want to think about how powerful and coveted that simple act really is.

We spend seconds walking a few feet, while women and children living in Africa and Asia walk an average of 3.7 miles a day to collect water of suspect quality, according to the World Health Organization. Collectively, women and children worldwide (not those living in West Des Moines) spend 200 million hours a day fetching water.

Water in one form or another powers almost everything that matters to a community, yet we often take it for granted, assuming safe, quality drinking water will flow from the tap whenever we want it. It's important for us to feel secure in our water systems, but it's equally important for us to understand that safe, reliable drinking water doesn't just happen.

The ongoing public outrage surrounding the toxic lead levels found in the drinking water in Flint, Michigan, demonstrates in life-threatening detail the importance of diligent and proper water treatment.

During the past year, improperly treated water adversely affected thousands of Flint's citizens, most of whom had implicitly trusted the quality and safety of their water. As the story of Flint, with



Diana Wilson, General Manager

its political ramifications and alleged malfeasance by water regulators and city officials unfolded, media and community advocates began to call into question the integrity of all water utilities and regulators. If it can happen in Flint, could it happen here?

**That's a valid question and one that deserves to be answered.**

Let's start with a few things everyone should know about lead and water:

1. Lead contaminated water cannot be detected by sight, smell or taste. The only way to detect lead toxicity in water is with a specially prescribed test. Occasional discoloration or seasonal changes in water taste and odor are not indicators of lead within drinking water.
2. Lead is not a product of water treatment, nor is it found in most source water. West Des Moines residents receive water drawn from deep and shallow wells as well as the Des Moines and Raccoon rivers. These water sources do not contain lead.
3. Toxic levels of lead typically occur when the metal leaches into the system from old-style service lines. Although much less common, high levels of lead can also result from the corrosion of plumbing, fittings and fixtures in homes built before 1986.



**West Des Moines Water Works**

Delivering reliably safe and refreshing water.



In West Des Moines, we have no known lead service lines, and our source water is free of lead. For more information about this issue, see *Why What Happened in Flint, Michigan Won't Happen to West Des Moines H2O* on our website.

Central Iowans have probably thought more about water this year than in the previous three decades. Drinking water quality is now front and center legislatively, and it's even gaining currency in coffee meetings and cocktail conversations.

As an engineer and water treatment professional, I see the spotlight cast on municipal water as an opportunity. Safe drinking water greatly contributes to our overall public health and the high standard of living we enjoy in the metro area. Easily accessible, potable water is essential to human development and a major asset in economic development.

My hope is that this newfound awareness and appreciation for safe drinking water serves as motivation for us to work together to ensure the future quality and quantity of this precious resource. It doesn't matter if you're from rural Iowa or living in a suburban dream home, we all have a stake and a role in keeping our water supplies safe, clean and dependable for generations to come.

**Cheers!**

— **Diana Wilson**  
WDM Water Works General Manager

## WATER FACTS

1. Water exists in a closed system; it is neither created nor destroyed. The water we drink today was here when the dinosaurs roamed the earth.
2. The earth contains approximately 326 million cubic miles of water—more than 97.5 percent of which is salt water. Of the remaining usable fresh water, 68 percent makes up glaciers and other ice that, theoretically, isn't supposed to melt. Another 30 percent of our limited fresh water is underground. If you're keeping track, this means we only have approximately 300 cubic miles of water to safely drink, bathe, water your lawn and fill your Super Soaker with. And, you have to share it with the other 6.8 billion people on the planet.
3. Everything you touch throughout the day requires water to grow, manufacture and process. It takes 1,800 gallons of water to make a pair of jeans; almost 40,000 gallons to build a car (if you want the tires too); and 35 gallons to brew a single cup of coffee.
4. As of May 25, 2016, some 19 states reported at least moderate drought issues, according to the National Drought Mitigation Center. Iowa was not one of them.
5. A half-liter of bottled water, say Aquafina for example, retails for as much as \$2 (often more at a sporting event), while a liter of tap water costs less than a penny.

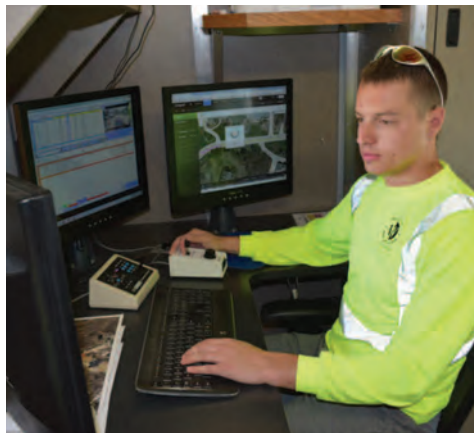
# MAINTAINING THE CITY'S UNDERGROUND SEWERS

## Inspecting The Sewer System

Since the mid 1990s, work on the City sewer network is recorded in a database that tracks every time work or maintenance is done on a sewer pipe, manhole or any portion of our underground sewer system. The City's sanitary sewers are divided into zones and maintenance is scheduled on a rotating basis. Cleaning of the underground pipes is scheduled every 3-5 years and televising every 8 years.



▲ This is the camera that is inserted through a manhole to travel the pipe and take videos for inspection.



▲ As the video camera is traversing the sewer pipe, another crew member performs a PACP inspection from the video inside the camera truck.



▲ When you see this camera truck sitting on a street, you know that City sewer in the area is being videoed for inspection.

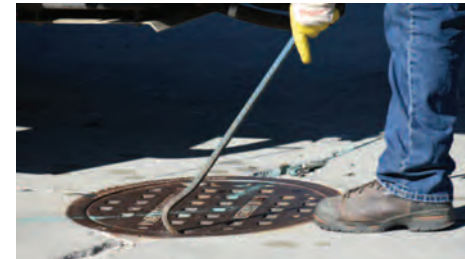


▲ A Public Works crew member carefully lowers the video camera into the sewer.

## Cleaning the Sewer System

As you've traveled West Des Moines streets, have you ever seen this large City vehicle? Trained staff use this valuable piece of equipment to perform a very important task in maintaining our infrastructure – cleaning the City's underground sewer system.

1. Before the crew heads out, they fill the on-board 2,400-gallon tank with water.
2. The sewer drain cover in the street is removed.



3. A nozzle is attached to the end of the hose and carefully inserted into the sewer.



Pressurized water sends the nozzle through the sewer, cleaning the surfaces as it goes. The nozzle is slowly brought back to the point of entry while it continues to spray and direct the debris toward the entry. Sewers are cleaned in a downhill sequence, which allows gravity to assist in bringing the debris to the sewer cleaning machine where it is vacuumed for proper disposal.

The City's underground sanitary and storm sewer system is worth **hundreds of millions of dollars!**

Cost of the City's sewer cleaning equipment:  
**Less than \$500,000.**



**THAT'S A GOOD INVESTMENT!**

Weekly Weeders  
(left to right)  
Nancy Anderson,  
Kerri Patton,  
Carol Sipfle and  
Elvin McDonald  
volunteer from  
April to first frost to  
keep the gardens and  
grounds abloom at  
Jordan House.



## JORDAN HOUSE TOURS

FALL/WINTER HOURS

*\*Closed during the month of January*

### GUIDED TOURS

OPEN TO THE PUBLIC

*Effective September 9, 2016 through June 1, 2017\**

- Fridays and 1st Sundays of each month
- 11 a.m. to 12 p.m. & 1 p.m. to 2 p.m.

\$3 – Students • \$5 – Adults

Groups of 6 or more  
must call for reservations 515.225.1286

### PRIVATE TOURS

\$40 Minimum • Reservations Required  
Call 515.225.1286

### SCHOOL TOURS

\$3 – Students • \$5 – Adults • Reservations Required  
Call 515.225.1286



WEST DES MOINES  
HISTORICAL SOCIETY

*Preserving the past for the future.*

## EXPLORING *History* THROUGH *Recipes*

Being a pioneer wife and feeding a large family in the 1850's was no easy task. James C. Jordan was a cattle farmer so we know that there was no shortage of beef at the Jordan House. Most likely there were chickens for meat and eggs for extra money. There was probably an orchard and a vegetable garden with corn, wheat and potatoes. Canning fruit and vegetables and preserving meat took place from late summer to October. In the 1850's Jordan House kitchen, James' wife Melinda (and later, his second wife Cynthia) prepared meals for the family. The kitchen was lit with a brass candlestick and a Betty lamp lit by whale oil or lard. Rags served as wicks for the oil lamps. Here are several popular recipes of the pioneer times:

### JOHNNYCAKES

*The Jordans most likely enjoyed johnnycakes, which have been popular since the 1600s.*

Bring 1 cup water to boil in saucepan. Combine 1 1/2 cups cornmeal, 1/2 teaspoon salt, 1 cup boiled water, and 1/2 cup milk in bowl. Stir. Melt 2 Tablespoons butter in skillet over medium heat. Pour 1 Tablespoon of batter into skillet. Cook over medium heat 4 to 5 minutes on each side. Turn gently with



spatula. Serve hot with molasses or maple syrup and butter. Makes about 15 johnnycakes.

### SKILLET FRIED APPLES

*Apples were probably plentiful on the Jordan farm.*

Wash and peel 5 cooking apples. Remove core and seeds but do not peel. Cut into 16 narrow wedges. In skillet, melt butter, add apples, cover and cook 5 minutes.

Add 4 Tablespoons brown sugar and 1/2 teaspoon nutmeg. Stir. Cook 10-12 minutes or until apples are tender.



### SWEET POTATO

### PUDDING

*Sweet potatoes were a treat when no other sweet food was available. Often, sweet potatoes were mashed to make pudding or pies.*

Peel and wash potatoes. Put potatoes in saucepan and cover with water. Bring to boil and turn heat to low. Cook 30 minutes. Drain water. Put in 350 degree oven. Mash potatoes with masher or fork. Beat 2 eggs in a bowl with a fork. Add eggs, 1 cup milk, 1/2 cup molasses, and 1 teaspoon cinnamon. Stir to mix. Bake 30 minutes in a baking dish. Makes 6-8 servings.

# SCRAP APPLIANCE AND METAL DROP-OFF

**Saturday, September 10, 2016 • 8 a.m. to 12:00 (noon)**

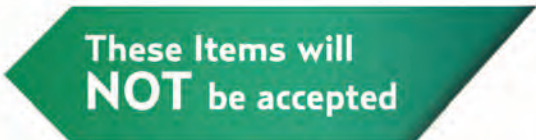
The City of West Des Moines is offering residents additional opportunities to recycle unwanted items!

Residents may bring scrap appliances and metal to the West Des Moines Public Works facility located at 560 S. 16th Street on Saturday, September 10, from 8:00 a.m. to 12:00 (noon).

Air Conditioners (all sizes)	Dryers		
Batteries, Lead Acid	DVD Players		
Blenders/Mixers/	Exercise Equipment	Mowers - Riding	Stereo systems
Toasters	Fans	Mowers - Walk Behind	Stoves
Calculators	Fax Machines	Phones	Vacuums
Cameras, Camcorders	Freezers (no food)	Pots, Pans,	VCRs
Cell Phones	Furnaces	Electric Skillets	Video Game Systems
Chillers	Garage Doors &	Printers	Washers
Computer Towers,	Openers	Refrigeration Units	Water Coolers
Servers	General Scrap Metal	Rooftop AC Units	Water Heaters
Condenser Units	Humidifiers	Saws	Water Softeners (no salt)
Copiers	Ice Makers	Speakers	
Dehumidifiers	Metal - Most anything		
Dishwashers	Metal Shelving		
	Microwaves		

Anything with food in it  
Chemicals  
Garbage  
Light Bulbs

Paint  
Plastics  
Wood



These Items will  
**NOT** be accepted

**Televisions and Computer Monitors will be accepted FOR A FEE (cash or check only).**

- \$15 – TVs or Monitors
- \$30 – Console TVs or Big Screens

**Note:** Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6 a.m. on their normal collection day with the appropriate sticker(s). For more information, visit the City website at [www.wdm.iowa.gov](http://www.wdm.iowa.gov) or Metro Waste Authority at [www.mwatoday.com](http://www.mwatoday.com) for recycling opportunities.

H & W Recycling is partnering with the City of West Des Moines in this collection event and will provide personnel to assist with unloading. If you have any questions, please call the Public Works Department at 222-3480 or H & W Recycling at 641-227-3200.

*Residents dropping off scrap appliances and anything metal.*



Visit us on the web at [www.wdm.iowa.gov](http://www.wdm.iowa.gov)

# HELP PROTECT OUR STORM SEWER SYSTEM

Putting leaves, grass, or other debris in the street will clog the storm sewer and increase the likelihood of flooding. That's why it's against City Code – it's all about **protecting you, our residents.**

**PLEASE:**

- Bag or mulch your yard waste, and help keep our storm sewers clean and unobstructed.
- Limit lawn chemicals, pick up pet waste, and help keep our water sources clean.

*Thank you!*



**Summer will soon come to a close, and thoughts will be heading toward another beautiful Iowa WINTER!**

One way to enjoy the winter season is to plan ahead.

**Parking**

If you normally park your vehicle on a City street, you have plenty of time NOW to put a plan in place for where you will park if there is a Snow Emergency Parking Ban. The parking ban is necessary to allow our Public Works crews to efficiently and effectively remove the snow. Where will you park this winter when it snows?

**Sidewalks - Mailbox - When will my street be plowed?**

Details on winter issues will be included in the next edition of the West Des Moines Magazine.





# ART ON THE TRAIL

Earlier this year, the West Des Moines Public Arts Advisory Commission selected a piece of artwork titled, "Surrounds," that will be created by Aris Georgiades and Gail Simpson of Actual Size Artworks based out of Wisconsin. Sculptures will be placed in five separate locations along Jordan Creek Trail, and they will feature polychrome cast aluminum animal replicas perched up on the horizontal limbs of the vertical metal structure. The six animals to inhabit the

sculptures will be the fox, owl, hawk, squirrel, rabbit and beaver.

"Surrounds" will be installed in five locations along the Jordan Creek Trail by November 1, 2016. You can learn more about "Surrounds" and the Public Arts Advisory Commission at [www.wdm.iowa.gov](http://www.wdm.iowa.gov). Please stay tuned for more information regarding the unveiling of this exciting project!



# FALL YARD WASTE DISPOSAL Q & A



Welcome to Fall! Mother Nature's way of reminding us that Iowa is beautiful, and yes, it's time to get serious about fall yard work.

Curbside collection of yard waste through the Compost It! program ends Dec. 2, which gives you ample time to rake leaves, prune bushes and get rid of spent annuals and garden debris. Before you get to work outside, find answers to top yard waste disposal questions that'll make your fall yard work a breeze.

## Q. If I buy a yard waste bag, do I also need a sticker?

A. Just remember, the "Compost It!" name pays for the cost of collection. If you purchase a bag that says "Compost It!," you do not need a sticker. If you purchase generic store-brand bags, you need to buy and attach a green Compost It! sticker to each bag.

## Q. Where can I buy yard waste bags and/or stickers and how much do they cost?

A. Compost It! bags and stickers are available for purchase at many local grocery, convenience or hardware stores. A list of retailers is available at [WhereItShouldGo.com/yardwaste](http://WhereItShouldGo.com/yardwaste). A bundle of five Compost It! brand bags costs \$8 plus tax. The cost of store-brand bags varies. Green Compost It! stickers are \$1.25 each.

## Q. When should I set my yard waste at the curb for collection?

A. Yard waste is picked up on your regular garbage day. Set out all material before 7 a.m. to ensure collection. Call ASI at 515-964-5229 to report collection related issues.

## Q. What if I have branches that don't fit in the bag?

A. Bundle your brush and branches, and attach a green Compost It! sticker to each. Bundles cannot exceed 18 inches in diameter or four feet in length.

For more information about yard waste collection, visit Metro Waste Authority at [www.WhereItShouldGo.com](http://www.WhereItShouldGo.com) or call 515.244.0021.

# HOUSEHOLD HAZARDOUS WASTE DISPOSAL

If you're clearing out your garage before cooler weather hits, you may be faced with leftover summer products like pool chemicals, fertilizer or deck stain. These are all considered hazardous and not your regular trash.

Some common year-round products are surprisingly hazardous too, such as motor oil, window cleaner and CFL light bulbs.

Protect your family and our environment by disposing of them safely. Take these products, and others, to a Metro Waste Authority Hazardous Waste Drop-Off, now with two convenient locations around the Metro.

