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WDM magazine

Issue 42 | Spring/Summer 2017

AN INNOVATIVE LINK TO NEWS AND ACTIVITIES FOR THE CITY OF WEST DES MOINES



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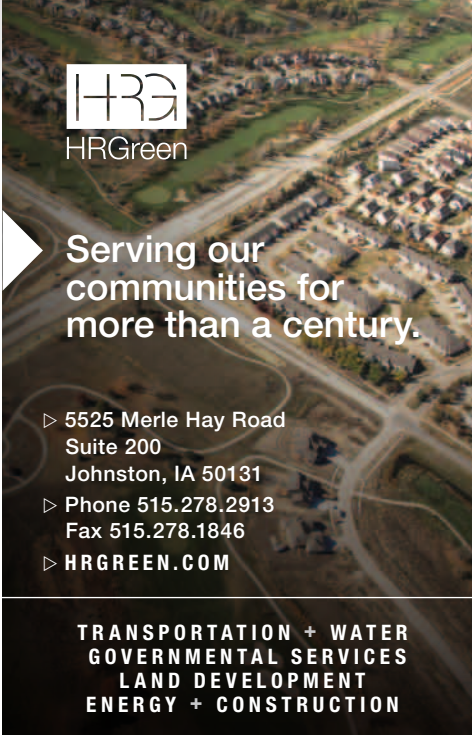
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WEST DES MOINES CITY HALL

4200 Mills Civic Parkway
West Des Moines, Iowa 50265
(515) 222-3600



To assist planning efforts and make sure West Des Moines is future ready, I've appointed a Leadership Advisory Board of CEO-level individuals who have volunteered to meet quarterly and share their thoughts about important issues in our community. The idea to create this board was a result of our collaboration with futurist Rebecca Ryan to develop a 20-year plan for West Des Moines called WDM 2036.

The mission of this unique group of proven and well-respected leaders is to work together on community priorities. By meeting face to face, each member is making a commitment to open up the channels of communication, build trust and help everyone understand each other's issues and concerns. The advantage of having different points of view and varying perspectives is that it will help us stay on top of emerging trends, plan for our future and work together to achieve shared goals.

This group of leaders, now called WestLAB, met last December, and had a fascinating discussion about the challenges and opportunities we face as a community.

With members from large and small businesses, school districts, government and health care, WestLAB members are engaging in focused discussions about topics they consider critical to our success. Dave Lyons with the Iowa Institute has agreed to facilitate these discussions, and the board has identified two key issues, broadband and workforce, to focus on immediately.

The group spent considerable time at its first meeting discussing whether West Des Moines should consider high-speed Internet access to businesses and residential properties as a priority for our community. Members reached a consensus that broadband was quickly becoming the fourth utility and we should strive for near universal connectivity. Although our City was perceived as too large and diverse with its broadband needs for a municipal-owned approach, members felt that a middle path would be the most appropriate for businesses and residents.

As a result, the City was urged to develop a model for public/private broadband collaborations to leverage assets, speed investment and reduce costs. Staff also was encouraged to develop a broadband asset map for West Des Moines and identify existing broadband access gaps.

Workforce issues also sparked discussion about what we should be doing to help with employee recruitment. The group decided that staff, in collaboration with education and workforce partners, should develop a marketing piece for West Des Moines employers to make sure they are aware and taking advantage of new workforce training tools, programs and funding to help with recruitment challenges.

It was also recommended that City staff should discuss methods to gather additional information about workers who are classified as Millennials (born 1977-1995) and Gen Z/iGens (born after 1996). Employers are often more comfortable with earlier generations, Gen X and Baby Boomers, because they have more experience working with them. Younger generations of employees are more of a mystery because they have different expectations and workplace goals.

In addition to WestLAB, I'm also establishing a Quality of Life Advisory Council that will help us make sure we're attracting and retaining great companies, talent and families. This group will take a look at measurable indicators of quality of life and how we can make sure we're staying ahead of the curve when it comes to making West Des Moines one of the most vibrant suburban cities in North America. Together, I believe these two groups, with their valuable, citizen-oriented perspectives, will make a meaningful difference in the course of our community and the lives of those who live here.

Steven K. Gaer

WELCOME to the WDM Magazine... The City of West Des Moines' premier communication sent to over 31,000 homes and businesses throughout the City.

The WDM Magazine is published three times per year to highlight city news and information as well as community events and programming available through WDM Parks & Recreation, the WDM Library, and WDM Human Services.



Eye On West Des Moines Photo Contest

The City of West Des Moines is partnering with WDM Magazine to sponsor the Eye on West Des Moines Photo Contest. Submissions for the 2016 contest are accepted anytime through Friday, June 2 at 4:00pm. Entries must be electronically submitted to parkrec@wdm.iowa.gov.

- Grand Prize/Overall Winner: **\$100** and featured on the cover of a future edition of WDM Magazine.
- Category Winners: **\$50**

All submissions must be received by **June 2, 2017 at 4:00 p.m.**

Photographs must be entered in one of five categories that represent life in the City of West Des Moines:

- Living – Activities/Events
- Living – Plants/Wildlife
- Seasons in WDM
- Raising Families
- Doing Business

For more information, please contact Mark Brewick at **222-3441** or Mark.Brewick@wdm.iowa.gov

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- www.HRGreen.com

WDM FACILITY MAP



- 1 City Hall:** 4200 Mills Civic Pkwy
- 2 Public Safety Station #19:** 8055 Mills Civic Pkwy
- 3 Fire Station #21:** 3421 Ashworth Road
- 4 Human Services:** 139 6th Street
- 5 WDM Public Library:** 4000 Mills Civic Pkwy
- 6 Law Enforcement Center:** 250 Mills Civic Pkwy
- 7 Public Services:** 560 S. 16th Street
- 8 Fire Station #17:** 1401 Railroad Avenue

- 9 Westside Fire Station #22:** 1801 68th street
- 10 Fire Station #18:** 5025 Grand Avenue
- 11 Valley Junction Activity Center:** 217 5th Street
- 12 Nature Lodge:** 2500 Grand Avenue
- 13 Holiday Aquatic Center:** 1701 Railroad Avenue
- 14 Valley View Aquatic Center:** 255 S. 81st Street
- 15 Water Works Plant:** 1505 Railroad Avenue



BIG FUN IN VALLEY JUNCTION



Farmers Market & Music in the Junction

Thursdays, beginning May 4

Cinco de Mayo Festival

Saturday, May 6

National Public Works Week Celebration

Thursday, May 25

Valley Junction Arts Festival

Sunday, May 21

18th Annual Cops N' Bobbers FISHING DERBY



Join the WDM Police Department for the 18th Annual Cops N' Bobbers Fishing Derby at the City Hall Pond (4200 Mills Civic Pkwy). Teams must consist of at least one child under 18 years of age and one adult (18 years old and up). Contestants must supply their own bait, tackle and poles. This is a catch and release event where participants will return all fish to the pond once they are measured. Prizes will be awarded in several categories.



The event is FREE to the public and will be held in conjunction with the Iowa DNR's Free Fishing Weekend. Fishing licenses are not required for Iowa residents during the weekend of June 2 - 4, 2017.

Event Date

Saturday, June 3

Event Location

West Des Moines, City Hall Pond, 4200 Mills Civic Pkwy, West Des Moines, IA

Registration

Begins at 8:30 am

Fishing

From 9:00 am - 11:00 am

Prizes will be awarded

11:30 am

For more information, please call Brent Kock at 515-222-3357 or brent.kock@wdm.iowa.gov

WDM Firefighter Association's

Join us for the West Des Moines Firefighter Association's Annual Easter Egg Hunt on Saturday, April 15th. Easter egg hunt begins promptly at 10:30 am at DMACC West Campus, 5959 Grand Avenue, WDM.

Event Date

Saturday, April 15

Easter Egg Hunt

begins promptly at 10:30am

Event Location

DMACC West Campus
5959 Grand Avenue



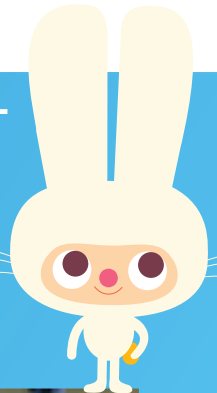
ANNUAL EASTER EGG HUNT



Don't miss out on the fire trucks, face painting and photos with the Easter Bunny!



sponsored by DMACC



POTHOLES

A pothole must be located in the City street (not a driveway approach).

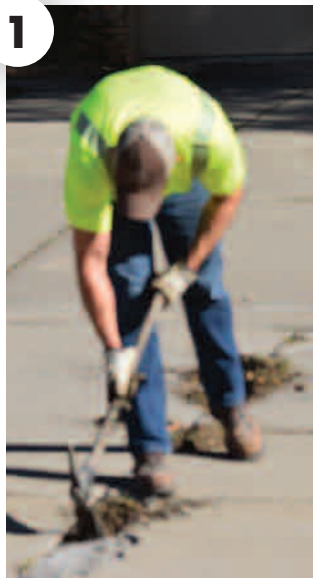
The defect must be an actual nuisance (small defects are a natural occurrence).

Driving along and you're concerned about a pothole? It's easy to report a pothole in West Des Moines! You can:

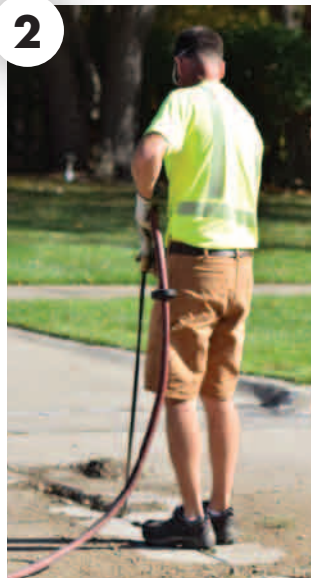
- Call Public Services at 222-3480
- From the City website click on "Online Service Desk"
- Download the YourGOV app on your phone – it's simple, and you can even snap a photo to send.
- From your PC, go to the City's website at www.iowa.gov and type "YourGOV" in the search box. Click on the "+" to add a request.

And then what happens? Your report of a pothole is assigned to the Street Maintenance supervisor and the street crew is notified immediately on their iPad.

Once the crew arrives on the scene, workers will immediately secure the area with cones to protect the workers. And then, they:



DIG IT OUT



BLOW IT OUT WITH AN AIR HOSE



CLEAN THE AREA



SHOVEL IN HOT MIX ASPHALT



TAMP IT DOWN



CLEAN THE AREA

If the area is small, the crew may immediately move on to the next pothole. If it's a larger area, or in the direct path of heavy traffic, the crew will wait until the asphalt cools before moving on.

A QUICK AND EASY WAY TO CONTACT YOUR WDM CITY GOVERNMENT!
YourGOV

At your fingertips 24/7, citizens can report non-emergency issues and service requests using:

- **The web**
Visit <http://yourgov.wdm-ia.com> to start using the YourGOV web-based request portal.
- **Apple iPhone™**
download the free YourGOV iPhone app by visiting the iTunes App Store.
- **Android™ enabled smartphones**
download the free YourGOV app at Google Market or the Amazon App Store.



With Appreciation....

The West Des Moines Historical Society relies heavily on grants to maintain and preserve the historic Jordan House at 2001 Fuller Road and Bennett School, a one room schoolhouse at 4001 Fuller Road. Grant funding also supports educational programming for students and the general public on various aspects of the history of our community. Thanks to the following funders for supporting the work of the WDM Historical Society over the past several months!

Bravo: Capital Campaign & Project Grant

Repairs to protect and maintain the Jordan House, including repairs on flat roofs and siding. Relocated visitor entrance to the south side to enhance accessibility for visitors with mobility issues.

Bravo: Cultural Enrichment Grant

Support of education events and programming, including expanded Open House tours and October Underground Railroad presentation. Also funding to develop curriculum and materials for teachers to use at the Bennett School. Bravo funds will also support promoting and distributing this information and providing teacher training.

City of West Des Moines

City funds were utilized on critically needed repairs at both the Jordan House and Bennett School, including:

Jordan House: repairing flat roofs, patching holes in foundation, tuck pointing two chimneys, installing new heating ducts. Installation of wireless fire detection system, first in the city of West Des Moines.

Bennett School: repaired seven windows sills and replaced two windows. Repainted exterior.

Prairie Meadows

Education programming and outreach to underserved youth populations, through enhanced Underground Railroad curriculum and Bennett School programming.

Polk County Betterment Grant

Educational programming, including Bennett School curriculum and educational outreach and programs, expanded Open House tours and increasing usage of the Jordan House through special events.

Jordan Scholars

Support from Polk County, Kemlin Industries, West Des Moines Community Foundation, West Bank, Pat Jordan Berkley and the Jordan family, John Ruan IV to fund the Jordan Scholars Institute for select high school juniors in the Des Moines metro area.



High school students learn about the Underground Railroad at the Jordan House.



MidAmerican Energy Foundation

Capital repairs on the Jordan House, to be completed in 2017. Includes replacement of siding, scraping and painting the historic facility.

Celebrate Decoration Day

May 21

1 p.m. – 4 p.m.

Join the West Des Moines Historical Society and Parks and Recreation Department to discover the history behind Decoration Day. The family-friendly celebration will take place at the Jordan House, 2001 Fuller Road, and Jordan Cemetery on Sunday, May 21.

FREE:

- WDM Community Band Concert
- Ice Cream Social
- Children's Crafts
- Jordan Cemetery Self-guided Tour

Jordan House Tours:

- \$5 adults/\$3 students

Find more information on page 12 of the WDM Parks and Recreation program guide.



**WEST DES MOINES
HISTORICAL SOCIETY**

Preserving the past for the future.

The West Des Moines Historical Society

The West Des Moines Historical Society is a privately funded non-profit organization that relies on the generosity of its friends and supporters. Help preserve the legacy of West Des Moines' history through membership. Become a member today by visiting the Society's website at www.wdmhs.org. (And follow us on Facebook!)

Scrap Appliance & Metal Drop-Off

Spring: Saturday, April 8 • Fall: Saturday, September 9

8:00 AM to 12:00 Noon

The City of West Des Moines is offering residents additional opportunities to recycle unwanted items! Residents may bring scrap appliances and metal to the West Des Moines Public Services facility located at 560 S. 16th Street on Saturday, April 8, and September 9, from 8:00 a.m. until 12:00 (noon).

These items will be accepted – FREE

Air Conditioners (all sizes)	Dishwashers	Ice Makers	Saws
Batteries, Lead Acid	Dryers	Metal - Most anything	Speakers
Blenders/Mixers/Toasters	DVD Players	Metal Shelving	Stereo systems
Calculators	Exercise Equipment	Microwaves	Stoves
Cameras, Camcorders	Fans	Mowers - Riding	Vacuums
Cell Phones	Fax Machines	Mowers - Walk Behind	VCRs
Chillers	Freezers (no food)	Phones	Video Game Systems
Computer Towers, Servers	Furnaces	Pots, Pans, Electric Skillets	Washers
Condenser Units	Garage Doors & Openers	Printers	Water Coolers
Copiers	General Scrap Metal	Refrigeration Units	Water Heaters
Dehumidifiers	Humidifiers	Rooftop AC Units	Water Softeners (no salt)

These items will NOT be accepted –

Anything with food in it	Garbage	Paint	Wood
Chemicals	Light Bulbs	Plastics	

Televisions and Monitors are accepted at a cost. Cash or Check Only



\$15.00 Each TV or Monitor
\$30.00 Each Console or Big Screen

HH & W Recycling is partnering with the City of West Des Moines in this collection event. If you have any questions, please call the Public Services Department at **222-3480**.

Note: Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6AM on their normal collection day with the appropriate sticker(s). For more information, visit the City website at www.wdm.iowa.gov or Metro Waste Authority at www.mwatoday.com for recycling opportunities.

No paper shredding will be provided at these dropoffs due to the variety of privately sponsored paper shredding events in our area throughout the year.

Clip & Save!



2017 SOLID WASTE EVENTS FOR WDM CITIZENS



PUBLIC SERVICES

**Annual Spring Cleanup
June 5 - 9**

PUBLIC SERVICES

On your regular trash collection day

April 3	Yard Waste Pick-Up begins on normal trash collection day
April 8	Scrap Appliance, Metal Drop-Off - 8 AM - Noon - WDM Public Services
April 15	Scrap Tire Drop-Off - 7:30 AM - 4 PM – West Des Moines Public Services
May 25	Nat'l Public Works Week Celebration – 4-7 PM Valley Junction Farmer's Market
June 5 - 9	Annual Spring Cleanup – On your regular trash day
Sept. 9	Scrap Appliance, Metal Drop-Off – 8 AM - Noon - WDM Public Services
Dec. 1	Yard Waste Pick-Up Ends
Jan 2-12, 2018	Winter Yard Waste & Christmas Tree Collection

No paper shredding service will be provided by the City due to the variety of privately sponsored paper shredding events in our area throughout the year.

Yard Waste and Annual Spring Cleanup events are available to all West Des Moines residents who are eligible for solid waste collection.

Household Hazardous Waste Disposal Options:

Metro Northwest Drop-Off - 4105 SE Beisser Dr., Grimes

2nd Saturday in the months of March thru December, 8 a.m. - Noon

Metro Hazardous Waste Drop-Off - 1105 Prairie Drive SW, Bondurant

Tuesday - Friday 1 p.m. to 5 p.m. and 1st and 3rd Saturdays of the month.
8 a.m. to Noon.

House-Side Collection - learn more at www.WhereItShouldGo.com/houseside

Visit <http://www.whereitshouldgo.com/>

For more details, check the calendar on the City's website: www.wdm.iowa.gov or call the Public Services Department at 222-3480



THIS Doesn't Belong in the Garbage?

For many of the things we need to get rid of that cannot be recycled or donated, the garbage cart is where they belong. But, some things require a little more care, and with good reason. Below is a guide to get commonly used items off the curb as quickly, safely and effectively as possible.

Wet Latex Paint:

Latex paint can go in the garbage because it's not hazardous, but it must be dried out first. The reason is simple. Wet paint makes a big mess as it's transferred from the garbage cart to the garbage truck, often finding its way onto the driveway, neighborhood streets and the garbage truck. Drying the paint is easy, just add equal parts kitty litter or shredded paper until it's solid. Or, take it to the Northwest Drop-Off in Grimes (Details listed on page 19) and pay \$1/gallon for disposal.

Yard Waste:

Yard waste is not accepted at the landfill, and therefore, not in the garbage cart either. When yard waste is kept separate from garbage, it's collected through the Compost It! program, and delivered to the compost site, where it's turned from grass and branches into a natural soil amendment, which is great for the health of lawns and gardens. (Learn to use the Compost It! program on page 18.)

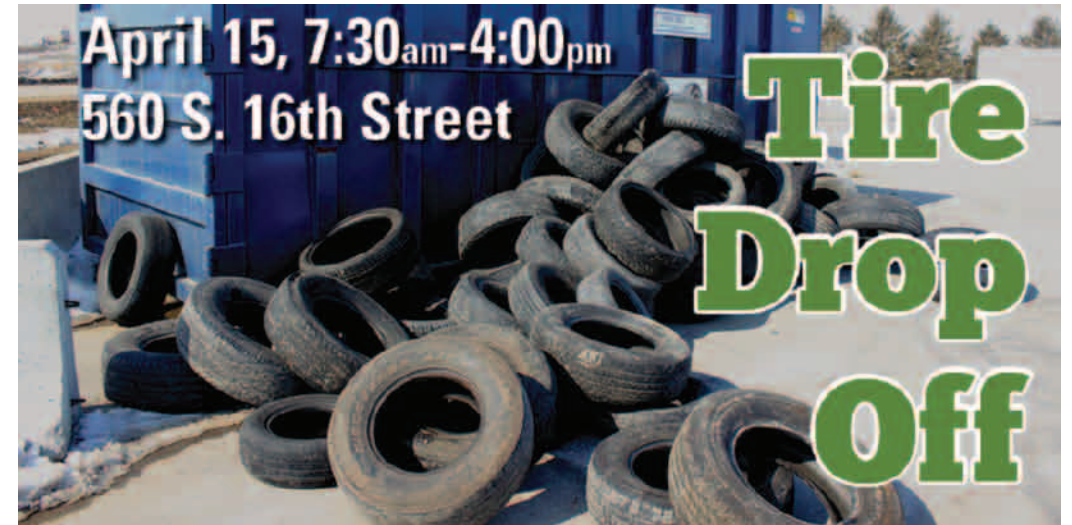
Appliances:

Appliances contain valuable metals that can be recycled, but they also contain hazardous materials, like mercury. In order to best protect our land and water, appliances are handled with care and do not go into the landfill. Appliances are collected from the curb with the use of Large Item stickers. Stickers can be purchased at local grocery and hardware stores. Seven \$5 stickers (\$35 total) cover the cost for a separate truck to collect the appliance, keeping it out of the landfill, as well as the demanufacturing cost.

Sharps, Needles & Syringes:

In order to properly protect those at home, as well as sanitation workers, these products must be packaged properly. Simply put these objects in a laundry detergent bottle or a sharps container (available at most pharmacies), secure the lid with tape, and label it "hazardous material." When packaged properly, you can also take them to a hazardous waste drop-off (details listed on page 19).

Not sure if other items belong in the garbage? Call Metro Waste Authority at 515.244.0021 or visit www.WhereItShouldGo.com.



Community Tire Drop-Off – April 15

Looking to get rid of old tires? On April 15 from 7:30 a.m. until 4:00 p.m., residents can bring tires to West Des Moines Public Services (560 S. 16th Street) to dispose of them free of charge. Each household can bring a maximum of five tires; all must have rims removed.

Tires NOT accepted include:

- Tires generated by businesses
- Farm or tractor tires
- Solid tires (lawnmower, forklift or golf cart tires)
- Bicycle tires



Tires can also be recycled with Liberty Tire in Des Moines, or disposed of at these Metro Waste Authority facilities year-round for a fee:

- Metro Park East Landfill (12181 University Avenue NE Mitchellville, Iowa 50169)
- Metro Park West Landfill in Perry (2499 337th Street Perry, Iowa 50220)
- Metro Hazardous Waste Drop-Off in Bondurant (1105 Prairie Drive SW Bondurant, Iowa 50035)

For more information about safe, smart waste disposal and recycling options, call 515.244.0021 or visit www.WhereItShouldGo.com.

Spring Cleanup: June 5-9

Is that ugly, green chair from the '90s still taking up space in your basement? If you haven't made that trip to the landfill, or keep forgetting to buy a Large Item sticker at the grocery store, then you're in luck! Spring Cleanup is right around the corner, on your garbage day the first full week of June. Make sure things you wish to dispose of are to the curb by 6 a.m.

Follow these simple guidelines during Spring Cleanup to ensure everything is collected from your curb:

Garbage Limit: You can set out as much as will fit in the bed of one pickup truck.

Weight Limit: If it's reasonable that two people could lift the item, then it's accepted.

No Bags/Boxes of Miscellaneous Items: Garbage like this can be put in your garbage cart year-round and these things often create litter throughout the neighborhoods during Spring Cleanup. If you're disposing of an item in its original box, then that's fine. (An artificial Christmas Tree in its box is acceptable).

Construction and Demolition Waste: Items must weigh less than 40 lbs. each.

If you're still unsure whether an item is accepted, call your garbage hauler,

**Waste Connections,
at (515) 265-7374.**



Examples of ACCEPTED Items:

Mattresses
Couches
End Tables
Fans
Lamps
Grills (no propane)

Items NOT Accepted:

Appliances
Building materials
Concrete
Household hazardous waste
Tires
Yard waste

Help make our City a wonderful place to live

Community Compliance Corner

With spring right around the corner there are a number of ways we can all work together to help make our individual properties, and our City, a wonderful place to live.

The following are some of the areas the Community Compliance Specialists will be looking at to ensure a healthy vibrant community:

- Junk in general should be properly removed from the property and never placed on the right of way until the day prior to a scheduled pick up. Solid waste carts should not be put on the curb until after 5pm the night prior to the scheduled pickup and then removed from the curb within 24 hours of collection. Junk should never be allowed to accumulate in piles.



