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by being a sponsor in the WDM Magazine.



AN INNOVATIVE LINK TO NEWS AND ACTIVITIES FOR THE CITY OF WEST DES MOINES



8

WDM
Public Art

25

National
Public Works
Week
Celebration

p1

Parks &
Recreation
Programs



★
IllumiFest
a Fall Festival of light

Sept. 23

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INNOVATION
DES MOINES AREA COMMUNITY COLLEGE WEST CAMPUS

DMACC
DES MOINES AREA
COMMUNITY COLLEGE
Life's Calling

Des Moines Area Community College (DMACC) shall not engage in nor allow discrimination covered by law against any person, group or organization. This includes in its programs, activities, employment practices, hiring practices or the provision of services. The full DMACC Nondiscrimination policy is available online at <https://nd.dmacc.edu>

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WELCOME to the WDM Magazine... The City of West Des Moines' premier communication sent to over 31,000 homes and businesses throughout the City.

The WDM Magazine is published 3 times per year to highlight city news and information as well as community events and programming available through WDM Parks and Recreation, the WDM Library, and WDM Human Services.



HRGreen

Serving our communities for more than a century.

- ▶ 5525 Merle Hay Road Suite 200 Johnston, IA 50131
- ▶ Phone 515.278.2913 Fax 515.278.1846
- ▶ HRGREEN.COM

**TRANSPORTATION + WATER
GOVERNMENTAL SERVICES
LAND DEVELOPMENT
ENERGY + CONSTRUCTION**



THE MAYOR'S COLUMN

In just a few weeks, the eyes of the international sports world will be on West Des Moines as our city hosts the 2017 Solheim Cup, a professional women's golf competition between Team USA and Team Europe.

This exciting event will take place August 18-20 at Des Moines Golf and Country Club, 1600 Jordan Creek Parkway. The PING Junior Solheim Cup will be held at the same venue August 14-16, which means visitors from all over the world will be spending the week enjoying the festivities and all that the entire metro area has to offer.

The Solheim Cup is unique because it features the best female golfers from the United States and Europe competing in team match-play that awards a point each time a golfer beats an opponent on a hole. This scoring system makes the action fun and easy-to-follow for most any fan, regardless of their experience with the sport.

For golf fans, this is no ordinary golf tournament. They dress in patriotic colors and costumes and arrive at the course early in the morning to make their presence known and support their team. When players aren't stepping up to the tee to take their shot, they interact with the crowd and join in on the songs and chants in support of Team USA or Team Europe.

Solheim officials estimate the tournament's economic impact to the metro area will reach an impressive \$30 million with the week's activities drawing 120,000 to 150,000 people from at least 13 countries. Approximately 1,700 volunteers also will be on site to staff tents and make sure spectators have a great time throughout the event. For those who can't make the trip to Iowa, the Golf Channel and NBC will broadcast the tournament and coverage will be picked up overseas.



To accommodate a huge increase in traffic, teams of public safety officials from the metro and the Iowa Department of Transportation have been busy identifying parking areas and routes to and from Des Moines Golf and Country Club. Our top priority is to provide a warm welcome for visitors and ensure everyone makes it to their destination safely, including commuters and residents who travel our streets every day.

Residents should expect heavy traffic during the early morning hours of the tournament, especially on Friday, Aug. 18. To prevent vehicles from backing up on major streets, we'll be closing Jordan Creek Parkway from University Avenue to Lake Drive from Monday, Aug. 14, to Sunday, Aug. 20. Signs will be posted and officers will be on duty to direct traffic to multiple routes that will change as conditions warrant.

Our goal is to limit the inconvenience of traffic delays as much as possible during this week-long event. Commuters and residents who will be traveling in the area should plan their route in advance and be prepared for potential delays. For more information, visit our website at www.wdm.iowa.gov.

As your Mayor, I'm extremely proud that West Des Moines was selected as the destination for this world-class event. The 2017 Solheim Cup is an extraordinary opportunity to showcase our community on the international stage and make a lasting impression on the wonderful golfers, spectators and media who will spend a week enjoying our community and our hospitality.

After years of planning, I know we're ready to host a spectacular event for the entire world to see. Here's to welcoming the 2017 Solheim Cup to West Des Moines!

Mayor Steven K. Gaer

WDM Fire Department Pancake Breakfast/Open House

Fundraiser for the WDM Fire Department



Please help support your home town heroes and the WDM Fire Department by attending the annual Pancake Breakfast/Open House.

Saturday, October 14

7:00 am — 11:00 am

Station 17 — 1401 Railroad Ave.

The cost is:

- \$5 for adults
- \$3 for kids • Free – under 3 years old



SPONSORSHIP INDEX



To become a sponsor, please contact the City Manager's Office at 222-3610.



WEST DES MOINES CITY HALL

4200 Mills Civic Parkway | West Des Moines, Iowa 50265 | (515) 222-3600





Meet Tamara Public Art Champion

By Tom Hadden, City Manager



Art is an essential part of our everyday lives and a great opportunity to reflect our community values of creativity and diversity. Kicking off the first of several articles featuring the people who make a difference in our community is Tamara Kenworthy, chair of the Public Arts Advisory Commission.

The Public Arts Advisory Commission is tasked with developing a permanent art collection, curating temporary exhibitions and promoting public arts education and civic engagement programs throughout our city.

Meet Tamara Kenworthy, one of our city's most ardent art champions.

Q: Why do you serve on the Public Arts Advisory Commission?

Tamara: I'm passionate about all the arts – visual and performance. I started dancing as a young girl and grew to love the arts and I love our community. Serving on the commission is a perfect marriage of both my interests and my passion.

Q: Why are the arts important to a community?

Tamara: The arts are a critical component to defining quality of life. Public art reflects the fabric of a community. Public art can educate, create beauty, and expand our understanding of ourselves. It engages residents of all ages whether on a bike trail or by the city library.

Q: What's your favorite piece of public art in WDM?

Tamara: 'Art on the Trail' – The first installation developed by our Commission to be included in our permanent art collection. It is a series of five stainless steel sculptures featuring different animals installed along the bike trail. They are whimsical, invite resident engagement and stimulate education for our children.

Q: Is this your first volunteering experience?