## Metro Hazardous Waste Drop-Off

1105 Prairie Drive SW, Bondurant, IA  
One half mile north of the Adventureland exit  
Tues. - Fri.; 1 - 5 p.m.  
First and third Sat. of the month;  
8 a.m. - Noon

## Northwest Hazardous Waste Drop-Off

4105 S.E. Beisser Dr., Grimes, IA  
1 1/2 miles northwest of Interstate 80/35 and Hwy 141  
Second Sat. of the month March - Dec.;  
8 a.m. - Noon



West Des Moines residents can also utilize the House-side Collection program to get rid of household hazardous waste. The City of West Des Moines partners with Metro Waste Authority to provide residents with a collection option at your front door. Sign up on an as-needed basis at West Des Moines Public Works, 560 S. 16th St. Collection is \$25 per use. Call 515.333.4434 with questions.

For more information, visit

[www.WhereItShouldGo.com](http://www.WhereItShouldGo.com).



**Metro Waste Authority**

*We Know Where It Should Go*

# CONFUSED ABOUT RECYCLING PLASTICS? DO THE TWIST.

The best way to know if a plastic is recyclable in your curbside cart is if it has a twist-off lid. That's it. Does the lid twist off the container? If yes, then toss it (with the lid on it) in your cart. This includes plastic containers like water and soda bottles, milk jugs, laundry detergent bottles, peanut butter and miracle whip jars and similar containers with twist-off lids.

If it doesn't have a twist-off lid, then it doesn't belong in your cart. This includes plastic bags, bubble wrap, toys, baskets, flower pots, garden hoses and other plastics without a twist-off lid. Many of these items can be reused, donated or recycled somewhere other than your curbside cart. Plastic bags, for example, can be taken back to many grocery and retail stores to be recycled.

## Why Can't All Plastics Be Recycled?

There are two factors that determine what plastics are accepted in your cart. 1.) The plastic is able to be efficiently and accurately sorted at the recycling sorting facility. 2.) There must be a market demand for the type of plastic.

**Not all plastics are created equally.** There are thousands of different types of plastics, each with its own chemical composition. Melting points and manufacturing processes vary. In order to successfully recycle plastics, those with similar makeup must be separated from those that differ. Recycling facilities can't feasibly sort every type of plastic, so they must be selective and accept those that are the most common with the greatest demand for resale. Because the majority of containers with twist-off lids are made of highly desirable plastic, they help ensure a sustainable, successful recycling program.



**The Curb It! recycling program has one exception to the twist-off lid rule:** Yogurt and margarine tubs are accepted. Because market demand for this type of plastic is very low, only a small amount can be taken. Cottage cheese, sour cream and whipped topping containers are excluded because accepting too much of this "undesirable plastic" puts the program in jeopardy.



## What if the Container has the "Chasing Arrows" symbol?

You can toss out any previous knowledge of symbols and numbers. The "chasing arrows" symbol with the number inside – usually located on the bottom of plastic containers – doesn't necessarily mean it's recyclable in your cart. It is a symbol adopted by the plastic industry years ago to identify the type of plastic.

Keep it easy and keep it fun. When it comes to plastic recycling, just do the twist.



## New Name Selected for WEST DES MOINES COMMUNITY CENTER

The West Des Moines Community Center, located at 217 5th Street in Valley Junction, will now be called the **Valley Junction Activity Center**. The name was changed to better identify the building and avoid confusion between other facilities in the area.

The building was originally constructed in 1950-1951 as an American Legion Hall. In 1974, the WDM American Legion Drum and Bugle Corps., Inc., donated the building to the City of West Des Moines. The American Legion still holds their regular meetings in the building.

## Quick and Easy Way to Contact Your WDM City Government! – YourGOV



At your fingertips 24/7, citizens can report non-emergency issues and service requests using:

- **The web** - Visit <http://yourgov.wdm-ia.com> to start using the YourGOV web-based request portal.
- **Apple iPhone™** - download the free YourGOV iPhone app by visiting the iTunes App Store.
- **Android™ enabled smartphones** - download the free YourGOV app at Google Market or the Amazon App Store.



# SCHOOL CROSSING SAFETY

## SAFETY OF OUR CHILDREN GOING TO SCHOOL

It is time to begin thinking about school crossing safety as West Des Moines students return to school in August. Currently, there are 38 school crossings that serve 15 schools within the City of West Des Moines.

Cooperation among parents, students, motorists, schools, and public safety and engineering departments is crucial to the safety of children as they walk to and from school. It is important that each group is aware of their responsibility for maintaining safe routes to schools for children.



- Determine your child's safest route to school.
- Walk your children along this route several times prior to the start of fall classes and emphasize proper procedures for crossing the streets.
- When dropping off your children, unload on the school side of the street or where your child can cross the street at a designated crosswalk.



- Use established school routes.
- Participate in bike, pedestrian, and bus safety programs provided by your school.
- Practice safe and proper pedestrian behavior at all times.

- Familiarize yourself with all local school areas and locations used by school children.
- Obey all school crossing controls and be particularly alert near any school area.
- Watch your speed in school zones.
- Respond immediately to any pedestrian accident, regardless of severity, by providing first aid if necessary and calling emergency services.



- Instruct the children on pedestrian safety, bicycle safety, and bus safety.
- Develop a school route plan with transportation engineers.
- Periodically review routes with special attention given to conditions such as unsafe sidewalks, trees or bushes that obscure vision, and the need for speed limit enforcement.

- Demonstrate and instruct students on the safe way to cross streets.
- Provide training and supervision of crossing guards.
- Respond to emergency situations.
- Investigate and make recommendations on requests received from the school administrators and the engineering division.
- Assist in the development of a school route plan.
- Investigate and make recommendations on requests for school traffic control measures.
- Respond to inquiries regarding school traffic controls and develop a maintenance program for all traffic controls.



If you have requests for school crossing controls, visit our website at [www.wdm.iowa.gov](http://www.wdm.iowa.gov) and navigate to Forms on the Public Works page to download a School Crossing Control Request form.

# Keep Fire Safety In Mind When Heading Back To School

The beginning of a new school year means classes, homework, friends and activities. With such hectic schedules, fire safety can be the last thing on a student's mind. Most students do not realize how quickly a fire can occur. Studies show you have on average three minutes from when the first smoke detector sounds to escape. A large dorm fire last March at Loras College in Dubuque, Iowa reminds us of the importance of practicing fire safety in dorms, off-campus housing and at home.

In a recent U.S. Fire Administration (USFA) report from 2000 through 2015, 85 fatal fires occurred in dormitories, fraternities, sororities and off-campus housing, resulting in 118 student fatalities, an average of approximately seven per school year. In these fatal campus fires:

- 94% took place in off-campus housing
- 58% had no smoke detectors or the detectors did not have batteries
- 29% listed smoking as the leading cause
- 11% were electrical
- 9% involved cooking

The West Des Moines Fire Department would like to remind parents and students to remember these fire safety tips when heading off to college:

- Know your evacuation plan and practice all drills as if they were the real thing. Know two ways out of each room. Make sure all windows and doors open easily.



- Use a surge protector for your computer and other electrical devices. Plug the protector directly into an outlet. Do not overload electrical outlets.
- Stay in the kitchen at all times when cooking. Do not cook when tired or using alcohol.
- Use battery operated candles that don't produce a flame.
- Install smoke detectors inside each bedroom, outside every sleeping area and on each level.
- Never tamper with your room's smoke detector or remove the batteries.
- Test smoke alarms monthly and replace batteries once a year.
- Properly dispose of smoking materials in sturdy ashtrays. After parties, check the cushions on couches and chairs for smoldering cigarettes.
- Purchase a fire extinguisher and learn how to use it before a fire breaks out.
- Install carbon monoxide detectors on every floor and near sleeping areas.
- Look for housing that is equipped with automatic fire sprinkler systems. Not every residence hall or rental property has them.

Students need to realize that they are not invincible, and they can take steps to protect themselves, no matter where they live. Simple measures like these will optimize student safety, and give parents one less thing to worry about.

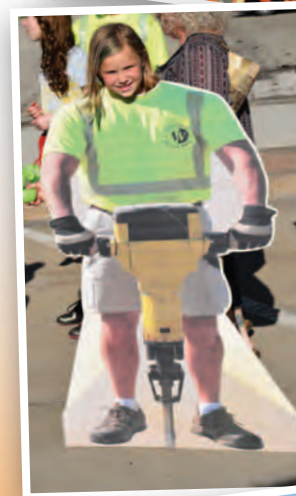
## National Public Works Week Celebration

A beautiful day and a great group of kids and their parents joined in the celebration of Public Works professionals in Valley Junction on May 19.

Public Works staff answered questions and assisted children of all ages in exploring a variety of equipment. PAWS, the National Public Works mascot, was in attendance along with a lovely queen familiar to any fan of a popular snow/ice movie.

Games, face painting, balloon artistry, and a variety of activities and handouts were successful in encouraging families to participate and learn about Public Works.

### Mark your calendar now for next year's event on Thursday, May 25, 2017!



# WDM RESIDENT GUIDE

All City service requests can be directed to the Online Service Desk at

[www.wdm.iowa.gov](http://www.wdm.iowa.gov)

**EMERGENCY** ..... 911  
**Non-Emergency Dispatch** ..... 222-3321  
**ADA Coordinator** ..... 222-3603  
**TDD/TTY** ..... 1-800-413-4955  
**Aquatic Centers** ..... 273-0700  
**Ambulance Billing** ..... 273-0652  
**Animal Control** ..... 222-3364  
 250 Mills Civic Parkway  
**Animal Licenses** ..... See WestPet  
**Better Business Bureau** ..... 243-8137  
**Birth Certificates** ..... See Vital Records  
**Building Safety/Inspections** ..... 222-3630  
 developmentsservices@wdm.iowa.gov  
 Business License Info. .... 1-800-532-1216  
**Cable Television**  
 Mediacom ..... 1-800-332-0245  
 Billing, Cust. Service, Connect/ Disconnect,  
 2205 Ingersoll Ave. Des Moines • mchsi.com  
**Jordan Cemetery** ..... 222-3444  
 Sales and Maintenance  
**Chamber of Commerce** ..... 225-6009  
 www.wdmchamber.org  
**City Attorney** ..... See Legal Department  
**City Clerk** ..... 222-3603  
 Business related licenses / voter registration  
 application  
**City Council** ..... 222-3610  
**City Hall Offices** ..... 222-3600  
 4200 Mills Civic Pkwy  
**City Manager** ..... 222-3610  
**Claim for Damages** ..... 222-3601  
**Community Compliance  
 (Code Enforcement)** ..... 222-3480  
 police@wdm.iowa.gov  
 Community & Econ. Development ..... 273-0770  
 ced@wdm.iowa.gov  
**County Web Site Addresses**  
 • Dallas County [www.co.dallas.ia.us](http://www.co.dallas.ia.us)  
 • Polk County [www.co.polk.ia.us](http://www.co.polk.ia.us)  
 • Madison County [www.madisoncoia.us](http://www.madisoncoia.us)  
 • Warren County [www.co.warren.ia.us](http://www.co.warren.ia.us)  
**Death Certificates** ..... See Vital Records  
**Development Services**  
 Building Division ..... 222-3630  
 Engineering & Planning Divisions ..... 222-3620  
 developmentsservices@wdm.iowa.gov  
**Des Moines Area Regional Transit (DART)**  
 Public Transportation ..... 283-8100  
 dart@ridedart.com

**Des Moines Register**  
 Subscriptions ..... 1-847-424-0225  
**Driver's License**  
 • Dallas County ..... 993-6992  
 • Polk County ..... 244-1052  
 • Madison County ..... 462-1542  
 • Warren County ..... 961-1144  
**Driveway Permits** ..... 222-3480  
 560 S. 16th St. • publicworks@wdm.iowa.gov  
 Economic Development ..... 273-0770  
 ced@wdm.iowa.gov  
**Election Office**  
 • Dallas County ..... 993-6914  
 • Polk County ..... 286-3247  
 • Madison County ..... 462-3914  
 • Warren County ..... 961-1020  
**Electrical Service** ..... See Utilities  
**Emergency Medical Services (EMS)** 273-0768  
 EMS Billing ..... 8055 Mills Civic Parkway  
 CPR and Public Access Defibrillation Classes  
 ems@wdm.iowa.gov  
**Farmers Market (VJ Foundation)** 222-3642  
**Finance Department** ..... 222-3600  
**Fire Administration** ..... 222-3420  
 3421 Ashworth Road • fire@wdm.iowa.gov  
**Gas Service** ..... See Utilities  
**Hazardous Waste**  
 Regional Collection Center ..... 967-5512  
**Holiday Pool** ..... 273-0700  
**Housing Rehabilitation Program** 273-0770  
**Human Resources** ..... 222-3616  
**Human Rights Commission** ..... 222-3675  
**Human Services** ..... 222-3660  
 139 6th Street • humanservices@wdm.iowa.gov  
 Senior & Disabled Transportation, Energy  
 Assistance, Food & Clothing Pantry, Homeless  
 Prevention  
**Illegal Waste Disposal** ..... 725-0268  
<http://www.iowadnr.gov>  
 State Dept of Natural Resources industrial or major  
 hazardous waste and chemical spills.  
**Minor/Household Spills** ..... 222-3321  
**Job Hotline (City of WDM)** ..... 222-3616  
[www.wdm.iowa.gov](http://www.wdm.iowa.gov)  
**Library** ..... 222-3400  
 4000 Mills Civic Parkway • library@wdm.iowa.gov  
**Legal Department** ..... 222-3523  
 4200 Mills Civic Parkway  
**Marriage Licenses** ..... See Vital Records

**Mayor's Office** ..... 222-3610  
**Motor Vehicle License Plates/Registration**  
 • Dallas County ..... 993-5812  
 • Polk County ..... 286-3030  
 • Madison County ..... 462-1542  
 • Warren County ..... 961-1111  
**Nature Lodge** ..... 222-3424  
 Raccoon River Park 2500 Grand Ave.  
**One Call Underground Utility Lines**  
 811 OR 1-800-292-8989  
**Parks & Recreation** ..... 222-3444  
 parkrec@wdm.iowa.gov  
**Parking Violations (non-moving)** 222-3600  
**Passports** ..... 1-877-487-2778  
**Planning & Zoning** ..... 222-3620  
 developmentsservices@wdm.iowa.gov  
**Police Administration** ..... 222-3300  
 police@wdm.iowa.gov  
**Police/Fire/EMS/Dispatch (Westcom)**  
 • Emergency ..... 911  
 • Non-Emergency ..... 222-3321  
 250 Mills Civic Parkway  
**Post Office** ..... 255-6471  
 430 5th St. WDM 50265 • usps.com  
**Property Tax**  
 • Dallas County ..... 993-5808  
 • Polk County ..... 286-3060  
 • Madison County ..... 462-1542  
 • Warren County ..... 961-1110  
**Public Transportation** ..... See DART  
**Public Works** ..... 222-3480  
 publicworks@wdm.iowa.gov  
**Recycling – Curb IT!**  
 Waste Management ..... [www.wm.com](http://www.wm.com)  
 Missed Pickup/Questions ..... 265-5267  
**Recreation Programs** ..... 222-3444  
**Rental Housing Inspector** ..... 222-3630  
 developmentsservices@wdm.iowa.gov  
**Senior Citizen Meals** ..... 274-0373  
**Sewer Stoppages/Repair** ..... 222-3480  
 publicworks@wdm.iowa.gov  
**Shelter Rentals (Parks & Rec)** ..... 222-3444  
**School Districts**  
 • Norwalk  
 981-0676 • [www.norwalk.k12.ia.us](http://www.norwalk.k12.ia.us)  
 • Van Meter  
 996-2221 • [www.vmbulldogs.com](http://www.vmbulldogs.com)  
 • Waukee  
 987-5161 • [www.waukee.k12.ia.us](http://www.waukee.k12.ia.us)  
 • West Des Moines  
 633-5000 • [www.wdm.k12ia.us](http://www.wdm.k12ia.us)  
**Sidewalk Permits** ..... 222-3480  
 560 S. 16th St. • publicworks@wdm.iowa.gov  
**Social Security Offices** ..... 800-772-1213  
**Street Light Outages**  
 MidAmerican Energy ..... 1-888-427-5632  
**Street Repairs/Cleaning** ..... 222-3480  
 publicworks@wdm.iowa.gov

**Taxes** ..... See Property Tax  
**Tickets Moving Violations**  
 • Dallas County ..... 993-5816  
 • Polk County ..... 222-3772  
 • Madison County ..... 462-1542  
 • Warren County ..... 961-1032  
**Parking Violations (non-moving)**  
**Finance** ..... 222-3600  
**Traffic Signals/Street Signs** ..... 222-3480  
 publicworks@wdm.iowa.gov  
**Trash Collection** ..... 265-7374  
 Waste Connections • [www.wasteconnections.com](http://www.wasteconnections.com)  
**Tree Planting Permits** ..... 222-3417  
 parkrec@wdm.iowa.gov  
**Utilities Mid American Energy**  
 Gas & Electric ..... 1-888-427-5632  
 EMERGENCY ..... 1-800-595-5325  
 One Call Line Locator ..... 1-800-292-8989  
[www.midamericanenergy.com](http://www.midamericanenergy.com)  
**Valley Junction Activity Center** .. 222-3440  
**Valley Junction Foundation** ..... 222-3642  
**Vehicle Registration**  
 ..... See Motor Vehicle License Plates/Registration  
**Vital Records**  
 • Dallas County ..... 993-5804  
 • Polk County ..... 286-3781  
 • Madison County ..... 462-3771  
 • Warren County ..... 961-1089  
**Voter Registration**  
 • Dallas County ..... 993-6914  
 • Polk County ..... 286-3080  
 • Madison County ..... 462-3914  
 • Warren County ..... 961-1020  
**Iowa Elections Division** ..... 281-8849  
**Water Treatment Plant** ..... 222-3465  
 1505 Railroad Ave.  
**West Des Moines Water Works**.. 222-3460  
 Water/Solid Waste, New Service, Service  
 Changes/Maintenance ..... 4200 Mills Civic Pkwy  
[www.wdmww.com](http://www.wdmww.com) • [waterworks@wdmww.com](mailto:waterworks@wdmww.com)  
**Westcom**  
 • EMERGENCY ..... 911  
 • Dispatch Non-Emergency ..... 222-3321  
**WestPet** ..... 273-0651  
 Animal Licenses • [www.westpet.org](http://www.westpet.org)  
**Yard Waste – Compost IT!**  
 Waste Management ..... [www.wm.com](http://www.wm.com)  
 General Info/Questions ..... 244-7336  
 Missed Pickup ..... 244-7336

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.