- **Inoperable/Obsolete vehicles:** All vehicles must have current plates and be able to start and travel down the road. They must also be free of broken windows and have air in the tires. Vehicles may only be parked on a hard surface. If vehicles do not meet all these requirements, they must be placed in a garage or hauled away.



- **Weeds, grass or vegetation:** Weeds or grass reaching the height of 10" or the accumulation of brush piles should be properly removed and lawns maintained. Trees and bushes should be maintained and cut back from the sidewalks to a height of 8 feet of clearance.

Your Community Compliance Specialists are an integral part of keeping our community beautiful. They are tasked with the responsibility of ensuring that violations to City Code are corrected. If you have a code compliance concern, please contact 222-3480 during the hours of 7:30 a.m. to 4:00 p.m., Monday through Friday, report on the City's website using the Online Service Desk, or enter a request on YourGOV from your cellphone or PC.

The season for yard work is almost upon us! Curbside yard waste collection starts the week of April 3 and continues through November. Yard waste cannot be disposed of in your normal garbage, so residents have the option to use Compost It! bags, stickers, or carts. The Compost It! name pays for the cost of collection.

Bags

Place yard waste into a Compost It! brand bag and no sticker is required. Do not exceed 40 lbs. of material per bag. Bags are sold for \$8.00 per bundle of five, and can be found at most grocery and hardware stores.

Stickers

If using a generic compost bag, attach a Compost It! sticker, making sure the sticker is visible to the hauler from the street. Compost It! stickers should also be attached to brush bundles. Bundles cannot exceed 18 inches in diameter or four feet in length. Stickers are sold for \$1.25 and are also available at most grocery and hardware stores.

Carts

If you regularly have a lot of yard waste, a Compost It! cart could be the solution for you. The cart is 96 gallons and can hold the equivalent of three yard waste bags. If you purchase more than 65 bags a year, or simply don't want to hassle with bags, the cart is a nice alternative.

Carts are available for a \$105 annual service fee, plus a one-time cart

Yard Waste collection begins



April 3rd

purchase (\$60) to begin the program (\$80 with delivery). To enroll in the program, call Public Services at **222-3480** or renew your service at **www.WhereItShouldGo.com**.

For more information, including what is accepted and what is not accepted, call **515.244.0021** or visit **www.WhereItShouldGo.com**.

Flammable TOXIC Corrosive Poison

Hazardous Waste Drop-Off
 Open 2nd Sat. of the month; 8 am- Noon
 March - December
 4105 SE Beisser Dr., Grimes
 1 1/2 miles NW of I80/I35 and Hwy 141

Watch Out for the Hazards of Spring Cleaning

The first signs of spring often conjure up the urge to declutter and freshen things up for warmer months to come. However, dealing with old household cleaners, paint, stain and other common chemicals around the house often isn't so refreshing. When an item is considered hazardous, proper disposal is important to the health and safety of your family and the environment.

West Des Moines residents have a free, convenient and safe disposal option for these types of hazardous materials: The Northwest Household Hazardous Waste Drop-Off in Grimes. The Northwest Drop-off is open the second Saturday of the month from March – December from 8 a.m. – Noon. The Drop-Off is located at 4105 SE Beisser Dr. in Grimes just 1 1/2 miles NW of Interstate 80/35 and Hwy 141.

Hazardous Materials to Watch for While Spring Cleaning

Hazardous materials are those with labels that say flammable, toxic, corrosive or keep out of reach of children. Items like oil, gas, antifreeze, pesticides, fertilizers, florescent light bulbs, furniture polish and household cleaners contain hazardous ingredients and should be taken to a Drop-Off rather than put in the regular trash. Most household hazardous items are accepted free of charge at the Northwest Drop-Off. Latex paint is accepted for a charge of \$1/gallon or \$5/five-gallon container.

Residents can also utilize the Metro Hazardous Waste Drop-Off in Bondurant (1105 Prairie Drive SW), Tuesday – Friday, from 1 – 5 p.m., and the first and third Saturday of the month from 8 a.m. – Noon.

For a full list of hazardous materials accepted at a Drop-Off, go to **www.WhereItShouldGo.com/dropoff**.

2017 Sidewalk Program

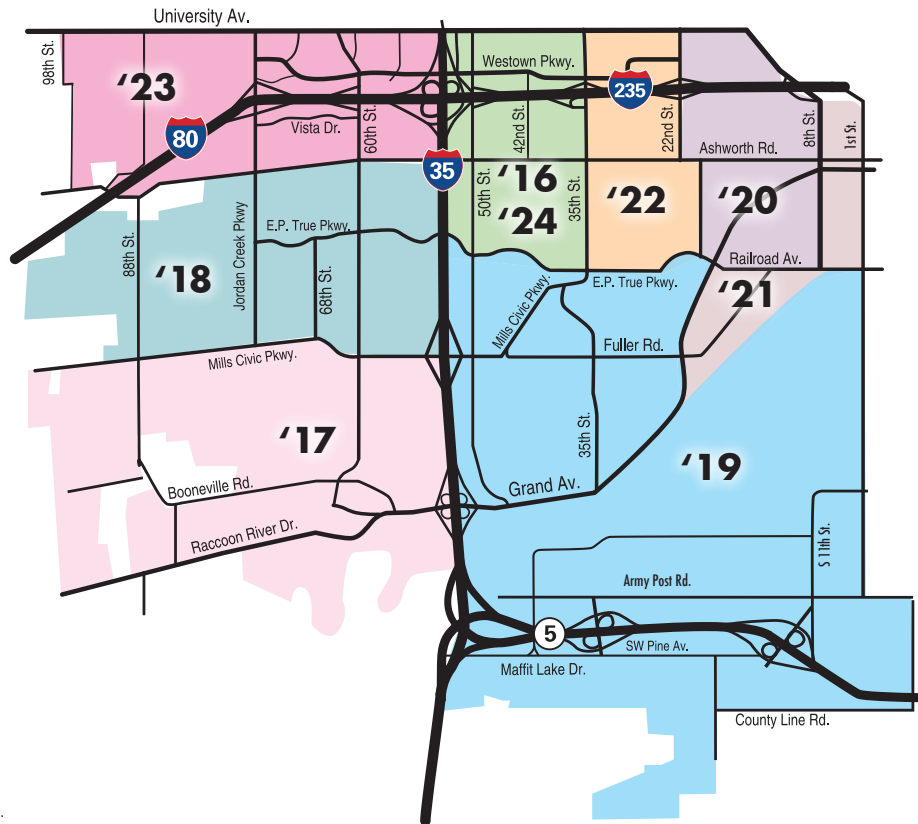
What a pleasure to live and work in a City that offers an excellent transportation system, including sidewalks! The number of residents walking, jogging and enjoying our neighborhoods steadily increases.

Our annual sidewalk program provides a means of reviewing the condition of existing sidewalks throughout the City on a rotating basis every eight years. A map (shown below and available on the City website) indicates the areas and schedule for inspection of sidewalk conditions.

Notices of defective sidewalks are sent to the owner of record according to the County Auditor's office. For townhomes or condominiums, the Registered Agent

(according to the Secretary of State's office) will receive the notice. The property's responsible party has the option to repair individual sidewalk defects on their own, or they may elect to have their sidewalks included in the citywide repair project. If repairs are not made within a period of time specified (generally 75 days), the City will proceed with the identified repairs and bill the property owner or responsible party.

This sidewalk program helps protect pedestrians who actively use the sidewalks, and property owners, from liability issues. More information is available on the City's website.



National Public Works Week (NPWW) Celebration

May 25 | 4pm – 7pm

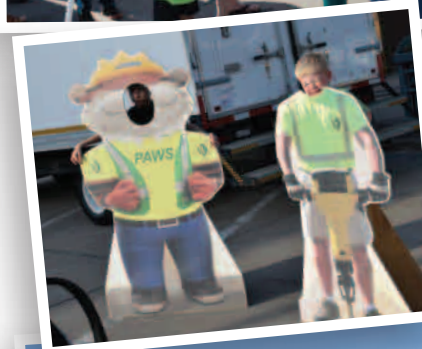
North end of the Valley Junction Farmer's Market



The name of West Des Moines' Public Works Department has been changed to "Public Services," but we're still in the same family of professionals!

Come join us for a celebration of the Public Works/Services men and women in North America who provide and maintain the infrastructure and services of our communities.

This event is not just a FREE FUN FAMILY EVENT, it's an opportunity to learn. Yes, you MAY climb up into the big equipment!



Prepare for Spring and Summer Severe Weather

Spring is here and with it comes the possibility of severe weather. Severe weather can be unpredictable and create hazardous conditions such as thunderstorms, lightning, tornadoes, large hail and flash flooding. Thousands of people are injured by these weather events each year. Be prepared by creating a family emergency plan, putting an emergency supply kit together and learning about wireless emergency alerts.

Family Emergency Plan

- Meet with your family and discuss why you need to prepare for severe weather.
- Discuss the types of severe weather that are most likely to happen where you live and explain what to do in each case.
- Identify responsibilities for each member of your household and how you will work together as a team.
- Pick two places to meet: right outside your home and at a friend's home nearby in case you can't return home.
- Practice as many elements of your plan as possible.
- Develop an emergency communication plan in case family members are separated from one another.
- Plan how to take care of your pets.

Emergency Supply Kit

Assemble an emergency supplies kit with items you may need. Store the items in an easy to carry backpack or duffel bag. A basic emergency supply kit should include the following recommended items:

- Water (one gallon of water per person per day for at least three days) for drinking and sanitation
- Food (at least a three-day supply of non-perishable food). Manual can opener for food.
- Battery-powered or hand crank radio (NOAA Weather Radio, if possible) and extra batteries
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Multi-purpose tool
- Medications
- Local maps
- Cell phone with chargers, inverter or solar charger
- Family and emergency contact information
- Extra cash



**SEVERE WEATHER
AWARENESS
WEEK IN IOWA IS
MARCH
27-31**

Wireless Emergency Alert

Alert Iowa is a statewide mass emergency messaging system used by state and local authorities to quickly distribute emergency information to residents in counties that utilize the system.

Alert Iowa will allow citizens to sign up for the types of alerts they would like to receive. The best way to receive messages is by text message. Messages may contain photo, video and audio attachments to help subscribers better understand the emergency situation or where to find additional information.

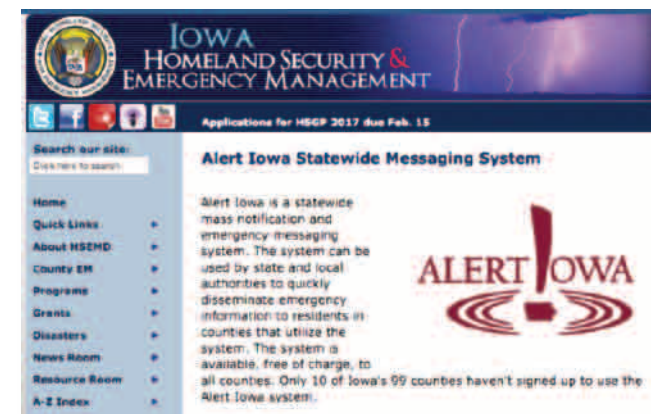
To register for Alert Iowa statewide messaging system, go to:

http://homelandsecurity.iowa.gov/about_HSEMD/alert_iowa.html

Severe Weather Procedures for West Des Moines Citizens

West Des Moines' emergency siren system is an outdoor warning system designed only to alert those who are outside during severe weather and prompt you to seek additional information on the threat (timing, location and severity). This is a national initiative that dates back to the 1970's and is not intended for notification within structures. The sirens are activated for severe thunderstorms with 70 mile per hour winds, tornado warnings and funnel cloud sightings by authorized personnel.

Often by the time we are aware of an approaching storm, we have little if any time to prepare for it. So why not take the surprise factor out of severe weather and prepare yourself and your family? If thunderstorms, tornadoes, and floods do occur, you'll be ready for them.



TREE MAINTENANCE

In the past, the responsibility for the maintenance of trees in the City right-of-way (typically the area between the street and sidewalk in most areas of the City) has been the responsibility of the adjacent property owner. Under City Code adjacent property owners had the responsibility for maintaining a minimum tree clearance height of 14' over a city street and an 8' minimum height over sidewalks. The height clearances also pertain to trees planted on private property. State law has dictated that all trees planted within the public right-of-way that are dead, diseased and dying are the responsibility of the City. Many residents have been diligent with the trimming of the trees planted in City right-of-way but issues with clearance and maintenance have continued to be a concern.

Tree clearance issues create on-going problems for traffic, pedestrians, school buses and solid waste collection. Various operations performed by Public Services staff such as snow plowing and street sweeping have also been impacted.

To minimize many of the issues associated with the maintenance of City trees in the public right-of-way, the West Des Moines City Council approved modifications to the City Code at the December 27, 2016 Council meeting that shifts the maintenance of these trees from the adjacent property owner to the Public Services Department. **Keep in mind that this only applies to trees planted within City rights-of-way; trees planted on private property are still the responsibility of the property owner to maintain.**

In addition to trimming trees planted in public rights-of-way, the Urban Forester and Public Services staff will

also be removing damaged or dead trees and vegetative material that poses an immediate risk to public safety and/or adjacent property or infrastructure. For the purposes of scheduling and assigning locations, crews will work through zones similar to those used by the City's Street Cleaning program. The goal for the City's approximate 6,400 public trees will be to evaluate and, if necessary, trim on a three-year rotation. Any private trees on the list will be referred to the West Des Moines Community Compliance officers to address in the appropriate manner. Public as well as private trees provide numerous benefits to our community and with proper and routine maintenance should continue to do so for years to come.



EMERALD ASH BORER TREATMENT UPDATE:

Early in 2017 the Urban Forester will begin evaluating all ash trees planted on City property. Over 700 trees were injected in the summer of 2015 with an insecticide that protects the tree for two seasons and it is anticipated that another 700 will be treated in the summer of 2017. Evidence of EAB increased during 2016 and more than likely dozens,



if not hundreds, of trees will succumb to the invasive beetle in 2017. If you have an ash tree on your private property you may wish to have it assessed by a tree care professional and decide on what option suits your situation. **DO THIS SOON.**

If you have any questions related to City trees or EAB, please contact the West Des Moines Urban Forester at 515-222-3417.

CARING FOR OUR LAWNS

As spring is approaching, our focus will again turn to taking care of lawns and open spaces. Lawn care companies and homeowners do an excellent job of maintaining lush and thriving turf areas in our community. However, lawn care products applied excessively or onto streets, driveways, sidewalks, and alleys can pollute streams and rivers. Rainfall washes fertilizers, pesticides, and herbicides

off these paved areas and into the storm sewer where they directly enter our streams and rivers. Never dispose of clippings, twigs or other yard waste near waterways or sewers. This organic material will break down and reduce oxygen levels in the water, endangering fish and other aquatic life!

Your actions have a direct effect on aquatic life and the water quality of streams and rivers.

Thank you for doing your part to help protect our environment!

Some simple things property owners can do to reduce lawn care related pollution include:

- Do not blow grass clippings into the street
- Spread fertilizers and lawn chemicals only on turf area and not on paved surfaces
- Sweep excess fertilizers and grass clippings from driveways, sidewalks, and roads
- Dispose of yard waste properly, using the Metro Waste Authority Compost-It! program or by composting.
- Do not hose down pavements or use water to clean up spills
- Clean up after pets

EMERALD ASH BORER



No reason to sugar coat it, if you are the owner of one or more ash trees and have no plans to treat them for the emerald ash borer (EAB), buy a chain saw or better yet, get to know an arborist.

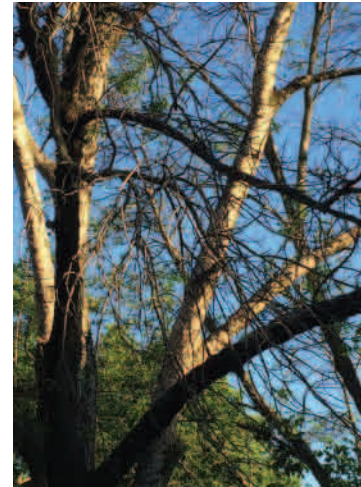
Last May, a privately owned ash tree in the vicinity of Vine St. and Ashworth Rd. in West Des Moines was confirmed to be infested with the non-native beetle responsible for the death of more hardwood trees in U.S. history than any previous forest pest! Two weeks earlier, the first confirmed case of EAB in the metro was announced by the IA DNR and IA Dept. of Ag and Land Stewardship. Multiple ash trees in a rural Waukee development also were confirmed to be harboring the invasive beetle.

In 1996, officials in Detroit, MI, struggled with attributing any known vector to an increasing number of declining ash trees. Intense research eventually revealed that the cause for the decline and soon to be death of thousands of Detroit metro ash trees was a hitchhiker from NE Asia, the emerald ash borer, and more specifically, the larval stage of EAB. Detroit is a shipping center on the Great Lakes, and officials concluded that EAB larvae had likely punched their tickets from China via pallets of green cut ash lumber. Once

in port, the larvae did what larvae do — morphed into adults and then quickly discovered a defenseless food source.

In its native range, EAB plays nicely with local populations of ash trees. Iowa's woodlands contain closely related flatheaded boring beetles, and similar to EAB on its home turf, they have an understanding with our native populations of ash trees. It would be a poor and short-lived evolutionary tactic for any insect to attack and kill healthy, live stems from the one tree genus that sustains it. Instead, millennia of co-existence have settled on a life cycle that for the most part make ash tree species fair game for native insect populations only after they begin to decline from scores of other factors. North American ash species are not equipped with the EAB specific defense mechanisms that shield their close Asian cousins from the death sentence it is here.

The movement from ground zero for EAB, Detroit, MI, to West Des Moines, IA, took approximately 20 years. As mentioned, last year only a couple of area ash trees were confirmed to be infested. Last summer, the City's Urban Forestry Supervisor observed a couple dozen with the telltale symptoms, all in yards. As EAB moved east through countless communities in Michigan, Indiana, Ohio and Illinois, a strikingly similar pattern of impact was repeated in its wake. Once EAB is officially confirmed in a municipality, each subsequent year is marked by an exponential number of ash trees showing EAB symptoms. Five years out from an initial EAB observation, roughly 5% of all untreated ash trees will die, 10 years out 60%, and after 15 years, 100% mortality!



These photographs are from a tree inspected in West Des Moines. The combination of the size of the trees and the degree of decline indicates these trees have been infested for 3-5 years.

Ash tree owners should not get complacent. An arborist will assess your ash tree(s) and provide a professional recommendation. There are insecticidal treatments that all but guarantee 2 years protection from the beetle and teams of chemists are likely locked in labs searching for an even better option. However, not all ash trees are treatment worthy and the experienced tree care professional will identify existing or potential concerns.

Homeowner insurance policies will not cover damage resulting from a tree killed by insects or disease, so if the choice is to not treat, removing the tree sooner than later is strongly recommended. Property owners are understandably attached to the trees they've nurtured and guided into maturity. Sadly though, the EAB threat is real. Feel free to contact WDM's Urban Forestry Supervisor at 222-3417 with any related questions.

The larvae do all the damage and when there's enough of them, the overlapping galleries (serpentine path as they feed on the live tissue) cut off the flow of nutrients and water, essentially girdling the tree.

INVESTING IN OUR FUTURE

Reliable, Safe Water for YOU!



Construction Project for
West Des Moines Water Works



If you drove by Holiday Park recently, you probably noticed a tall tower that resembled a 12-story carnival ride, adjacent to the softball diamonds.

Don't worry; it's not an amusement attraction, and it's not permanent. West Des Moines Water Works is constructing a new deep well, and long before the dog days of summer arrive in 2017, the construction site will look more like a clubhouse with landscaping and green space.

The construction on the new well in Holiday Park commenced in December 2016, with drilling scheduled to take approximately four months to complete.

"Building techniques and technology have definitely evolved, especially when you consider that drilling water wells dates back to at least 7000 B.C. Early wells were dug with human hands and a few crude tools," explains Diana Wilson, general manager of West Des Moines Water Works.



The drill rig tower stands 120 feet in the air. (right) The drill rig in Holiday Park.

Wilson acknowledges that digging a well with your hands doesn't work when you need to tap into an aquifer 2,500 feet beneath the surface.

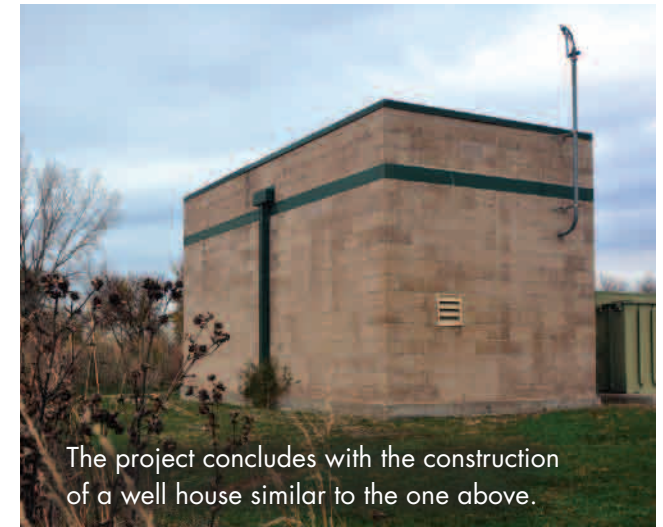
Enter Grosch Irrigation Co. In late November 2016, the crew began assembly of the drill rig, which stands 120 feet tall.

"Just looking at the rig, you can see that this process is far more complicated than digging a hole," Wilson adds. "The drill bores through six major geological systems to reach the Jordan Aquifer, and each of those systems contains a variety of layers."

In order to reach aquifer, nearly half a mile below the surface, the drill runs 24 hours a day, seven days a week during the construction process. The hole, which starts at 34 inches (with a 30-inch pipe) at the surface, tapers to 12-inch hole at the aquifer.

As the drill bores through the soil, a stainless steel liner is installed to keep the well from falling in on itself. Approximately 8,000 cubic feet of material is removed during construction.

"The drilling process can be noisy and messy, but

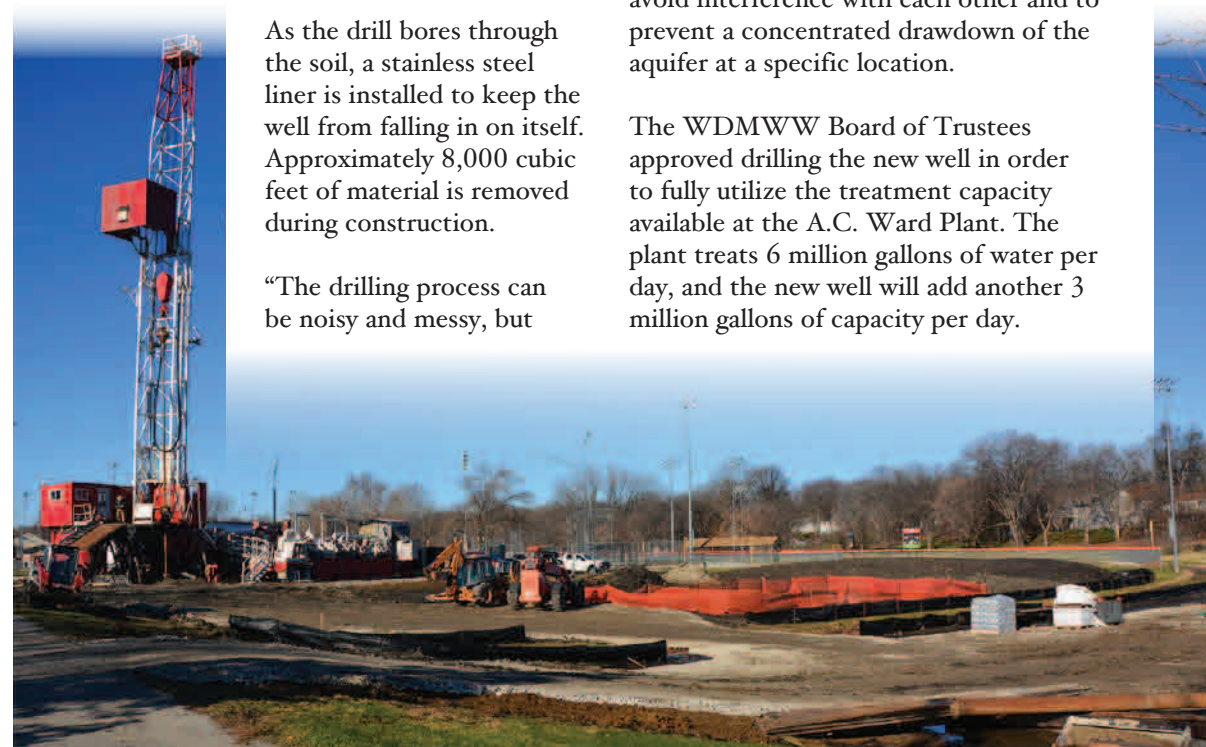


The project concludes with the construction of a well house similar to the one above.

we want to assure our customers and neighbors that it is only temporary," Wilson points out. "When the project is complete, the site will be cleaned up, restored and landscaped."