Tamara: Oh no. I grew up in Boone, Iowa and watched my mother volunteer. I started volunteering as a young professional and have loved every minute of it over the past 30 years. This is the first time I've served on a city commission board and I was so excited because it aligned well with my passion and my values of giving back to the community.

Q: How much time do you spend on the Public Arts Advisory Commission?

Tamara: I imagined it was going to involve time and commitment and I wasn't wrong. (She laughs) But, that's OK, because having a passion for what we do is very important. There are seven commissioners and we meet once a month though we also serve on several committees. We have a lot of projects in the works.

Q: What experience or specific skills do you need to be a commissioner or a volunteer with the Public Arts Advisory Commission?

Tamara: There are no specific educational or other requirements to be a commissioner or a volunteer with the Public Arts Advisory Commission and I encourage anyone interested in the arts to serve on a committee or apply to become a commissioner. This year, a high school student is serving on one of our art selection committees and she's doing a great job!

Q: What is your day job?

Tamara: I am the President and founder of On Point Strategies, a strategic planning, research, and marketing firm located in West Des Moines.

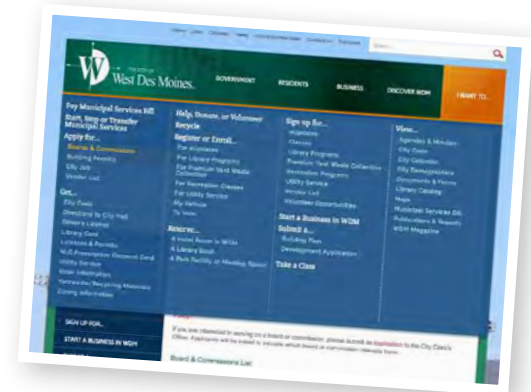
Q: What's on your bucket list?

Tamara: Paris, London, Beijing, Sydney... the list goes on!

Q: What is your guilty pleasure?

Tamara: I like to slip on my tap dancing shoes and take a tap class.

To volunteer for a city board or commission, visit the website at www.wdm.iowa.gov and select the Apply for Boards and Commission tab under "I want to..." in the main horizontal menu.



Quick and Easy Way to Contact Your WDM City Government! – YourGOV



West Des Moines
Report non-emergency issues

At your fingertips 24/7, citizens can report non-emergency issues and service requests using:

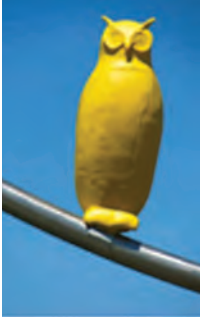
- **The web** - Visit <http://yourgov.wdm-ia.com> to start using the YourGOV web-based request portal.
- **Apple iPhone™** - download the free YourGOV iPhone app by visiting the iTunes App Store.
- **Android™ enabled smartphones** - download the free YourGOV app at Google Market or the Amazon App Store.

WDM PUBLIC ARTS

Public Arts Advisory Commission

Front: Rita Luther, Brenda Sedlacek (Secretary)

Back: Tamara Kenworthy (Chair), Diane Boyd, Jed Gammell, TJ Lechtenberg, Ryan Crane (Vice-Chair)



Art on the Trail "Surrounds"

Artists Gail Simpson and Aristotle Georgiades of Actual Size Artwork in Stoughton, Wisconsin were commissioned by the Public Arts Advisory Commission (PAAC) to create a permanent work of art that was installed in five locations along Jordan Creek Trail. The community played a part in these special sculptures by selecting and naming the brightly colored animals through a public voting process. The art work was dedicated on June 3, 2017.

Water Quality Community Service Public Art Project

The PAAC is using this public art initiative to raise awareness of watersheds and everyday actions our residents and businesses can take to improve water quality. The project will include a permanent work of art to be installed at Raccoon River Park, a temporary piece, and a community event focused on water quality and watersheds. A selection committee made up of WDM residents and Commission members will be selecting an artist to create the permanent piece with installation planned for summer of 2018.



At the heart of the WDM Public Arts Program is a wish for an authentic, rich and diverse arts culture that is seen and understood as uniquely arising from the community. That wish is coming true in a number of ways!

Art on the Campus Exhibit

This popular temporary exhibit celebrated its 5 year anniversary in 2017. Over those years, 61 works of art by 25 different artists from 15 Iowa communities have been exhibited. This annual exhibit was made possible with grant funding from the WDM Community Enrichment Foundation and is now funded through the City's Public Art Fund.



How is public art funded?

Funding for public art in West Des Moines comes from hotel-motel tax revenue dedicated by the City Council for that purpose. No property tax dollars are used to purchase works of art.



Fairmeadows Park

has been undergoing major changes this past year, but the end is near!

In fall 2016, construction took place to replace a large storm sewer pipe that bisected the park. Due to the size and location of the pipe, the project impacted a large portion of the park including removal of the outdated playground. This provided an opportunity to replace the playground and complete other park improvements.

Expected to re-open by the end of August, park visitors will discover a new playground for all ages. The playground for 2-5 year olds will include play equipment designed exclusively for little explorers and features lower decks, climbers and slides. The playground for older children is highlighted by a 10 foot high tower where more experienced climbers can journey to the top and view the entire park from the periscope before sliding down one of the two mega-slides. Other play components will include swings, rope climbers, and free-standing spring riders.

We believe children of all abilities should be able to learn and play together. Special effort was made to incorporate inclusive design elements in the playground. Special features include a rubberized surface at key entry/exit points, a swing seat for children with special needs, and sound and sensory play panels.

Other park improvements that will be completed include:

- Slope improvements to the hillside along 22nd Street and the park parking lot
- Water quality improvements including native grass areas
- New tree planting

We appreciate your patience as we work towards completing construction! To learn more about all the recent improvements including images of the proposed playground area, please visit our interactive Fairmeadows Park story map at www.wdm.iowa.gov/Fairmeadows.



Improved Hillside



Restored Creek



Woodland Hills Park

Water Quality Efforts

A new neighborhood park has arrived on the western edge of West Des Moines! Located adjacent to Woodland Hills Elementary School, the 7.8 acre park is located in a rapidly growing area of the community. The park is part of a larger greenway network that includes Sugar Creek. Several features were recently completed including playgrounds, open-air shelter, restrooms, large open play field, trails and a parking lot. In addition, City staff set some early goals to incorporate best management practices to enhance water quality while educating the public on their benefits. The water quality practices were partially funded by a \$94,500 grant from the Iowa Department of Agriculture & Land Stewardship Water Quality Initiative program.