# WDM Public Library



**Mission Statement:** The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

## WDM Library *Adult Programs*

All programs are held in the WDM Library Community Room unless otherwise indicated.  
All programs are free and require registration unless otherwise indicated.  
You may register for most programs online at [wdmlibrary.org](http://wdmlibrary.org)

### WDM WRITER'S CLUB

**2nd & 4th Sat @ 10 am**

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. Millie Knee Classroom. 222-3413

### SCRAPBOOK & CARDMAKER CLUB

**Sat, 10 am – 4 pm: Aug 6 • Sep 10 • Oct 1 • Nov 5 • Dec 3**  
**Fri, 5-11 pm: Aug 19**

Whether you're a scrapbooker or a cardmaker, bring a project and your own supplies. (No sales at the event.) We'll provide space, snacks and cutting tools. \$1 donation requested. Registration preferred. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### COLOR CONNECTION: ADULT COLORING CLUB

**Tue @ 2 pm: Aug 9 • Sep 13 • Oct 11 • Nov 8 • Dec 13**

Guaranteed to cure rheumatism, chill blains, toothache, and warts! Okay, not really, but it IS relaxing and F-U-N! We'll have markers, colored pencils, and coloring sheets (or you can bring your own supplies). Make the color connection! Sponsored by the WDM Library Friends Foundation. Ages 18 & up. Registration preferred. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### CHECKMATES: CHESS & BOARD GAME CLUB

**Thu from 6:30-8 pm: Aug 25 [8/1] • Sep 22 [9/6] • Oct 27 [10/3]**

For those who know the basics, we'll provide chess sets and feature a different board game each month. Sponsored by the WDM Library Friends Foundation. Library Community Room. Age 6-adult. No Nov/Dec meetings due to the holidays. Registration preferred. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)



### UNIVERSITY OF IOWA MOBILE MUSEUM

**Wed, Aug 31 from 1-5 pm**

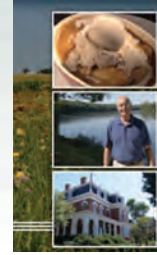
The Mobile Museum inspires visitors to

understand the world by bringing exhibits with cutting-edge research, one-of-a-kind artifacts, and interactive digital media to Iowa's communities statewide. For all ages (children must be accompanied by an adult). No registration. 222-3405 • [wdmlibrary.org](http://wdmlibrary.org)

### MAKE A BEADED BOOKMARK

**Tue, Sep 20 @ 6:30 pm**

Learn how to string, knot and crimp as we make a simple beaded thong bookmark. Sponsored by the WDM Library Friends Foundation. Millie Knee Classroom. Registration required. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)



### DAN KAERCHER: IOWA'S HIDDEN TREASURES

**Sun, Sep 25 @ 3 pm**

You'll be amazed to discover the surprises in your own backyard – Iowa! Dan Kaercher, retired founding editor-in-chief of Midwest Living magazine and Iowa Public Television host, spent years traveling through most of Iowa's 99 counties in search of local

attractions to share with his readers and viewers: small towns, big cities, historic sites, parks, natural wonders, museums, and eateries galore. Find out why "There's no place like home!" Registration preferred. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### HOLIDAY CARDMAKING

**Fri @ 6:30: Fall Cards – Oct 14, Christmas Cards – Nov 11**

When you care enough to make it yourself! Make three holiday cards for special friends or family. Sponsored by the WDM Library Friends Foundation. Library Community Rm after hours. Registration begins Sep 6 for Fall Cards; Oct 15 for Christmas Cards. After hours program. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### HOLIDAY TAGS MAKE 'N' TAKE

**Sat, Dec 3: 11 am – 1 pm**

Stop in to make a few holiday gift tags. We'll have pre-cut tags, ink, and stamps ready for you. No registration. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### OPEN COMPUTER LAB

See Our Website Calendar for Dates & Times

- Need help using the Internet?
- Having trouble with your email?
- Confused by e-Readers and tablets?
- Want to know about our e-Book collections?

We can help! Practice your computer skills and test out various e-Readers and tablets at your own pace. Ask questions and learn from hands-on experience. Note: Basic computer/mouse skills are assumed. Registration preferred. Sign up online or call 222-3403. Please specify what kind of help is needed (email, e-reader, etc.). Individual appointments also available. Laptop lab and devices provided by the WDM Library Friends Foundation. Registration required. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### CLUB READ: ADULT BOOK DISCUSSIONS

**Tue @ 6:30 pm:**

- **Sep 6 Burial Rites by Hannah Kent**
- **Oct 4 Dragonwyk by Anya Seton**
- **Nov 1 The Readers of Broken Wheel Recommend by Katarina Bivald**

A few copies are available at the 1st Floor Service Desk or you may bring your own copy. Millie Knee Classroom. Books provided by the WDM Library Friends Foundation. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### CLUB READ SOCIAL

**Tue @ 6:30 pm: Aug 2, Dec 6**

Make new friends! Discover new authors! We'll share what we've all been reading lately! Newcomers welcome. Bring an appetizer or dessert to share. Registration preferred. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)

### FRIENDS IOWA AUTHOR SERIES

**Tue @ 7 pm (refreshments @ 6:30 pm) Dates/Authors TBA**

Watch for more information on our website or in the West Des Moines Library Times (adult programs flyer) available in the library. 222-3403 • [wdmlibrary.org](http://wdmlibrary.org)





## IF YOU ENJOY OUR PROGRAMS, PLEASE JOIN THE FRIENDS!

Friends memberships pay for many ADULT and TEEN programs: Club Read, Holiday Cards, Color Connection, Author Visits, Teen Craft Nights, and more!

**Donations are tax deductible!**

**WDM Library Friends Foundation,**  
4000 Mills Civic Pkwy, WDM, IA 50265  
222-3407 • [wdmlibrary.org](http://wdmlibrary.org)



## THANKS TO THE SPONSORS OF THE 2016 ADULT, TEEN & CHILDREN'S SUMMER READING CLUBS!

**The WDM Library Friends Foundation & Iowa Cubs Greater DSM Baseball Co.**

Auntie Anne's  
Blank Park Zoo  
Chick-fil-A  
Des Moines Area Quilter's Guild  
Granite City  
Jason's Deli  
Music Together  
North Forty Miniature Golf  
Polk Co. Conservation  
Warrior Lanes  
WDM Fire, Parks & Rec, Police & Public Works  
WDM Library Volunteers

Summer Reading Club would not exist without community support. Approximately 2500 children and teens participate in summer reading activities, which increases knowledge retention over the summer months.



GET IN THE GAME  
**READ**

## Storytime Series

All children's programs are free and require advance registration, which begins at 9 am on the date in brackets. Sign up in person, by phone, or online. children's desk • 222-3405 • [www.wdmlibrary.org](http://www.wdmlibrary.org).

### MOTHER GOOSE STORYTIME

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Each week Jenna will incorporate activities that emphasize and reinforce body part identification, counting, rhythm, sensory stimulation, fine and gross motor skills, and animal sounds. Ages 6 mo-2 yrs w/adult. Registration required.

Mon @ 9:30, 10 & 10:30 am:  
Sep 12, 19 & 26 [Sep 6]  
Oct 10 & 17 [Oct 3]  
Nov 7 & 14 [Oct 31]  
Dec 5 & 12 [Nov 28]

### NIGHTY-NIGHT DROP-IN STORYTIME

Build a lifetime love of books and reading. Nate shares bedtime stories, sing-along songs, and interactive fingerplays with an early literacy focus. Nighty-Night Storytime follows the Family Storytime format. All ages w/adult. No registration.

Mon @ 6:45pm:  
Sep 12, 19 & 26  
Oct 10 & 17  
Nov 7 & 14  
Dec 5 & 12

### LAPSIT LAMBS

Using puppets, rhymes, songs, and short stories, Megan will engage baby and caregiver in language-rich activities designed for pre-walking babies. We will spotlight sensory stimulation, animal sounds, fine and gross motor skills, and of course FUN! Includes play ideas that are easily integrated into baby's everyday routine. 1mo. -18 mo. w/adult. Registration required.

Tue @ 9:30 & 10:30am:  
Sep 13, 20 & 27 [Sep 6]  
Oct 11 & 18 [Oct 3]  
Nov 8 & 15 [Oct 31]  
Dec 6 & 13 [Nov 28]

### DROP-IN FAMILY STORYTIME

Lights, camera, action! Nate's stories, songs, felt boards, and rhymes set the stage for children to become successful readers. All ages. No registration.

Wed @ 9:30 am:  
Sep 14, 21 & 28  
Oct 12 & 19  
Nov 9 & 16  
Dec 7 & 14







## Storytime Series

All children's programs are free and require advance registration, which begins at 9 am on the date in brackets. Sign up in person, by phone, or online.  
 children's desk  
 515.222.3405  
 www.wdmlibrary.org.

### FAMILY STORYTIME

Longer stories and a variety of enriching activities. Nate features picture books, puppets, action rhymes, flannelboard stories, and songs for the whole family. Includes a take-home craft! Ages 2-6 w/adult. Registration required.

Wed @ 10:30 am:  
 Sep 14, 21 & 28 [Sep 6]  
 Oct 12 & 19 [Oct 3]  
 Nov 9 & 16 [Oct 31]  
 Dec 7 & 14 [Nov 28]

### OLIVER'S PUPPY TALES

Join Amy and Oliver for stories, rhymes, felt boards, music, and movement. Each week we will introduce and develop specific pre-literacy skills and provide effective tools, tips, and techniques for caregivers to try at home. Ages 1-4 w/adult. Registration required.

Thu @ 10:30 am  
 Sep 15, 22 & 29 [Sep 6]  
 Oct 13 & 20 [Oct 3]  
 Nov 10 & 17 [Oct 31]  
 Dec 8 & 15 [Nov 27]

### DROP-IN OLIVER'S PUPPY TALES

Amy and Oliver present stories, songs, and rhymes followed by playtime to improve social, motor, and sensory skills! All ages. No registration.

Fri @ 10:30 am:  
 Sep 16, 23 & 30  
 Oct 14 & 21  
 Nov 11 & 18  
 Dec 9 & 16

### REGISTRATION INFORMATION

Most programs require advance registration, which begins at 9am on the date in brackets.  
 515.222.3405  
 wdmlibrary.org

### AFTER SCHOOL ADVENTURES

Wed @ 3:45 pm: Sep 21 [Sep 6] |  
 Oct 19 [Oct 3] | Nov 16 [Oct 31]

Embark on a remarkable adventure at the library! ad-ven-ture \ad-ven'-cher\ noun

1. a daring and exciting activity calling for enterprise and enthusiasm. synonyms: exploit, escapade, deed, feat, experience. Library Community Rm. Ages 5-12. Registration required.

### KIDS CLUB READ

Thu @ 2pm: Aug 4 - Mr. Lemoncello's Library Olympics  
 Thu @ 4:15 pm: Sep 8, Oct 6, Nov 3, Dec 1 - Titles TBA

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. Ages 8-12. Sign up in the Children's Dept.

### CHECKMATES: CHESS & BOARD GAME CLUB

Thu from 6:30-8 pm: Aug 25, Sep 22, Oct 27

For those who know the basics, we'll provide chess sets and feature a different board game each month. Sponsored by the WDM Library Friends Foundation. Library Community Rm. No Nov/Dec meetings due to holidays. Age 6-adult. Registration preferred. 222-3403 • wdmlibrary.org



## WDM Library Children's Programs

description	days/dates/times/locations	ages
All children's programs are free and require registration unless otherwise indicated! You may register online at wdmlibrary.org, in person, or by phone at 222-3405.		
<b>PRESCHOOL HALLOWEEN PARTY</b> Put on your favorite costume and join us for not-too-spooky stories and more at the library.	Register for one: Mon, Oct 24 @ 6:30 pm Wed, Oct 26 @ 10:30 am Thu, Oct 27 @ 10:30 am Fri, Oct 28 @ 10:30 am Library Community Room registration required [Oct 3]	2-6 w/adult
<b>DROP-IN FALL CRAFT WEEK</b> Come in to the Children's Department any time during these 3 days, and we'll have a Thanksgiving craft, just for you!	Mon - Wed, Nov 21-23 during library hours* Library Children's Department no registration *Wed, Nov 23 hours: 9 am - 5 pm	all ages
<b>HOLIDAY CARD WORKSHOP</b> Celebrate the season. We'll help you make some ho-ho-holiday cards for your friends and family!	Wed, Dec 7 @ 3:45 pm Library Community Room registration required [early registration Nov 1]	5-12



## WDM Library *Children's Programs*

**description**    **days/dates/times/locations**    **ages**

All children's programs are free and require advance registration, which begins at 9 am on the date in brackets. Sign up in person, by phone, or online. children's desk • 515.222.3405 • www.wdmlibrary.org.

### WESTRIDGE SINGERS

Stop in for a wonderful winter concert by Westridge Elementary's 5th and 6th grade chorus.

Mon, Dec 9 @ 1:15 pm  
Library Community room  
no registration

all ages



### POLAR EXPRESS

Climb aboard the Polar Express and depart for an arctic adventure. Entertainment en route includes the story, refreshments, and more!

Wed, Dec 14 @ 3:45 pm  
Library Community Rm  
registration required [Nov 28]

5-12

### SHAKE, RATTLE & ROLL

Bop into the library to rock 'n' roll, do The Stroll, twist and shout, sing it out ...in this upbeat music and movement program!

Wed, Dec 28 @ 9:30 & 10:30 am  
Library Community Rm  
registration required [Nov 28]

2-6

### WINTER ANIMAL SURVIVAL

Discover how animals survive the long and cold Iowa winter. Presented by Lewis Major of Polk Co. Conservation.

Fri, Dec 30 @ 1 pm  
Library Community Rm  
registration required [Nov 28]

4 & up



## MILLIE KNEE CLASSROOM

*The 2nd Floor classroom has been renamed in honor of retiring library trustee Millie Knee, who served on the Library Board from 1984-2016. Thanks to Millie for her many years of dedicated service.*

IF YOU ENJOY  
OUR KIDS' PROGRAMS...  
PLEASE JOIN THE FRIENDS!