The Holiday Park site was chosen for its proximity to other well lines that feed the A.C. Ward Treatment Plant and for its distance from other deep wells. Wells are located at least one-half mile apart to avoid interference with each other and to prevent a concentrated drawdown of the aquifer at a specific location.

The WDMWW Board of Trustees approved drilling the new well in order to fully utilize the treatment capacity available at the A.C. Ward Plant. The plant treats 6 million gallons of water per day, and the new well will add another 3 million gallons of capacity per day.



EMERGENCY 911
Non-Emergency Dispatch 222-3321
ADA Coordinator..... 222-3603
TDD/TTY..... 1-800-413-4955
Aquatic Centers 273-0700
Ambulance Billing 273-0652
Animal Control 222-3364
 250 Mills Civic Parkway
Animal Licenses..... See WestPet
Better Business Bureau 243-8137
Birth Certificates..... See Vital Records
Building Safety/Inspections..... 222-3630
 developmentsservices@wdm.iowa.gov
 Business License Info. 1-800-532-1216
Cable Television
 Mediacom..... 1-800-332-0245
 Billing, Cust. Service, Connect/ Disconnect,
 2205 Ingersoll Ave. Des Moines • mchsi.com
Jordan Cemetery 222-3444
 Sales and Maintenance
Chamber of Commerce 225-6009
 www.wdmchamber.org
City Attorney See Legal Department
City Clerk 222-3603
 Business related licenses / voter registration
 application
City Council 222-3610
City Hall Offices..... 222-3600
 4200 Mills Civic Pkwy
City Manager 222-3610
Claim for Damages 222-3601
**Community Compliance
 (Code Enforcement)**..... 222-3480
 publicservices@wdm.iowa.gov
 Community & Econ. Development 273-0770
 ced@wdm.iowa.gov
County Web Site Addresses
 • Dallas County www.co.dallas.ia.us
 • Polk County www.co.polk.ia.us
 • Madison County www.madisoncoia.us
 • Warren County www.co.warren.ia.us
Death Certificates..... See Vital Records
Development Services
 Building Division 222-3630
 Engineering & Planning Divisions 222-3620
 developmentsservices@wdm.iowa.gov
Des Moines Area Regional Transit (DART)
 Public Transportation 283-8100
 dart@ridedart.com

Des Moines Register
 Subscriptions 1-847-424-0225
Driver's License
 • Dallas County 993-6992
 • Polk County 244-1052
 • Madison County 462-1542
 • Warren County..... 961-1144
Driveway Permits 222-3480
 560 S. 16th St. • publicworks@wdm.iowa.gov
 Economic Development..... 273-0770
 ced@wdm.iowa.gov
Election Office
 • Dallas County 993-6914
 • Polk County 286-3247
 • Madison County 462-3914
 • Warren County..... 961-1020
Electrical Service..... See Utilities
Emergency Medical Services (EMS) 273-0768
 EMS Billing 8055 Mills Civic Parkway
 CPR and Public Access Defibrillation Classes
 ems@wdm.iowa.gov
Farmers Market (VJ Foundation) 222-3642
Finance Department 222-3600
Fire Administration 222-3420
 3421 Ashworth Road • fire@wdm.iowa.gov
Gas Service See Utilities
Hazardous Waste
 Regional Collection Center 967-5512
Holiday Pool 273-0700
Housing Rehabilitation Program 273-0770
Human Resources 222-3616
Human Rights Commission..... 222-3675
Human Services 222-3660
 139 6th Street • humanservices@wdm.iowa.gov
 Senior & Disabled Transportation, Energy
 Assistance, Food & Clothing Pantry, Homeless
 Prevention
Illegal Waste Disposal..... 725-0268
 http://www.iowadnr.gov
 State Dept of Natural Resources industrial or major
 hazardous waste and chemical spills.
Minor/Household Spills 222-3321
Job Hotline (City of WDM)..... 222-3616
 www.wdm.iowa.gov
Library 222-3400
 4000 Mills Civic Parkway • library@wdm.iowa.gov
Legal Department 222-3523
 4200 Mills Civic Parkway
Marriage Licenses..... See Vital Records

Mayor's Office..... 222-3610
Motor Vehicle License Plates/Registration
 • Dallas County 993-5812
 • Polk County 286-3030
 • Madison County 462-1542
 • Warren County..... 961-1111
Nature Lodge..... 222-3424
 Raccoon River Park 2500 Grand Ave.
One Call Underground Utility Lines
 811 OR 1-800-292-8989
Parks & Recreation 222-3444
 parkrec@wdm.iowa.gov
Parking Violations (non-moving) 222-3600
Passports..... 1-877-487-2778
Planning & Zoning 222-3620
 developmentsservices@wdm.iowa.gov
Police Administration 222-3300
 police@wdm.iowa.gov
Police/Fire/EMS/Dispatch (Westcom)
 • Emergency 911
 • Non-Emergency 222-3321
 250 Mills Civic Parkway
Post Office..... 255-6471
 430 5th St. WDM 50265 • usps.com
Property Tax
 • Dallas County 993-5808
 • Polk County 286-3060
 • Madison County 462-1542
 • Warren County..... 961-1110
Public Transportation See DART
Public Services 222-3480
 publicservices@wdm.iowa.gov
Recycling – Curb IT!
 Waste Management..... www.wm.com
 Missed Pickup/Questions..... 244-7336
Recreation Programs 222-3444
Rental Housing Inspector 222-3630
 developmentsservices@wdm.iowa.gov
Senior Citizen Meals 274-0373
Sewer Stoppages/Repair 222-3480
 publicservices@wdm.iowa.gov
Shelter Rentals (Parks & Rec)..... 222-3444
School Districts
 • Norwalk
 981-0676 • www.norwalk.k12.ia.us
 • Van Meter
 996-2221 • www.vmbulldogs.com
 • Waukee
 987-5161 • www.waukee.k12.ia.us
 • West Des Moines
 633-5000 • www.wdm.k12ia.us
Sidewalk Permits..... 222-3480
 560 S. 16th St. • publicservices@wdm.iowa.gov
Social Security Offices 800-772-1213
Street Light Outages
 MidAmerican Energy..... 1-888-427-5632
Street Repairs/Cleaning 222-3480
 publicservices@wdm.iowa.gov

Taxes See Property Tax
Tickets Moving Violations
 • Dallas County 993-5816
 • Polk County 222-3772
 • Madison County 462-1542
 • Warren County..... 961-1032
Parking Violations (non-moving)
Finance 222-3600
Traffic Signals/Street Signs 222-3480
 publicservices@wdm.iowa.gov
Trash Collection 265-7374
 Waste Connections • www.wasteconnections.com
Tree Planting Permits 222-3417
 publicservices@wdm.iowa.gov
Utilities Mid American Energy
 Gas & Electric..... 1-888-427-5632
 EMERGENCY 1-800-595-5325
 One Call Line Locator..... 1-800-292-8989
 www.midamericanenergy.com
Valley Junction Activity Center .. 222-3440
Valley Junction Foundation..... 222-3642
Vehicle Registration
 See Motor Vehicle License Plates/Registration
Vital Records
 • Dallas County 993-5804
 • Polk County 286-3781
 • Madison County 462-3771
 • Warren County..... 961-1089
Voter Registration
 • Dallas County 993-6914
 • Polk County 286-3080
 • Madison County 462-3914
 • Warren County..... 961-1020
Iowa Elections Division..... 281-8849
Water Treatment Plant 222-3465
 1505 Railroad Ave.
West Des Moines Water Works.. 222-3460
 Water/Solid Waste, New Service, Service
 Changes/Maintenance..... 4200 Mills Civic Pkwy
 www.wdmww.com • waterworks@wdmww.com
Westcom
 • EMERGENCY 911
 • Dispatch Non-Emergency..... 222-3321
WestPet 273-0651
 Animal Licenses • www.westpet.org
Yard Waste – Compost IT!
 Waste Management www.wm.com
 General Info/Questions 1-800-796-9696
 Missed Pickup 1-800-796-9696

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.



Mission Statement: The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

WDM Library *Adult Programs*

REGISTRATION INFORMATION

All programs are held in the WDM Library Community Room unless otherwise indicated. All programs are free and require registration unless otherwise indicated. Registration dates are in brackets. You may register for most programs online at www.wdmlibrary.org.

WDM WRITER'S CLUB

2nd & 4th Sat @ 10 am • Millie Knee Classroom

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. • 222-3413

NEW NAME! PAPERCRAFTS C.L.U.B.

Sat 10 am-4 pm: Apr 1, May 6, Jun 3, Jul 8, Aug 5 | Fri 5-11 pm: Jun 16

FKA Scrapbook & Cardmaker Club. Be it scrapbooks, holiday cards, book folding, or adult coloring, we welcome all papercrafters! Bring a project and your own supplies. (No sales at the event.) We'll provide space, snacks, and cutting tools. Sponsored by the WDM Library Friends Foundation. Registration preferred. 222-3403 • wdmlibrary.org

COLOR CONNECTION: ADULT COLORING CLUB

2nd Tue @ 2 pm: Apr 11 | May 9 | Jun 13 | Jul 11 | Aug 8

Guaranteed to cure rheumatism, chill blains, toothache, and warts! Okay, not really, but it IS relaxing and F-UN! Bring your own supplies or use our markers, colored pencils, and coloring sheets. Make the color connection! Sponsored by the WDM Library Friends Foundation. Ages 18 & up. Registration preferred. 222-3403 • wdmlibrary.org

FRIENDS WINE & CHEESE AROUND THE WORLD



**Fri, Apr 21 @ 6 pm
Library Living Room***

Sample wines, cheeses, and book displays from featured countries during our Friends fundraising event. Watch for more information on our website or in the WDM Library Times (adult programs flyer) available in the library. *After hours program. 222-3403 • wdmlibrary.org

CHECKMATES: CHESS AND BOARD GAME CLUB

4th Thu from 6:30-8 pm: Apr 27 [4/3] | May 25 [5/1] | Jun 22 [6/5] | Jul 27 [7/3] | Aug 24 [8/7]

For those who know the basics, we'll provide chess sets and feature a different board game each month. Sponsored by the WDM Library Friends Foundation. Age 6 – adult. Registration preferred. 222-3403 • wdmlibrary.org

HOLIDAY CARDS

***Fri @ 6:30 pm: Birthday – Apr 28 [4/3]**

When you care enough to make it yourself! Make three birthday cards for special friends or family. Sponsored by the WDM Library Friends Foundation. Ages 18 & up (twens with permission). *After hours program. Registration required. 222-3403 • wdmlibrary.org

NEW! QUICK & EASY HOLIDAY CARDS

Tue, Aug 22 @ 2 pm [8/7]

For this afternoon program, we'll make three super simple cards – thank you, thinking of you, or all-occasion greetings. Sponsored by the WDM Library Friends Foundation. Ages 18 & up. Registration required. 222-3403 • wdmlibrary.org

ADULT SUMMER READING CLUB: BUILD A BETTER WORLD...READ

Mon, May 22 – Fri, Jun 30

You could earn prizes by reading (or listening) to books! Reading logs and book review forms available online and in the library. See page 40 for details. Sponsored by the WDM Library Friends Foundation. 222-3403 • wdmlibrary.org

PECHA KUCHA NIGHT

Fri, Jun 9 @ 7 pm

We're hosting our first Pecha Kucha Night and YOU are invited! So what's Pecha Kucha? It's an informal gathering where creative people share their ideas, works, thoughts... just about anything, really. Presentations are given in the Pecha Kucha 20x20 format (speakers show 20 images for 20 seconds each). Check our website and social media for updates on this fun free event! Find out more about Pecha Kucha online. www.pechakucha.org

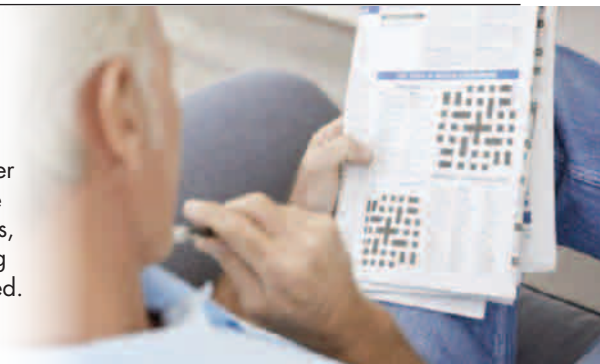


BUILD YOUR MIND: BRAIN GAMES

Tue @ 2 pm: Jun 20, Jul 18

Millie Knee Classroom

You can Build a Better World if you build a better brain! Get with the Summer Reading Club theme and train your brain with puzzles, word searches, and other challenges...or just bring your coloring book along! Ages 18 & up. Registration preferred. 222-3403 • wdmlibrary.org





**NEW! CHRISTMAS IN JULY:
BUILD A BOOKMARK**

**Tue @ 2 pm: Jul 25 •
Millie Knee Classroom**

It's hot outside but you'll be cool when you make a holiday-themed beaded bookmark. Make one for a friend or keep it for yourself. (Shh! We won't tell!) Note: must see well enough to thread a needle. Registration preferred. 222-3403 • wdmlibrary.org

OPEN COMPUTER LAB

We offer group or individual assistance in the following areas:

- Internet • email • e-Readers • tablets • library e-Books

See our website for dates/times or call for an appointment. Sponsored by the WDM Library Friends Foundation. Registration required. 222-3403 • wdmlibrary.org

CLUB READ

Tue @ 6:30 pm:

May 2 *The Curious Charms of Arthur Pepper* by Phaedra Patrick

Jun 6 *The Girl Who Wrote in Silk* by Kelli Estes

Jul 11 *The Little Paris Bookshop* by Nina George

A few copies are available at the 1st Floor Service Desk or you may bring your own copy. Sponsored by the WDM Library Friends Foundation. Millie Knee Classroom. Registration preferred. 222-3403 • wdmlibrary.org

CLUB READ SOCIAL

Tue @ 6:30 pm: Apr 4, Aug 1 • Library Community Room

Make new friends! Discover new authors! Bring an appetizer or dessert to share and we'll talk about what we've all been reading since the last Social. Newcomers welcome. Registration preferred. 222-3403 • wdmlibrary.org

NEW! YA NOT CLUB READ

2nd Thu @ 6:30 pm: Apr 13, May 11, Jun 8, Jul 13, Aug 10

Locations Vary

Are you a "Grown Up" who likes to read and talk about Young Adult books? Are you looking for a book club that doesn't take itself too seriously? Then join us for the WDM Library's newest book club – YA Not Club Read! Book selections will be chosen by the attendees! Copies of the current month's book can be picked up at the previous month's meeting or at the Library's 1st Floor Service Desk. Anyone who has read the book is welcome to attend. Sponsored by the WDM Library Friends Foundation. Register online or by phone. Questions? Contact courtney.bench@wdm.iowa.gov • 222-3403 • wdmlibrary.org

If You Enjoy Our Programs, Please Join The Friends!



Friends memberships pay for many ADULT programs: Club Read, YA Not Club Read, Holiday Cards, Color Connection, Papercrafts C.I.U.B., Adult Summer Reading Club, Beading Basics, Laptop Lab, iPad Lending, Author Visits, and more!

Donations are tax deductible!

WDM Library Friends Foundation,
4000 Mills Civic Pkwy, WDM, IA 50265.
222-3407 • wdmlibrary.org



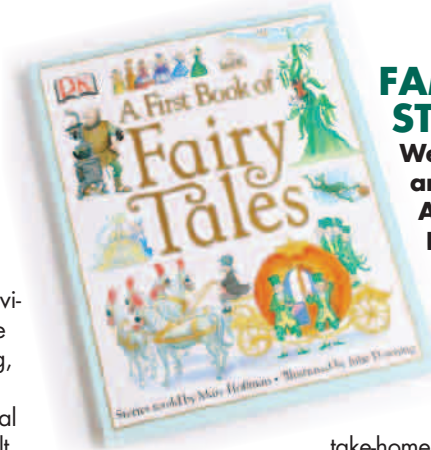
Friends Sponsor Elder Care Outreach Program

Thanks to the WDM Library Friends Foundation which recently donated \$9,000 to fund a new outreach collection, featuring large print books, movies, and audio books. Materials will rotate between seven participating senior living and care facilities. The Elder Care Outreach Program will save staff time and benefit residents who are unable to visit the library in person.



PRESCHOOL Storytime Series

All children's programs are free and may require advance registration.
Sign up for April programs begins **Monday, April 3 at 9 a.m.**
Register online, in person, or by phone. 515.222.3405 • wdmlibrary.org



MOTHER GOOSE STORYTIME

**Mon @ 9:30, 10 & 10:30
am: Apr 10, 17 & 24 |
Library Storyroom**

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Each week we'll incorporate activities that emphasize and reinforce body part identification, counting, rhythm, sensory stimulation, fine and gross motor skills, and animal sounds. Ages 6 mo-2 yrs w/adult. Registration required.

NIGHTY-NIGHT STORYTIME

**Mon @ 6:45pm:
Apr 10, 17 & 24 | Library Storyroom**

Build a lifetime love of books and reading as we share bedtime stories, sing-along songs, and interactive fingerplays with an early literacy focus. Nighty-Night Storytime follows the Family Storytime format. All ages w/adult. No registration!

LAPSIT LAMBS

**Tue @ 9:30 & 10:30am:
Apr 11, 18 & 25 | Library Storyroom**

Using puppets, rhymes, songs, and short stories, staff will engage baby and caregiver in language-rich activities designed for pre-walking babies. We will spotlight sensory stimulation, animal sounds, fine and gross motor skills, and of course FUN! Includes play ideas that are easily integrated into baby's everyday routine. Ages 1 mo.-18 mo. w/adult. Now offered on Thursdays too! Registration required.

FAMILY STORYTIME

**Wed @ 9:30 & 10:30
am:
Apr 12, 19 & 26 |
Library Storyroom**

Lights, camera, action! Our stories, songs, felt boards, and rhymes set the stage for children to become successful readers. Includes a take-home craft! All ages w/adult.

No registration!

NEW! LAPSIT LAMBS

**Thu @ 9:30 & 10:30am:
Apr 13, 20 & 27 | Library Storyroom**

Now offered on Tuesdays AND Thursdays! Using puppets, rhymes, songs, and short stories, we'll engage baby and caregiver in language-rich activities designed for pre-walking babies. See Tuesday Lapsit description for details! Ages 1 mo.-18 mo. w/adult. Registration required.

OLIVER'S PUPPY TALES

**Thu @ 10:30 am : Apr 13, 20 & 27
Fri @ 10:30 am: Apr 14, 21 & 28
Library Community Room**

Join little Oliver for stories, rhymes, felt boards, music, and movement. Each week we will introduce and develop specific pre-literacy skills and provide effective tools, tips, and techniques for caregivers to try at home. Stay for playtime to improve social, motor, and sensory skills! All ages w/adult. No registration!

What can YOU do to help your child?

- Allow your child time to talk while you listen attentively
- Encourage your child to handle books and "tell" you the story
- Provide an atmosphere that is fun and language rich
- Read often and make reading time an enjoyable time
- Read, sing, talk, and play with your child
- Write and color with your child to develop fine motor skills

How can the WDM LIBRARY help?

- Ask a librarian for suggestions
- Use one of our many recommended reading lists to find materials your child may enjoy (i.e. 100 Books to Read Before Kindergarten)
- Check out library materials to use at home
- Attend age appropriate library programs (see our Storytime Series)

WDM Library TaleTrail

In Memory of Dr. Robert C. Brooks

From the library side of the pond through the tunnel to Ashawa Park, visitors are invited to travel the "TaleTrail" – a series of sixteen kiosks designed to slowly reveal a children's story. The tales displayed are expected to change on a quarterly basis. The TaleTrail project is sponsored by private donations and the WDM Library Friends Foundation.

Visit us on the web at www.wdmlibrary.org



EARLY LITERACY

"Early literacy is what children know about reading and writing before they actually learn to read and write. It is not the teaching of reading, but is laying the foundation for reading so that when children are taught to read, they are ready." – from Early Literacy Storytimes @ Your Library by Sarah Nadkarni Ghoting and Pamela Maritn-Diaz

Why is Early Literacy important?

Acquiring early literacy (pre-literacy) skills before school leads to reading achievement and academic success. Children who enter school with well-developed early literacy skills are ready to learn to read.

What are the Six Early Literacy Skills?

1. Letter Knowledge – knowing the names and sounds of letters, and recognizing that the same letter can look different (upper vs. lower case, different fonts)
2. Narrative Skills – being able to describe events and tell stories
3. Phonological Awareness – the ability to hear and play with the smaller sounds that make up words
4. Print Awareness – noticing print, the ability to handle a book, and understanding how to follow the words on a page
5. Print Motivation – being interested in and enjoying books
6. Vocabulary – knowing the names of things



School Age PROGRAMS

All children's programs are free and require registration unless otherwise indicated! You may register online at wdmlibrary.org, in person, or by phone at 515.222.3405.

KIDS CLUB READ

Thu @ 4:15 pm: Apr 6, May 4, Jun 8,
Jul 6, Aug 3 — Titles TBA
Library Community Room

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. Ages 8-12. Sign up at the Children's Desk.



CHECKMATES: CHESS & BOARD GAME CLUB

4th Thu from 6:30-8 pm: Apr 27 [Apr 3]
| May 25 [May 1] | Jun 22 [Jun 5] |
Jul 27 [Jul 3] | Aug 24 [Aug 7]
| Library Community Room

For those who know the basics, we'll provide chess sets and feature a different board game each month. Sponsored by the WDM Library Friends Foundation. Age 6-adult. Registration preferred.

TEEN SUMMER VOLUNTEERS

The WDM Library is looking for summer student volunteers! Volunteers help out library staff in many ways: assisting with summer programs, shelving picture books, cleaning shelves, and refilling summer reading supplies. Volunteers must be age 13 or older AND have finished the 7th grade. If you'd like to become a student volunteer, pick up an application at any library service desk or print one online. Applications available starting April 1. Positions are limited so turn in your application soon! www.wdmlibrary.org/teens



SUMMER READING CLUBS 2017



BUILD A BETTER WORLD...READ!

Summer Reading Club (SRC) encourages reading and learning for all ages over the summer (May 22-Jun 30). This year kids, teens, and adults share the same theme: Build a Better World. Building and construction... ecology and conservation... think of the many ways YOU can build a better world through reading! Register and pick up your reading log at the Reference or Children's Desk or sign up and print online at wdmlibrary.org.

Sign up for ALL Summer Reading Clubs begins Mon, May 22.

As always, our SRC programs would not exist without the support of the WDM Library Friends Foundation.

YOUTH SUMMER READING CLUB 2017

"Wood" you like to Build a Better World? The WDM Library invites kids of all ages (babies too!) to join our 2017 Summer Reading Club. Make some concrete plans to enter contests, win prizes, meet your reading goals, and nail (earn) a ticket to our final party (Sat, Jul 29) featuring Jason the Juggler! Sign up at the library or online.

TEEN SUMMER READING CLUB 2017

Build a Better World at your library! Teens can earn great rewards this summer... by reading, participating in contests, and attending library programs. So "go green" at the library! Sign up and grab your reading log at the reference desk, or register and print online. It's easy!