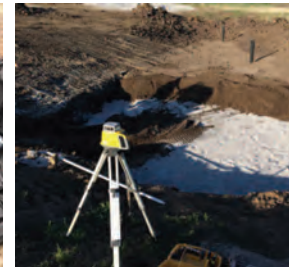
Permeable Pavement

A portion of the new parking lot is made up of concrete pavers installed over a large basin made of clean rock. The basin stores rain water during rainfall events and passes along the water at a slower rate. Other benefits of permeable pavement include increased infiltration and cleaner water.



Soil Quality Restoration (SQR) & Native Seeding

Soil in a 4 acre area of the park was restored by aerating the site with a deep-tine aerator to a depth of approximately 4 inches and then applying 3/4 inch of compost. About 2 acres was seeded in turf grass and will serve as an open play space. The remaining 2 acres of the restored area was seeded in native grasses and flowering forbs. The main benefit of soil quality restoration is improved infiltration of rain water which will decrease runoff. The addition of the organic matter that's in the compost will benefit the establishment of the new turf and native plantings, increase turf quality, and may reduce fertilizer and pesticide applications.



Bioretention Cells

These basins, configured into a water 'treatment train', not only store stormwater during rainfall events, but also increase infiltration of rainwater and improve the quality of water outletting into Sugar Creek. There are benefits from the native plantings in each biocell, including increased aesthetics, improved wildlife habitat, less frequent mowing, lower fertilizer and herbicide use, and educational opportunities for the general public and students at Woodland Hills Elementary School.



For more information on the Woodland Hills Park Water Quality Efforts, call West Des Moines Parks & Recreation at 222-3444 or visit the Parks and Recreation Department's Environmental Efforts page at www.wdm.iowa.gov.



SCHOOL CROSSING SAFETY

It is time to begin thinking about school crossing safety as West Des Moines students return to school in August. Currently, there are 38 school crossings that serve 15 schools within the City of West Des Moines.

Cooperation among parents, students, motorists, schools, and public safety and engineering departments is crucial to the safety of children as they walk to and from school. It is important that each group is aware of their responsibility for maintaining safe routes to schools for children.



- Determine your child's safest route to school.
- Walk your children along this route several times prior to the start of fall classes and emphasize proper procedures for crossing the streets.
- When dropping off your children, unload on the school side of the street or where your child can cross the street at a designated crosswalk.



- Use established school routes.
- Participate in bike, pedestrian, and bus safety programs provided by your school.
- Practice safe and proper pedestrian behavior at all times.



- Familiarize yourself with all local school areas and locations used by school children.
- Obey all school crossing controls and be particularly alert near any school area.
- Watch your speed in school zones.
- Respond immediately to any pedestrian accident, regardless of severity, by providing first aid if necessary and calling emergency services.



- Instruct the children on pedestrian safety, bicycle safety, and bus safety.
- Develop a school route plan with transportation engineers.
- Periodically review routes with special attention given to conditions such as unsafe sidewalks, trees or bushes that obscure vision, and the need for speed limit enforcement.



- Demonstrate and instruct students on the safe way to cross streets.
- Provide training and supervision of crossing guards.
- Respond to emergency situations.
- Investigate and make recommendations on requests received from the school administrators and the engineering division.
- Assist in the development of a school route plan.
- Investigate and make recommendations on requests for school traffic control measures.
- Respond to inquiries regarding school traffic controls and develop a maintenance program for all traffic controls.

If you have requests for school crossing controls, visit our website at www.wdm.iowa.gov and navigate to Forms on the Public Services page to download a School Crossing Control Request form.

COMMUNITY COMPLIANCE CORNER

Our City and residents work together to keep West Des Moines an attractive and safe place to live and work. Our Community Compliance Specialists respond to issues reported and are proactive in their work to help neighborhoods be compliant with City Code.

Many times residents simply aren't aware that they may be violating code. Receiving a letter or notice posted by a Community Compliance Specialist at their property not only lets them know of a violation and how to resolve the issue, but provides the opportunity for a conversation with that specialist to answer any questions. The City always favors education over citations and abatements. Here are some common Code issues you may not be aware of:

▲ Code 4-4-2.A

Any collection of dead brush or trees must be removed and properly disposed of.



▲ Code 4-4-2.B

No items are to be placed on the right of way with the exception of solid waste carts and other appropriately tagged items after 5 p.m. the evening before scheduled pick-up date.

▲ Code 9-10-1.A5d

Satellite dishes are not allowed in the front or side yard without a permit.



▲ Code 4-4-2

Vehicles and trailers within the city need to be licensed, operable and parked on a hard surface or placed in a garage.

▲ Code 4-5-4.D.2

Solid waste carts shall not be placed upon any sidewalk, crosswalk, roadway or alley right of way.

As summer comes to a close, we'll soon be looking forward to another
BEAUTIFUL IOWA WINTER!



Planning ahead is a great way to help ensure you'll be ready for winter weather:

Parking

When winter weather arrives, the City puts a Snow Emergency Parking Ban in place to allow Public Services crews to efficiently and effectively clear the roadways. If you normally park your vehicle on a City street, you have plenty of time **NOW** to put a plan in place for where you will park if there is a Snow Emergency Parking Ban. **Where will you park this winter when it snows?**

Sidewalks - Mailbox - When will my street be plowed?

Details on winter issues will be included in the next edition of the West Des Moines Magazine.

Enjoy the colorful fall **NOW** . . . and the beautiful winter **LATER** . . . by planning for any parking issues **NOW!**



Residents dropping off scrap appliances and anything metal.



SCRAP APPLIANCE AND METAL DROP-OFF

Saturday, September 9, 2017 • 8 a.m. to 12:00 (noon)

The City of West Des Moines is offering residents additional opportunities to recycle unwanted items!

Residents may bring scrap appliances and metal to the West Des Moines Public Services facility located at 560 S. 16th Street on Saturday, September 9th, from 8:00 a.m. to 12:00 (noon).