- During the 2014-15 Fiscal Year, the library offered **544** children's programs with **36,500** people attending. Friends memberships pay for many of the special children's programs throughout the year.
- Memberships provide incentives to more than **2,500** children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- Your donation is tax deductible!

### WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA 50265  
515.222.3407 • wdmlibrary.org

# WDM Library *services*

All services are **free** unless otherwise indicated.

Questions?  
Call  
**222.3400**

## GET A LIBRARY CARD... IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

## LIBRARY HOURS

(Labor – Memorial Day)

Mon-Thu: 9 am–9pm | Fri: 9 am–6 pm

Sat: 9 am–5 pm\* | Sun: 2 pm–5 pm\*

\*SUMMER HOURS

Sat: 10 am–4 pm | Sun: Closed

Call or check our website for holiday hours.

**222-3400 • wdmlibrary.org**

## ONLINE CATALOG... **wdmlibrary.org**

Access the library catalog 24/7 from the comfort of your home...just follow the link on our website. Reserve items that are checked out, or on the shelf!

## RENEWALS/ ACCOUNT ACCESS BY PHONE

Use your library card number to access a list of titles checked out, including due dates; overdue items; titles on reserve with your position on the waiting list; and charges on your account. You may renew all of your items at once, or renew individual titles if you have the barcodes.

**225-1576 or 225-1586**  
**wdmlibrary.org**

## WE TAKE RESERVATIONS

If the item you want is checked out, use your library card to place a reserve or "hold" on it. Want to read a bestseller? We buy one copy for every six reserves. Holds can be placed by phone or online, and we'll call you when your item comes in. If we don't own the book you need, we can usually buy it, or borrow it from another library within a couple of weeks.

**222-3400 • wdmlibrary.org**

## BOOK CLUB COLLECTION

The library has multiple copies of past Club Read titles available for local book clubs to borrow. Specific titles are listed on our website. Advance reservations required.

**222-3585 children's titles • 222-3410 adult titles • wdmlibrary.org**

## MORE THAN BOOKS

Your library is more than a warehouse for books. The library is also a place to meet, discover, relax, and enjoy. You'll find popular magazines, newspapers, large print materials, puppets, puzzles, books on CD, popular and nonfiction DVDs, computers, iPads, and more.



## E-CONTENT

Download eBooks and eAudiobooks to your computer or mobile device. Enjoy thousands of fiction, nonfiction, and children's titles. With 14-day check-out and auto-return there are no overdue fines! Stream video from the World Cinema Collection (foreign and indie films). It's easy – and free! See our website or ask at the Reference Desk for details.

**222-3403 • wdmlibrary.org**

## TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet access, wireless access, and a 20/20+TV enlarger for the visually impaired. Available for checkout: overhead projector, iPads. Hate long lines? Try the 3M SelfCheck System!

**222-3400 • wdmlibrary.org**

## ASK A LIBRARIAN

Got a question? We can help! Try our electronic resources...EBSCO Host magazine index, Novelist, ProQuest, and more! Business/investment info includes S&P's and The Street publications, Value Line, Investor's Business Daily, and Morningstar Mutual Funds Reports. **222-3403**

## LIBRARY BLOGS

From our Internet home page, click on KIDS, TEENS, or ADULTS (orange box, left side). BLOG is one of the choices you'll find in the green box (upper left). Discover great information on our programs, plus book lists, staff recommendations, reading and literacy tips, and more.

**222-3405 • wdmlibrary.org**

## PUBLIC MEETING ROOMS

Available for public use at no charge: small rooms (8 people), Classroom (20), Community Room (60). Call for guidelines and scheduling information. • **222-3400**

## TEEN AREA

YA materials are located upstairs, along with comfy couches and study tables. Get book lists and recommendations. For info on programs and activities, drop in or check our website.

**222-3412 • wdmlibrary.org**

## WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons and interested in receiving regular monthly visits from a volunteer, give us a call.

**222-3400**



## WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE

Our community library is fortunate to have the support of the WDM Library Friends Foundation — a volunteer-based, non-profit organization. Like the Friends on Facebook @ WDMLibraryFriends.

- Friends Memberships fund special projects, like the Laptop Lab, and programs for all ages. Contributions mean more books, music, and movies in the collection, so YOU have a better selection.
- Your donations are tax deductible!

**WDM Library Friends Foundation**  
4000 Mills Civic Pkwy, WDM, IA 50265  
515.222.3407 • [wdmlibrary.org](http://wdmlibrary.org)



## BE A VOLUNTEER

Make a difference! We need reliable volunteers, especially in our homebound delivery program (1-2 deliveries per month). Fill out an application at the 1<sup>st</sup> Floor Service Desk.

**222-3400 • [wdmlibrary.org](http://wdmlibrary.org)**

## BOOK SALE

Find great bargains in the corner by the children's periodicals from 10¢ magazines to \$1 hardbacks – adult and children's titles. Proceeds benefit library programs and collections. • **222-3400**



## SOCIAL NETWORKS

Find links to our Twitter, Facebook, and Pinterest pages on our website. Follow us on Twitter @ WDMLibrary, @ WDMLibraryChild or @WDMLibrary Teen to receive "tweets" (updates) on library news programs, and events. Like us on Facebook. Visit our Pinterest page to see Activities for Kids, Book Club Picks, Books & Reading (quotes), Staff Picks, and more! Question? Contact the Reference Desk.

**222-3403 • [wdmlibrary.org](http://wdmlibrary.org)**

## MOBILE APP PUTS THE LIBRARY AT YOUR FINGERTIPS!

With our library app, you can instantly tap into library resources from any mobile phone connected to the Internet. Browse the library catalog, hold or renew a book, check your account, find events, and more. Search for "West Des Moines Library" on your phone app store and download. It's free!

**222-3403 • [wdmlibrary.org/app](http://wdmlibrary.org/app)**



## NEW COMICSPLUS: LIBRARY EDITION

**Comics and Graphic Novels**  
**Unlimited access to over 16,000 popular and classic titles**

ComicsPlus Library Edition brings unlimited access to thousands of digital graphic novels and comics to library patrons on any Web-connected device.

- View titles through your Web browser on any computer, tablet or smart-phone with an Internet connection.
- Read titles through the iOS Mobile App for iPad or iPhone.
- Browse by genre, publisher, and comic — then instantly check out your favorites.
- Access comics whenever you want them — no holds or waiting.

**[wdmlibrary.org/ebooks/comicsplus](http://wdmlibrary.org/ebooks/comicsplus)**

*See Library Activities pages for adult & children's programs at the WDM Library.*

## YOUR LIBRARY STORY

Has the WDM Library made a difference in YOUR life? Tell us about it in 500 words or less. Selected stories will be featured on our website or promotional materials (with permission). For details, visit **[www.wdmlibrary.org/tell-us-your-library-story/](http://www.wdmlibrary.org/tell-us-your-library-story/)**

NEW

## INSTANTFLIX: POWERED BY INDIEFLIX

**Movies and Classic TV Streaming video with unlimited access to thousands of titles**

InstantFlix Powered by IndieFlix brings engaging stories to movie lovers around the world.

- Robust content: Enjoy over 7,000 high-quality shorts, features, documentaries, classic TV shows and Web series from 85 countries.
- Film-festival hits: View films from major festivals all over the world, including Sundance, Cannes, Tribeca, and more!
- The films you want: Sort by language, genre, or film length with easy-to-use filters.
- Support for filmmakers: Contribute to films just by subscribing, because InstantFlix directly supports the filmmakers.
- Anytime, anywhere access: Watch movies on any Internet-enabled computer, smartphone, or tablet with a Web browser! Also available on Roku, Xbox, and Apple TV.

**[wdmlibrary.org/evideo/instantflix](http://wdmlibrary.org/evideo/instantflix)**



# WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services. For more than 35 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



## WDM Human Services *programs*

### Human Services Mission:

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

## TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<b>SENIOR DINNER CLUB</b> Seniors (60+) have the opportunity to enjoy one another's company while they dine at one of our local restaurants.	Trans. Supervisor <b>222-3661</b>	First Tuesday of each month	<ul style="list-style-type: none"> <li>• WDM senior residents</li> <li>• Reservations must be made at least 24 hours in advance</li> </ul>	Cost of your dinner  Transportation FREE (donations encouraged)



## TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<b>WESTSIDE COMMUNITY CENTER</b> Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee Park area). Along with a nutritious lunch, enjoy fun daily activities.	Trans. Supervisor <b>222-3661</b>  134 6th St. Westside Community Center	M – F 8am – 4pm Lunch served at 11:30 am	<ul style="list-style-type: none"> <li>• Seniors (60+)</li> <li>• Reservations required at least 24 hours in advance</li> </ul>	donations encouraged
<b>APPOINTMENTS</b> Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)	Trans. Supervisor <b>222-3661</b>	M – F 8am – 4pm	<ul style="list-style-type: none"> <li>• Seniors (60+), disabled and low-income residents of WDM</li> <li>• Reservations must be made at least 24 hours in advance</li> </ul>	donations encouraged

## CITIZENS WITH SPECIAL NEEDS

<b>FRIENDSHIP CONNECTION</b> Friendship Connection is a club for young adults with special needs.	Human Services Staff <b>222-3660</b>	Thursdays 10am – 11:30am	<ul style="list-style-type: none"> <li>• Young adults with special needs</li> </ul>	NONE
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## Friendship Connection

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing, enjoy refreshments and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3660 or visit our website [www.wdm.iowa.gov/HumanServices](http://www.wdm.iowa.gov/HumanServices).



# FOOD

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p><b>DMARC FOOD PANTRY</b> Food is available at WDM Human Services for households in need.</p>	Human Services Staff <b>222-3660</b>	<p>M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon</p> <p>2nd &amp; 4th Tues of each month 4:30pm - 6:30pm</p>	<ul style="list-style-type: none"> <li>Must provide ID for all household members and proof of address</li> </ul>	<p>NONE</p> <p><i>Funding for this program is provided by USDA which is an equal opportunity employer.</i></p>
<p><b>HOLIDAY FOOD ASSISTANCE</b> Food assistance for the holidays is available to eligible households.</p>	Human Services Staff <b>222-3660</b>	<ul style="list-style-type: none"> <li>Registration begins Oct. 10</li> <li>Walk-ins welcome</li> <li>Deadlines apply</li> </ul>	<ul style="list-style-type: none"> <li>Must meet income criteria of Federal Poverty Guidelines</li> <li>Must be in our service area</li> </ul>	NONE
<p><b>BREAD DISTRIBUTION</b> Donated bakery items are available weekdays for households in need.</p>	Human Services Staff <b>222-3660</b>	M - F 9am	NONE	NONE
<p><b>SUMMER FOOD SERVICE PROGRAM</b> The state of Iowa, in conjunction with WDM Human Services and the WDM Community School District, provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.</p>	Human Services staff <b>222-3660</b> <ul style="list-style-type: none"> <li>Crestview</li> <li>Legion Park</li> <li>Hillside</li> <li>Stilwell</li> </ul>	Lunches served M-F, beginning in June - See website for dates and times.	All children 18 years or younger	FREE for children 18 years or younger
				
<p><b>GARDEN PROGRAM</b> Offset the cost of food by growing your own garden. Tilling is available to elderly &amp; disabled residents of WDM.</p>	Human Services Staff <b>222-3660</b>	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Sign-up in April</p>	<ul style="list-style-type: none"> <li>Must meet income criteria of Federal Poverty Guidelines</li> <li>WDM residents</li> </ul>	NONE

# HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p><b>ENERGY ASSISTANCE (LIHEAP)</b> The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.</p>	Human Services Staff <b>222-3660</b> <ul style="list-style-type: none"> <li>Call for an appointment</li> <li>Walk-ins welcome</li> </ul>	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Sign-up through 4/28/17</p> <p>Sign-up begins:  <ul style="list-style-type: none"> <li>10/3 for seniors and disabled households</li> <li>11/1 for all other households</li> </ul> </p>	<ul style="list-style-type: none"> <li>Low-income households in Western Polk County</li> <li>Social security card &amp; date of birth for all household members</li> <li>13 weeks of verifiable income from all sources for all household members</li> </ul>	NONE
<div style="border: 1px solid blue; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 465-5185</p> </div>				
<p><b>EMERGENCY FINANCIAL ASSISTANCE</b> Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.</p>	Human Services Staff <b>222-3660</b>	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	<ul style="list-style-type: none"> <li>Low income WDM residents.</li> <li>Residents must show eviction or disconnect notice to qualify</li> <li>13 weeks of verifiable income from all sources for all household members</li> </ul>	NONE
<p><b>ASSISTANCE WITH GOVERNMENT FORMS</b> Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.</p>	Human Services Staff <b>222-3660</b>	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	Service area residents	NONE



## CURRENT NEEDS

Each month WDM Human Services assists approximately 300 low-income households with personal care products. We need your help to meet the needs in our community. Following is a list of items we need on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 4-6)
- Soap





## YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p><b>YOUTH RECREATIONAL ASSISTANCE</b> Limited scholarships for recreational/educational activities offered through WDM Parks &amp; Recreation are available to eligible households.</p>	Human Services Staff <b>222-3660</b>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> <li>• Proof of income</li> <li>• Proof of address</li> <li>• Low income residents of WDM</li> </ul>	Varies depending on household income
<p><b>SCHOOL SUPPLIES</b> School supplies are available on a limited basis in August including classroom supplies and backpacks.</p>	Human Services Staff <b>222-3660</b>	<ul style="list-style-type: none"> <li>• Annually in August</li> <li>• Registration begins in July</li> </ul>	<ul style="list-style-type: none"> <li>• Eligible low-income residents of WDM</li> </ul>	NONE
<p><b>HOLIDAY ASSISTANCE</b> Need help with the holidays? Programs are available for qualifying households including Adopt-A-Family and Toyland.</p>	Human Services Staff <b>222-3660</b>	<ul style="list-style-type: none"> <li>• Registration begins Oct. 10</li> <li>• Walk-ins welcome</li> <li>• Deadlines apply</li> </ul>	<ul style="list-style-type: none"> <li>• Must meet income criteria of Federal Poverty Guidelines</li> </ul>	NONE
<p><b>SWIM PASSES</b> Swim passes are available to low-income residents of West Des Moines.</p>	Human Services Staff <b>222-3660</b>	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> <li>• Eligible low-income residents of WDM</li> </ul>	Reduced Rate



## HOUSING

**HOUSING SOLUTIONS**  
A housing and supportive services program that works with homeless families to identify and work to overcome barriers preventing them from providing stable or permanent housing for their families.

Housing Solutions Coordinator <b>222-3666</b>	M – F 8am – 4pm  Limited availability	<ul style="list-style-type: none"> <li>• Eligible homeless participants will need to meet HUD homeless guidelines and income criteria</li> <li>• Must be referred by Primary Healthcare (515-248-1850)</li> </ul>
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## CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>Gently used clothing articles and housewares are available to those in need on a monthly basis.</p> <p><i>This is a community supported program — donations of clothing and small housewares are always needed.</i></p>	Human Services Staff <b>222-3660</b>	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon  2nd & 4th Tues of each month: 4:30pm – 6:30pm	<ul style="list-style-type: none"> <li>• Proof of income</li> <li>• Proof of address</li> <li>• Service area resident</li> <li>• ID required for all household members</li> </ul>	NONE (donations encouraged)

## PERSONAL DEVELOPMENT

<p><b>ESL CLASSES</b> are provided for individuals whose first language is not English.</p>	Human Services Staff <b>222-3660</b>	T & TH 10am – noon	<ul style="list-style-type: none"> <li>• Pre-registration required</li> <li>• Limited # of participants</li> </ul>	NONE
<p><b>COMPUTER CLASSES</b> are available to provide introductory computer skills instruction.</p>	Human Services Staff <b>222-3660</b>	Fridays 1pm – 3pm	<ul style="list-style-type: none"> <li>• Pre-registration required</li> <li>• Limited # of participants</li> </ul>	NONE

## ELDERLY ASSISTANCE

<p><b>HANDYMAN SERVICES</b> Services include lawn mowing, snow removal and minor home repairs for low-income elderly and disabled residents of WDM.</p>	Human Services Staff <b>222-3660</b>	M – F 8am – 5pm	<ul style="list-style-type: none"> <li>• Income - eligible seniors (age 60+) or income-eligible disabled residents of WDM</li> <li>• Registration required for new clients</li> </ul>	NONE (donations encouraged)
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## VOLUNTEER TODAY!