SUMMER READING CLUBS 2017 (continued)

ADULT SUMMER READING CLUB 2017

This summer it's all about RE: RE-cycle, RE-use, and RE-ad. And the library is the perfect environment to **RE-ad, RE-lax, and RE-new!** Get it? So Build a Better World... enjoy refreshing displays, rejuvenating programs, and remarkable weekly prize drawings – just for reading (or listening) to books! RE-member, your library is a great RE-source for nonfiction (learn how to RE-pair stuff!) and fiction (RE-charge your batteries with some “chick lit”). Reading Logs and Book RE-view Forms available online and in the library.

YOUTH SUMMER READING CLUB PROGRAMS:

As the architect of your summer schedule, you'd be nuts (& bolts) to miss our special events! Hammer your opponents (safely) as you complete the challenges of Survivor; design and assemble a lap quilt during Kids Learn to Quilt; and celebrate the 20th anniversary of Harry Potter and the Sorcerer's Stone (publication). Enjoy riveting programs, such as visits from the Blank Park Zoo; building with Legos; Movie Madness, and more!

June program registration begins Mon, Jun 5
July program registration begins Mon, Jul 3
Register in person, by phone, or online.
children's desk • 515-222-3405 • wdmlibrary.org

ADULT SUMMER READING CLUB PROGRAMS:

The library “engineers” are planning a great summer for you: Coloring Club, Brain Games, Beaded Bookmarks, Dr. Who, and more! Check our website for updates.

If You Enjoy Our Programs, Please Join The Friends!

- Friends memberships pay for many of our special youth programs throughout the year.
- During the 2015-16 Fiscal Year, the library offered 516 children's programs with 35,155 attendees. Friends memberships pay for many of our special youth programs throughout the year.
- Memberships provide incentives to the 2500 children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- Your donation is tax deductible!

WDM Library Friends Foundation

4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org

WDM Library *services*

All services are **free** unless otherwise indicated.

Questions?
Call
222.3400

WDMLIBRARY.ORG

Access the library 24/7 from the comfort of your home... search for information on our website or items in the WDM Library Catalog. Choose from six broad subjects: My Account, Research, Using the Library, Calendar, Support the Library, and About [the Library] OR select one of the three orange tabs leading to pages for KIDS | TEENS | ADULTS. A scan column also lists quick access topics such as “get a library card”. Look in the center section for What's Happening (news and blog items), Today's Events, and Featured Programs. Problems? Click on the help button (upper right).

LIBRARY HOURS

(Labor – Memorial Day)

Mon-Thu: 9 am-9pm | Fri: 9 am-6 pm

Sat: 9 am-5 pm* | Sun: 2 pm-5 pm*

*SUMMER HOURS

Sat: 10 am-4 pm | Sun: Closed

Call or check our website for holiday hours.

515-222-3400 • wdmlibrary.org

GET A LIBRARY CARD...IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

MY ACCOUNT

BY PHONE OR ONLINE

For online access, go to wdmlibrary.org and select “my account login” (left column). You will need your library card number (barcode) and your pin number. Account information includes titles checked out; due dates; requested items and position on wait lists; overdue materials; and charges on your account. You may renew all items at once, or renew individual titles if you have the barcodes. **515-225-1576 • wdmlibrary.org**

ITEM REQUESTS: WE TAKE RESERVATIONS!

If the item you want is checked out, use your library card to place a reserve or “hold” on it – either by phone or online from your account. We'll let you know when it comes in. If we don't own the book you need, we can usually get it for you within a short time. Long wait list? Don't worry. We buy one copy for every six book reserves. **515-222-3400 • wdmlibrary.org**

MOBILE ACCESS

Our mobile app puts the library at your fingertips. Tap into library resources from any internet-connected mobile phone. Browse the library catalog, hold or renew a book, check your account, find events, and more. Search for “West Des Moines Library” on your phone app store and download. It's free!

515-222-3403 • wdmlibrary.org/app



RESEARCH

REFERENCE TOOLS

You'll find links to great websites, listed by category. Life Links including business, education, job searching, health, and legal; Books, Music and Entertainment; Hobbies and Interests; Local Interest; Government; General Reference (biography, geography, history, religion, and science); and Travel and the Outdoors. Got a question? We can help! **515-222-3403 • wdmlibrary.org**

DATABASES

We have a variety of electronic resources – some are available in the library; others are also accessible from home. Topics include genealogy, repair, address/phone numbers, magazine/newspaper searching, business and investing; readers' advisory, homework help, travel, hobbies, and more. **515-222-3403 • wdmlibrary.org**

USING THE LIBRARY

E-CONTENT

The library offers several options for eBooks and eAudiobooks, plus digital magazines, graphic novels, and eComics! Bridges, Flipster, ComicsPlus, World Cinema Collection, InstantFlix, and more. See our website or ask at the Reference Desk for details. **515-222-3403 • wdmlibrary.org**

PUBLIC MEETING & STUDY ROOMS

Available for public use at no charge: small rooms (8 people), Millie Knee Classroom (20), Community Room (60). Call for guidelines and scheduling information. **515-222-3400 • wdmlibrary.org**

HOMEBOUND DELIVERY: WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons and interested in receiving regular monthly visits from a volunteer, give us a call or check our website. **515-222-3400 • wdmlibrary.org**

BOOK CLUB COLLECTION

The library has multiple copies of past Club Read titles (Book Club Kits) available for local book clubs to borrow. Specific titles are listed on our website. Advance reservations required. **222-3585 children's titles • 515-222-3410 adult titles • wdmlibrary.org**

CALENDAR

SCHEDULE OF EVENTS

Search the library calendar for events and descriptions. Searchable by event types (library info, public meetings) and age group. If registration is required, selecting the event will lead to the online registration form. You may also register in person or by phone. **515-222-3400 • wdmlibrary.org**

WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization.

- Friends Memberships fund special projects, like the Laptop Lab, and programs for all ages. Contributions mean more books, music, and movies in the collection, so YOU have a better selection.
- Your donations are tax deductible!

WDM Library Friends Foundation
4000 Mills Civic Pkwy, WDM, IA 50265
515.222.3407 • wdmlibrary.org

Like the Friends on Facebook @ WDMLibraryFriends



SUPPORT THE LIBRARY

FRIENDS FOUNDATION: GIFTS & MEMORIALS | BOOK BUY BOOK

It's tough finding the right gift, but you can honor friends, family, or a special occasion through the Friends' Book Buy Book donation program. For each \$25 donation, we'll purchase an appropriate title, add a bookplate, and send notification of your gift. This program builds a better library collection for all to enjoy AND your gift is tax-deductible! Larger gifts can be made to the Friends endowment or to fund a special project. Online donations accepted too! **515-222-3407 • wdmlibrary.org**

FRIENDS BOOK SALE AREA

Find great bargains in the corner by the children's periodicals – from 10¢ magazines to \$1 hardbacks – adult and children's titles. Coordinated by the Friends Foundation, proceeds benefit library programs and collections. • **515-222-3400**

VOLUNTEER

We need reliable adult volunteers, especially in our homebound delivery program (1-2 deliveries per month). Pick up an application at the 1st Floor Service Desk or print one online. Student volunteers are accepted to work in the summer (apply in early April); must be age 13 or older; and have completed the 7th grade. Group service projects may be available through the school year. **515-222-3400 • wdmlibrary.org**



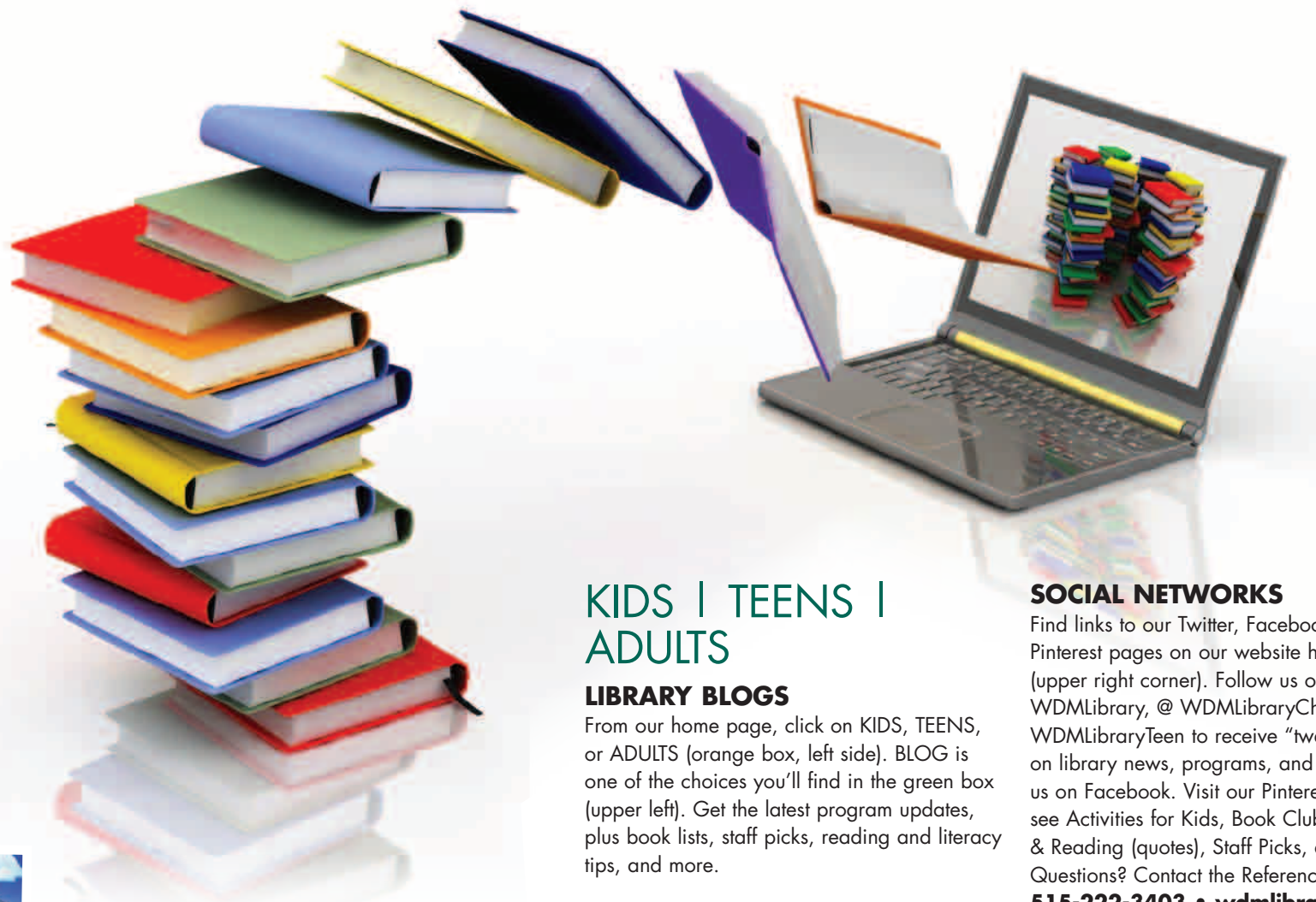
ABOUT THE LIBRARY

MORE THAN BOOKS

Your library is more than a warehouse for books. It's a place to meet, discover, relax, and enjoy. You'll find popular magazines, newspapers, large print materials, books on CD, popular and nonfiction DVDs, computers, iPads, and more.

TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet access, wireless access, and a 20/20+TV enlarger for the visually impaired. Overhead projector and iPads available for checkout. Hate long lines? Try a 3M SelfCheck machine! **515-222-3400 • wdmlibrary.org**



KIDS | TEENS | ADULTS

LIBRARY BLOGS

From our home page, click on KIDS, TEENS, or ADULTS (orange box, left side). BLOG is one of the choices you'll find in the green box (upper left). Get the latest program updates, plus book lists, staff picks, reading and literacy tips, and more.

YOUTH SERVICES

The first floor Children's Department includes books for babies through 6th grade, as well as audiobooks, music, movies, magazines, puzzles, and puppets (for use with the puppet theater and for check-out). Our kids' area is equipped with train, lightbox, and Lego Duplo tables which encourage creative play. You'll find Young Adult (YA) materials upstairs, along with comfy couches and study tables. For info on programs and activities, drop in or check out our website.

515-222-3403 • wdmlibrary.org/teens

SOCIAL NETWORKS

Find links to our Twitter, Facebook, and Pinterest pages on our website home page (upper right corner). Follow us on Twitter @ WDMLibrary, @ WDMLibraryChild or @ WDMLibraryTeen to receive "tweets" (updates) on library news, programs, and events. Like us on Facebook. Visit our Pinterest page to see Activities for Kids, Book Club Picks, Books & Reading (quotes), Staff Picks, and more! Questions? Contact the Reference Desk.

515-222-3403 • wdmlibrary.org



YOUR LIBRARY STORY

Has the WDM Library has made a difference in YOUR life? Tell us about it in 500 words or less. Selected stories will be featured on our website or promotional materials (with permission). For details, visit **wdmlibrary.org/tell-us-your-library-story**

See Library Activities pages for adult & children's programs at the WDM Library.



WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services. For more than 35 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



WDM Human Services *programs*

Human Services Mission:

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
SENIOR DINNER CLUB Seniors (60+) have the opportunity to enjoy one another's company while they dine at one of our local restaurants.	Trans. Supervisor 222-3661	First Tuesday of each month	<ul style="list-style-type: none"> WDM senior residents Reservations must be made at least 24 hours in advance 	Cost of your dinner Transportation FREE (donations encouraged)



TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
WESTSIDE COMMUNITY CENTER Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee Park area). Along with a nutritious lunch, enjoy fun daily activities.	Trans. Supervisor 222-3661 134 6th St. Westside Community Center	M – F 8am – 4pm Lunch served at 11:30 am	<ul style="list-style-type: none"> Seniors (60+) Reservations required at least 24 hours in advance 	donations encouraged
APPOINTMENTS Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)	Trans. Supervisor 222-3661	M – F 8am – 4pm	<ul style="list-style-type: none"> Seniors (60+), disabled and low-income residents of WDM Reservations must be made at least 24 hours in advance 	donations encouraged

CITIZENS WITH SPECIAL NEEDS

FRIENDSHIP CONNECTION Friendship Connection is a club for young adults with special needs.	Human Services Staff 222-3660	Thursdays 10am – 11:30am	<ul style="list-style-type: none"> Young adults with special needs 	NONE
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Friendship Connection

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3660 or visit our website at www.wdm.iowa.gov/HumanServices.



FOOD

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>DMARC FOOD PANTRY Food is available at WDM Human Services for households in need.</p>	Human Services Staff 222-3660	<p>M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon</p> <p>2nd & 4th Tues of each month 4:30pm - 6:30pm</p>	<ul style="list-style-type: none"> Must provide ID for all household members and proof of address 	<p>NONE</p> <p><i>Funding for this program is provided by USDA which is an equal opportunity employer.</i></p>
<p>HOLIDAY FOOD ASSISTANCE Food assistance for the holidays is available to eligible households.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> Registration begins in Oct. Walk-ins welcome Deadlines apply 	<ul style="list-style-type: none"> Must meet income criteria of Federal Poverty Guidelines Must be in our service area 	NONE
<p>BREAD DISTRIBUTION Donated bakery items are available weekdays for households in need.</p>	Human Services Staff 222-3660	M - F 9am	NONE	NONE
<p>SUMMER FOOD SERVICE PROGRAM The state of Iowa, in conjunction with WDM Human Services and the WDM Community School District, provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.</p>	Human Services staff 222-3660	Lunches served M-F, beginning in June - See website for dates and times.	All children 18 years or younger	FREE for children 18 years or younger
				
<p>GARDEN PROGRAM Offset the cost of food by growing your own garden. Tilling is available to elderly & disabled residents of WDM.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Registration begins April 3</p>	<ul style="list-style-type: none"> Must meet income criteria of Federal Poverty Guidelines WDM residents 	NONE

HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>ENERGY ASSISTANCE (LIHEAP) The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Sign-up through 4/28/17</p> <p>Sign-up begins:</p> <ul style="list-style-type: none"> 10/2 for seniors and disabled households 11/1 for all other households 	<ul style="list-style-type: none"> Low-income households in Polk County Social security card & date of birth for all household members 13 weeks of verifiable income from all sources for all household members 	NONE
<p>Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 465-5185</p>				
<p>EMERGENCY FINANCIAL ASSISTANCE Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	<ul style="list-style-type: none"> Low income WDM residents. Residents must show eviction or disconnect notice to qualify 13 weeks of verifiable income from all sources for all household members 	NONE
<p>ASSISTANCE WITH GOVERNMENT FORMS Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	Service area residents	NONE



CURRENT NEEDS

Each month WDM Human Services assists approximately 350 low-income households with personal care products. We need your help to meet the needs in our community. We need the following items on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 4-6)
- Soap



YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>YOUTH RECREATIONAL ASSISTANCE Limited scholarships for recreational/educational activities offered through WDM Parks & Recreation are available to eligible households.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • Low income residents of WDM 	Varies depending on household income
<p>SCHOOL SUPPLIES School supplies are available on a limited basis in August including classroom supplies and backpacks.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> • Annually in August • Registration begins in July 	<ul style="list-style-type: none"> • Eligible low-income residents of WDM 	NONE
<p>HOLIDAY ASSISTANCE Need help with the holidays? Programs are available for qualifying households including Adopt-A-Family and Toyland.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> • Registration begins in Oct. • Walk-ins welcome • Deadlines apply 	<ul style="list-style-type: none"> • Must meet income criteria of Federal Poverty Guidelines 	NONE
<p>SWIM PASSES Swim passes are available to low-income residents of West Des Moines.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm Registration begins April 3	<ul style="list-style-type: none"> • Eligible low-income residents of WDM 	Reduced Rate



HOUSING

HOUSING SOLUTIONS
A housing and supportive services program that works with homeless families to identify and work to overcome barriers preventing them from providing stable or permanent housing for their families.

Housing Solutions Coordinator 222-3666	M – F 8am – 4pm Limited availability	<ul style="list-style-type: none"> • Eligible homeless participants will need to meet HUD homeless guidelines and income criteria • Must be referred by Primary Healthcare (515-248-1850)
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CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>Gently used clothing articles and housewares are available to those in need on a monthly basis.</p> <p><i>This is a community supported program — donations of clothing and small housewares are always needed.</i></p>	Human Services Staff 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon 2nd & 4th Tues of each month: 4:30pm – 6:30pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • Service area resident • ID required for all household members 	NONE (donations encouraged)

PERSONAL DEVELOPMENT

<p>ESL CLASSES are provided for individuals whose first language is not English.</p>	Human Services Staff 222-3660	T & TH 10am – noon	<ul style="list-style-type: none"> • Pre-registration required • Limited # of participants 	NONE
<p>COMPUTER CLASSES are available to provide introductory computer skills instruction.</p>	Human Services Staff 222-3660	Varies	<ul style="list-style-type: none"> • Pre-registration required • Limited # of participants 	NONE

ELDERLY ASSISTANCE

<p>HANDYMAN SERVICES Services include lawn mowing, snow removal and minor home repairs for low-income elderly and disabled residents of WDM.</p>	Human Services Staff 222-3660	M – F 8am – 5pm	<ul style="list-style-type: none"> • Income - eligible seniors (age 60+) or income-eligible disabled residents of WDM • Registration required for new clients 	NONE (donations encouraged)
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VOLUNTEER TODAY!

West Des Moines Human Services extends a heartfelt **THANKS** to all of the wonderful volunteers who donate their time and talents to help us continue to be the heart of the community. Volunteers are currently needed in the food pantry and clothing closet. If you have a passion for helping those in need, please call **222-3663** or visit www.wdm.iowa.gov/HumanServices.





*Partner with
WDM Human
Services to help
our neighbors
in need!*

WDM Human Services Current Needs

Personal Pantry:

Each month WDM Human Services assists approximately 350 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 4-6)
- Soap

Clothing Closet:

Our clothing closet is in need of new or gently used children's, teen, and adult clothing items. We also need towels, sheets, blankets and small household items. Clothing Closet donations are accepted Monday through Friday 8:30am – 4pm at 139 6th Street in West Des Moines. Donation receipts are available.



ESL Classes at WDM Human Services

English as a Second Language classes are now being offered at West Des Moines Human Services. The beginner-level classes provide instruction in conversational English. The classes take place on Tuesday and Thursday mornings from 10 am to noon in eight week sessions. Volunteer tutors are needed to assist with the classes. Volunteers will provide small group and one-on-one instruction for adult learners. Knowledge of a second language is not necessary to volunteer.

Call 222-3663 for more information or to register as a student or volunteer!

Visit us on the web at www.wdm.iowa.gov

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Free Transportation

West Des Moines residents who are seniors (age 60+), disabled, or low income can receive free transportation to necessary appointments and to the Westside Community Center. Rides are provided with a fleet of four vehicles, three wheelchair accessible buses and one van. The service operates Monday through Friday all year. Transportation is also provided for recreational outings like the "Senior Dinner Club," as well as trips to the bank, grocery store, barber, etc. as time allows. Reservations required 24 hours in advance. Please call 222-3661 for more information, or to schedule a ride.

Summer Food Service Program

West Des Moines Human Services is pleased to partner with the USDA and the West Des Moines Community School District Nutrition Department to provide the free children's summer lunch program. This lunch program is designed to provide nutritional meals for low-income youth (up to age 18) during the summer months. This year's program will be held at the following locations:

- **American Legion Park** (301 Vine St., WDM) lunch
- **Hillside Elementary** (713 8th St., WDM) breakfast and lunch
- **Crestview Elementary** (8355 Franklin Ave., Clive) breakfast and lunch
- **Stilwell** (1601 Vine St., WDM) breakfast and lunch
- **Valley High School** (3650 Woodland Ave., WDM) breakfast

Please contact Human Services at 222-3660 for specific dates or visit us on the web at www.wdm.iowa.gov/HumanServices.

WDM CITY OFFICIALS

Mayor

Steven K. Gaer

City Council

Kevin Trevillyan
First Ward

John Mickelson
Second Ward

Russ Trimble
Third Ward

Rick Messerschmidt
At Large

Jim Sandager
At Large

Key City Staff

City Manager
Tom Hadden
222-3610

Deputy City Manager
Jamie Letzring
222-3610

City Attorney
Richard J. Scieszinski
222-3523

Bicycle Advisory Commission

Kip Albertson
Margaret Christiansen
Spencer Cox
Helen Eddy
Greg France
Brittany Freund
Steve Gattton
Amanda Kelley
Joel Wolcott

Board of Adjustment

Michael Blaser
Claire Celsi
Eric P. Christiansen
Thomas Cunningham
Angie Pfannkuch

Civil Service Commission

Kevin Flagg
Chris Haviland
Lori Lavorato

Human Rights Commission

Bernell Edwards
Frank Hart
Justine Morton
Ila Plasencia
Sanjita Pradhan

Human Services Board

Mary Bernabe
Sue Bosworth
Janet Clary-Jones
Tammy Cline
Matt McNeece
Jessinda Madonia
Jim Miller
Wendy Ogden
Rick Riley
Robert Shoemaker
Lori Teel
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Forrest Ridgway
Heather Schebel
Aaron Sewell
Rick Swalwell

Plan and Zoning Commission

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Michele Brown
Chris Costa
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Craig Erickson
Scott Hatfield
Jill Southworth

Public Arts Advisory Commission

Diane Boyd
Ryan Crane
Gary Hammers
Tamara Kenworthy
T.J. Lechtenberg
Rita Luther
Brenda Sedlacek

Sister Cities Commission

Erika Cook
Brian Crotty
Jeffrey Lipman
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Heather Perry
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Karen Novak Swalwell
Gretchen Tegeler



As West Des Moines continues to grow and develop, we want to ensure that we deliver the exceptional services, amenities and quality of life that our residents have grown to expect. We also want to make sure that you, our taxpayers, are able to determine how funds are spent by your local government.

One of the tools we don't have available to us today is a local option sales tax (LOST) which would allow us to collect an extra penny in sales tax for every dollar spent in our community. Although an additional cent may not sound like much, the revenue it would generate would greatly reduce the property tax burden on our residents as well as help fund services we provide for residents and visitors, such as police, fire and emergency medical services, road maintenance, traffic management and parks and recreational services.