These Items will be accepted **FREE** along with general scrap metal

- | | | | |
|------------------------------|------------------------|----------------------|---------------------------|
| Air Conditioners (all sizes) | Dryers | Mowers - Riding | Stereo systems |
| Batteries, Lead Acid | DVD Players | Mowers - Walk Behind | Stoves |
| Blenders/Mixers | Exercise Equipment | Phones | Vacuums |
| Toasters | Fans | Pots, Pans, | VCRs |
| Calculators | Fax Machines | Electric Skilletts | Video Game Systems |
| Cameras, Camcorders | Freezers (no food) | Printers | Washers |
| Cell Phones | Furnaces | Refrigeration Units | Water Coolers |
| Chillers | Garage Doors & Openers | Rooftop AC Units | Water Heaters |
| Computer Towers, Servers | General Scrap Metal | Saws | Water Softeners (no salt) |
| Condenser Units | Humidifiers | Speakers | |
| Copiers | Ice Makers | | |
| Dehumidifiers | Metal - Most anything | | |
| Dishwashers | Metal Shelving | | |
| | Microwaves | | |

- | | |
|--------------------------|----------|
| Anything with food in it | Paint |
| Chemicals | Plastics |
| Garbage | Wood |
| Light Bulbs | |

These Items will **NOT** be accepted

- \$15 – TVs or Monitors
- \$30 – Console TVs or Big Screens

Televisions and Computer Monitors will be accepted **FOR A FEE**

(cash or check only)

H & W Recycling is partnering with the City of West Des Moines in this collection event and will provide personnel to assist with unloading. If you have any questions, please call the Public Services Department at 222-3480 or H & W Recycling at 641-227-3200.

Note:

Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6 a.m. on their normal collection day with the appropriate sticker(s). For more information, visit the City website at www.wdm.iowa.gov or Metro Waste Authority at www.mwatoday.com for recycling opportunities.

NO PAPER SHREDDING

Paper shredding will not be provided due to the variety of privately sponsored paper shredding events in our area throughout the year. Additional options to dispose of confidential documents are available at www.mwatoday.com (search for paper shredding).

HELP PROTECT OUR STORM SEWER SYSTEM



Putting leaves, grass or other debris in the street will clog the storm sewer and increase the likelihood of flooding. That's why it's against City Code – it's all about protecting you, our residents!

Please:

- Bag or mulch your yard waste and help keep our storm sewers clean and unobstructed.
- Limit lawn chemicals, pick up pet waste and help keep our water sources clean!

Clean Water Begins With Me!



MAKE RECYCLING EASY AGAIN. GO BACK TO THE BASICS!

Knowing what to recycle in your curbside cart should be easy. But the sheer quantity of modern day products and packaging materials can make it confusing. Make recycling easy again! Let's go Back to the Basics!

Recycle basic materials like cardboard, paper, aluminum cans and plastics with twist off lids. Items to keep out of your cart are those composed of multiple materials, like electronics and toys, as well

as modern day packaging, such as pouches and to-go containers. Metal objects like pots and pans, car parts or aluminum siding are also not recyclable in your cart.

Recycling only accepted materials keeps our curbside recycling program successful and sustainable. Let's get Back to the Basics!

View a full list of accepted materials at www.WhereItShouldGo.com.

ACCEPTED	NOT ACCEPTED
Paper	Plastic Bags
Cardboard & Boxes	Clothes
Shredded Paper (enclosed in paper bag)	Electronics
Food & Beverage Cartons (no caps)	Metal Objects
Glass Jars & Bottles	Glass Dishes
Aluminum & tin Cans	Aluminum Pans & Foil
Plastic Containers With Twist-Off Lids	Plastic Storage Containers Without Twist-Off Lids
Yogurt & Margarine Tubs (no lids)	Styrofoam
	Garbage & Yard Waste

COMPOST THIS, NOT THAT

What to put in your yard waste bags or cart

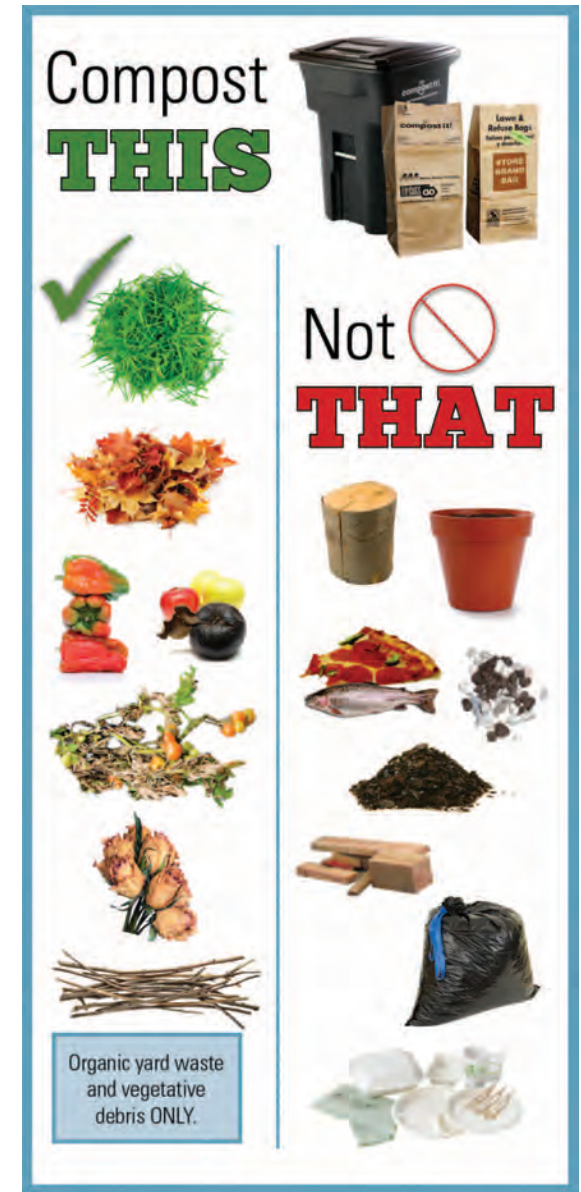
Are you putting the right materials in your yard waste bags or cart? And does it really matter anyway?

What you put in affects what comes out.