West Des Moines Human Services extends a heartfelt **THANKS** to all of the wonderful volunteers who donate their time and talents to help us continue to be the heart of the community. Volunteers are currently needed in the food pantry and clothing closet. If you have a passion for helping those in need, please call **222-3663** or visit [www.wdm.iowa.gov/HumanServices](http://www.wdm.iowa.gov/HumanServices).





*Partner with WDM Human Services to help our neighbors in need!*

# WDM HUMAN SERVICES

*“The ♥ of the Community”*



*September 25*

## WDM Human Services Current Needs

### Personal Pantry:

Each month WDM Human Services assists approximately 300 low-income households with personal care products. We need your help to meet the needs in our community. Following is a list of items we need on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 4-6)
- Soap

### Clothing Closet:

Our clothing closet is in need of new or gently used children’s, teen, and adult clothing items for the colder seasons. We also need towels, sheets, blankets and small household items. Clothing Closet donations are accepted Monday through Friday 8:30am – 4pm at 139 6th Street in West Des Moines. Donation receipts are available.



## Free Transportation



West Des Moines residents who are seniors (age 60+), disabled, or low income can receive free transportation to necessary appointments, the Westside Community Center, and other trips as time allows (grocery store, bank, WDM Library and hair salon). In 2015, 14,630 rides were provided with a fleet of four vehicles – three wheelchair accessible buses and one van. The service operates Monday through Friday all year. Transportation is also provided for recreational outings like the “Senior Dinner Club.” Reservations required 24 hours in advance. Please call 222-3661 for more information or to schedule a ride.

Please join **West Des Moines Human Services** on September 25th at Flemings Prime Steakhouse & Wine Bar for the Annual **“Sunday Supper In Our Town”** fundraising event as we raise dollars to assist our low-income, elderly and disabled neighbors. Share a delicious meal, great conversation and a wonderful evening of giving back to the community. Tickets are \$150 each. Sponsorships are available. Please call 222-3663 for more information or visit our website at [www.wdmhumanservices.com](http://www.wdmhumanservices.com).





WDM Human Services "The ♥ of the Community"

## Help Your Neighbors In Need

The holidays are approaching and you are invited to add one or more families to your holiday list by participating in one of West Des Moines Human Services' holiday assistance programs.

West Des Moines Human Services is a non-profit organization that provides assistance to low-income, elderly and disabled individuals in our service area. Many of our community members are surviving on very limited incomes and struggle to afford even the most basic of necessities. The holiday season can be particularly difficult for these individuals and families.

Please consider partnering with us to assist these struggling members of our community. Gifts can be delivered directly to a family, or you may deliver your gifts to West Des Moines Human Services and we will deliver to the family. **Following are the opportunities available:**

### Thanksgiving

Sponsors are needed to provide grocery gift cards or food baskets.

**THANKSGIVING DINNER**  
**Thursday, November 24**  
**11:30 AM**  
**WDM Christian Church**  
**4501 Mills Civic Pkwy, WDM**  
**Reservations required.**  
**Call 223-1639 by**  
**November 18th.**

(Limited seating available)

\* Note, for transportation to the dinner, please call 222-3661.



### Adopt-A-Family Program

Sponsors are matched with a WDM family in need and asked to provide gifts for the children in the household. A "wish list" for the family will be provided consisting of names, ages, genders and gift ideas for the children in the household. Sponsors may deliver the gifts directly to their "adopted" family.

### Toyland

This program provides toys for children who are not sponsored through the Adopt-A-Family program. Toyland will take place on December 15, 16, and 19 at WDM Human Services. Donations of new, unwrapped toys are needed for this event.

### Monetary Gifts and Gift Cards

Monetary donations are also appreciated as this allows us to assist families during the holidays and throughout the year.

If you know of other individuals or organizations who may wish to participate, please share this information. We have many families and children who need assistance, and adopting a family is a wonderful tradition during the holidays. Please call 222-3663 for more information or visit our website at [www.wdm.iowa.gov/HumanServices](http://www.wdm.iowa.gov/HumanServices).

If you are interested in providing assistance, please complete the **Holiday Sponsor Form** by December 5th (November 11th for Thanksgiving) and send to:

**West Des Moines Human Services**  
**ATTN: Mindy Hotovec**  
**139 6th Street, P.O. Box 65320**  
**West Des Moines, Iowa 50265**  
**Melinda.Hotovec@wdm.iowa.gov**

Visit us on the web at [www.wdm.iowa.gov](http://www.wdm.iowa.gov)

# HOLIDAY SPONSOR FORM

Contact Name \_\_\_\_\_ Organization (if applicable) \_\_\_\_\_  
Street Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_  
Telephone Number \_\_\_\_\_ E-mail Address \_\_\_\_\_

- I will deliver directly to the family.**  
(Note, food baskets must be delivered to the family.)
- I will deliver to WDM Human Services.**

Do you speak Spanish or have access to an interpreter?  Yes  No

Have you been a sponsor in the past?  Yes  No

### I would like to participate in the following programs offered by WDM Human Services:

Please check the program(s) and fill in the requested information.

#### Food Card and/or Food Basket:

- Option 1:** Purchase a **food card** from a local grocery provider for \_\_\_\_\_ (holiday) (\$25 increment(s) please)  
I will provide a food card(s) for \_\_\_\_\_ family(s). Maximum size of family(s): \_\_\_\_\_
- Option 2:** Provide a **food basket** for Thanksgiving.  
(Food baskets must be delivered directly to the family)  
I will provide a food basket for \_\_\_\_\_ family(s). Maximum size of family(s): \_\_\_\_\_

#### Adopt-A-Family Holiday Program:

**Minimum Requirements:** Sponsors are asked to **provide gifts for the children living in the household up to age 18** consisting of at least two to three gifts per child. Of course, you may provide more if you desire. **(Optional:** Sponsors may also provide a food basket for the family consisting of the groceries needed for a holiday meal or a food card from a local grocery provider.)

I want to adopt \_\_\_\_\_ family(s). Maximum size of family(s): \_\_\_\_\_

Special Preferences: (ie, specific ages) \_\_\_\_\_

#### Toyland

**(Please deliver new, unwrapped toys to WDM Human Services by December 14th, 2016.)**

I will provide approximately \_\_\_\_\_ toys.

#### Monetary Contribution or Gift Cards

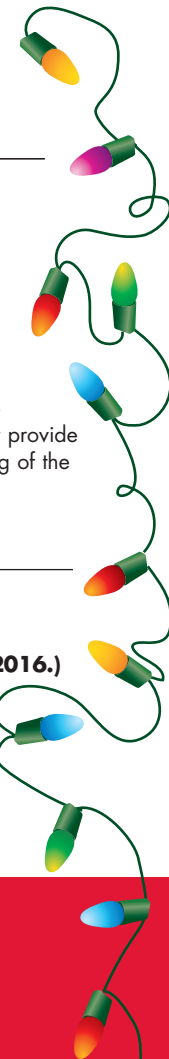
Your contribution will be used to assist families during the holidays and throughout the year.

**Please make your check payable to:** West Des Moines Human Services

### Sponsor forms or donations should be sent to:

(Deadlines: Thanksgiving – 11/11, Christmas – 12/5)

**WDM Human Services • Attention: Mindy Hotovec**  
139 6th Street, P.O. Box 65320, West Des Moines, IA 50265  
Melinda.Hotovec@wdm.iowa.gov • 222-3663





# WDM City Officials

## Mayor

Steven K. Gaer

## City Council

Kevin Trevillyan  
First Ward

John Mickelson  
Second Ward

Russ Trimble  
Third Ward

Rick Messerschmidt  
At Large

Jim Sandager  
At Large

## Key City Staff

City Manager  
Tom Hadden  
222-3610

City Attorney  
Richard J. Scieszinski  
222-3523

## Bicycle Advisory Commission

Kip Albertson  
Margaret Christiansen  
Spencer Cox  
Helen Eddy  
Greg France  
Brittany Freund  
Steve Gatton  
Amanda Kelley  
Joel Wolcott

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Claire Celsi  
Eric P. Christiansen  
Thomas Cunningham  
Angie Pfannkuch

## Civil Service Commission

Kevin Flagg  
Chris Haviland  
Lori Lavorato

## Human Rights Commission

Bernell Edwards  
Frank Harty  
Justine Morton  
Ila Plasencia  
Sanjita Pradhan

## Human Services Board

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Sue Bosworth  
Janet Clary-Jones  
Tammy Cline  
Matt McNeece  
Jessinda Madonia  
Jim Miller  
Wendy Ogden  
Rick Riley  
Robert Shoemaker  
Lori Teel  
Richard Turner  
Daniel Werner  
Lonnie Williams  
Susan Wright

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Melissa Gillespie  
Mark Lowe  
Stephanie Maxwell  
Joseph Murphy  
Bryan Myers  
Kay Rosene

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Forrest Ridgway  
Heather Schebel  
Aaron Sewell  
Rick Swalwell

## Plan and Zoning Commission

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Michele Brown  
Chris Costa  
Kevin J. Crowley  
Craig Erickson  
Scott Hatfield  
Jill Southworth

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Ryan Crane  
Gary Hammers  
Tamara Kenworthy  
T.J. Lechtenberg  
Rita Luther  
Brenda Sedlacek

## Sister Cities Commission

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Jeffrey Lipman  
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Phyllis Staplin

## Water Board of Trustees

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Jody Smith  
Karen Novak Swalwell  
Gretchen Tegeler

I want to share our progress with several major initiatives we're working on to help ensure West Des Moines remains one of the most desirable cities in the region. Let's look at a few key indicators that tell us how we're doing.

It's no secret our community is growing rapidly. We know from our Special Census that our population has increased 12.2 percent since 2010, and that means we have more than 63,000 residents depending on us for essential City services.

In March of this year, contractors took out nearly \$445 million in permits for residential and commercial construction. That total is more than West Des Moines issued during the entire year in 2015, and while we have the Microsoft Data Centers to thank for much of that total, we're clearly a community that is attractive to potential residents and businesses.

With all this new development and growth comes the responsibility of meeting the needs of our residents. For the last year or more, City staff have been working on updating our strategic plan. We recently held three workshops with the City Council to discuss things we need to do to support the broad vision for our community contained in our WDM 2036 plan, which looks 20 years down the road in the future.

This action plan will serve as a guiding document for the next three years, and it contains things we want to accomplish to promote livability and make sure we're working together on community priorities. The plan also contains strategies to keep us financially strong. As this magazine goes to press, we're still prioritizing our work. Once the plan is finalized, I'll share our strategies with you.

As we look to the future, I'm pleased to report that we recently received a Certificate of Achievement for Excellence in Financial Reporting from the Government Finance Officers Association. The attainment of this Certificate represents a significant accomplishment by a government and its management.

This news came shortly after Moody's Investors Service announced the City would maintain its top Aaa stable credit rating. We're fortunate to have an outstanding team that is doing an excellent job of balancing our tremendous growth in a fiscally responsible manner. Our longstanding commitment to doing things the right way puts us in a strong position to attract additional quality development and continue as a regional retail and commercial center.

We're also implementing changes behind the scenes that will help us provide services more efficiently. Staff is in the process of transitioning to a new financial software that will save time and allow us to share information more easily. We've also taken steps to reorganize and work as a team across departments. I want to recognize Public Works, Engineering Services and Parks and Recreation for working together to share staff and equipment so that we can make the most of our resources to maintain our parks, streets and sewers.

In addition, code enforcement has moved from the Police Department to Public Works, and effective with this move, we're now calling it community compliance. Staff will continue to handle nuisances such as junk cars and weeds and grass over 10 inches or more. This move makes sense because it complements the work Public Works employees do every day when they are out in the community working on streets, sidewalks and potholes. If you have a compliance issue to report, please call Public Works at 222-3480 from 7:30 a.m. to 4 p.m., Monday through Friday.

All these changes are necessary and a direct result of our growth and shared commitment to delivering the services you need in the most efficient way possible. It's an exciting time to live and work in West Des Moines!

**Tom Hadden**



The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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FALL 2016

# WDM Parks & Recreation

## PROGRAM GUIDE

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*Online*  
**Registration  
Starts:  
Tuesday, August 9  
8am**



**West Des Moines Parks**

- American Legion Park...301 Vine St.
- Ashawa Park.....4431 Waterford Dr.
- Brookview Park.....400 81st St.
- Crossroads Park.....5205 Ashworth Rd.
- Fairmeadows Park.....543 22nd St.
- Florer Park.....1410 Locust St.
- Holiday Park.....1701 Railroad Ave.
- Huston Ridge Park .....8455 Coachlight Dr.
- Jaycee Park.....5608 Center St.
- Jordan Creek Park.....310 50th St.
- Kiwanis Park.....3101 Maple St.
- Knolls Park .....5150 Aspen Dr.
- Maple Grove Park.....9350 Chalk St.
- Meadowview Park .....638 Prairie View Dr.

- Pearson Park .....1256 19th St.
- Peony Park .....1100 63rd St.
- Quail Cove Park .....1515 South 52nd St.
- Raccoon River Park.....2500 Grand Ave.
- Railroad Park .....425 Railroad Ave.
- Scenic Valley Park.....1223 South 24th Ct.
- Southwoods Park.....350 South 35th St.
- Valley View Park.....255 81st St.
- Western Hills Park.....4115 Walnut St.
- Wild Rose Park.....6801 Cody Dr.
- Willow Springs Park.....5685 Wistful Vista Dr.
- Wilson Park.....298 9th St.
- Woodland Hills Park.....1230 South 95th St.

**West Des Moines Parks & Recreation Department Facilities**

- Administrative Office at WDM City Hall**  
4200 Mills Civic Parkway 222-3444
- Raccoon River Park Nature Lodge**  
2500 Grand Avenue 222-3424
- Raccoon River Park Archery Facility**  
2500 Grand Avenue 222-3424
- Raccoon River Park Dog Park**  
2500 Grand Avenue 222-3444
- Raccoon River Park Softball Complex**  
2500 Grand Avenue 222-3505
- Valley Junction Activity Center**  
217 5th Street 222-3440
- Holiday Aquatic Center**  
1701 Railroad Avenue 273-0700
- Holiday Park Baseball Complex**  
1701 Railroad Avenue 222-3454
- Valley View Aquatic Center**  
255 S. 81st Street 273-0700
- West Des Moines Teen Center**  
1401 Vine Street 202-5169
- Jordan Cemetery**  
2950 Fuller Road 222-3444
- Weather Cancellation Hotline** 222-3500



**Jordan Cemetery**

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.



**New Name!**

**Valley Junction Activity Center**

Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are several flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has recently been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



**Nature Lodge Rentals**

Looking for a room with a view to hold that family function or business meeting? Then the Raccoon River Park Nature Lodge is just the place for you! The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of spaces and services to make planning your event and easy as one...two...three!

The Lakeview Room accommodates groups as small as 20 people up to sit down functions for 110 people. Our great rental rates make things affordable and works with your budget. We have preferred caterers if you choose to use them, or feel free to make your own arrangements with your caterer. Only beer and wine are allowed at the Lodge.

Give us a call at 222-3424 to check availability!