Over 1,300 cities and unincorporated areas in Iowa have a local option sales tax. Unfortunately, the Des Moines metro and the Iowa City area are the only two large population centers that cannot collect the local option sales tax without the approval of over 50% of the county or counties the city resides in. Why? Under current law, cities must obtain permission from all counties before they can hold an election for their city. All cities that boarder another city are required to vote as a block as well. This makes it difficult to reach consensus on a referendum because each entity has different priorities and ideas about how the money should be spent.

As it stands today, West Des Moines would need to have city and county voters representing over 50 percent of the populations in Polk, Dallas and Madison counties agree to a special election before we could even attempt to place a local option sales tax on the ballot. Past attempts at metro referendums have met with strong opposition from voters because the ballot gets

From The City Manager

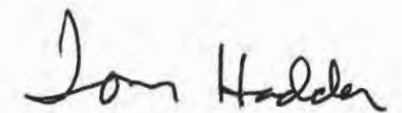
complicated and funds are divided up among competing interests that don't have support from a majority of voters.

If West Des Moines was allowed to place a referendum on the ballot, the West Des Moines City Council has pledged that 50 percent of all revenue collected would go toward property tax relief for our residents and business owners. Our projections estimate that an extra penny in sales tax would allow us to significantly reduce taxes, perhaps by as much as \$1.00 for every \$1,000 of property valuation.

The Council also has pledged to allocate the other 50 percent of sales tax money to Quality of Life initiatives, which would include improved Police, Fire and EMS services, park improvements, bike trail extensions, as well as expanded recreational opportunities.

We feel that it's important for all Iowa communities to be treated equitably by the sales tax law so we've been working for several years with the Iowa Legislature to pass a bill that would allow our residents to vote and determine if a penny sales tax is right for this community. Additional revenue sources are absolutely essential for us as we grow and work to make West Des Moines the kind of city that sets a new standard of living in the Midwest.

We would like the citizens of West Des Moines to determine their decision "yes or no" by having the right to vote on this issue. Please stay tuned for more information.



Tom Hadden,
City Manager

SPRING /SUMMER 2017

WDM Parks & Recreation

PROGRAM GUIDE

REGISTRATION STARTS:

RESIDENTS: **March 7 • 8am**

NON RESIDENTS: **March 21 • 8am**



Parks & Recreation Facilities	p2
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Travel Programs	p59
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Program Registration	p66-67

West Des Moines Parks & Recreation Department Facilities

Administrative Office at WDM City Hall 4200 Mills Civic Parkway	222-3444
Raccoon River Park Nature Lodge 2500 Grand Avenue	222-3424
Raccoon River Park Archery Facility 2500 Grand Avenue	222-3424
Raccoon River Park Dog Park 2500 Grand Avenue	222-3444
Raccoon River Park Softball Complex 2500 Grand Avenue	222-3505
Valley Junction Activity Center 217 5th Street	222-3440
Holiday Aquatic Center 1701 Railroad Avenue	273-0700
Holiday Park Baseball Complex 1701 Railroad Avenue	222-3454
Valley View Aquatic Center 255 S. 81st Street	273-0700
Jordan Cemetery 2950 Fuller Road	222-3444
Weather Cancellation Hotline	222-3500



Jordan Cemetery

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.



West Des Moines Parks

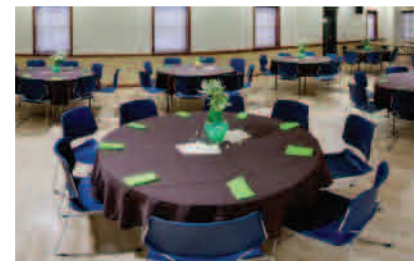
American Legion Park...301 Vine St.	Pearson Park1256 19th St.
Ashawa Park.....4431 Waterford Dr.	Peony Park1100 63rd St.
Brookview Park.....400 81st St.	Quail Cove Park.....1515 South 52nd St.
Crossroads Park.....5205 Ashworth Rd.	Raccoon River Park2500 Grand Ave.
Fairmeadows Park543 22nd St.	Railroad Park425 Railroad Ave.
Florer Park.....1410 Locust St.	Scenic Valley Park.....1223 South 24th Ct.
Holiday Park.....1701 Railroad Ave.	Southwoods Park.....350 South 35th St.
Huston Ridge Park8455 Coachlight Dr.	Valley View Park.....255 81st St.
Jaycee Park.....5608 Center St.	Western Hills Park4115 Walnut St.
Jordan Creek Park.....310 50th St.	Wild Rose Park.....6801 Cody Dr.
Kiwanis Park.....3101 Maple St.	Willow Springs Park.....5685 Wistful Vista Dr.
Knolls Park5150 Aspen Dr.	Wilson Park.....298 9th St.
Maple Grove Park.....9350 Chalk St.	Woodland Hills Park1230 South 95th St.
Meadowview Park638 Prairie View Dr.	

Valley Junction Activity Center

Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



Raccoon River Park Nature Lodge

Looking for a room with a view to hold that family function or business meeting? Then the Raccoon River Park Nature Lodge is just the place for you! The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of spaces and services to make planning your event as easy as one...two...three!

The Lakeview Room accommodates groups as small as 20 people up to sit down functions for 110 people. Our great rental rates make things affordable and works with your budget. We have preferred caterers if you choose to use them, or feel free to make your own arrangements with your caterer. Only beer and wine are allowed at the Lodge.

Give us a call at 222-3424 to check availability!



PARKS & TRAILS MAP

WEST DES MOINES PARKS & RECREATION

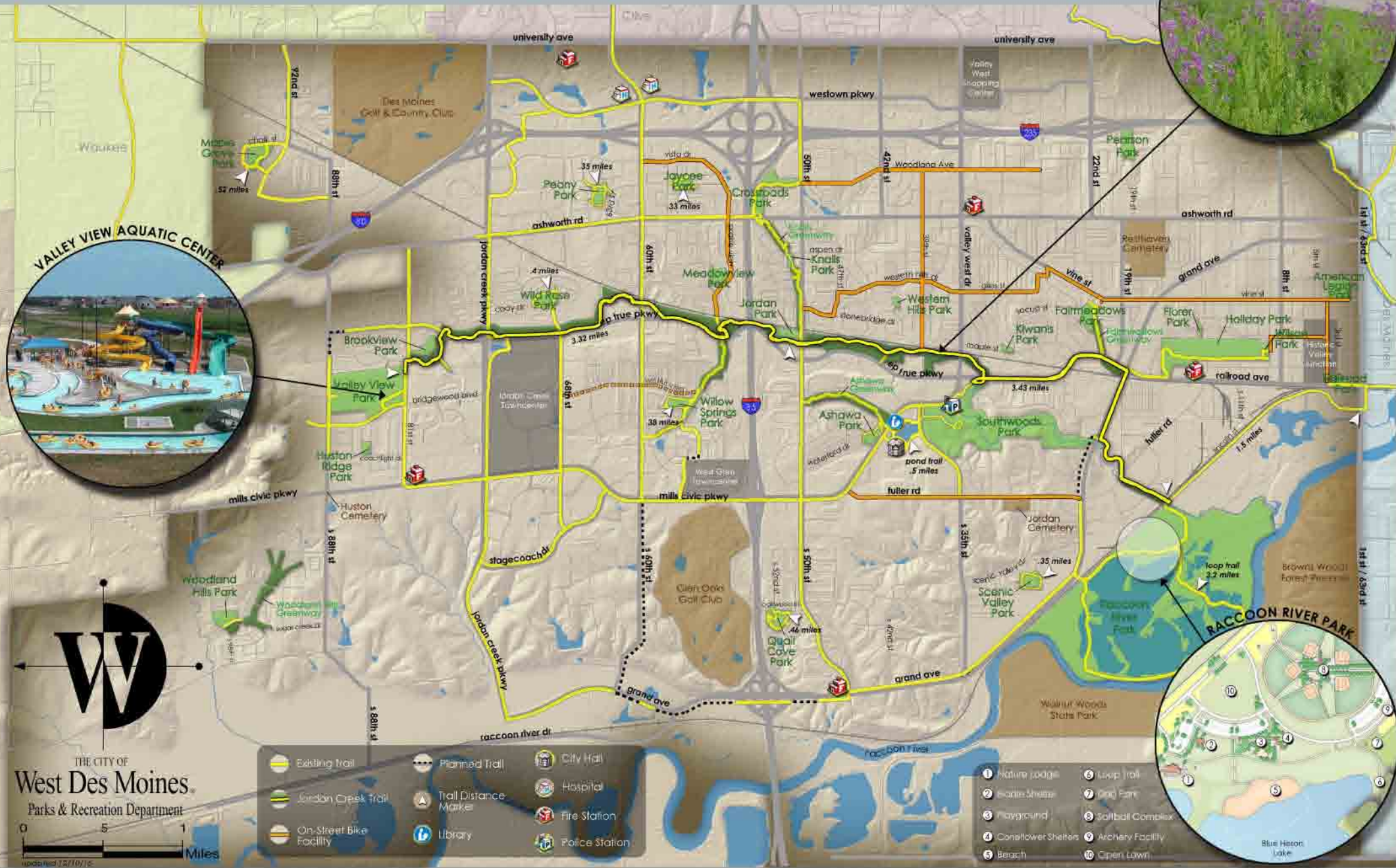
JORDAN CREEK TRAIL



VALLEY VIEW AQUATIC CENTER



RACCOON RIVER PARK



THE CITY OF
West Des Moines
Parks & Recreation Department



- | | | |
|-------------------------|-----------------------|--------------|
| Existing Trail | Planned Trail | City Hall |
| Jordan Creek Trail | Trail Distance Marker | Hospital |
| On-Street Bike Facility | Library | Fire Station |
| | Police Station | |

- | | |
|-------------------|--------------------|
| 1 Nature Lodge | 6 Loop Trail |
| 2 Escape Shelter | 7 Bird Park |
| 3 Playground | 8 Softball Complex |
| 4 Conifer Shelter | 9 Archery Facility |
| 5 Beach | 10 Open Lawn |



Raccoon River Park Archery Facility

The facility is the first of its kind in Iowa and features:

- Enclosure walls/fencing
- Overhead 'arrow curtains'
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at www.wdm.iowa.gov/Archery. Questions? (515) 222-3444 or ParkRec@wdm.iowa.gov

Annual Permit	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Adult	\$5	\$5
Youth (15 & Under)	\$5	\$5

Permits can be purchased at the following locations:

- **West Des Moines Parks & Recreation Office**
4200 Mills Civic Pkwy, Suite 1B, West Des Moines
Phone: 222-3444 | Fax: 222-3459
Monday-Friday, 8:00am-5:00pm
- **Raccoon River Park Nature Lodge**
2500 Grand Avenue, West Des Moines
Phone: 222-3424 | Fax: 222-3658
Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours



Using the Facility

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See pages 17 and 36 for Archery programs

Raccoon River Dog Park

Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

Dog park permits are now on sale! Don't miss out on the fun!

Mail-In

Go to www.wdm.iowa.gov/DogPark download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

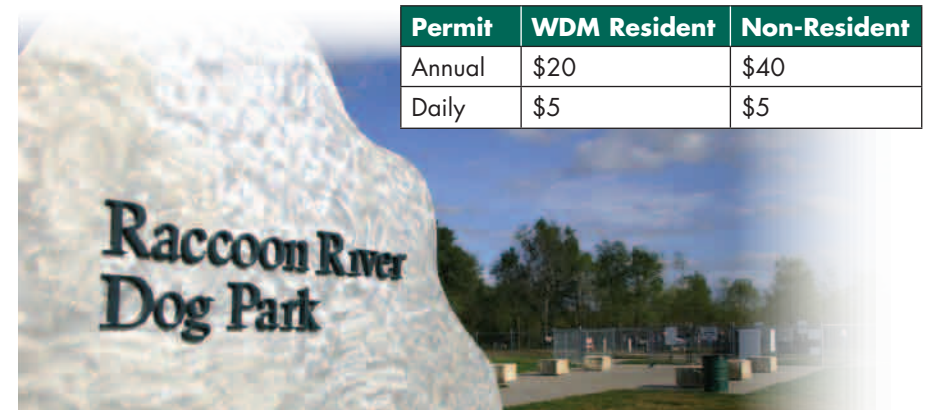
WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B
8am – 5pm, Monday-Friday

Raccoon River Park Nature Lodge

2500 Grand Avenue
8am – 5pm, Monday-Friday
Evening/Weekend Hours –
Call 222-3424

Permit	WDM Resident	Non-Resident
Annual	\$20	\$40
Daily	\$5	\$5



GRAND OPENING ART ON THE TRAIL

Please join the West Des Moines Public Arts Advisory Commission as we celebrate the Grand Opening of Art On The Trail.

- Unveiling of the names of the animals
- Meet the artist
- Kids activities



NATIONAL TRAILS DAY

- Tour the 5 locations of Art on the Trail along Jordan Creek Trail
- Visit the new bike repair station
- Hy-Vee Healthy You Mobile for educational nutritional information and snacks will be available

DAY	Saturday
DATE	June 3
TIME	10am
LOCATION	Jordan Creek Park, 310 50th Street
AGES	All
FEE	Free



ART ON THE CAMPUS GRAND OPENING

You are invited to join the West Des Moines Public Arts Advisory Commission and Parks and Recreation Department as we celebrate the Grand Opening of the 2017 temporary Art on the Campus exhibit. Come and enjoy family-friendly entertainment, complimentary food and drink, a chance to meet the artists and, of course, a first look at this year's exhibit!

DAY	Thursday
DATE	April 27
TIME	4:30pm – 6pm
LOCATION	WDM City Hall
AGES	All
FEE	Free

NEW!

INTRODUCTION TO BEE KEEPING

Did you know that residents in West Des Moines may now have bee colonies in their back yards? You can learn about urban beekeeping from Iowa's state Honey Queen. She will give a brief introduction about beekeeping material, maintenance and harvest. There will even be a display hive for you to see bees in action!

DAY	Saturday
DATE	May 13
TIME	10am – 11:30am
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	FREE



COMMUNITY GARDEN

The West Des Moines Community Garden is "growing"! We have added 74 plots to our garden on 50th and EP True. These 10 x10 plots will be available for WDM residents for \$25 / growing season. If you are interested in renting one of these plots please contact Melanie at 515-222-3435 or Melanie.perry@wdm.iowa.gov

GARDEN CLASSES

We are working with Polk County Extension to arrange some garden classes that will be scheduled this spring. These classes will be of particular interest to the members of the West Des Moines Community Garden, but will be available to anyone interested. Check our website for more information.



EARTH DAY FAMILY FUN

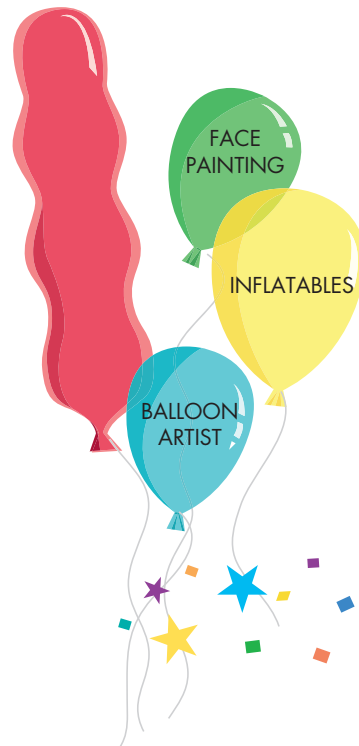
Earth Day is a perfect day for you and your family to come enjoy some family friendly outdoor activities. You could go kayaking, canoeing, fishing or you may choose to create a small paddle boat or relax in REI's outdoor lounge and enjoy a cup of coffee or cocoa! Free tree saplings will be handed out to celebrate this Earth Day Event. Come help us celebrate Earth Day today!



DAY	Saturday
DATE	April 22
TIME	10am – 12pm
LOCATION	WDM City Hall (4200 Mills Civic Pkwy)
AGES	All
FEE	FREE

FAMILY FUN NIGHT IN VALLEY JUNCTION

Get out of the house and enjoy some good old fashion fun with the West Des Moines Library and Parks & Recreation Department! We will be on 5th Street during the Valley Junction Farmer's Market with a variety of FREE activities for the entire family to enjoy. Highlights include: inflatables, a balloon artist and face painting! Come join the FUN at this family friendly event.



DAY	Thursday
DATE	June 8
TIME	4pm – 7pm
LOCATION	The 300 block of 5th Street in Valley Junction
AGES	ALL
FEE	FREE

MAYOR'S BIKE RIDE



Please join the City of West Des Moines' Mayor, Steve Gaer, for a morning of cycling in the City of West Des Moines. Three different routes are set for you to enjoy the City's cycling amenities. Enjoy a recreational 4 mile trail loop or challenge yourself on the 10 or 20 mile on-street route which takes you through various terrains and parts of the City. Routes start and stop at City Hall. (Routes and distances subject to change) All registered participants will receive an event t-shirt.

DAY	Saturday
DATE	May 13
TIME	9am – 12pm
LOCATION	Starts at WDM City Hall 4200 Mills Civic Parkway
AGES	6+
COURSE ID	1099
FEE	\$10 per rider

The event is "Ride at your own Risk". All rules and regulations outlined in the West Des Moines, Iowa: City Code, Title 6 – MOTOR VEHICLES AND TRAFFIC, Chapter 11: BICYCLES shall apply. (www.wdm.iowa.gov)



DISCOVER DECORATION DAY

Discover the history behind Decoration Day by joining the West Des Moines Historical Society and Parks and Recreation Department at the Historic Jordan House and Jordan Cemetery. Bring a blanket or lawn chair, grab a free ice cream treat, and sit back to enjoy the Civil War era tunes played by the West Des Moines Community Band. While there grab an educational brochure, complete with a map, that will guide you to the gravesites of notable WDM citizens in Jordan Cemetery. This event will be a great way to teach children and adults alike the true purpose of Memorial Day!

DAY	Sunday	
DATE	May 21 (No Rain Date)	
LOCATION	Jordan House (2001 Fuller Rd.) Jordan Cemetery (2950 Fuller Rd.)	
TIME	TIMES	FEE
Jordan House Self-Guided Tour	1pm – 3pm	\$5 Adults, \$3 Students (K-12)
WDM Community Band Concert	1pm – 3pm	FREE
Jordan Cemetery Tour	1pm – 3pm	FREE



NEW!

POOL PARTY



SPECIAL NEEDS NIGHT POOL PARTY!

Join us where our special population has the pool to themselves! In partnership with Courage League Sports, enjoy an evening of fun reserved just for your special person and your family.

Pre-registration required.

DAY	DATES	TIMES	COURSE ID
Saturday	June 24	6:30pm – 8:30pm	1609
Saturday	July 22	6:30pm – 8:30pm	1610

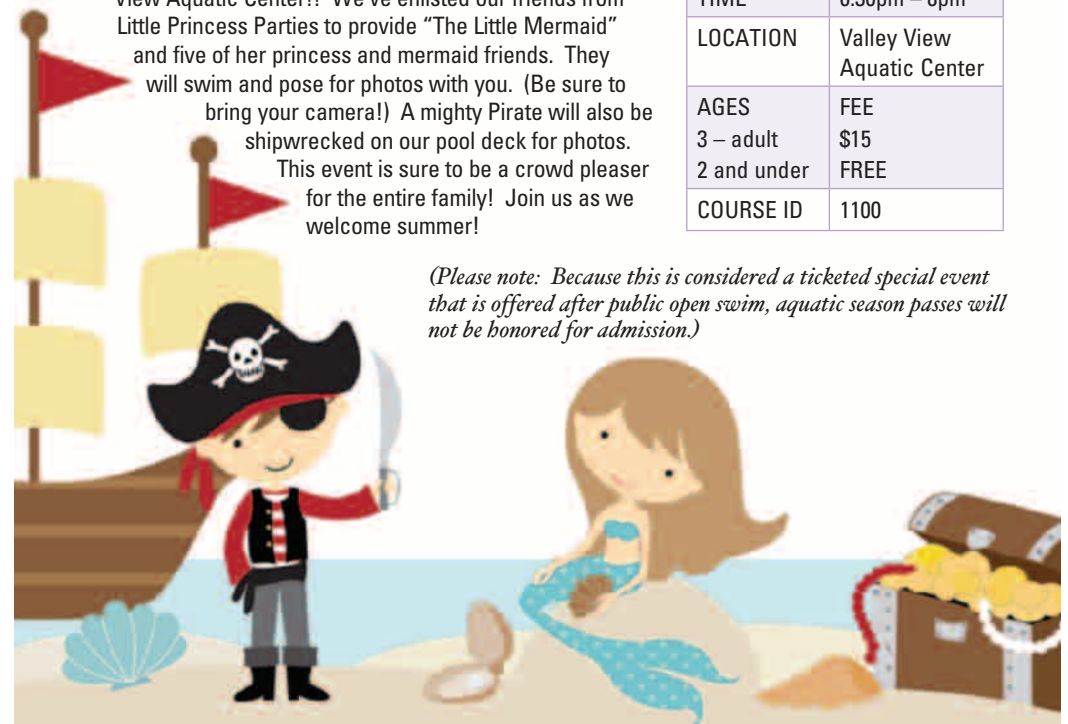
LOCATION	Holiday Aquatic Center
AGES	ALL
FEE	FREE

PRINCESS AND PIRATE SPLASH BASH

Hear Ye! Hear Ye! and Yo Ho Ho! All princesses across the land and pirates of the sea are invited to kick off summer with a spectacular SPLASH BASH at Valley View Aquatic Center!! We've enlisted our friends from Little Princess Parties to provide "The Little Mermaid" and five of her princess and mermaid friends. They will swim and pose for photos with you. (Be sure to bring your camera!) A mighty Pirate will also be shipwrecked on our pool deck for photos. This event is sure to be a crowd pleaser for the entire family! Join us as we welcome summer!

DAY	Saturday
DATE	June 10
TIME	6:30pm – 8pm
LOCATION	Valley View Aquatic Center
AGES	FEE
3 – adult	\$15
2 and under	FREE
COURSE ID	1100

(Please note: Because this is considered a ticketed special event that is offered after public open swim, aquatic season passes will not be honored for admission.)



INDEPENDENCE DAY EVENTS

SPECIAL EVENTS/FAMILY

INDEPENDENCE DAY PARADE

Parade entry information will be available starting in early May. To have entry information mailed to you please call 222-3444. The parade will be limited to the first 75 entries.

DAY	Monday
DATE	July 3
LINE-UP	5:15pm
PARADE STARTS	6:30pm

Sponsored by



ALL IOWA BASH!

Will be held in Valley Junction **July 3rd**. For more information visit www.valleyjunction.com or call (515) 222-3642.

HOLIDAY CLASSIC HORSESHOE TOURNAMENT

For information contact the WDM Horseshoe Pitchers Association at 681-1937.

DAY	Tuesday
DATE	July 4
TIME	9am – 1pm
LOCATION	Holiday Park



JULY 4TH AQUATIC CENTER SPECIAL

DAY	Tuesday
DATE	July 4
TIME	12pm – 6pm
ADMISSION	\$3 per person

34TH ANNUAL MUD VOLLEYBALL TOURNAMENT

DAY	Tuesday
DATE	July 4
TIME	Tourney Begins 8am

Pre-registration required. Call WDM Fire Department at **222-3420** to register a team or for more information.

COMMUNITY BAND CONCERT

DAY	Tuesday
DATE	July 4
TIME	7pm
LOCATION	Coneflower Shelters at Raccoon River Park 2500 Grand Ave.



FIREWORKS DISPLAY

JULY 4TH — THE FIREWORKS DISPLAY WILL START AT DUSK OVER BLUE HERON LAKE IN RACCOON RIVER PARK 2500 GRAND AVE. • WDM

SPECIAL EVENTS/FAMILY

SKATEBOARD-XTREME CHALLENGE

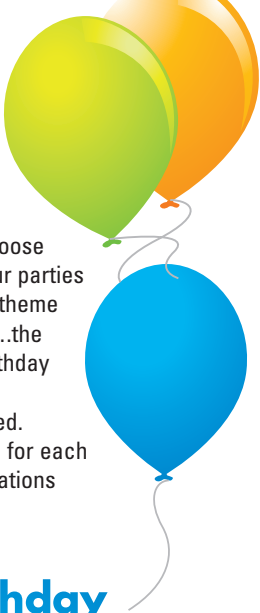
A Skateboard Competition

(Co-sponsored by the cities of Urbandale, West Des Moines, and Clive) All ages welcome! Competition will be divided by age level. This skateboard competition is a great chance for skateboarders to show their stuff and win great prizes.