Did you know that the material you put in your yard waste bags or cart eventually becomes compost that is applied as a natural soil amendment to lawns and gardens? Composting is a natural process that breaks down organic materials over time, turning them into a soil-like material containing nutrients that help plants grow. MWA processes the yard waste that comes in through the Compost It! program and sells it to retailers and residents. In order to produce high quality compost, only organic material is accepted in your Compost It! bags or cart. Man-made products of any kind (even if they say compostable), break down differently and are NOT accepted.

- **The rule on food waste.** The Compost It! program does not accept food scraps. Garden debris is accepted however. A good rule to remember – if it didn't make it from the garden to the table, then it CAN go in your yard waste bag or cart.
- **Processing and Safety.** Large or solid items like stumps, rocks and wood are NOT accepted. These materials damage compost facility machinery and can harm workers, so it's important to keep these items OUT of your yard waste bags or cart.

Find out where to purchase compost at www.WhereItShouldGo.com or call 515-244-0021.





From pool chemicals to pesticides, summer is a prime time for use of hazardous materials. But what do you do with products you no longer want at the end of the season? Don't dump it, drop it off! Metro Waste Authority has you covered with safe, smart disposal options.

Products with labels that say "toxic," "flammable," "corrosive" or "keep out of reach of children" are considered hazardous and should not be thrown away with the rest of your garbage. Metro Waste Authority facilities dispose of these items in safe ways that protect residents and the environment. To find out if a specific item is hazardous, visit www.WherItShouldGo.com/HHW or call **515-967-5512**.

Disposal Locations

Two Metro locations are available for residents to choose the most convenient disposal option. Most items are accepted free of charge at each location!

Metro Hazardous Waste Drop Off

1105 Prairie Drive SW
Bondurant, IA 50035
Open Tuesday-Friday, 1p.m.- 5p.m.
and the 1st and 3rd Saturday of the month
from 8 a.m.-12 p.m.

Northwest Household Hazardous Waste Drop-Off

(Metro Northwest Transfer Station)
4105 SE Beisser Dr.
Grimes, IA 50111
Open 2nd Saturday of the month
March - December from 8 a.m.-12 p.m.



... Or Leave it Outside Your Door

The City of West Des Moines and Metro Waste Authority offer house-side collection for the convenient disposal of household hazardous items such as lead and oil-based paints (no latex), chemicals (insecticides, poisons and solvents), lawn care products, compact fluorescent light bulbs (CFLs), sharps and cleaners. Sign up on an as-needed basis at West Des Moines Public Services, 560 S. 16th St. For a \$25 fee per collection, residents receive two 12-gallon bins to fill with accepted hazardous products. Once you fill your bins, call Metro Waste Authority to schedule collection at your front door. For more information, call 515.244.0021 or visit www.WherItShouldGo.com.

MAKE YOUR UPCOMING EVENT A LITTLE GREENER

Are you planning an event?

Metro Waste Authority offers recycling stands for community events (large and small) free of charge. Up to 90 stands are available and can be reserved by completing a reservation form at www.WherItShouldGo.com/EventRecycling. A deposit is required upon reservation and is refunded when the stands are returned clean and in reusable condition.

Once you reserve the recycling stands, check out our tips and tricks, also available at www.WherItShouldGo.com/EventRecycling, to make your recycling plan a success.



Sometimes, our recycling stands aren't the right fit for an event. If this is the case, you can contact a local hauling company. Typically, they can provide recycling receptacles along with the transportation to a recycling sorting facility.

For more information, call Metro Waste Authority at **515-244-0021** or go to www.WherItShouldGo.com.



YOUR WATER TOWER:

The Landmark That Boosts Water Pressure and Cell Phone Signal



Small engine aircraft pilots love water towers. They're big and tall, easily visible from the air, and they usually have the name of the town painted in big block letters.

While clearly considered major landmarks, these enormous structures manage to fade into the background noise of a city—incidentally important, yet easily ignored. Most people can guess what's stored inside them, but not necessarily understand why and how they work.

"As I was guiding a tour of one of our towers, a gentleman standing inside the base said, 'where's all the water?'" remembers Diana Wilson, general manager of West Des Moines Water Works. "He thought the whole structure would be filled with water and it would come rushing out when we opened the [ground-level] door. That's a common misconception."

The water is stored high in the tower's tank. But Wilson is quick to point out that storage isn't the only purpose a water tower serves.

"Even more important is what a tower does for water pressure," Wilson notes.

During peak hours, water demand increases as much as five times. The peak hours during winter months are usually in the morning when people are waking up and getting ready for work. Most of the appliances used in the morning don't just require water, but a specific degree

of pressure. Think of how different the morning shower would be if the water just dribbled out of the shower head. During summer, the overnight hours become a second peak demand time as sprinkler systems turn on and guzzle large volumes of water.

"Water towers are a scientifically elegant solution to the challenge of supplying water and water pressure," Wilson adds.

In generating pressure, gravity does most of the work. Every water tower has three main components: the tower, the tank, and the pump. The pump takes water from the ground and lifts it into the tank. West Des Moines Water Works pumps water into its towers throughout the day, and when the extra volume is needed, the weight of the water forces itself back down the tower and into people's homes.

West Des Moines' water towers average 150 feet in height making them approximately 13 stories tall. Water towers have to be tall, because every foot of height only generates 0.43 pounds per square inch (or PSI) of pressure. At 150 feet tall, the average water tower can produce pressures of more than 64 PSI. The tanks are massive, usually holding 1 to 3 million gallons of water. In West Des Moines, the water towers range in size from 500,000 gallons (on 17th Street and Iowanola Avenue) to 2.5 million gallons (98th Street near University Avenue). The latter is the equivalent of four Olympic-size swimming pools. The pumps have to be quite powerful



West Des Moines Water Works

Delivering reliably safe and refreshing water.

He might look like a deep-sea diver, but in reality, he is suiting up to clean a water tower.

to force all that water straight up 150 feet in the air, but it's more efficient to have one pump doing the heavy lifting than it is to employ multiple pumps to operate during peak hours.