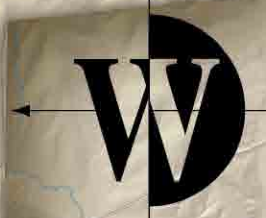
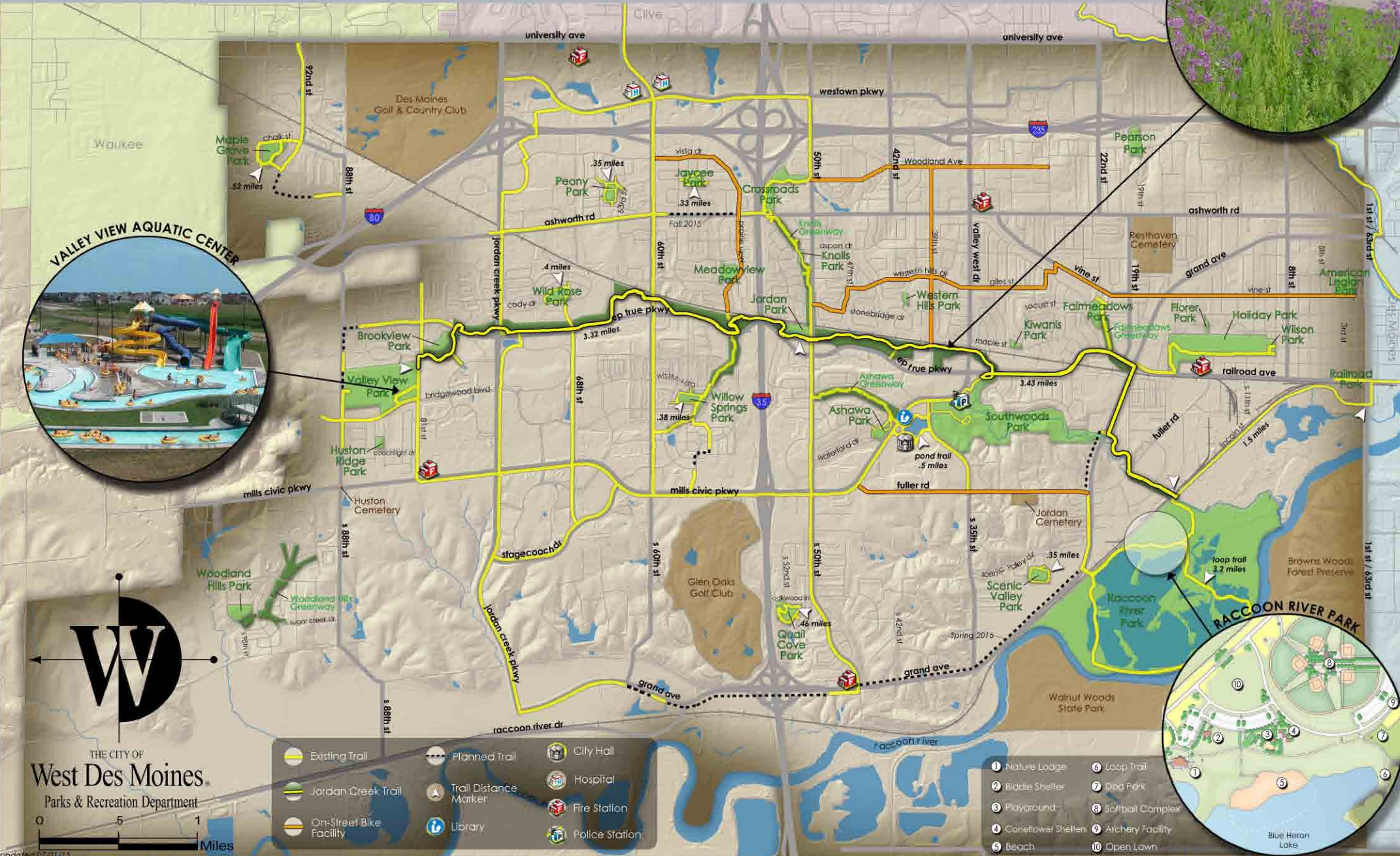
# PARKS & TRAILS MAP

WEST DES MOINES PARKS & RECREATION



**"IOWA BY TRAIL" APP**  
 available FREE on Apple and Android devices  
 App features include:  
 - Interactive map with Points of Interest  
 - Geo locate position and find closest trail  
 - Keep track of distance, news and events

JORDAN CREEK TRAIL



THE CITY OF  
**West Des Moines**  
 Parks & Recreation Department



- |                         |                       |              |
|-------------------------|-----------------------|--------------|
| Existing Trail          | Planned Trail         | City Hall    |
| Jordan Creek Trail      | Trail Distance Marker | Hospital     |
| On-Street Bike Facility | Library               | Fire Station |
|                         | Police Station        |              |

- |                       |                    |
|-----------------------|--------------------|
| 1 Nature Lodge        | 6 Loop Trail       |
| 2 Bicycle Shelter     | 7 Dog Park         |
| 3 Playground          | 8 Softball Complex |
| 4 Coneflower Shelters | 9 Archery Facility |
| 5 Beach               | 10 Open Lawn       |



updated 07/21/15

# Raccoon River Dog Park

## Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

**Dog park permits are now on sale. Don't miss out on the fun!**

### Mail-In

Go to [www.wdm.iowa.gov/DogPark](http://www.wdm.iowa.gov/DogPark) to download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

### Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

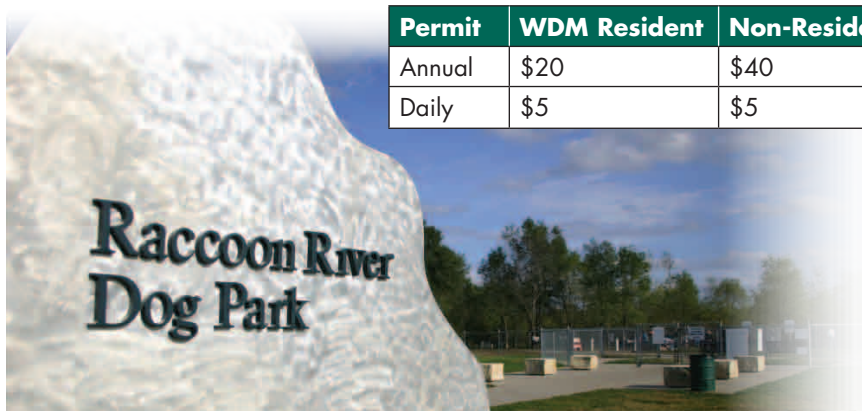
### WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B  
8am – 5pm, Monday-Friday

### Raccoon River Park Nature Lodge

2500 Grand Avenue  
8am – 5pm, Monday-Friday  
Evening/Weekend Hours –  
Call 222-3424

Permit	WDM Resident	Non-Resident
Annual	\$20	\$40
Daily	\$5	\$5



# Raccoon River Park Archery Facility

**The facility is the first of its kind in Iowa and features:**

- Enclosure walls/fencing
- Overhead 'arrow curtains'
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at [www.wdm.iowa.gov/Archery](http://www.wdm.iowa.gov/Archery). Questions? (515) 222-3444 or [ParkRec@wdm.iowa.gov](mailto:ParkRec@wdm.iowa.gov)

Annual Permit	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Adult	\$5	\$5
Youth (15 & Under)	\$5	\$5

**Permits can be purchased at the following locations:**

- **West Des Moines Parks & Recreation Office**  
4200 Mills Civic Pkwy, Suite 1B, West Des Moines  
Phone: 222-3444 | Fax: 222-3459  
Monday-Friday, 8:00am-5:00pm
- **Raccoon River Park Nature Lodge**  
2500 Grand Avenue, West Des Moines  
Phone: 222-3424 | Fax: 222-3658  
Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours



### Using the Facility

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

**See page 13 for Archery programs**

Help light up West Des Moines!

# IllumiFest

a Fall Festival of light

Saturday • September 24  
4pm – 9pm

4200 Mills Civic Pkwy • WDM City/School Campus



- Inflatables & Games
  - Food vendors
  - FREE hot air balloon rides
  - FREE demonstrations and exhibits by Chinese Association of Iowa
  - FREE lantern making
  - “Royal Promenade” around the Pond with Little Princess Parties  
(Please see page 9 for event details and registration)
  - FREE outdoor movie — ZOOTOPIA
  - Fireworks
- And much, much MORE!**

For more information check out

[www.illumifest.com](http://www.illumifest.com)

## ILLUMIFEST EVENTS



### “Royal Promenade” around the Pond with Little Princess Parties

This is a unique event, created to complement our Illumifest special event! Join several of the “Royal Princesses” for a meet-and-greet before the movie ZOOTOPIA plays on the giant 28’ outdoor movie screen. These professional look-alike Royal characters will be stationed around the pond and available for an autograph and quick photo with your little ones! You will receive a unique “autograph book” upon arrival with the Little Princess Parties actress photos inside for signing. What a fantastic storybook keepsake to a most memorable evening!

DAY	Saturday
DATE	September 24
TIME	5pm – 7pm
LOCATION	WDM City/School Campus—around the pond
AGES	2 and up
PROGRAM #	15740
FEE	\$10 per child
REGISTER BY	September 9

**\* Please note: Due to time limitations, your registration does not guarantee you a photo and an autograph with ALL Princess characters available. Autograph books must be picked up in the Parks and Recreation Office Wednesday-Friday, September 19th – 23rd and brought to the event. A very limited number of books will be available for purchase on-site.**

### STORY HOUR AT THE LODGE

Come to the Nature Lodge to enjoy story hour with our staff naturalist. Bring a lunch to enjoy as we share nature books, stories and games.

DAY	DATES
Thursdays	October 6 – 27
TIME	Noon
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	FREE

## HALLOWEEN HOOPLA

Halloween is lurking just around the corner, and this haunted holiday would not be complete without a fun, family-friendly event at Raccoon River Park. Come on out and join the freaky festivities. We will decorate pumpkins and enjoy a ride on the "Witch's Wagon" around the Lake. You will be treated to Count Dracula's "blood" while making your own Skeleton S'mores! Be sure to save the date....we're just dying to see you there.



DAY	Friday
DATE	October 21
TIME	5:30pm – 7:30pm
LOCATION	Raccoon River Park Nature Lodge
AGES	All AGES (Please note: All children must be supervised by a paying adult to participate in the evening festivities and to ride the hayrack.)
FEE	ages 12+: \$6 ages 2 – 11: \$4 under 2 years: FREE
REGISTER BY	October 7
PROGRAM #	15741

## BEGGARS NIGHT

**Beggars night for the City of West Des Moines will be October 30 from 6pm – 8pm.**

## HOLIDAY TURKEY SHOOT

A wonderful holiday event for children and adults. Teams will consist of an adult and child. Each team will get 20 free throws (10 per person). High score in each age group wins a turkey. Age groups for boys and girls will be available. To register please call the Walnut Creek YMCA at 224-1888.

DAY	Friday
DATE	November 11
TIME	7pm
LOCATION	Walnut Creek YMCA
AGES	ALL
FEE	FREE



## BREAKFAST WITH SANTA

Join us for this fun, festive, holiday breakfast featuring Santa Claus himself! Our event features an all you can eat pancake breakfast catered by "Chris Cakes." Photos on Santa's lap will be available so be sure to bring your camera. Limited tickets will be available for purchase at the door. Please be sure to register early. (Please note: All children must be supervised by a paying adult to attend.)

DAY	Saturday
DATE	December 10
TIME	8am – 10am (Open house format)
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	ages 12+: \$6 ages 2 – 11: \$4 under 2 years: FREE
REGISTER BY	November 23
PROGRAM #	15743



## THIS IS SANTA CALLING

Have you been naughty or nice? This is a free service for children 3-6 years old who are West Des Moines residents. If your child would like to talk to Santa, just call the North Pole Extension Office at 222-3444 after October 3. You will be mailed an information sheet to return to Santa before the date of the calls.

DAY	Monday
DATE	December 12
TIME	6pm – 7:30pm





# MARTIAL ARTS

## TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life, young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

### BEGINNER CLASS

SESSION	DATES	PROGRAM #
1	August 30 – October 18	15693
2	October 25 – December 13	15692
DAY	TIME	FEE
Tuesdays	6:30pm – 7:30pm	\$40 per session

LOCATION	Valley Junction Activity Center
AGES	6+
REGISTER BY	One week before the session starts

### INTERMEDIATE/ADVANCED CLASS

SESSION	DATES	PROGRAM #
1	August 30 – October 18	15691
2	October 25 – December 13	15690
DAY	TIME	FEE
Tuesdays	7:30pm – 8:30pm	\$40 per session

**TAE-KWON-DO/ KARATE  
LITTLE NINJAS INSTRUCTOR:**  
**Phil Dickey:** *Fifth Degree Black Belt in Karate, Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee*



## LITTLE NINJAS

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

DAY	FEE
Tuesdays	\$28 per session

DATES	SESSION	TIME	PROGRAM #
August 30 – October 18	1	5:30pm – 6pm	15696
August 30 – October 18	1	6pm – 6:30pm	15697
October 25 – December 13	2	5:30pm – 6pm	15698
October 25 – December 13	2	6pm – 6:30pm	15699

LOCATION	Valley Junction Activity Center
AGES	4 – 5
REGISTER BY	One week before the session starts



## FAMILY EXPLORE ARCHERY

Have you thought about trying out archery, but you don't have any equipment? These family events are planned just for you! Come to the NEW archery facility at Raccoon River Park to give it a try. We will provide bows and arrows for you to try this exciting new sport. This activity is free, but registration is required.

DAYS	DATES	TIME	PROGRAM #
Tuesday	Aug. 16	5:30pm – 7pm	15735
Wednesday	Sept. 28	5:30pm – 7pm	15736
Thursday	Oct. 20	5:30pm – 6:30pm	15737

LOCATION	Raccoon River Park Archery Facility
AGES	6+
FEE	Free

## ADULT ONLY DAYS

If you are a stay-at-home parent, senior or just looking for a chance to try archery come to Raccoon River Archery facility for this program. We have the equipment, so come and try it out. This event is free, but registration is required.

DAY	DATE	TIME	PROGRAM #
Thursday	Aug. 25	9:30am – 11am	15738
Thursday	Sept. 22	12:30pm – 2pm	15739

## HUNTER EDUCATION

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.



DAYS	DATES	TIMES
Must attend both days		
Thursday	Aug. 25	6pm – 9pm
Saturday	Aug. 27	8am – 5pm
(please bring a sack lunch on Sat.)		
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	<a href="http://www.iowadnr.gov/training">http://www.iowadnr.gov/training</a>	

### BEGINNERS FIRST STEPS DANCE

Beginners First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience. Let your child learn basic dance movements in a non-threatening, recreational environment!

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz and tap.

No special shoes are required.



### INTERMEDIATE FIRST STEPS DANCE

Intermediate First Steps Dance classes are designed as a way for students who have completed a First Steps Dance class in previous sessions to advance their skills. These sessions are 12 weeks in length, as opposed to 6 weeks, and will end with a performance that friends and family members can attend to watch the dancers show off their finely-honed skills. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

DAY	Mondays	
DATES	September 12 – October 17	
AGES	TIME	PROGRAM #
5 – 7	5:30pm – 6:30pm	15723
DATES	October 24 – November 28	
AGES	TIME	PROGRAM #
5 – 7	5:30pm – 6:30pm	15724

DAY	Tuesdays	
DATES	September 13 – October 18	
AGES	TIME	PROGRAM #
3 – 4	5:30pm – 6pm	15713
3 – 4	6pm – 6:30pm	15714

DAY	Tuesdays	
DATES	October 25 – November 29	
AGES	TIME	PROGRAM #
3 – 4	5:30pm – 6pm	15716
3 – 4	6pm – 6:30pm	15717

LOCATION	Valley Junction Activity Center	
FEE	\$39	

DAY	Mondays	
DATES	September 12 – November 28	
AGES	TIME	PROGRAM #
7 – 10	6:30pm – 7:30pm	15720

DAY	Tuesdays	
DATES	September 13 – November 29	
AGES	TIME	PROGRAM #
5 – 7	6:30pm – 7:30pm	15719

LOCATION	Valley Junction Activity Center	
FEE	\$85	

## YOUTH SPORTS



### FLAG/TOUCH JR. RUGBY

Rugby-It's becoming a hit in our community! Meeting once a week, this program will have a short practice session to cover rules and work on the skills required to play (kick, pass, run) for up to 30 minutes. The rest of each session will consist of the super fun and exciting Flag Rugby, Rookie Rugby, and T3 Touch Rugby formats. Each age group will be skill matched by coaches to determine the best skill level for maximum fun and engagement for participants of all abilities and ages. All participants will receive a custom designed junior rugby jersey. Although this program is designed to be 'no contact' mouth guards are recommended as there can be incidental contact that occurs. Learn more at [www.JrRugby.com](http://www.JrRugby.com).