DAY	Saturday
DATE	August 5
TIME	Competition begins at 11am
LOCATION	Urbandale Skateboard Park, located in Walker Johnston Park (9000 Douglas Ave., Urbandale)
AGES	ALL
FEE	FREE

SAVE THE DATE: Saturday, September 23

BIRTHDAY PARTIES AT THE NATURE LODGE



Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us! Our parties include: set up, a reserved space for your event, a party host or hostess, a theme related activity, cake, ice cream, juice, paper goods, and most importantly...the clean up! All parties cost \$110 for the first 12 participants (including the birthday child) and are two hours in length. An additional fee of \$10 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed. *PLEASE NOTE: All party participants must meet the minimum age required for each specific party!* To schedule your special date, please call 222-3424. Reservations must be made at least 2 weeks in advance. *Party themes effective April 1.*

THEME	AGE (of all party participants)
Amazing Animals	4-7
Frozen	4-7
Sports of All Sorts	4-7
Trolls	4-7
Pirate Party	5-7
Pajama Party	5-7

For Birthday Parties at WDM Aquatic Centers please see p63

YOGA ON THE LAWN

Get your Sunday off to a great start with some Yoga on the Lawn! This FREE program is a great introduction to Yoga for the beginner and offers new challenges for seasoned yogis. Each week a volunteer instructor from a local studio will lead the group in a great morning stretch! Bring a water bottle and yoga mat.

DAYS	Sundays
DATE	June 4 – August 27
TIME	9am
LOCATION	North lawn at WDM City Hall (4200 Mills Civic Parkway)
AGES	6+
FEE	Free



HUNTER EDUCATION

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.



DAYS	DATES	TIMES
Must attend both days		
Thursday	August 24	6pm – 9pm
Saturday	August 26	8am – 5pm
(please bring a sack lunch on Saturday)		
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	www.iowadnr.gov/Hunting/Hunter-Education	

ARCHERY, GIVE IT A "SHOT"!

Have you thought about trying archery, but you don't have any equipment? These family events are planned just for you! Come to the Archery Facility at Raccoon River Park to give it a try. We will provide the bows, arrows and instruction for you to try this exciting sport. This activity is free, but registration is required and limited to 35 people.

DAYS	DATES	TIMES	COURSE ID
Thursday	April 27	5:30pm – 7pm	1087
Tuesday	May 16	5:30pm – 7pm	1088
Wednesday	June 21	5:30pm – 7pm	1089
Thursday	July 20	5:30pm – 7pm	1090
AGES	7+		

LOCATION	Raccoon River Park Archery Facility
FEE	Free

ADULT ONLY CLASSES

DAYS	DATES	TIMES	COURSE ID
Tuesday	May 16	1pm – 2:30pm	1141
Wednesday	June 7	10am – 11:30am	1142



MARTIAL ARTS

TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

DATES	June 6 – August 1
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BEGINNER CLASS	
DAYS	TIME
Tuesdays	6:30pm – 7:30pm
COURSE ID	747
FEE	\$41

INTERMEDIATE/ADVANCED CLASS	
DAYS	TIME
Tuesdays	7:30pm – 8:30pm
COURSE ID	752
FEE	\$41

TAE-KWON-DO/ KARATE LITTLE NINJAS INSTRUCTOR:

Phil Dickey:
Fifth Degree Black Belt in Karate,
Fourth Degree Black Belt in Tae-
Kwon-Do, International Martial Arts
Hall of Fame Inductee.

LOCATION	Valley Junction Activity Center
AGES	6+
REGISTER BY	One week before the session starts

LITTLE NINJAS

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

DATES	June 6 – August 1
-------	-------------------

DAYS	TIME	COURSE ID	FEE
Tuesdays	5:30pm – 6pm	758	\$28
Tuesdays	6pm – 6:30pm	759	\$28

LOCATION	Valley Junction Activity Center
AGES	4 – 5
REGISTER BY	One week before the session starts



STORY HOUR AT THE PARK

Join the West Des Moines Parks & Recreation staff for an hour of story power! Bring a picnic lunch to enjoy as our Naturalist shares nature books, stories and games.

DAYS	Wednesdays
DATES	May 3 – May 31
TIME	12pm – 1pm
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	FREE



FAIRYTALE TIME IN THE PARK!

FREE EVENT - No Pre-Registration Required: Come experience your community park and join the West Des Moines Parks and Recreation staff for a story and a snack or craft. Bring a blanket and a friend!

*Childcare providers — Please let us know if you are bringing your group so we can be sure to have enough supplies for all participants!

DAYS	Fridays
------	---------

DATES	LOCATION
June 9	American Legion
June 16	Quail Cove
June 23	Ashawa
June 30	Huston Ridge
July 7	Jaycee
July 14	Wild Rose
July 21	Kiwanis
July 28	Meadowview
August 4	Pearson

TIME	10:30am – 11:15am
AGES	ALL
FEE	FREE

BURNT MARSHMALLOW DAY CAMP



Each session of Burnt Marshmallow Day Camp is specifically designed for ages 4 to 6, with a variety of activities that include: games, songs, stories, sharing, crafts, visits from special guests, and field trips. Each camper receives a t-shirt with their registration. Burnt Marshmallow Day Camp is led by one Camp Director and two assistants. Registration is limited to 20 children per session, so sign up early. *Each camper is asked to bring a sack lunch every day, with the exception of Thursday, when WDM Parks & Recreation will be providing a "Burnt Marshmallow" Cookout.

STAR WARS

June 12 – 16
COURSE ID: 1101

Join our crew and BLAST OFF into a week of high adventure! Our mission will be to explore far away galaxies and learn about outer space. We'll make our own light sabers, and "Darth Vader" masks. This week our activities will allow your mind to travel into creative dimensions. Our special field trip will be to the Science Center of Iowa, where we'll tour the planets and see the stars. "What on Earth... "could be better?"



FROZEN

June 19 – 23
COURSE ID: 1102

"Do you wanna build a snowman?" It may be summer outside, but our theme this week features things that are cold and FROZEN! Join us as we create various types of Olaf snowmen, and feature some of the adventures of Anna, Elsa, Kristoff and Sven! We'll focus on acts of kindness this week and make friendship bracelets. Our field trip will take us roller skating where it will be nice and cool inside. Join the FROZEN phenomenon as we feature activities from one of Disney's more popular movies.

THE ADVENTURES OF CURIOUS GEORGE

June 26 – 30
COURSE ID: 1103

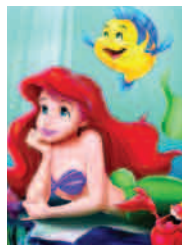
No monkey business here....we'll swing into an action-packed week of monkey-games and excitement! Find out about good sportsmanship, sharing, and play a different game or sport each day. We'll do craft projects and make a special treat with bananas. The "man in the big yellow hat" will encourage us to play fair, and have fun. Our active, monkey-themed field trip will take us to Monkey Joe's on Friday.



LITTLE MERMAIDS AND WONDERFUL WHALES

July 5 – 7
COURSE ID: 1105
****NO CLASSES ON MONDAY or TUESDAY, JULY 3RD and 4TH. THE FEES ARE PRO-RATED THIS WEEK.****

This week we will journey "Under the Sea" for a whale of a good time at the Pearson Park beach house! We'll make our own water slide, and learn how to turn your backyard into a slippery, silly water wonderland! Pack your swim suits and plan to get wet. The highlight of our week will be the private use of Valley View Aquatic Center... including all the spray and splash features of the leisure pool!



MICKEY AND MINNIE'S CLUBHOUSE

July 10 – 14
COURSE ID: 1108
"Oh, TOODLES!"

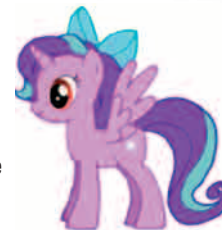
Everything is more fun when Mickey and Minnie are involved! This week we'll explore the fascinating wonders of floating, flying and bouncing objects. What goes up must come down. We'll play several games with balloons and balls and try to keep them up in the air. We'll fly a kite and make paper airplanes. See how high you can bounce and jump as you take flight at "Pump It Up" on Friday.



MY LITTLE PONY

July 17 – 21
COURSE ID: 1106

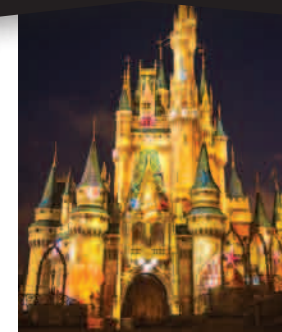
Calling all Cowboys and Cowgirls! Have you ever wondered what life would be like living on a farm? What type of animals would we see? We'll do plenty of "horsing around" this week as we create, discover and imagine life in Ponyville. We'll feature a different Ponypal each day, and discover why "Friendship is Magic!" Our field trip will take us out to the Jester Park Equestrian Center. Giddy UP!



TROLLS

July 24 – 28
COURSE ID: 1110

Find your HAPPY place this week as we pretend we are TROLLS! Join us for a bright and colorful week full of fun, adventure and music. We will learn how to "survive" the Bergen's as we venture through the park on a mission to save our village. We will make quick snacks to keep the Bergen's from eating us! There will be a daily DANCE PARTY in the shelter...sure to make your hair stand on end! Our field trip on Friday will be to the roller skating rink. Join the TROLLS phenomenon.



ONCE UPON A TIME...

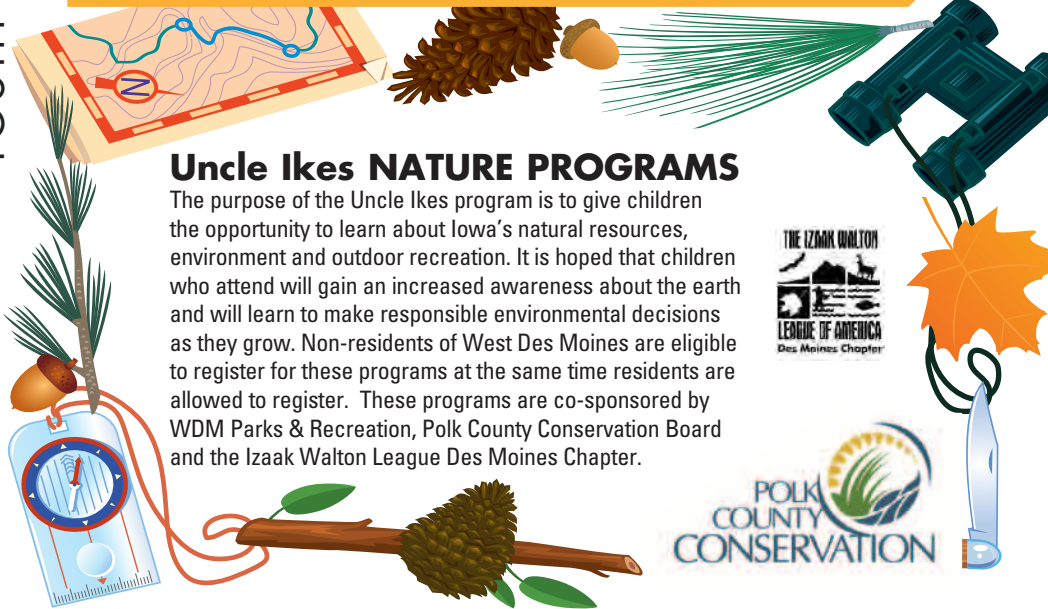
July 31 – August 4
COURSE ID: 1111

Just as all good stories begin with the phrase, "Once Upon a Time..." so will our week. We're featuring several of our favorite prince and princesses this week as we discover the wonderful world of imagination. We'll build Cinderella's sand castle and dress up like Knights in Shining Armor. We'll have a tea party with Mrs. Potts and Chip and ride Aladdin's magic carpet! "Be Our Guest" on Friday as we watch an animated mouse come to life at Chuck E. Cheese.



TIME	9am – 12pm
AGES	4 – 6
LOCATION	Pearson Park (19th & Pleasant Street)
FEE	\$69 per week *\$42 the week of July 5th (No classes July 3 or 4)
REGISTER BY	1 week prior to each session

NATURE CLASS FOR CHILDREN 3-5



Uncle Ikes NATURE PROGRAMS

The purpose of the Uncle Ikes program is to give children the opportunity to learn about Iowa's natural resources, environment and outdoor recreation. It is hoped that children who attend will gain an increased awareness about the earth and will learn to make responsible environmental decisions as they grow. Non-residents of West Des Moines are eligible to register for these programs at the same time residents are allowed to register. These programs are co-sponsored by WDM Parks & Recreation, Polk County Conservation Board and the Izaak Walton League Des Moines Chapter.

NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE

Nature Class for children 3-5 with an adult

We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack. Participants must record program name, location and date with the speaker's initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

Day	Date	Location	Program Name	COURSE ID
Mon.	May 8	Jester Park Shelter #3	Eggciting Facts	1125
Tues.	May 23	Meadowview Park	Watch Me Grow	1129
Mon.	June 12	Jester Park Group Camp #5	Camping	1126
Tues.	June 27	Raccoon River Park Nature Lodge	Fishing	1137
Mon.	July 10	Jester Park Shelter #6	Fossil Dig and Dinosaurs	1127
Tues.	July 25	Southwoods Park	Animal Homes	1132
Mon.	Aug. 7	Fort Des Moines Park Shelter #3	Insect Safari	1128
Tues.	Aug. 22	Legion Park	Squirrels	1139
Time	6:30pm – 7:30pm			
Fee	\$7			

BEGINNERS TWIRL CAMP

Sign your child up for this very popular program! Let them experience the thrill of learning to twirl the baton. Your child will learn the basics of baton twirling each day of the camp. A special highlight of the program will be the opportunity for the campers to show off their new-found skill as they march together in the West Des Moines Independence Day Parade (held on July 3rd). A t-shirt and baton are included in the program fee. Don't miss out on this awesome opportunity!

DAYS	Monday – Friday	
DATES	June 26 – 30	
AGES	TIME	COURSE ID
5 – 7	10:30am – 11:15am	553
8 – 10	11:15am – 12:15pm	555
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$49	

INTERMEDIATE TWIRL CAMP

Did your child participate in Twirl Camp in previous summers? Does your child want to build upon what they already learned? This program is the follow-up to the Beginners Twirl Camp. Your child will learn intermediate skills involved with baton twirling each day of the camp. And once again campers will get to show off their perfected skill as they march in the West Des Moines Independence Day Parade (held on July 3rd). A t-shirt is included in the program fee. **Participants should use the baton they used in previous summers or are responsible for purchasing a new one to fit their measurements.**

DAYS	Monday – Friday	
DATES	June 26 – 30	
TIME	1pm – 2pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	6-13	
FEE	\$25	
COURSE ID	556	



The Right Start... Start Smart

Start Smart Programs will be held once a week for 5 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart programs are provided at the first class and are included in the program fee.

Please note that this program is not a competitive game setting. Skills are taught in stations each week.

A parent is required to attend and participate each week. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.

Tennis	
DAY	Mondays
DATES	COURSE ID
June 5 – July 10	581
July 17 – August 14	585
TIME	5:30pm – 6:30pm
LOCATION	Jaycee Park Tennis Courts
AGES	5 – 7
FEE	\$55
MAXIMUM	10

Soccer			
DAY	Tuesdays		
DATES	TIMES	AGES	COURSE ID
June 6 – July 11 (No Class July 4)	5:30pm – 6:30pm	3 – 4	586
	6:30pm – 7:30pm	5 – 6	587
July 25 – August 22	5:30pm – 6:30pm	3 – 4	588
	6:30pm – 7:30pm	5 – 6	589
LOCATION	Peony Park		
FEE	\$59		
MAXIMUM	20		

Baseball			
DAY	Wednesdays		
DATES	TIME	AGES	COURSE ID
June 7 – July 5	5:30pm – 6:30pm	3 – 4	590
	6:30pm – 7:30pm	5 – 6	591
July 19 – August 16	5:30pm – 6:30pm	3 – 4	592
	6:30pm – 7:30pm	5 – 6	593
LOCATION	Willow Springs Park		
FEE	\$59		
MAXIMUM	20		



WEATHER
HOTLINE:
222-3500

Information regarding cancellation of sessions will be posted after 4pm the day of the session.

SUPERKIDS ALLSPORT CAMP



A perfect introductory sports program for your little ones, SuperKids AllSport Camps will introduce multiple sports throughout the five days while focusing on physical activity. Through interactive games, drills, obstacles, and exercises, your kiddos will have fun staying active while learning the basic fundamentals of sports including basketball, tennis, track and field, volleyball, gymnastics, and more. Taught by professionals with sports and recreation degrees and multiple years of teaching youth sports and fitness, these camps will be both educational and age-appropriate. Equipment for each sport will be provided, so all you need is tennis shoes!

DATES	TIMES	AGES	COURSE ID	DAYS	Monday – Friday
June 12 – 16	1pm – 2pm	3 – 6	1153	LOCATION	Jaycee Park
August 7 – 11	9am – 10am	3 – 6	1154	FEE	\$45
	10am – 11am	5 – 8	1155	MAXIMUM	12



FLAG/TOUCH JR. RUGBY

Rugby-it's becoming a hit in our community! Meeting once a week, this program will have a short practice session to cover rules and work on the skills required to play (kick, pass, run) for up to 30 minutes. The rest of each session will consist of the super fun and exciting Flag Rugby, Rookie Rugby, and T3 Touch Rugby formats. Each age group will be skill matched by coaches to determine the best skill level for maximum fun and engagement for all participants of all abilities and ages. Although this program is designed to be 'no contact', mouth guards are recommended as there can be incidental contact that occurs.

Learn more at www.JrRugby.com.

DATES	TIME	AGES	COURSE ID	FEE
April 15 – May 13	9am – 11am	11 – 13	1538	\$75
June 17 – July 15	9am – 10:30am	5 – 7	1539	\$60
June 17 – July 15	9am – 10:30am	8 – 10	1540	\$60
DAY	Saturdays			
LOCATION	Jordan Creek Park			



LITTLE HIP HOPPERS & TUMBLING CAMP

The perfect "two-in-one" camp for your little movers! During the week, we will get moving and grooving while playing interactive games and learning fun routines and get rockin' and rollin' while learning strength and tumbling moves on the mats. Tumbling skills will include somersault, bridge, head stand, hand stand, back bend, and more. What's not to love? Come join us!

DAYS	Monday – Friday
DATES	July 24 – 28
TIME	1pm – 2pm
LOCATION	Valley Junction Activity Center
AGES	3 – 6
FEE	\$35
COURSE ID	1156
MAXIMUM	12



TUMBLE TOTS

In this always-moving class, kids explore movement and tumbling through fun exercises and activities. Basic tumbling and calisthenics are introduced using stories, activities and games that kids enjoy. Skills include somersault, bridge, head stand, hand stand, back bend, and more. Kids won't get enough of this high energy class!

DAYS	Thursdays
COURSE ID	DATES
1151	June 8 – July 6
1152	July 20 – August 17
TIME	4pm – 4:45pm
LOCATION	Valley Junction Activity Center
AGES	3 – 5
FEE	\$35
MAXIMUM	12

LITTLE HIP HOPPERS

This class is perfect for your kiddos who are always moving. Hip Hop is a great way to introduce little ones to dance while exploring movement and creativity in a welcoming environment. Kids will be introduced to basic movement and rhythm while having fun with music, games, and dance-related activities. Taught by a local professional with over 20 years of practice, this class is both educational and age-appropriate. Your child will not want to stop moving in this class!

DAYS	Wednesdays
COURSE ID	DATES
1149	June 7 – July 5
1150	July 19 – August 16
TIME	4pm – 4:45pm
LOCATION	Valley Junction Activity Center
AGES	4 – 6
FEE	\$35
MAXIMUM	15





COURAGE LEAGUE SPORTS / SPECIAL SATURDAYS IN THE PARK



Courage League Sports is an adaptive sports and recreational program for children and adults with special needs - including physical, cognitive, social and emotional challenges. Located in Urbandale and offering year-round programs including, fitness, tumbling, sports, music and movement and more! We divide by our age groups then by abilities for the best results for all involved.

Special Saturdays in the Park:

Enjoy summer mornings full of activities specifically designed for those with special needs. Courage League will be leading fun filled activities for each age group while adapted to the skill level of participants. Activities will vary each week, with ninja power, jedi training, adapted obstacle courses, sports, field games and more!



CUBS	
DAYS	Saturday
DATE	June 3 – 24
TIME	9:30am – 10:30am
AGES	2 – 6
LOCATION	Maple Grove Park
FEE	\$25
COURSE ID	1197

LIONS	
DAYS	Saturday
DATE	June 3 – 24
TIME	9:30am – 10:30am
AGES	7 – 12
LOCATION	Maple Grove Park
FEE	\$25
COURSE ID	1198

PANTHERS	
DAYS	Saturday
DATE	June 3 – 24
TIME	10:30am – 11:30am
AGES	13+
LOCATION	Maple Grove Park
FEE	\$25
COURSE ID	1199

MINIMUM	6
MAXIMUM	20

ROUNDED MINDS SOCCER & SPANISH IMMERSION

At Rounded Minds™ our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at roundedminds.com

This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.

ROUNDED MINDS SOCCER & SPANISH IMMERSION

DAYS	Mondays
COURSE ID	DATES
665	April 10 – May 15
666	June 5 – July 17
TIME	6pm – 7pm
LOCATION	Wilson Park
AGES	3 – 6
FEE	\$65
MAXIMUM	24



ROUNDED MINDS SOCCER & SPANISH IMMERSION (EARLY BIRDS)

DAYS	Mondays
COURSE ID	DATES
667	April 17 – May 8
669	June 5 – 26
TIME	5:30pm – 6pm
LOCATION	Wilson Park
AGES	2 – 3
FEE	\$40
MAXIMUM	24





PEEWEE T-BALL

Are you looking for a way to introduce softball or baseball to your 5-7 year old but don't want to enroll them in a program that is too competitive or time-consuming? Register them for our youth sports program, PeeWee T-Ball! This program is designed as a fun way for children to learn the basics of softball and baseball. Our staff will help guide each team through the fundamentals of hitting, catching, fielding, and base running. Teams are determined upon arrival each night of play.

DAYS	Thursdays	
DATES	June 8 – July 6	
AGES	TIME	COURSE ID
5 – 6	5:30pm – 6:30pm	594
6 – 7	6:30pm – 7:30pm	595
DATES	July 20 – August 17	
AGES	TIME	COURSE ID
5 – 6	5:30pm – 6:30pm	596
6 – 7	6:30pm – 7:30pm	597
LOCATION	Legion Park Ball Diamond	
MAXIMUM	20 per session	
FEE	\$55	

Basic Game Format:

- No score kept
- No strike-outs
- No walks
- No pitching (only a tee will be used)
- 4 innings = standard game
- 1 inning = all players batting through

Supplies Provided:

- Bats
- Balls
- Tee
- Bases

Supplies To Bring:

- Tennis shoes
- Glove
- Water bottle
- Program Jersey
(handed out on 1st night of play)



CYCLE INTO SUMMER

Here is a camp for the younger child who loves to ride bikes! They will explore the bike trails of West Des Moines. The trails are nice and flat, so one speed bikes are fine, but each day we will be riding 5-6 miles. Bike helmets required!

DAYS	Thursday & Friday
DATES	June 22 – 23
TIME	9am – 2pm
LOCATION	Raccoon River Park Nature Lodge
AGES	7 – 9
FEE	\$35
COURSE ID	1086
MAXIMUM	12

BIKE BASH

Does your child love to bike? If so, this may be the camp for them! They will spend two days exploring the bike trails of the metro. They will bike the trails of Greenwood Park, Waterworks, Jordan Creek Trail, Grays Lake and the Principal Park River walk. There will be lots of time for picnics, splashing in the creek, learning basic bike maintenance, and relaxing rides. Bike helmets required!