Water towers take different shapes depending on location and vintage, including mushroom-shaped, spherical, and cylindrical. Some communities and venues show a little creativity in the decoration of their towers. For instance, in Granger, Iowa, there are two towers side by side, one labeled HOT and the other labeled COLD. Walt Disney Studios in Burbank, California, features a water tower with giant Mickey Mouse ears—dubbed the Earful Tower.

Here are some other fun facts about water towers:

- Water towers add to your mobile phone connectivity. Glance at the top of your nearest tower, and you will see what looks like old-time television antennas sticking up from the roof. Chances are your cell phone provider is represented.
- Water towers are the reason you still have running water when the power goes out. The towers don't rely on electricity, so they can continue to supply water to your home even when the power is down.
- The oldest water tower in the world is in Louisville, Kentucky. It was built in 1856 as a symbol of clean drinking water after two severe cholera epidemics.

- The Chicago Water Tower arguably takes the prize for the most famous, and, in fact, it was one of a precious few structures to remain standing after the Great Chicago Fire of 1871. Its castle-like façade is fancier than any water tower in West Des Moines, but it functions on the exact same principles.
- The oldest working water tower in Iowa is in Scranton built in 1897. According to Scranton's web site, its water tower is also the 9th oldest in America.
- Finally, what is a fun fact without some fun: Comedian Jeff Foxworthy makes a joke about water towers. "If you've ever had to climb the water tower to defend your sister's honor, you might be a redneck!" (By the way, the water towers in West Des Moines are designed to discourage both climbing and graffiti for safety and liability reasons.)



West Des Moines Historical Society

Jordan House Tours

One Hour Guided Tours

- Open to the Public
- September 3, 2017 – May 27, 2018
- Friday and Sunday
- 11am and 1pm
- \$3 Students • \$5 Adults
- Groups of 6 or more must call for reservations

Summer Hours (June 3 – September 3)

- Friday, Saturday and Sunday
- 11am and 1pm

Private Tours

- \$40 Minimum
- Reservations Required

School Tours

- \$3 Students • \$5 Adults
- Reservations Required



WEST DES MOINES
HISTORICAL SOCIETY
Preserving the past for the future.

West Des Moines Historical Society

2001 Fuller Road • 515-225-1286

Find us on Facebook • www.wdmhs.org

“Great house with an amazing amount of history! A must visit!!”
“Nice little historical piece of West Des Moines.”

Chili for Change

Join the West Des Moines Historical Society at the Bennett School House (2001 Fuller Rd.) on October 6 from 5:30-7pm for the first ever “Chili for Change” event. Arrive before the Valley vs. Indianola football game and try the different varieties of chili. There will be a chili served ranging from Chili con Carne to White Chicken Chili and everything in between. Once you have chowed down your chili, you may cast your vote for your favorite recipe by placing your loose change in the corresponding jar. The chili with the most change at the end of the night wins the title for the year!

The cost is only \$5 for a bowl of chili of your choice, corn muffin, dessert item, and a glass of home-pressed apple cider; \$1 for an extra cup of chili.

WE NEED YOUR SUPPORT!

The West Des Moines Historical Society is a privately funded nonprofit institution that relies on the generosity of its friends and supporters. Help us preserve the legacy of West Des Moines’ history through membership.

“The Jordan House is a lot more than what you'd expect. It's a full blown museum. The Society does a great job at preserving precious Iowa History.”

“Preserving the past for the future.”



National Public Works Week Celebration

MAY 25, 2017

In West Des Moines our department is now known as “Public Services,” but we’re still in the large national family of “Public Works.” The name was changed to Public Services following the move of Parks Maintenance, Forestry & Horticulture, and Community Compliance (formerly known as Code Enforcement) to the Public Works Department. The addition of these services resulted in a celebration in Valley Junction that was expanded and better than ever!

A beautiful day and a perfectly sized crowd of families joined in the celebration of Public Services professionals in Valley Junction on May 25th.

Public Services staff answered questions and assisted children of all ages in exploring a variety of equipment. PAWS, the Public Works mascot, was in attendance along with his friend, Tinkerbell.

Games, face painting, balloon artistry, and a variety of activities and handouts were successful in encouraging families to participate and to learn about Public Services.

Deputy Public Services Director Joe Cory says this event is fun for families. “Our staff has a great time showing the public what we do and answering questions. This year the most common questions were about Spring Cleanup and the Emerald Ash Borer.”



A FEW NOTES FROM OUR *Urban Forestry Supervisor, John Olds*



Fall Tree Care Checklist

Because it's May when I write this, and I have really taken to a growing season a full one month longer than Decorah's (our previous home), I have to swallow hard to discuss winter tree needs as autumn approaches. Trees are typically well cared for during the hot summer months, but as they approach dormancy, pre-winter attention is equally critical. So this fall, prepare your trees for the winter months ahead and encourage healthy growth next spring. Before it gets too chilly, head outside to help your trees stay healthy and happy with these 5 tips.

1.) Fall fertilization:

With a hot summer and cold winter, trees are bound to lose vital nutrients in the soil. To help make sure your trees gain nutrients lost this summer and continue to feed over the winter, apply a slow-release fertilizer to replace nutrients and improve resistance to damage from disease, insects and stressful weather.

2.) Hearty hydration:

Fall is the season to give your trees a hearty gulp of water before the winter months strike. To make sure they are well-hydrated throughout the freezing winter, quench your trees' roots. This is especially important for conifers since the live green needles can photosynthesize on warm, sunny winter days. Subsurface watering is an efficient way to reach the tree's roots. Using an injection probe, water is distributed throughout the top



12 inches of soil — the area of your trees that need water the most. The subsurface watering method is ideal for trees and shrubs without irrigation systems, newly planted trees and trees that need temporary relief from drought stress.

3.) Timely planting:

Fall is actually an opportune time to plant new trees. Since temperatures are much cooler and there is much less chance of stress from sun scorch, drought or extremely high temperatures, newly planted trees get the chance to build root mass

and prepare for winter dormancy this season. Please remember that any tree intended to be established in the city's parking strip or ROW must be permitted by the City through our Tree Planting Permit. The permit can be accessed on the City's website.