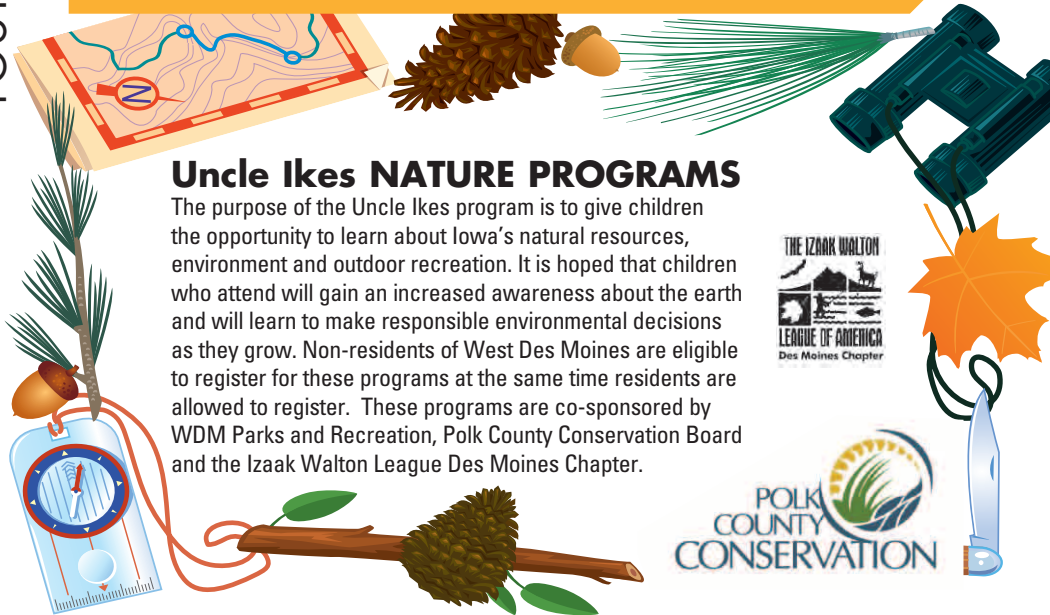
DATES	September 10 – October 15
DAY	Saturdays
TIME	9am – 12pm
LOCATION	Jordan Creek Park
AGES	4 – 12
FEE	\$100
MINIMUM	28
MAXIMUM	180
PROGRAM #	15700



WEATHER CANCELLATION HOTLINE:  
**222-3500**

# PRESCHOOL PROGRAMS

## NATURE CLASS FOR CHILDREN 3-5



### Uncle Ikes NATURE PROGRAMS

The purpose of the Uncle Ikes program is to give children the opportunity to learn about Iowa's natural resources, environment and outdoor recreation. It is hoped that children who attend will gain an increased awareness about the earth and will learn to make responsible environmental decisions as they grow. Non-residents of West Des Moines are eligible to register for these programs at the same time residents are allowed to register. These programs are co-sponsored by WDM Parks and Recreation, Polk County Conservation Board and the Izaak Walton League Des Moines Chapter.

### NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE

**Nature Class for children 3-5 with an adult**  
We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack. Participants must record program name, location and date with the speaker's initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

Day	Date	Location	Program Name	Program #
Tues.	Aug. 23	Southwoods	Incredible Insects	15231
Mon.	Sept. 12	Brown's Woods	Animal Homes	15731
Tues.	Sept. 27	Quail Cove	Spiders	15732
Mon.	**Oct. 3	Jester Park (Playscape)	Turning Leaves	15733
Tues.	**Oct. 18	Raccoon River Park Nature Lodge	Unhuggables	15734
<b>Times</b>	6:30pm – 7:30pm ** 6pm – 7pm			
<b>Ages</b>	3 – 5 and an adult			
<b>Fee</b>	\$7			

### INDOOR PLAYGROUND

Need to get out of the house and let that toddler run off some steam? We've created an indoor playground that can help get the job done. Toys, slides, and riding toys will challenge your child for a day of fun! Parents are required to stay and supervise their children.

\*No Indoor Playground when WDM Schools cancel classes.



DAYS	Mondays & Wednesdays
DATES	October 10 – December 14
TIME	10am — Noon
LOCATION	Valley Junction Activity Center
AGES	4 and under with adult
FEE	FREE

### ROUNDED MINDS YOGA



**At Rounded Minds™ our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.**

**Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.**

**Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.**

**Learn more at roundedminds.com**

We combine simple yoga poses, engaging games, songs, and even art in our yoga program designed to exercise the mind and develop children's social, sensory and motor skills while increasing flexibility. Our instructors share their yoga passion in the energy-releasing classes that also encourage self-expression.



DAYS	Saturdays
DATES	PROGRAM #
September 10 – October 15	15650
October 22 – December 3 <i>(no class on November 26)</i>	15651
TIME	10am – 11am
LOCATION	Valley Junction Activity Center Multipurpose Room
AGES	3 – 9
FEE	\$65

NEW

## ROUNDED MINDS SOCCER



At Rounded Minds™ our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at [roundedminds.com](http://roundedminds.com)

This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.

DAYS	Tuesdays
DATES	September 13 – October 18
TIME	6pm – 7pm
LOCATION	Ashawa Park (4431 Waterford Dr.)
AGES	3 – 6
FEE	\$60
PROGRAM #	15653



NEW

## ART AROUND THE WORLD

Get ready to discover art from around the world. In this six week program, your child will learn art techniques from Australia, Sweden, India, Indonesia, Mexico, and Panama. Your child will make multicultural creations while they learn more about the world around them. We will spend some time each week learning about each country and then create art. And to highlight what we've done, select pieces from our sessions will be chosen to be displayed in the lobby of the Valley Junction Activity Center!

DAYS	Thursday	
TIME	5:15pm – 6:45pm	
DATES	ART	COUNTRY
September 22	Aboriginal Rock Art	Australia
September 29	Dala Horses	Sweden
October 6	Mehndi	India
October 13	Batik	Indonesia
October 20	Amate Bark Painting	Mexico
October 27	Mola	Panama
LOCATION	Valley Junction Activity Center Classroom	
AGES	8-12	
FEE	\$65	
MINIMUM	5	
MAXIMUM	12	
PROGRAM #	15689	





## ROUNDED MINDS ART

At Rounded Minds™ our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at [roundedminds.com](http://roundedminds.com)

Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language and listening skills. This art session will focus on the season of Christmas.

DAYS	Mondays
DATES	November 28 – December 19
TIME	5:30pm – 6:45pm
LOCATION	Valley Junction Activity Center Classroom
AGES	3 – 7
FEE	\$55
PROGRAM #	15652



## Birthday Parties At The Nature Lodge

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us. Our parties include: setup; a reserved space for your event; a party host or hostess; a theme-related activity; cake; ice cream; juice; paper goods; and most importantly...the cleanup. All parties cost \$110 for the first 12 participants (including the

birthday child) and are two hours in length. An additional fee of \$10 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed. PLEASE NOTE: All party participants must meet the minimum age required for each specific party. To schedule your special date, please call 222-3424. Reservations must be made at least 2 weeks in advance.



**NEW!**  
**NEW!**

THEME	AGE (of all party participants)
Animal Tracks	4-8
<b>NEW!</b> "It's a Jungle!"	4-8
Pirate Party	5-8
<b>NEW!</b> Frozen	4-8
Princess Party	4-8
Star Wars	5-8

*Party themes are effective September 1st.*

# FALL FAMILY MOVIE SERIES

NEW

Are there certain movies that “made your childhood”? Do you want to share the experience with your children or grandchildren now? Then join us for our new program, Fall Family Movie Series! Each week, you and your family are invited to come to the Valley Junction Activity Center Multipurpose Room with your blankets and chairs, snack on some free popcorn, and watch a classic movie on our big screen. This event is FREE and open to all!

DAY	Fridays	
TIME	7pm	
DATE	MOVIE	RATING/YEAR
September 16	The Sandlot	PG, 1993
October 28	The Parent Trap	G, 1961
October 14	The Black Stallion	G, 1979
October 28	E.T. the Extraterrestrial	PG, 1982
November 11	The Princess Bride	PG, 1987

LOCATION	Valley Junction Activity Center
AGES	All
FEE	Free



**\*Advance Registration Required. To register for a class, call 1-800-RED CROSS or visit [redcross.org/takeaclass](http://redcross.org/takeaclass)**

## AMERICAN RED CROSS PROGRAMS

### BABYSITTER’S TRAINING

This course gives youth ages 11 to 15 years old the knowledge and confidence to care for infants and school-age children. Combining video, activities, hands-on skills training and discussion for a complete learning experience, Babysitter’s Training teaches youth how to:

- Respond to emergencies and illnesses with first aid, rescue breathing and other appropriate care
- Make decisions under pressure
- Communicate with parents to learn household rules
- Recognize safety and hygiene issues
- Manage young children
- Feed, diaper and care for infants
- Start their babysitting business

\*Be sure to bring a sack lunch.

### ADULT AND PEDIATRIC FIRST AID/CPR AND BBP

Training meets OSHA Guidelines for First Aid Programs and combines lecture, interactive video demonstrations featuring emergency scenarios that are likely to occur in a variety of environments and hands-on training to teach participants lifesaving skills.

- First Aid: Participants learn to recognize and care for a variety of first aid emergencies, such as burns, cuts and scrapes, sudden illnesses, head, neck and back injuries, and heat and cold emergencies.
- CPR Adult: Participants learn how to perform CPR and care for breathing and cardiac emergencies in adults.
- CPR Child and Infant: Participants learn how to prevent, recognize and respond to cardiac and breathing emergencies in infants and children under 12.
- Bloodborne Pathogens: This training course is designed for workers at risk for on-the-job exposure to blood or other body fluids that could cause infection.

\*This course meets requirements for childcare providers in the state of Iowa.

**For dates, please call the American Red Cross.**



## CREATIVE GENIUSES

Fun, educational, and personalized art program for children. Children will look and talk about art and self expression making their own masterpieces. Art education for children supports creative ability, confidence, hand eye coordination, math, science, and literacy skills. Most of all, art just feels good! We are where the ART and mind shine bright!



### PreK Art Play

Young children's first art class inspired by play. This program will ignite an excitement for art and its varieties through engaging in playful art activities.

### After School Art Club

Join Art Club! We will explore a variety of art genres and art techniques. Students interests are incorporated into the program to make the experience fun and engaging. Art Club will host a student art show in December to reward their hard work and display their talents.

### Cartooning

Learn and practice the basics of cartooning. As we learn some basic tips and tricks, let's draw our favorite cartoons and progress to creating our own characters! Student driven program.

### Cartooning

DAY	Wednesdays	PROGRAM #
SESSION / DATES		
1: September 21 – October 26		15754
2: November 2 – December 14 (no class 11/23)		15760
TIME	5:30pm – 6:15pm	
LOCATION	Valley Junction Activity Center	
AGES	6 and up	
FEE	\$66	
MINIMUM	4	
MAXIMUM	16	

### PreK Art Play

DAY	Wednesdays	PROGRAM #
SESSION / DATES		
1: September 21 – October 26		15752
2: November 2 – December 14 (no class 11/23)		15758
TIME	9:30am – 10:15am	
LOCATION	Valley Junction Activity Center	
AGES	3 – 5	
FEE	\$66	
MINIMUM	4	
MAXIMUM	12	

### After School Art Club

DAY	Wednesdays	PROGRAM #
SESSION / DATES		
1: September 21 – October 26		15753
2: November 2 – December 14 (no class 11/23)		15759
TIME	3:45pm – 4:45pm	
LOCATION	Valley Junction Activity Center	
AGES	5 – 11	
FEE	\$66	
MINIMUM	4	
MAXIMUM	16	

**December 14th will be a student art show for all students and families 6:30pm – 7:30pm**



## MAD SCIENCE CRAZY CHEMISTRY



Mad Science of Iowa is tremendously excited to bring you one of the science topic areas so important it is annually awarded a Nobel Prize... Chemistry! And this is Crazy Chemistry, so mix it up, and sometimes blow it up (the safe way!). Your future chemist will learn all the basic building blocks foundational to the Chemistry field, and take home a couple related chemistry items/tools each time we meet, to extend their learning through play, in order to reinforce each topic. Mad Science will provide Pizza and Beverage.

### Chemistry Session 1: Polymer Slime & Chem in a Flash

Students learn the principles of polymers, the substance that makes up so many things in our society. Hands-on and messy ... just how kids like it! They make and then take home their own cup of certified Mad Science Slime. Children take a trip through several fields of chemistry and discover the factors that can change the rate of a reaction.

Children will explore crystallization and receive a Take-Home Action Flask kit to perform more experiments. The class wraps up with a color-changing electrolysis demonstration that covers these cool chemical concepts.

SESSION	1: Polymer Slime & Chem in a Flash
DAY	Thursday
DATE	October 6
TIME	5pm – 7pm
LOCATION	Valley Junction Activity Center
AGES	6 – 10
FEE	\$28
PROGRAM #	15571

### Chemistry Session 2: pH pHactors & Dry Ice

Students explore the crazy chemistry of acids and bases in this fascinating program on the pH scale.

The Phestival ends with a Stopper-Popper reaction!

Frozen Carbon Dioxide (a.k.a. dry ice) is also incorporated into this session in some very fun ways. Take home our Thermo-Color Cup with some dry ice in it to extend the learning fun.

SESSION	2: pH pHactors & Dry Ice
DAY	Thursday
DATE	October 27
TIME	5pm – 7pm
LOCATION	Valley Junction Activity Center
AGES	6 – 10
FEE	\$28
PROGRAM #	15570



## MAD SCIENCE BRIXOLOGY ENGINEERING WITH LEGO® BRICKS

NEW

Mad Science is super pumped to offer Brixology to set the foundation for our next generation of makers! Using LEGO® bricks, your student will become junior engineers as they team up to construct different LEGO® projects. Each date is chock-full of fun and exciting activities to not only keep your child engaged but also keep them active. Your future engineer will build upon their creativity through fun and hands-on design challenges. These projects were designed by a LEGO® Certified Professional in conjunction with Mad Science. Let the tinkering begin!

- Focuses on the “E” in “STEAM.” Full steam ahead for your child using LEGO®neering!
- Explore engineering fields including mechanical, structural, aerospace, nautical, automotive, civil and bioengineering.
- Use critical thinking, cooperation, and creative problem-solving to test and improve creations.
- Experience extended learning with a take home gadget to build and play with, in order to reinforce each concept.
- Participate in collaborative engineering challenges to solve real-world problems and develop team-building skills.

### Brixology Engineering Session 1: Boats, Carnivals & Creatures

**CARNIVALS** – Feel the thrill as you build a spinning swing ride! Learn about forces and the mechanical engineering concepts behind some of your favorite amusement park rides. Then improve and test the design to create an even wilder ride. Take home, build and play-learn with our Viking Ship Ride!

**CREATURES** – Discover nature’s engineering secrets as you investigate biomimicry! Build a walking insect machine and then test different ways to help it climb up the steepest branch. Take home, build and play-learn with our Peacock Puzzle!

**BOATS** – Create a sea-worthy vessel as you set sail with nautical engineering. Build a test boat powered by potential and kinetic energy. Then try changing specific variables to improve speed, buoyancy, and stability. Take home, build, and play-learn with our Wave Rider!

SESSION	1: Boats, Carnivals & Creatures
DAY	Saturday
DATE	October 29
TIME	9am – 12pm
LOCATION	Valley Junction Activity Center
AGES	6 – 10
FEE	\$39
PROGRAM #	15804



### Brixology Engineering Session 2: Aerospace Structures, Bridges and Towers

**AEROSPACE STRUCTURES** – Discover the secrets of aerospace engineering - efficiency and compact design. Create a space station and connect it with others to assemble a massive modular spacecraft. Take home, build and play-learn with our Astro Lander!

**BRIDGES** – Work together with your fellow civil engineers to build and test different bridge designs. Then use what you’ve learned to create the strongest bridge possible. Take home, build and play-learn with our Truss Bridge!

**TOWERS** – Find out how structural engineers use physics to solve problems. Work together to build a structurally sound tower with a working elevator. Take home, build and play-learn with our Sky Beams!

SESSION	2: Aerospace Structures, Bridges and Towers
DAY	Saturday
DATE	November 19
TIME	9am – 12pm
LOCATION	Valley Junction Activity Center
AGES	6 – 10
FEE	\$39
PROGRAM #	15805

### Brixology Engineering Session 3: Vehicles, Machines, and Newton’s Laws

**VEHICLES** – Get in gear as an automotive engineer! Assemble a motorized vehicle and learn how to optimize it. Use wheels, axles and gears to reduce friction so your vehicle runs better. Then, shift into higher gear and work hands-on with transmissions and gear ratios. Take home, build and play-learn with our Hovercraft!

**MACHINES** – Engineering is creative! Learn how gears, levers, and pulleys are useful tools for mechanical engineers. Combine your newfound knowledge with art and build a motorized drawing machine. Take home, build, and play-learn with our Sky Roller!

**NEWTON’S LAWS PLUS** – All the main physical forces to support your expanded knowledge of Engineering. Learn about them hands-on and with tools such as a Hot Wheels racetrack and others. Take home, build, and play with our Class 2 Lever Contraption!