DAYS	Thursday & Friday
DATES	July 13 – 14
TIME	9am – 4pm
LOCATION	TBA
AGES	10 – 12
FEE	\$49
COURSE ID	1085
MAXIMUM	15

SUMMER CAMPS

KIDS IN THE KITCHEN

Kids in the Kitchen is an introduction to cooking for young boys and girls. Children involved in the preparation of their meals prove to be healthier eaters, so start them on the right path with this three week program! The students will be taught everything from mixing and measuring to kitchen safety. Each class the children will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

DAYS	Tuesdays and Thursdays	
DATES	July 11 – 27	
AGES	TIME	COURSE ID
5 – 6	4pm – 5pm	1113
7 – 8	5:30pm – 6:30pm	1114
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$29	
MAXIMUM	10	

NATURE EXPLORERS

Join the West Des Moines Park and Recreation Department and the Iowa Department of Natural Resources as we co-sponsor this camp held at Walnut Woods State Park. Here, your child will explore their natural surroundings to find materials for some cool crafts. They will learn about nature with games, hikes and songs. A cookout on Thursday will end this fun filled week.

DAYS	Monday – Thursday	
DATES	June 12 – 15	
TIME	9am – 12pm	
LOCATION	Walnut Woods State Park Lodge 3155 Walnut Woods Drive, WDM	
AGES	6 – 8	
FEE	\$44 (Includes camp t-shirt)	
COURSE ID	1061	
MAXIMUM	18	



CREEPY CRAWLERS CAMP

This week is for kids who love to hunt insects, pick up worms and play in the creek. Your child will have lots of fun learning as we go on frog hunts, insect safaris and look under every rock or trash can for “cool” critters!

DAYS	DATE	COURSE ID
Monday – Wednesday	June 26 – 28	1056
Wednesday – Friday	July 19 – 21	1057
TIME	9am – 12pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	6 – 8	
FEE	\$39 (Includes camp t-shirt)	
MAXIMUM	15	



MYTH BUSTER CAMP

Can eggs cook on a sidewalk on a hot summer day? Can you dissolve a metal screw with cola? Is yawning contagious? Does spitting on a worm attract fish? Join our “mythbusters” team and put these and other myths to the test.

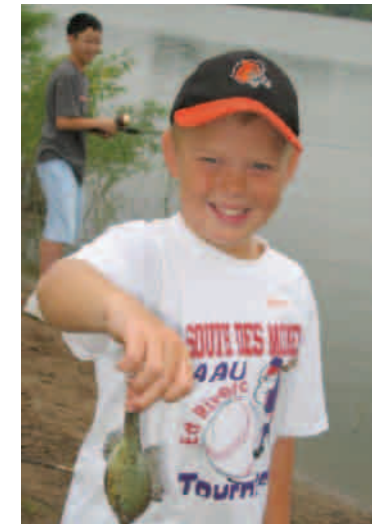


DAYS	Wednesday – Friday	
DATES	July 5 – 7	
AGES	TIME	COURSE ID
7 – 9	9am – 12pm	1071
8 – 10	1pm – 4pm	1072
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$39	
MAXIMUM	15	

CAMP FISH

This camp is for the boy or girl who really enjoys fishing and being outside. Of course they won't fish all the time. Your child will be introduced to the wonderful world of nature with a cook-out, outdoor games and geocaching.

DAYS	Thursday & Friday	
DATES	June 8 – 9	
TIME	9am – 4pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	10 – 12	
FEE	\$49 (Includes camp t-shirt)	
COURSE ID	1070	
MAXIMUM	10	



LET'S GO FISHING

You can't beat a summer day, sitting next to Blue Heron Lake and fishing. Get out of the house and enjoy the summer as you learn about fish and some of the secrets to catching them. We have the poles and bait so what's keeping you from joining the fun?

AGES	DAYS	DATES	TIME	COURSE ID
7 – 9	Wednesday – Friday	June 14 – 16	1pm – 4pm	1063
LOCATION	Raccoon River Park Nature Lodge			
FEE	\$39 (Includes camp t-shirt)			
MAXIMUM	15			

SUMMER CAMPS

SUMMER 2017

WILD FOR WATER

Be ready to have lots of fun in the sun as you explore the water worlds around you. You will go fishing, hiking and creek sloshing. You will get to try your hand at kayaking and spend a day at Valley View Aquatic Center. Water games and contests will be the rule as you learn and have fun at the same time!

DAYS	Monday – Friday	
AGES	DATES	COURSE ID
7 – 9	June 26 – 30	1064
9 – 11	July 17 – 21	1065
TIME	1pm – 4:30pm	
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$59 (Includes camp t-shirt and day pass to aquatic center)	
MAXIMUM	18	

WATER ADVENTURE CAMP

Join us for some water adventure! Your child will canoe, fish, kayak, hike and cook out on a Raccoon River sand bar (All participants must wear a life jacket during all water activities outside the pool!) It's sure to be lots of fun. Registration is limited, so sign up early!

DAYS	Monday – Thursday	
DATES	July 31 – August 3	
TIME	9am – 4pm	
LOCATION	Raccoon River Park Nature Lodge	
AGES	11 – 13	
FEE	\$94 (Includes camp t-shirt)	
COURSE ID	1062	
MAXIMUM	15	



EXPLORE

Do you have a child that can't stand to stay indoors regardless of the weather? If so, these day camps may be just what you have been looking for. Your child will have the opportunity to really explore Raccoon River. You may sign them up for one or all of the Explore days.

DAY	DATE	THEME	COURSE ID
Monday	August 7	Creek Hikin' – Nothing says "Fun!" like wading and playing in a creek. This day is for the child who wants to get muddy looking for frogs, snagging minnows and splashing in the creek!	1066
Tuesday	August 8	Archery – This day will give you a "taste" of archery! You will learn the basics of target style archery and have some outdoor fun in the process!	1067
Wednesday	August 9	River Rats! – Your child will have the time of their lives exploring river sand bars and floodplain forests of the Raccoon River. A picnic lunch complete with smores will make this day of exploration unforgettable!	1068
Thursday	August 10	Archery II – This day will give you a "taste" of archery! You will learn the basics of target style archery and have some outdoor fun in the process!	1069

TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	9 – 12
FEE	\$24 per day
MAXIMUM	12 per day



ARCHERY AND THE OUTDOORS!

During this camp your child will learn about archery equipment, safe archery techniques and how to safely shoot competition style archery. These classes will be taught by a certified NASP teacher. Your children will get a taste of the great outdoors and the opportunities it holds while at this half-day camp.



Beginner – No archery experience needed

Novice – This student has had some archery experience

DAYS	Monday – Thursday	
DATES	July 24 – 27	
TIMES	LEVEL	COURSE ID
9am – 12pm	Beginner	1079
12pm – 4pm	Novice	1083
LOCATION	Raccoon River Park Nature Lodge	
AGES	10 – 13	
FEE	\$44	
MAXIMUM	18 per session	

YOUTH ARCHERY LESSONS

Does your child want to learn more about archery? Maybe they would benefit from some group archery lessons. Each lesson time will be limited to six archers. Lessons will be taught by a NASP certified teacher



DAYS	Wednesdays	
DATES	June 14 – 28	
TIMES	LEVEL	COURSE ID
9am – 9:45am		1091
9:45am – 10:30am		1092
3:15pm – 4pm		1093
4pm – 4:45pm		1094
4:45pm – 5:30pm		1095
LOCATION	Raccoon River Archery Facility	
AGES	10 – 13	
FEE	\$21	
MAXIMUM	6 per session	



TOM KARPAN RELAYS

Don't miss this special annual track and field event for kids ages 5-14! Winners of qualifying events will be eligible to take part in the Iowa State Track and Field Meet in Marshalltown!

Races will be grouped according to age (5,6,7,8,9-10,11-12,13-14) and gender. A participant's age is as of December 31, 2017. An award ribbon will be given for each heat/event. The fastest time or longest distance recorded for each event (ages 7-14) will be eligible to attend the State Track and Field Meet in Marshalltown in June.

These participants will be notified by email May 25 of their eligibility. Register at the event.

DAY	Thursday
DATE	May 18
TIME	5:30pm – 8:30pm

EVENT	AGES
200 Meter Dash	7 – 14
Softball Throw	7 – 14
Standing Long Jump	7 – 14
50 Meter Dash	5 – 6, 7 – 10
100 Meter Dash	5 – 6, 7 – 14
400 Meter Dash	9 – 14
1600 Meter Run	13 – 14
4 x 100 Meter Relay	9 – 14

LOCATION	Valley High School Track
FEE	FREE

YOUTH TENNIS LESSONS

Lessons for youth from beginner to advanced will feature fun, skill development, footwork, games and lots of hitting.

DAYS	Monday – Thursday		
DATE	AGES	TIME	COURSE ID

FUTURE STARS

June 5 – 22	5 – 8	9am – 10am	1143
July 10 – 27	5 – 8	9am – 10am	1162

No Classes July 3 – 7

ACES *(last half hour is game time)*

June 5 – 22	9 – 12	10am – 11:30am	1184
July 10 – 27	9 – 12	10am – 11:30am	1168

No Classes July 3 – 7

HIGH SCHOOL *(last half hour is game time)*

June 5 – 22	13 – 17	11:30am – 1pm	1145
July 10 – 27	13 – 17	11:30am – 1pm	1189

No Classes July 4-7

LOCATION	Crossroads Park Tennis Courts
MAXIMUM	24 per class
FEE	\$108 per person

YOUTH GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand golf. Amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/ or Metals. Registrants will need to bring all clubs to the first class.

DATES	TIME	COURSE ID
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Session I: Monday – Thursday

June 12 – 15	8:30am – 9:30am	760
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Session II: Tuesday – Friday

June 27 – 30	8:30am – 9:30am	761
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LOCATION	West Grand Golf, 6450 Raccoon River Road (1 mile west off of west I-35)
AGES	8+
MAXIMUM	12 per class
FEE	\$52 per person

Tennis Director — Bunny Bruning

Bunny played on the WTA Professional tour for 9 years and acquired rankings of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

Lead Instructor — Daniel Pitz

Daniel has been a USPTA professional since 1987 and an Associate Tennis Teaching Pro at Wakonda Club since April 2014. Lived in Japan and taught Japanese Tennis School and private contractor from 1990 – 1998, 2000 – 2014.





CREATIVE GENIUSES — PRINTMAKING

Come experiment with and try printing with us! Printmaking is a fun way for kids to make art images. It involves using tools, materials, and ink to transfer images by painting, rolling, and manipulating inks in a variety of ways. This summer we will make cool art prints using a variety of methods including making art from the sun's solar rays. We will also dabble in silk screening, which is the process of how t-shirts are made!

DAY	Wednesdays
DATES	June 14 – July 19
TIME	6:30pm – 7:30pm
LOCATION	Valley Junction Activity Center
AGES	6 – 11
FEE	\$79 per student
COURSE ID	776
MAXIMUM	12

CREATIVE GENIUSES — ART CLUB

Art Club is an engaging, student-driven art class that connects art to worldly cultures, academic skills, and student interests. Art Club will experience a variety of mediums such as drawing, painting, and sculpture during our artistic process. We are a place where students of many ages and abilities work together, share ideas and feelings respectfully, and create beautiful art together.

DAY	Wednesdays
DATES	June 14 – July 19
TIME	10:30am – 11:30am
LOCATION	Valley Junction Activity Center
AGES	6 – 11
FEE	\$79 per student
COURSE ID	771
MAXIMUM	12

CREATIVE GENIUSES — PRE-K ART PLAY

Your child's first art class inspired by what children love to do most at this age, play. Art making at a young age strengthens age appropriate skills including: hand eye coordination, social skills, healthy self expression, and supports beginning math, literacy, & science skills.

DAY	Wednesdays
DATES	June 14 – July 19
TIME	9:45am – 10:15am
LOCATION	Valley Junction Activity Center
AGES	3 – 5
FEE	\$39 per student
COURSE ID	770
MAXIMUM	12

ROUNDED MINDS — ART & SPANISH IMMERSION

Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language and listening skills.

DAYS	Thursdays
DATES	April 6 – May 11
TIME	6pm – 7pm
LOCATION	Valley Junction Activity Center
AGES	3 – 6
FEE	\$65
COURSE ID	674
MAXIMUM	12

ROUNDED MINDS — MUSIC & SPANISH IMMERSION

Children laugh, dance and sing while developing skills and acquiring the love of music. Our music program is designed to enhance children's development of music skills through song, dance, movement games and instruments. Music instructors expose children to an array of styles, and help children explore rhythm, melody, tonality and beat while nurturing key physical, social and intellectual skills. Students learn lots of new songs and even create their own music.

DAYS	Thursdays
DATES	May 18 – June 22
TIME	6pm – 7pm
LOCATION	Valley Junction Activity Center
AGES	3 – 6
FEE	\$65
COURSE ID	675
MAXIMUM	12

ROUNDED MINDS — ART IN THE PARK & SPANISH IMMERSION

Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language and listening skills.

DAYS	Thursdays
DATES	July 1 – 22
TIME	10am – 11am
LOCATION	Quail Cove Park Shelter
AGES	3 – 6
FEE	\$55
COURSE ID	677
MAXIMUM	12

2017 WDM SUMMER CAMP BY MAD SCIENCE OF IOWA

Forensics & Physiology

Kids and Parents, it is time to gear up for an exciting energy-filled summer camp! Mad Science of Iowa presents its Forensics & Physiology camp for your fun and pleasure. General topic areas we will cover are: Crime labs, scenes & investigations; The skeletal system & organs; and, Slime just for fun ... all done tastefully & age-appropriately. Plenty of hands-on activities and topic-related Make-&-Takes.

- Slimey Stuff — M&T: Slime Mucous
- Sleuths on the Scene — M&T: Scene Solver
- The Human Senses — M&T: Eyes
- Whodunit? — M&T: Whodunit Kit

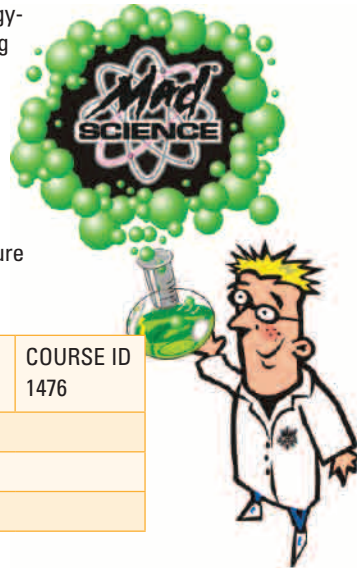
DATE	DAYS	TIME	AGES	COURSE ID
July 31 – Aug 1	Mon – Tues	9am – 12pm	6 – 7	1034
July 31 – Aug 1	Mon – Tues	1pm – 4pm	8 – 10	1035
August 2 – 3	Wed – Thur	9am – 12pm	6 – 7	1036
August 2 – 3	Wed – Thur	1pm – 4pm	8 – 10	1037
August 16 – 17	Wed – Thur	1:30pm – 4:30pm	7 – 9	1475
LOCATION	Valley Junction Activity Center			
FEE	\$79 per session			
MAXIMUM	18			

Big Jump Start

Kids and Parents, it is time to gear up for an exciting energy-filled summer camp. Mad Science of Iowa presents its Big Jump Start camp for your fun and pleasure. General topic areas we will cover are listed below. Plenty of hands-on activities and topic-related Make-&-Takes! Sign-up now to join in on the fun!

- Potions & Colors — M&T: Colored Water Absorbent
- Space Frontiers — M&T: Air Blaster Foam Rocket
- Water Works — M&T: Giant Test Tube w/ Sparkle Mixture
- Weather Wonders — M&T: Wind Maker

DATE	DAYS	TIME	AGES	COURSE ID
August 16 – 17	Mon – Tues	10am – 11:30am	4 – 5	1476
LOCATION	Valley Junction Activity Center			
FEE	\$59			
MAXIMUM	12			



Youth Tech Inc. in cooperation with Des Moines Area Community College West Campus's Celebrate! Innovation program is an **interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com**

AGES: *We recommend 10 to 17 on most classes. Commonly we accept students who may be younger. Ultimately, we leave the final decision to the parents as to what you think your student is capable of doing. Our courses are open to any student with a passion for learning.*

LOCATION	DMACC West Campus 5959 Grand Ave • WDM RM210E
MINIMUM	5

WEB DESIGN

This course is an in-depth look at the world of web design and development. Students enrolled in this session will learn how to build their own web site from start to finish using Adobe's award winning suite of products. The learning for this camp does not end at the door students will have access to their web site with free hosting for one year.

DATES	June 19 – 22
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$155
COURSE ID	1278
MAXIMUM	15

VIDEO GAME DESIGN

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

DATES	June 12 – 15
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$175
COURSE ID	1279
MAXIMUM	15

DATES	June 26 – 27*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$175
COURSE ID	1280
MAXIMUM	5

DATES	July 17 – 20*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$175
COURSE ID	1281
MAXIMUM	15

*Please send a sack lunch with your child.

ROBOTICS

This course offers hands-on opportunities to build and program robots. Working in small teams, students will design robotics systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.

DATES	June 12 – 15
TIME	9am – 12pm
AGES	10 – 17
FEE	\$160
COURSE ID	1282
MAXIMUM	18

DATES	July 17 – 20
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	1283
MAXIMUM	18

3D GAME DESIGN

VIDEO GAME DESIGN IS A PREREQUISITE FOR THIS COURSE! This class offers an interactive look at the world of 3D Game Design. This awesome 3D video game design course offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course.

DATES	June 28 – 29*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	1284
MAXIMUM	5

*Please send a sack lunch with your child.

THE GAMING ACADEMY

The gaming academy is an all day course for students who love games. During this course students will be immersed into the world of 2D and 3D game design. The gaming academy is a combination of our Video Game Design, Advanced Game Design and 3D Game Design courses. The course offers students a variety of hands on experience designing and building their very own games.

DATES	June 26 – 29*
TIME	9am – 4pm
AGES	10 – 17
FEE	\$305
COURSE ID	1285
MAXIMUM	10

*Please send a sack lunch with your child.

IGAME CREATOR

Want to create video games? This is an introductory course for younger students who want learn to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.

DATE	June 19 – 22
TIME	10am – 12pm
AGES	6 – 10
FEE	\$120
COURSE ID	1286
MAXIMUM	15

DATE	July 31 – Aug 3
TIME	1pm – 3pm
AGES	6 – 10
FEE	\$120
COURSE ID	1287
MAXIMUM	15

MOVIE MAKERS

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations. Students enrolled in this course amaze their peers with green screen and special effects work.

DATE	July 24 – 27
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$150
COURSE ID	1288
MAXIMUM	15

ANIMATION

In this class students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. This class will utilize award winning animation software to develop fun, interactive animations that they can share with the world.

DATE	July 10 – 13
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	1289
MAXIMUM	15



ICODE

This course offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem solving and programming logic.

DATE	July 10 – 13
TIME	10am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	1291
MAXIMUM	15

DATE	July 31 – Aug 3
TIME	10am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	1294
MAXIMUM	15

YOUNG ENGINEERS

Technology and innovation collide to create this course. This interactive class looks to unlock the imagination of young engineers. Ever thought of creating a piano out of bananas or a video game controller out of a piece of paper? Why not? This course will utilize an invention kit for the 21st century and guide students through the process of building several fun, interactive creations.

DATE	July 24 – 27
TIME	10am – 12pm
AGES	6 – 12
FEE	\$110
COURSE ID	1296
MAXIMUM	15



PLANET 7

Do you want your child to have a chance to see what Jr. High has in store for them? The Planet 7 program will offer an opportunity for 6th graders entering 7th grade to:

- build self-esteem
- learn how to deal with peer pressure
- meet new friends
- learn time management and study skills
- familiarize themselves with a new school

DATES	COURSE ID STILWELL	COURSE ID INDIAN HILLS
July 17 – 21	558	565
July 24 – 28	559	566
July 31 – August 4	560	567
August 7 – 11	562	568

TIME	DAY
9am – 4pm	Monday – Thursday
6:45am – 8:30pm	Friday
LOCATION	Indian Hills or Stilwell Junior High
AGES	Incoming 7th Graders
FEE	\$160
MAXIMUM	49 per session

Other fun aspects of the program include trips to:

- Val Lanes
- Valley View Aquatic Center
- The Adventure Learning Center at Living History Farms
- Friday’s trip to World’s of Fun in Kansas City, MO.

All incoming 7th graders for the fall of 2017 in the West Des Moines Public School District are eligible to register in the program. **Registration begins March 7, 2017 at 8am.**

LEE COLE’S MAGICAMP



Magicamp is for anyone who likes to have fun. You’ll spend two days learning from professional magician **Lee Cole** on how to entertain and amaze your friends, family and classmates. You’ll learn tricks that can be done anywhere, at any time, and for the rest of your life. All magic materials are provided.

DATES	TIME	COURSE ID
June 13 & 16	9am – 11:45am	650
July 11 & 13	9am – 11:45am	653
August 8 & 10	9am – 11:45am	655
LOCATION	Raccoon River Park Nature Lodge	
AGES	7 – 15	
FEE	\$45	
MAXIMUM	22	

PADDLEBOARD BASICS

Here is your chance to try your luck on a stand up paddle board! They are quite popular and have been given accolades of providing an all body workout! This class will give you a brief introduction and knowledge to make your first paddle board outing a positive one. This class will fill fast so sign up early.

Paddle boards provided.

DAYS	Thursday
DATE	July 13
TIME	5:30pm – 7pm
LOCATION	Raccoon River Park Boat Ramp
AGES	18+
FEE	\$10
COURSE ID	1116
MAXIMUM	7



BALLROOM DANCING LEVEL I & II: ABSOLUTE BEGINNER & BEYOND

This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, Rumba, Tango and Cha Cha. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area. You will need a partner for this class as we do not change partners during class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class. Any questions, please contact Jim and Suzi Benjamin at DanceInfo@DesMoinesDance.org

DAY	Sundays
TIME	12:30pm – 1:30pm

DATES	COURSE ID	FEE per couple
May 7 – June 18	782	\$55
July 9 – August 27	783	\$70
LOCATION	Valley Junction Activity Center	



DAY	Thursdays
TIME	6:45pm – 7:45pm

DATES	COURSE ID	FEE per couple
May 4 – June 15	784	\$60
July 13 – August 31	785	\$70
LOCATION	Valley Junction Activity Center	

BALLROOM DANCING LEVEL II AND LEVEL III: BEYOND BEGINNER

This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and techniques will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level.

PLEASE NOTE! This is a couple's only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class. Any questions, please contact Jim and Suzi Benjamin at DanceInfo@DesMoinesDance.org

DAY	Mondays
TIME	6:45pm – 7:45pm

DATES	COURSE ID	FEE per couple
May 1 – June 12	786	\$55
July 10 – August 28	787	\$70
LOCATION	Valley Junction Activity Center	

BALLROOM DANCING LEVEL III AND LEVEL IIII: INTERMEDIATE

This ballroom class is for anyone who has completed Level 1 and Level 2 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level 1/2 classes. They will then add figures and technique to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Dances not included in Level 1/2 class curriculum will be taught at a beginning level as we introduce new dances to the students.

PLEASE NOTE! This is a couple's only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class.

DAY	Sundays
TIME	1:30pm – 2:30pm

DATES	COURSE ID	FEE per couple
May 7 – June 18	788	\$55
July 9 – August 27	789	\$70
LOCATION	Valley Junction Activity Center	

ADULT SPORTS



COED BADMINTON OPEN GYM

Drop in for recreational pick-up badminton matches.

DAYS	Sundays
DATES	February 26 – August 27
TIME	2:30pm – 5pm
LOCATION	Valley Southwoods – 625 S. 35th St.
FEE	<ul style="list-style-type: none"> • \$2 WDM school district residents • \$3 non-residents due on site

ADULT TENNIS LESSONS

Cardio Tennis

Cardio Tennis is a workout prior to evening lessons. This is a fast paced, pounding workout for all tennis and fitness levels. Go at your own pace! Cardio tennis registrants are not required to participate in the adult evening lessons.

DAYS	Tuesdays and Thursdays
DATES	COURSE ID
June 6 – 22	1190
July 11 – 27	1191
TIME	5:30pm – 6pm
LOCATION	Crossroads Park Tennis Courts
MAXIMUM	24 per class
FEE	\$27

Lessons

Lessons for adults new to tennis as well as advanced will be focused on improving student stroke, technique, skills, footwork, strategy and match play. Courts and students will be organized by ability and experience to maximize student improvement and enjoyment.