4.) Equip for the cold:

You know winter will arrive after fall, so start preparing now for the snow, frost and cold temperatures. Any sort of extreme weather condition may pose a higher risk of stress for your trees, so cable, brace and prune them before the snow and ice hit. If your tree has weakened or broken branches, it may not be strong enough to withstand the added weight of a heavy snowfall or ice storm. Pruning in fall can be easier because most trees have little to no leaves, exposing the structure underneath. ISU's Forestry Extension website offers great tree pruning reference materials.

5.) Deer Protection:

As previously referenced, we lived on an acreage north of Decorah prior to accepting the Urban Forestry Supervisor's position in 2014 so deer were an everyday occurrence (along with 7 vehicle encounters). But I honestly believe deer densities are higher in certain neighborhoods within WDM than they were on my "wooly" 70 acres in NE Iowa! All the tree care in your arsenal is useless if steps aren't taken to install "Fort Knox" like protection to vulnerable trees! We place 3 metal stakes around each tree and wrap 2X4" woven wire (either 4 or 5" tall) around the stakes. A fenced area with a diameter of 3 to 4 feet is preferred. These structures should be in place by the first of October as whitetail bucks are now beginning to take out their frustrations on defenseless saplings.

HORTICULTURE

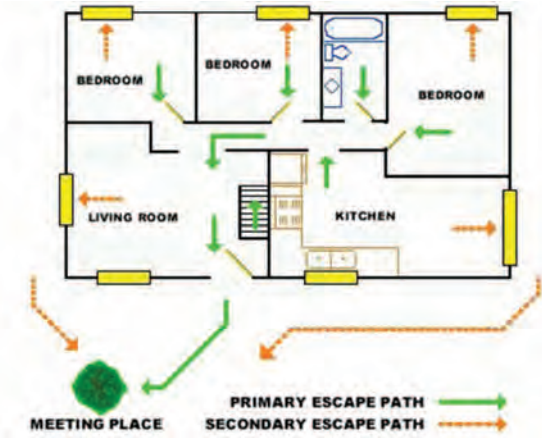
What's in the Planter?



On your next visit to Valley Junction, stop and smell the Petunia 'Appleblossom' Rose or the SunPatiens Compact Series 'Blush Pink' or the dozens of other spectacular flowers found in the 50 or so planters within the VJ District. WDM Public Services staff Horticulturist, Dee Ann Fredericks, has once again created stunning displays for all to enjoy. But if you wouldn't know a Hakonechloa Macra 'Aureola' from a Colocasia



Esculenta 'Elena,' you're in luck! 2017 marks the third year Dee Ann has utilized QR Code technology, which allows passing admirers the capability to quickly identify any flower of interest. At least nine of the VJ planters contain a small QR Code sign. After you download the app onto your phone (I use NeoReader), you can scan the bar code off the sign to receive information related to all of the plants in that particular planter. Better hurry, though, as the curtain on the "show" closes hours after the first frost!



- With all members of your household, draw a map of your home marking two exits from each room and a path to the outside from each exit.
- Practice your home fire drill twice a year. Conduct one at night and one during the day with everyone in your home, and practice using different ways out.
- Have one meeting place out front where everyone knows to go.
- Teach children how to escape on their own in case you can't help them.
- Make sure your house number is clearly marked and easy for the fire department to find.
- Close doors behind you as you leave. This will help slow the spread of smoke, heat and fire.
- Once you get outside, stay outside. Never go back inside a burning building.

Every Second Counts: Plan 2 Ways Out

In a fire, seconds matter. Seconds can mean the difference between citizens of our community escaping safely from a fire or having their lives end in tragedy. This year's Fire Prevention Week theme is "Every Second Counts: Plan 2 Ways Out!" This theme is very important because it reinforces why everyone needs to have an escape plan. Here are a few guidelines to follow when creating your escape plan:



What is Fire Prevention Week?

President Calvin Coolidge proclaimed the first National Fire Prevention Week on October 4-10, 1925. It is observed on the Sunday through Saturday in which October 9th falls. This is in commemoration of the Great Chicago Fire, which began October 8, 1871, and did most of its damage October 9th.

This horrific fire killed more than 250 people, left 100,000 homeless, destroyed

more than 17,400 structures and burned more than 2,000 acres. Legend has it that the blaze started when Mrs. O'Leary's cow knocked over a lighted lantern. However, she denied this charge, and the true cause of the fire has never been determined.

In honor of National Fire Prevention Week, the West Des Moines Fire Department continues to promote public awareness of fire safety through many fire-awareness programs held throughout the month of October. They are reminding citizens to take steps to protect their homes and loved ones.

All City service requests can be directed to the Online Service Desk at

www.wdm.iowa.gov

EMERGENCY 911
Non-Emergency Dispatch 222-3321
ADA Coordinator 222-3603
TDD/TTY 1-800-413-4955
Aquatic Centers 273-0700
Ambulance Billing 273-0652
Animal Control 222-3364
 250 Mills Civic Parkway
Animal Licenses See WestPet
Better Business Bureau 243-8137
Birth Certificates See Vital Records
Building Safety/Inspections 222-3630
 developmentsservices@wdm.iowa.gov
 Business License Info. 1-800-532-1216
Cable Television
 Mediacom 1-800-332-0245
 Billing, Cust. Service, Connect/ Disconnect,
 2205 Ingersoll Ave. Des Moines • mchsi.com
Jordan Cemetery 222-3444
 Sales and Maintenance
Chamber of Commerce 225-6009
 www.wdmchamber.org
City Attorney See Legal Department
City Clerk 222-3603
 Business related licenses / voter registration
 application
City Council 222-3610
City Hall Offices 222-3600
 4200 Mills Civic Pkwy
City Manager 222-3610
Claim for Damages 222-3601
**Community Compliance
 (Code Enforcement)** 222-3480
 publicservices@wdm.iowa.gov
 Community & Econ. Development 273-0770
 ced@wdm.iowa.gov
County Web Site Addresses
 • Dallas County www.co.dallas.ia.us
 • Polk County www.co.polk.ia.us
 • Madison County www.madisoncoia.us
 • Warren County www.co.warren.ia.us
Death Certificates See Vital Records
Development Services
 Building Division 222-3630
 Engineering & Planning Divisions 222-3620
 developmentsservices@wdm.iowa.gov
Des Moines Area Regional Transit (DART)
 Public Transportation 283-8100
 dart@ridedart.com