SESSION	3: Vehicles, Machines, and Newton’s Laws
DAY	Saturday
DATE	December 10
TIME	9am – 12pm
LOCATION	Valley Junction Activity Center
AGES	6 – 10
FEE	\$39
PROGRAM #	15806



# BALLROOM DANCING

## LEVEL I & II

### Absolute Beginner and Beyond Ballroom

This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, Rumba, Tango and Cha Cha. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area.

## LEVEL II AND LEVEL III

### Beyond Beginner Ballroom

This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and technique will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level. PLEASE NOTE! This is a couple's only class.

## LEVEL III AND LEVEL IV

### Intermediate Ballroom

This ballroom class is for anyone who has completed Level 1 and Level 2 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level 1/2 classes. They will then add figures and technique to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Dances not included in Level 1/2 class curriculum will be taught at a beginning level as we introduce new dances to the students. PLEASE NOTE! This is a couple's only class.

## Formation Classes

Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class. Cost is \$50 during your class dates.

Any questions, please contact Jim and Suzi Benjamin at

[DanceInfo@DesMoinesDance.org](mailto:DanceInfo@DesMoinesDance.org)

## LEVEL I & II

# OF WEEKS	7			
LOCATION	Valley Junction Activity Center			
DATES	DAYS	TIMES	PROGRAM #	FEE
September 11 – October 23	Sundays	12:30pm – 1:30pm	15763	\$55 per person
October 30 – December 11	Sundays	12:30pm – 1:30pm	15764	\$65 per person
September 8 – October 20	Thursdays	6:45pm – 7:45pm	15761	\$65 per person
October 27 – December 15 (No class Thanksgiving day)	Thursdays	6:45pm – 7:45pm	15762	\$65 per person

## LEVEL II & III

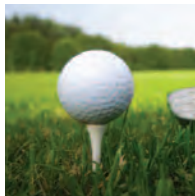
DAYS	LOCATION	# OF WEEKS	
Mondays	Valley Junction Activity Center	7	
DATES	TIMES	PROGRAM #	FEE
September 12 – October 24	6:45pm – 7:45pm	15765	\$130 per couple
October 31 – December 12	6:45pm – 7:45pm	15771	\$130 per couple

## LEVEL III & IV

DAYS	LOCATION	# OF WEEKS	
Sundays	Valley Junction Activity Center	7	
DATES	TIMES	PROGRAM #	FEE
September 11 – October 23	1:30pm – 2:30pm	15772	\$110 per couple
October 30 – December 11	1:30pm – 2:30pm	15777	\$130 per couple

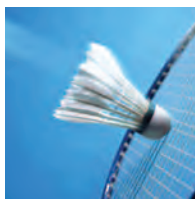


## ADULT SPORTS

**ADULT GOLF LESSONS**

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual attention as needed. Lessons are held at West Grand Golf. Participants will need to bring all clubs to first class.

DAYS	Monday – Thursday
DATES	September 12 – 15
TIME	6:30pm – 7:30pm
LOCATION	West Grand Golf, 6450 Raccoon River Drive (1 mile west off of Interstate 35)
FEE	\$52 per person
INSTRUCTOR	Brian Larson
MINIMUM	15
MAXIMUM	20
PROGRAM #	15803

**COED BADMINTON OPEN GYM**

Drop in for recreational pick-up badminton matches.

DAYS	Sundays
DATES	August 7 – May 28
TIME	2:30pm – 5pm
LOCATION	Valley Southwoods – 625 S. 35th St.
FEE	• \$2 WDM school district residents • \$3 non-residents due on site

## Corporate Sponsor Honor Roll

*We would like to say thank you to our sponsors and advertisers of the Adult Sports Program. We encourage you to support them!*

- **COCA COLA**
- **AWARDS PROGRAM SERVICES**

# THANK YOU!

## RECREATION HOTLINE

FOR SPECIAL PROGRAM INFORMATION AND UPDATES OR WEATHER-RELATED CANCELLATIONS, CALL THE RECREATION HOTLINE!

# 222.3500

**ADULT COED KICKBALL LEAGUE**

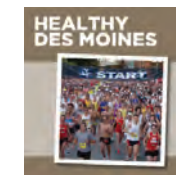
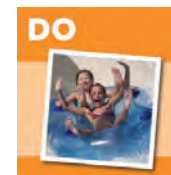
Applications for the upcoming Adult Kickball League are now available. Teams play a 6 game schedule. Teams will be split into Jr. High, Jr. Varsity and Varsity divisions when numbers are conducive. Call 222-3444 for more information.

GAME TIMES	6:15pm, 7:15pm, 8:15pm, and 9:15pm		
LEAGUE NAME	DAY	START DATE	PROGRAM #
Coed	Monday	August 29	15654
Coed	Tuesday	August 30	15655
Coed	Wednesday	August 31	15656
Coed	Thursday	September 1	15657
LOCATION	Raccoon River Park Softball Complex		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Wednesday, August 10 at 4pm		
FEEES	Team fee \$164.30 (tax included) Non-WDM resident fee \$3		



Catch Des Moines active. Outdoor exploration.

Biking trails and water slides. Experience edge-of-your-seat sports action. The thrill of crossing the finish line. The excitement of cheering in the stands. The connection with nature. Choose your journey. Watch. Do. Engage with health and wellness. It's all here in Greater Des Moines!



[catchdesmoinesactive.com](http://catchdesmoinesactive.com)

## ADULT MEN'S FLAG FOOTBALL LEAGUE

Applications are now available for teams interested in joining a Flag Football league. Please call 222-3444 to have an application mailed, emailed or faxed to you. Seven man teams will play a 7 game schedule.



GAME TIMES	6:15pm, 7:15pm, 8:15pm, and 9:15pm		
*Some Monday or Thursday games may be scheduled for all leagues			
LEAGUE NAME	DAY	START DATE	PROGRAM #
Men's A	Tue	August 30	15658
Men's B	Tue	August 30	15659
Men's B	Wed	August 31	15660
Men's C	Wed	August 31	15661
LOCATION	Valley Stadium • 4440 Mills Civic Pkwy.		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Tuesday, August 2 at 4pm		
FEES	Team fee \$508.80 (tax included) Non-WDM resident fee \$6		

## MEN'S BASKETBALL LEAGUES

Applications will be available in September for teams interested in joining our exciting and very popular basketball leagues. Please call 222-3444 to have an application mailed, emailed or faxed to you. Teams will play a 10 game, round robin schedule.

All games will be staffed with high school certified officials and scorekeepers.

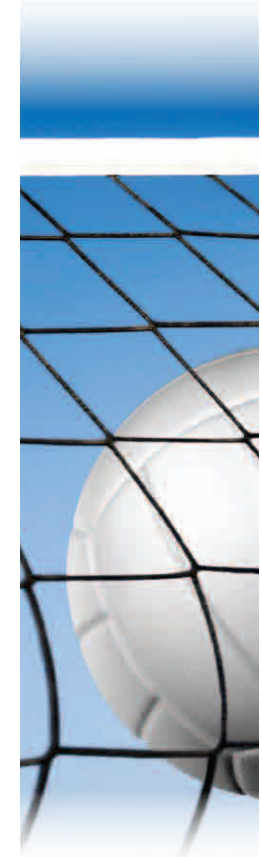


LEAGUE NAME	DAY	START DATE	PROGRAM #
Men's A	Wed	November 30	15662
Men's B1	Wed	November 30	15663
Men's B2	Wed	November 30	15664
Men's C1	Wed	November 30	15665
Men's C2	Wed	November 30	15666
Men's C3	Wed	November 30	15667
Men's D1	Wed	November 30	15668
Men's D2	Wed	November 30	15669
Men's B1	Sun	December 4	15670
Men's B2	Sun	December 4	15671
Men's C	Sun	December 4	15672
Men's D	Sun	December 4	15673
LOCATION	Various WDM, Clive and Waukee Schools		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Thursday, November 3 at 4pm		
FEES	Team fee \$418.70 (tax included) Non-WDM resident fee \$6		

## VOLLEYBALL LEAGUES

Applications for our Fall volleyball leagues are now available. Call 222-3444 to have one mailed, emailed or faxed to you. Six player teams will play a 10 match schedule. All Leagues will be staffed with an official.

LEAGUE NAME	DAY	START DATE	PROGRAM #
Coed A	Mon	September 12	15674
Coed B	Mon	September 12	15675
Coed C	Mon	September 12	15676
Coed A	Tues	September 13	15677
Coed B	Tues	September 13	15678
Coed C	Tues	September 13	15679
Women's A	Wed	September 14	15680
Women's B1	Wed	September 14	15681
Women's B2	Wed	September 14	15682
Women's C	Wed	September 14	15683
Coed A1	Thurs	September 15	15684
Coed A2	Thurs	September 15	15685
Coed B	Thurs	September 15	15686
Coed C1	Thurs	September 15	15687
Coed C2	Thurs	September 15	15688
LOCATION	Various		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Thursday, August 11 at 4pm		
FEES	Team fee \$238.50 (tax included) Non-WDM resident fee \$6		



## ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

- 1.) **Returning Teams.** Defined as having at least 51% of last season's roster.
  - a.) Teams who participated in the league the previous season.
  - b.) Teams who participated in the league the previous year.
  - c.) Teams may be placed in another division at Department's option to equalize competition.
- 2.) **New Teams.** Teams that did not participate in the league the previous season or year.
- 3.) **Late Teams.** Any team that does not meet the established deadlines will be accepted at the Department's discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the city of West Des Moines School District in all cases except softball, where City boundaries apply.

# SENIOR DAY TRIPS

*Open to people 55 years and over.*

## FALL MYSTERY TRIP

Jump on board the mystery bus for an adventurous day full of surprises! You should come prepared for both indoor and outdoor activities since our destination will not be revealed. Please be sure to dress casual and comfortable. This trip will include your lunch, and any admissions to destinations we may visit.

DAY	Tuesday
DATE	September 27
TIME	8am – 6pm
LOCATION	It's a Mystery!
DEPARTURE LOCATION	Valley West Mall — SE Lot
FEE	\$64
REGISTER BY	September 6
PROGRAM #	15747

## DAY TRIP INFORMATION

\*PLEASE NOTE: Space is limited to the first 52 people who register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. Please note the departure location for each trip!

## CELEBRATION BELLE THROUGH 2 LOCK AND DAMS

Enjoy the scenic fall colors as we cruise downriver and enjoy all of the wonderful food and live entertainment along the Mississippi River to the historical town of Muscatine, IA. We'll board the largest luxury excursion vessel on the upper Mississippi River, and take in breathtaking views. As if that weren't enough to tempt you...our day will also include: sticky rolls and fruit as the cruise departs, a full hot lunch buffet, and a snack in the afternoon! Prepare yourself for a fun, relaxing day on the river.

DAY	Wednesday
DATE	October 19
TIME	7am – 7pm
LOCATION	Moline, IL to Muscatine, IA
DEPARTURE LOCATION	Valley West Mall — SE Lot
FEE	\$99
REGISTER BY	September 28
PROGRAM #	15745



# SENIOR DAY TRIPS

*Open to people 55 years and over.*

## "NANA'S NAUGHTY KNICKERS" AT THE OLD CREAMERY THEATRE

A young law student moves in with her sweet and innocent grandmother only to learn that Granny is running a lingerie business for sexy seniors out of her New York apartment. It's



two hours of non-stop laughs as granny and her pals try to sidestep the law, a greedy landlord, and a shipment of merchandise gone awry! Rated PG. Lunch is included at the Ox Yoke Inn, with free time for shopping. Enjoy the day out with us at the Amana Colonies!

DAY	Thursday
DATE	November 3
TIME	8am – 7pm
LOCATION	Amana Colonies
DEPARTURE LOCATION	WDM City Hall, 4200 Mills Civic Parkway
FEE	\$69
REGISTER BY	October 13
PROGRAM #	15746



## *New Name Selected for* WEST DES MOINES COMMUNITY CENTER

The West Des Moines Community Center, located at 217 5th Street in Valley Junction, will now be called the **Valley Junction Activity Center**. The name was changed to better identify the building and avoid confusion between other facilities in the area.

The building was originally constructed in 1950-1951 as an American Legion Hall. In 1974, the WDM American Legion Drum and Bugle Corps., Inc., donated the building to the City of West Des Moines. The American Legion still holds their regular meetings in the building.



## ST. LOUIS CARDINALS VS. CHICAGO CUBS DOUBLE HEADER

Join us as we travel to the "The Gateway to the West" to take in the rivalry between the Cubs and Cards! This three day, two night package includes: stadium seating on Monday night; premium, all-inclusive seats on Tuesday in a box suite on Redbird Row! These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket! (Please note: These seats include indoor/outdoor seating in Suite #213, in right field.) This travel package also includes a two night hotel stay; breakfast each morning at the hotel; and roundtrip transportation. Whichever team you cheer for....GO CUBS! or GO CARDS! This trip will satisfy all baseball fans.

DAYS	Monday – Wednesday
DATE	September 12 – 14
LOCATION	St. Louis, MO
FEE	\$419 / person double \$389 / person triple \$369 / person quad \$519 / person single
REGISTER BY	August 22
DEPARTURE LOCATION	WDM City Hall
PROGRAM #	15598

**A \$100 non-refundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.**



## IOWA HAWKEYES VS NORTH DAKOTA STATE

Join us as we travel to Kinnick Stadium to watch the Iowa Hawkeyes take on North Dakota State! This exciting day trip includes your game ticket and round trip transportation. Pack your cooler, and leave the driving to us as we travel via deluxe motor coach. What a great way to experience Hawkeye football at Kinnick Stadium. GO HAWKS!

DAY	Saturday
DATE	September 17
DEPARTURE TIME GAME KICKOFF	5am 11am
LOCATION	Iowa City
DEPARTURE LOCATION	WDM City Hall
FEE	\$114
REGISTER BY	September 2
PROGRAM #	15744

## ADULT CRAFT CRAZE!

Are you looking to get out of the house and get those creative juices flowing? If so, you may want to sign up for a Craft Craze Class. During each class you will leave with a finished or nearly finished item great for decoration or for gifts.

### September 29 • #15725 Sunflower Fun

You will have the chance to make several bright, cheery sunflower items for this fun craft class! You will try your hand at watercolor to make a simple card or painting and we will make a cute sunflower pin.



### November 3 • #15726 Maple Leaf Mason Jar

Can this cute votive holder really be this easy? Yes it can! Come and make your own seasonal Maple Leaf Mason Jar. Great as a gift or to use as an autumn decoration.

TIME	9:30am – 11am
LOCATION	Raccoon River Park Nature Lodge
FEE	\$7 per class
(Coffee and tea will be served!)	

# 4 WAYS TO REGISTER NOW!



Scan & Register with your mobile device.

- **Online:**  
<https://reconline.wdm-ia.com>
- **Mail-In:**  
P.O. Box 65320, WDM, IA 50265
- **Call-In:**  
222-3444
- **Fax-In:**  
222-3459



## POLICIES

### REFUND POLICY

Refunds will be gladly given for any reason as long as your request for a refund is submitted before the registration deadline date. Any time after that date, refunds will only be issued with a written medical excuse. *This policy does not apply to travel programs & adult sports leagues.*

### CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

### REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration Change made after participants are enrolled in a program.

### RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications will be available at **WDM Human Services, 139 6th Street.**

### ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department at least 48 hours in advance. Please call **222-3444** to have accommodations provided.

WDM Parks and Recreation *registration form*

First Name(s) (Parent or Guardian)	Last Name
Address	City, State, Zip
Home Phone	Alternate Phone Number
E-mail Address	Visa, Mastercard, or Discover (Circle one)
	Card number <span style="float: right;">/ /</span> exp. date

*\$5 / change fee for program changes made after your registration has been processed.*

### WDM Parks And Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks and Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and/or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant Name	Birthdate	Activity	Program #	Fee

*Please make checks payable to the City of West Des Moines*

**MAIL** to: WDM Parks and Recreation • P.O. Box 65320 • West Des Moines, IA 50265

**DROP OFF** this form with your payment at the Parks and Recreation Administration Office  
4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with your mobile device to see our website

PRSRT STD  
U.S. POSTAGE  
**PAID**  
Des Moines, IA  
Permit No. 4839  
ECRWSS



## PerfectMind Registration Software

The West Des Moines Parks and Recreation Department is currently working behind the scenes on transitioning to a new registration and facility rental software program. PerfectMind registration software has features and functions that are customer-centric, cloud-based, and at the forefront of software trends.

Users will notice changes in the Winter/Spring Program Guide and online beginning November 2016. Stay tuned for more information about this exciting transition!



Perfect**Mind**