DAYS	Tuesdays and Thursdays
DATES	COURSE ID
June 6 – 22	1193
July 11 – 27	1194
TIME	6pm – 7pm
LOCATION	Crossroads Park Tennis Courts
MAXIMUM	24 per class
FEE	\$54

Tennis Director — Bunny Bruning

Bunny played on the WTA Professional tour for 9 years and acquired rankings of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

Lead Instructor — Daniel Pitz

Daniel has been a USPTA professional since 1987 and an Associate Tennis Teaching Pro at Wakonda Club since April 2014. Lived in Japan and taught Japanese Tennis School and private contractor from 1990 – 1998, 2000 – 2014.



HORSESHOE PITCHING LEAGUE

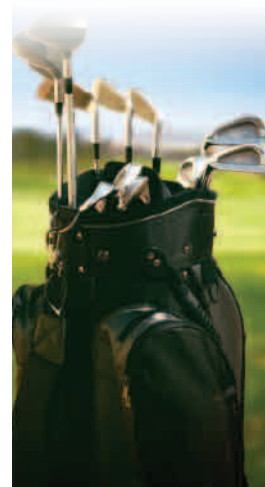
Summer Season

This coed league is designed for all levels of ability (players will be handicapped). Prizes and traveling trophy awarded. Free pitching instruction available through the week.

DAYS	Wednesdays
DATES	May 3– August 2
TIME	6:30pm – 8:30pm
AGES	12+
LOCATION	Holiday Park Horseshoe Courts
FEE	One \$3 league fee due 2nd night of play
TO REGISTER	Call LeRoy Law at 681-1937 or just show up

ADULT GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand golf and amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.



DAYS	Monday — Thursday	
TIME	6:30pm – 7:30pm	
SESSION	DATES	COURSE ID
Session I	May 22 – 25	766
Session II	June 12 – 15	768
Session III	June 19 – 22	769
LOCATION	West Grand Golf – 6450 Raccoon River Dr. (1 mile west off of I-35)	
MAXIMUM	15 participants	
INSTRUCTOR	Sarah Ward	
FEE	\$52	

ADULT SOFTBALL

Summer Season



MEN'S COMMERCIAL SOFTBALL LEAGUES

Competitive 12" slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader round robin schedule.

LEAGUE	DAY	START DATE	COURSE ID	AGES
Men's DBHD B	Tuesday	June 27	15875	Adults (18 & older and out of high school)
Men's DBHD C	Tuesday	June 27	15877	
Men's 50+	Sunday	June 25	15887	50 yrs & older (Must turn 50 by 12/31/17)
FEE	\$390 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees			

MEN'S RECREATIONAL "50 PLUS" DRAFT SOFTBALL LEAGUE

Recreational 12-inch slow pitch softball league for men over 50 years old. Teams play a 9-game schedule. All games are staffed with an umpire and an official score keeper.

LEAGUE	DAY	START DATE	COURSE ID	AGES
Men's 50+ Draft	Wednesday	July 19	15875	50 yrs & older (Must turn 50 by 12/31/17)
FEE	\$25 individual entry fee (WDM Adult SB Player Fee, Non-resident fee and tax included)			

COED COMMERCIAL SOFTBALL LEAGUE

Competitive 12-inch slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader schedule.

LEAGUE	DAY	START DATE	COURSE ID
Coed	Thursday	June 29	15888
Coed	Sunday	June 25	15889
AGES	Adults (18 & older and out of high school)		
FEE	\$390 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.		

GENERAL SOFTBALL LEAGUE INFO

CONTACT	Please call 222-3444 to have application mailed, emailed or faxed to you.
DEADLINE TO APPLY	Wednesday, May 24 by 4pm
GAME TIMES	Generally 6:15pm – 9:15pm
LOCATION	Raccoon River Park Softball Complex

MEN'S AND COED RECREATION SOFTBALL LEAGUES

Recreational 12" slow pitch men's softball leagues. Teams play a 14-game round robin doubleheader schedule. Carpet used to call balls and strikes, umpire your own games. All games staffed with an official score keeper.

LEAGUE	DAY	START DATE	COURSE ID
Men's DbHd Rec.	Monday	June 26	15878
Men's DbHd Rec.	Wednesday	June 28	15879
Coed DbHd Rec.	Wednesday	June 28	15892
Men's DbHd Rec.	Thursday	June 29	15880
AGES	Adults (18 & older and out of high school)		
FEE	\$250 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.		



COED RECREATION SOFTBALL LEAGUES

Recreational 12" slow pitch coed softball leagues. Teams play a 6-game schedule. Carpet used to call balls and strikes, umpire your own game. All games staffed with an official score keeper.

LEAGUE	DAY	START DATE	COURSE ID	AGES
B	Sunday	June 25	15883	Adults (18 & older and out of high school)
C	Sunday	June 25	15884	
D	Sunday	June 25	15885	
E	Sunday	June 25	15886	
C/D	Wednesday	June 28	15881	
C/D	Thursday	June 29	15882	
FEE	\$185 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.			



*ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

- 1.) **Returning Teams.** Defined as having at least 51% of last season's roster.
 - a.) Teams who participated in the league the previous season.
 - b.) Teams who participated in the league the previous year.
 - c.) Teams may be placed in another division at Department's option to equalize competition.

2.) **New Teams.** Teams that did not participate in the league the previous season or year.

3.) **Late Teams.** Any team that does not meet the established deadlines will be accepted at the Department's discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the City of West Des Moines School District in all cases except softball, where City boundaries apply.



SCOREBOARD ADVERTISING OPPORTUNITY

Please contact Bruce at **222-3454** for details.



ADULT MEN'S FLAG FOOTBALL LEAGUES

SUMMER LEAGUES Men's Flag Football Teams now have another season to play the game they love. Applications will be available in late April. Please call 222-3444 to receive an application by mail, email or fax. Seven-man teams will play a seven game schedule. Applications for **FALL LEAGUES** held at Valley Stadium will be available at the WDM Parks & Recreation Office in August.

DAYS	Wednesdays
START DATE	June 7
GAME TIME	6:15pm – 9:15pm
LEAGUE	COURSE ID
Mens B	15871
Mens C	15872
AGES	18 & older and out of high school
LOCATION	Valley Stadium: 4440 Mills Civic Pkwy
DEADLINE TO APPLY	Wednesday, May 18
FEE	\$460 entry fee, \$27.60 tax, \$6 non-resident fee

INDIVIDUAL SOFTBALL, VOLLEYBALL, KICKBALL OR FLAG FOOTBALL PLAYERS

Love softball, volleyball, kickball or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can call Bruce at 222-3454 or e-mail bruce.mankle@wdm.iowa.gov and be placed on an individuals list. We will list your name, phone number and which league you would prefer to play in. This list will then be distributed to all team managers in our leagues and on our website. We can't guarantee you will be placed on a team, but past response has been positive.



ADULT COED KICKBALL LEAGUE SPRING SEASON

Coed Kickball league play this spring at Raccoon River Park Softball Complex. Leagues offered on Mondays and start the week of April 24. Call Parks & Recreation office at 222-3453 for registration information.



ADULT OUTDOOR BASKETBALL

This new and exciting program will be offered Spring, Summer and Fall seasons at the newly constructed lighted Valley View basketball courts. Games will be staffed with a score keeper and two officials. Teams will play a 7 game schedule. Please contact the Parks and Recreation Office at 222-3453 for more information.

DAYS	Wednesdays
GAME TIME	6:15pm – 9:15pm
START DATE	May 10
LEAGUE	COURSE ID
A/B	15893
C/D	15894
AGES	18 years and graduated from high school
LOCATION	West end of Valley View Park off of 88th Street between Mills Civic Parkway & EP True Parkway
DEADLINE TO APPLY	Wednesday, April 26
FEES	\$295 Team Entry Fee + \$17.70 tax. Non Resident Player Fee: \$6 per player

MEN'S "60 PLUS" DROP-IN SOFTBALL

Players who are 58 and older can now drop in, split up into teams and play softball. No pre-registration necessary! Just show up!

DAYS	Tuesdays and Thursdays
DATES	April 11 – October 19
TIME	10am – 12pm
AGES	Must turn 58 by 12/31/17
LOCATION	Raccoon River Park Softball Complex
FEES	\$2 residents, \$3 non-residents

Day Trips

Discover Iowa Falls

Travel with us today as we discover a few of the highlights that Iowa Falls has to offer! We'll be greeted by our step on guide with morning coffee and treats as we tour throughout several interesting "City Highlights." Our stops will include the Historic St. Matthew's Episcopal Church, featuring a short organ recital, and a relaxing lunch aboard the Scenic City Empress excursion boat on the Iowa River. We will tour two additional stops that our step on guide will choose, before an afternoon snack. Come see what Iowa's "Most Scenic City" is all about!

DAY	Wednesday
DATE	June 21
TIME	7:30am – 5:30pm
LOCATION	Iowa Falls
FEE	\$63
REGISTER BY	June 7
COURSE ID	1118
MAXIMUM	52

German Hausbarn, Whiskey and Wine

Venture with us to Manning, Templeton and Carroll today. We will visit an authentic German Hausbarn, built in 1660 in Schleswig-Holstein, Germany. This barn was reconstructed in 1999 and has a thatched-roof. The town of Templeton has a rich history with the whiskey that bears its name. The people, the places and the community hold the true spirit of "The Good Stuff" brand. We will tour the Templeton Rye Distillery before traveling to Carroll where one of our stops will include the Santa Maria Winery. Enjoy this fascinating day out! Your day will include: all admissions and fees, a delicious lunch, samples and free time for shopping!

DAY	Tuesday
DATE	July 18
TIME	7am – 6pm
LOCATION	Manning, Templeton and Carroll
FEE	\$59
REGISTER BY	July 3
COURSE ID	1122
MAXIMUM	52

"Guys on Ice" at the Amana Theatre

A charming slice of Midwest life with Lloyd and Marvin, two buddies who spend the day in their ice fishing shanty sharing stories and laughs! As a musical, you can expect hilarious songs like "The Wishing Hole," "Ode to a Snowmobile Suit," "Fish is the Miracle Food" and "The One That Got Away." Guys on Ice has been performed all across the country to sell-out crowds. Rated PG. Lunch is included at the famous Ox Yoke Inn, where food is served "family style." There will also be free time for shopping...making it a wonderful day in the Amana Colonies!



DAY	Thursday
DATE	August 10
TIME	8am – 7pm
LOCATION	Amana
FEE	\$72
REGISTER BY	July 27
COURSE ID	1123
MAXIMUM	52

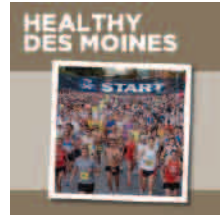


DAY TRIP INFORMATION

***PLEASE NOTE: These trips are run in conjunction with Clive Parks & Recreation. Space is limited to the first 52 people that register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. All trips depart from the Southeast corner of the Valley West Mall parking lot.**



Catch Des Moines active. Outdoor exploration. Biking trails and water slides. Experience edge-of-your-seat sports action. The thrill of crossing the finish line. The excitement of cheering in the stands. The connection with nature. Choose your journey. Watch. Do. Engage with health and wellness. It's all here in Greater Des Moines!



catchdesmoinesactive.com



St. Louis Cardinals vs. Chicago Cubs Double Header

Join us as we travel to "The Gateway to the West" to take in the rivalry between the Cubs and Cards! This three day, two night package includes: stadium seating on Monday night; premium, all-inclusive seats on Tuesday in a box suite on Redbird Row! These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket! (Please note: These seats include indoor/outdoor seating in Suite #213, in right field.) This travel package also includes a two night hotel stay; breakfast each morning at the hotel; and roundtrip transportation. Whichever team you cheer for....GO CUBS! or GO CARDS!, this trip will satisfy all baseball fans.

DAYS	Monday – Wednesday
DATE	September 25 – 27
LOCATION	St. Louis, MO
FEE	\$419 / person double \$389 / person triple \$369 / person quad \$519 / person single
REGISTER BY	September 1
DEPARTURE LOCATION	WDM City Hall
COURSE ID	1117

A \$100 non-refundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.



Aquatic Centers • Open June 3

AQUATIC CENTER SEASON PASSES

Aquatic Center Season Passes are on sale NOW at the following locations:

- **Parks & Recreation Office**
at **WDM City Hall 4200 Mills Civic Pkwy**
Monday – Friday, 8am – 5pm
- **Valley Junction Activity Center**
217 5th Street
Monday – Friday, 12pm – 5pm

Season Pass	WDM Resident	Non-Resident
Single	\$80	\$120
Two people	\$110	\$160
Each additional person	\$35	\$45
Granny/Nanny add-on (no additional discounts)	\$50	\$50
Purchase before March 31 and SAVE 10%		

Daily Admission	Price
Under 3 years old	FREE
3 – 12 years old	\$5
13 years and up	\$8
Seniors (55+)	\$6

WEATHER POLICY

If the Aquatic Center closes because of weather (electrical storm or cool temperatures) between 12:30pm – 5pm the pool will not reopen until 5:30pm. If the pool does not open at 5:30pm the pool will not reopen.

Special Admissions	Days & Details
Family Nights	Wednesday & Sunday - \$12/family (all season at Valley View after 6:30pm, at Holiday after 6:30pm only when swim lessons are not in session)
Half Price Evenings	Monday, Tuesday, Thursday & Friday (all season at Valley View after 6:30pm, at Holiday after 5:00pm only when swim lessons are not in session)

SEASON PASS DETAILS:

- Valid at 3 locations! (Holiday and Valley View Aquatic Centers in WDM and the Clive Aquatic Center)
- May include any/all household members 3 years and up.
- All pass holders must have a photo on file. Returning pass holders with a current photo on file do not need their photo retaken. New pass holders can have their photo taken at the time of purchase, during any regular office hours or at the pool this summer.

OPEN SWIM

Holiday Park Aquatic Center

1701 Railroad Avenue
Hours:
Monday — Friday: 11:30am – 7pm (Closes at 5:30pm during evening swim lessons)
Saturdays 11:30am – 6pm
Sundays 12pm – 5:45pm

Valley View Aquatic Center

255 81st Street
Hours:
Sunday – Friday: 12pm – 5:30pm and 6:30 – 8:30pm
Saturday: 12pm – 6pm



Aquatic Programs

CURRENT WALKING

Join us at the Valley View Aquatic Center's lazy river for a walk against the river's current. Walkers will enjoy a unique resistance, challenging them to get a greater benefit from their stroll.

DAYS	Sunday – Friday
TIME	5:45pm – 6:30pm
AGES	18+
LOCATION	Valley View Aquatic Center
FEE	\$4 per visit (please pay at the aquatic center)

ADULT LAP SWIM

Enjoy a great cardio workout by swimming laps. Valley View Aquatic Center features 25 yard lanes for swimmers to use.

DAYS	Sunday – Friday
TIME	5:45pm – 6:30pm
LOCATION	Valley View Aquatic Center
FEE	\$4 per visit (please pay at the aquatic center)

PARENT & ME SWIM LESSONS

This self-guided program provides an opportunity for parents and their young children to explore the water together. Participants will have a special area of the pool to work together and learn basic water exploration skills. Parents will be given handouts that will provide directions for activities to do with their child.

DAYS	Monday, Wednesday, and Friday
DATES	COURSE ID
June 12 – 23	743
June 26 – July 14	744
July 17 – 28	745
TIME	5:45pm – 6:15pm
AGES	1 – 3 and Adult
LOCATION	Valley View Aquatic Center
FEE	\$30 per session

DOGGIE DIP

Check the Aquatic Centers in late July. For details, call 273-0700.

AQUATIC CENTER RENTALS

Looking for a unique outing for your business, church, or youth group? Why not schedule a private rental at one of the West Des Moines Aquatic Centers? Aquatic Center rentals at either Valley View or Holiday are available **6:30pm to 8:30pm on Saturdays, June 6 – August 1**. Rental fees include all costs. Concessions are available at an extra cost.

Holiday Aquatic Center

- \$715 - Whole Facility

Valley View Aquatic Center

- \$660 - Lazy River - Slides
- \$330 - Leisure Pool - Kids Pool
- \$248 - Lap Pool - Diving Boards - Drop Slide
- \$1,045 - Whole Facility

For more information and reservations please call 222-3440.



AQUATIC CENTER BIRTHDAY PARTIES

Have your next birthday party in the sun and fun at Valley View or Holiday Aquatic Center! Party packages include: reserved space for 2 hours for your group, admission to the aquatic center for your group, one FREE admission for an accompanying adult, and your choice of a food combo from the concessions for everyone in your party. Your group will also get to use the water slides during a special assigned pool break so there are NO lines to wait in!!

\$115 for the first 10 participants plus 1 adult (\$15 per additional participant with a maximum of 15 participants.)



PRIVATE SWIM LESSONS

Each child learns and excels differently. Your child will learn to swim or further their skills through private lessons with one-on-one instruction. Instructors will use the Learn-to-Swim progressions but at an individualized pace.

Call 222-3440 for more information and to register

DAYS	Monday – Friday
DATES	June 12 – 16 June 19 – 23 June 26 – 30
TIMES	9am – 9:30am 9:35am – 10:05am 10:10am – 10:40am
LOCATION	Holiday Aquatic Center
FEE	\$115 per session

ADULT SWIM LESSONS

Learn to swim or improve your skills in this class for adults.

DAYS	Monday – Friday
DATES	June 12 – 23
TIMES	6:15pm – 6:45pm
AGES	18+
LOCATION	Holiday Aquatic Center
FEE	\$50 per session
COURSE ID	746

American Red Cross Skill Progress Levels: 

WATER PUPS: 3 & 4 year olds

Water Exploration: Putting face under water, bubble blowing, kicking, supported kick on front and back.

ADV. WATER PUPS: 3 & 4 year olds

Children will kick and glide on front and back and learn basic swimming skills.

Level 1-5 lessons have a minimum age requirement of 5 years old

LEVEL 1 – INTRODUCTION TO WATER SKILLS

Helps participants feel comfortable in the water.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose • Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous leg actions on front and back
- Alternating and simultaneous arm actions on front and back
- Combined arm and leg actions on front and back

LEVEL 2 – FUNDAMENTAL AQUATIC SKILLS

Gives participants success with fundamental skills.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action

LEVEL 3 – STROKE DEVELOPMENT

Builds on the skills in Level 2 through additional guided practice in deeper water.

- Enter water by jumping from the side
- Head first entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety • Rotary breathing
- Survival float • Back float
- Change from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke

Holiday Aquatic Center
1701 Railroad Avenue

Valley View Aquatic Center
255 S. 81st Street

TO BETTER PLACE YOUR CHILD *in the American Red Cross Learn to Swim Program, please review these lists of skills taught in each progress level. These partial lists are skills taught in the course and required for completion of the level.*

LEVEL 4 STROKE IMPROVEMENT

Develops confidence in the skills learned and improves other aquatic skills.

- Head first entries from the side in compact and stride positions
- Swim under water
- Feet first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back

LEVEL 5 STROKE REFINEMENT

Provides further coordination and refinement of strokes.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling

Remember: Please refrain from registering your child for multiple sessions assuming they will advance to the next swim level for the following session. Changes to registrations once processed are charged a \$5 processing fee, and if the class you need is full, your child will not be able to join that class.

All classes are 30 minutes in length

MORNING SWIM LESSONS: VALLEY VIEW AQUATIC CENTER

DAYS	Week I: Tues – Fri, Week II: Mon – Fri
DATES	Session 1: June 13 – 23 *Session 2: June 27 – July 14 Session 3: July 18 – 28
LOCATION	Valley View Aquatic Center
FEES	Water Pups, Adv. Pups: \$47 Levels 1 – 5: \$45

*No classes July 3 – 7

Water Pups	8:30	9:10	9:50	10:30
Session 1	643	709	712	715
Session 2	707	710	713	716
Session 3	708	711	714	717
Adv Pups	8:30	9:10	9:50	10:30
Session 1	719	722	725	728
Session 2	720	723	726	729
Session 3	721	724	727	730
Level 1	8:30	9:10	9:50	10:30
Session 1	644	647	651	656
Session 2	645	648	652	657
Session 3	646	649	654	658
Level 2	8:30	9:10	9:50	10:30
Session 1	659	662	668	672
Session 2	660	663	670	673
Session 3	661	664	671	676
Level 3	8:30	9:10	9:50	10:30
Session 1	678	681	684	687
Session 2	679	682	685	688
Session 3	680	683	686	689
Level 4	8:30	9:10	9:50	10:30
Session 1	731	734	737	740
Session 2	732	735	738	741
Session 3	733	736	739	742
Level 5	8:30	9:10	9:50	10:30
Session 1	690	693	N/A	696
Session 2	691	NA	695	N/A
Session 3	692	694	N/A	N/A

EVENING SWIM LESSONS: HOLIDAY AQUATIC CENTER

DAYS	Monday – Friday
DATES	Session 1: June 12 – 23 *Session 2: June 26 – July 14 Session 3: July 17 – 28
LOCATION	Holiday Park Aquatic Center
FEES	Water Pups, Adv. Pups: \$52 Levels 1 – 5: \$50

*No classes July 3 – 7

Water Pups	6:15	6:50	7:25	8:00
Session 1	518	523	N/A	N/A
Session 2	521	524	N/A	N/A
Session 3	522	526	N/A	N/A
Adv Pups	6:15	6:50	7:25	8:00
Session 1	531	535	N/A	N/A
Session 2	533	537	N/A	N/A
Session 3	534	542	N/A	N/A
Level 1	6:15	6:50	7:25	8:00
Session 1	N/A	545	546	548
Session 2	N/A	549	550	551
Session 3	N/A	552	554	557
Level 2	6:15	6:50	7:25	8:00
Session 1	N/A	561	563	564
Session 2	N/A	576	579	580
Session 3	N/A	582	583	584
Level 3	6:15	6:50	7:25	8:00
Session 1	N/A	600	599	601
Session 2	N/A	602	603	606
Session 3	N/A	607	608	609
Level 4	6:15	6:50	7:25	8:00
Session 1	N/A	610	N/A	611
Session 2	N/A	612	619	618
Session 3	N/A	N/A	622	623
Level 5	6:15	6:50	7:25	8:00
Session 1	N/A	N/A	628	627
Session 2	N/A	N/A	N/A	626
Session 3	N/A	629	N/A	630

4 WAYS TO REGISTER



Scan & Register with your mobile device.

- **Online:**
www.wdm.iowa.gov/ParkRecReg
- **Mail-In:**
P.O. Box 65320, WDM, IA 50265
- **Call-In:**
222-3444
- **Fax-In:**
222-3459



POLICIES

REFUND POLICY

Refunds will be gladly given for any reason as long as your request for a refund is submitted before the registration deadline date. Any time after that date, refunds will only be issued with a written medical excuse. *This policy does not apply to travel programs & adult sports leagues.*

CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration change made after participants are enrolled in a program.

RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications will be available at **WDM Human Services, 139 6th Street.**

ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks & Recreation Department, at least 48 hours in advance. Please call **222-3444** to have accommodations provided.

WDM Parks & Recreation registration form

Account Primary Contact

First Name _____	Last Name _____
Birthdate _____	Phone _____
Mailing Street Address _____	Email _____
City, State, Zip _____	Card number _____ / / exp. date
<i>\$5 / change fee for program changes made after your registration has been processed.</i>	CVC _____ Visa, Mastercard, or Discover (Circle one)

WDM Parks & Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks & Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant First Name	Participant Last Name	Birthdate	Activity	Course ID	Fee

Please make checks payable to the City of West Des Moines

MAIL to: WDM Parks & Recreation • P.O. Box 65320 • West Des Moines, IA 50265

DROP OFF this form with your payment at the Parks & Recreation Administration Office
4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with your mobile device to see our website

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DES MOINES MARATHON

JOIN US AT THE **FINISH LINE**

OCTOBER 14-15, 2017

Marathon | Half Marathon
Marathon Relay | 5 Mile
5K | Kids Run