Des Moines Register
 Subscriptions 1-847-424-0225
Driver's License
 • Dallas County 993-6992
 • Polk County 244-1052
 • Madison County 462-1542
 • Warren County 961-1144
Driveway Permits 222-3480
 560 S. 16th St. • publicworks@wdm.iowa.gov
 Economic Development 273-0770
 ced@wdm.iowa.gov
Election Office
 • Dallas County 993-6914
 • Polk County 286-3247
 • Madison County 462-3914
 • Warren County 961-1020
Electrical Service See Utilities
Emergency Medical Services (EMS) 273-0768
 EMS Billing 8055 Mills Civic Parkway
 CPR and Public Access Defibrillation Classes
 ems@wdm.iowa.gov
Farmers Market (VJ Foundation) 222-3642
Finance Department 222-3600
Fire Administration 222-3420
 3421 Ashworth Road • fire@wdm.iowa.gov
Gas Service See Utilities
Hazardous Waste
 Regional Collection Center 967-5512
Holiday Pool 273-0700
Housing Rehabilitation Program 273-0770
Human Resources 222-3616
Human Rights Commission 222-3675
Human Services 222-3660
 139 6th Street • humanservices@wdm.iowa.gov
 Senior & Disabled Transportation, Energy
 Assistance, Food & Clothing Pantry, Homeless
 Prevention
Illegal Waste Disposal 725-0268
<http://www.iowadnr.gov>
 State Dept of Natural Resources industrial or major
 hazardous waste and chemical spills.
Minor/Household Spills 222-3321
Job Hotline (City of WDM) 222-3616
www.wdm.iowa.gov
Library 222-3400
 4000 Mills Civic Parkway • library@wdm.iowa.gov
Legal Department 222-3523
 4200 Mills Civic Parkway
Marriage Licenses See Vital Records

Mayor's Office 222-3610
Motor Vehicle License Plates/Registration
 • Dallas County 993-5812
 • Polk County 286-3030
 • Madison County 462-1542
 • Warren County 961-1111
Nature Lodge 222-3424
 Raccoon River Park 2500 Grand Ave.
One Call Underground Utility Lines
 811 OR 1-800-292-8989
Parks & Recreation 222-3444
 parkrec@wdm.iowa.gov
Parking Violations (non-moving) 222-3600
Passports 1-877-487-2778
Planning & Zoning 222-3620
 developmentsservices@wdm.iowa.gov
Police Administration 222-3300
 police@wdm.iowa.gov
Police/Fire/EMS/Dispatch (Westcom)
 • Emergency 911
 • Non-Emergency 222-3321
 250 Mills Civic Parkway
Post Office 255-6471
 430 5th St. WDM 50265 • usps.com
Property Tax
 • Dallas County 993-5808
 • Polk County 286-3060
 • Madison County 462-1542
 • Warren County 961-1110
Public Transportation See DART
Public Services 222-3480
 publicservices@wdm.iowa.gov
Recycling – Curb IT!
 Waste Management www.wm.com
 Missed Pickup/Questions 244-7336
Recreation Programs 222-3444
Rental Housing Inspector 222-3630
 developmentsservices@wdm.iowa.gov
Senior Citizen Meals 274-0373
Sewer Stoppages/Repair 222-3480
 publicservices@wdm.iowa.gov
Shelter Rentals (Parks & Rec) 222-3444
School Districts
 • Norwalk
 981-0676 • www.norwalk.k12.ia.us
 • Van Meter
 996-2221 • www.vmbulldogs.com
 • Waukee
 987-5161 • www.waukee.k12.ia.us
 • West Des Moines
 633-5000 • www.wdm.k12ia.us
Sidewalk Permits 222-3475
 Engineering Services
Social Security Offices 800-772-1213
Street Light Outages
 MidAmerican Energy 1-888-427-5632
Street Repairs/Cleaning 222-3480
 publicservices@wdm.iowa.gov

Taxes See Property Tax
Tickets Moving Violations
 • Dallas County 993-5816
 • Polk County 222-3772
 • Madison County 462-1542
 • Warren County 961-1032
Parking Violations (non-moving)
Finance 222-3600
Traffic Signals/Street Signs 222-3480
 publicservices@wdm.iowa.gov
Trash Collection 265-7374
 Waste Connections • www.wasteconnections.com
Tree Planting Permits 222-3417
 publicservices@wdm.iowa.gov
Utilities Mid American Energy
 Gas & Electric 1-888-427-5632
 EMERGENCY 1-800-595-5325
 One Call Line Locator 1-800-292-8989
www.midamericanenergy.com
Valley Junction Activity Center .. 222-3440
Valley Junction Foundation 222-3642
Vehicle Registration
 See Motor Vehicle License Plates/Registration
Vital Records
 • Dallas County 993-5804
 • Polk County 286-3781
 • Madison County 462-3771
 • Warren County 961-1089
Voter Registration
 • Dallas County 993-6914
 • Polk County 286-3080
 • Madison County 462-3914
 • Warren County 961-1020
Iowa Elections Division 281-8849
Water Treatment Plant 222-3465
 1505 Railroad Ave.
West Des Moines Water Works.. 222-3460
 Water/Solid Waste, New Service, Service
 Changes/Maintenance 4200 Mills Civic Pkwy
www.wdmww.com • waterworks@wdmww.com
Westcom
 • EMERGENCY 911
 • Dispatch Non-Emergency 222-3321
WestPet 273-0651
 Animal Licenses • www.westpet.org
Yard Waste – Compost IT!
 Waste Management www.wm.com
 General Info/Questions 1-800-796-9696
 Missed Pickup 1-800-796-9696

Persons with disabilities are encouraged to participate in City activities. Those individuals seeking City services and in need of special accommodations should either contact the department sponsoring the event or the ADA Coordinator.



Mission Statement: The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

WDM Library *Adult Programs*

REGISTRATION INFORMATION

All adult programs are free and may require advance registration which begins at 9 am on the date in brackets. Programs are held in the WDM Library Community Room unless otherwise indicated. reference desk | 515.222.3403 | wdmlibrary.org

WDM WRITER'S CLUB

2nd & 4th Sat @ 10 am • Millie Knee Classroom

Informal meetings for accomplished or aspiring writers – share any form of writing and offer/receive constructive criticism. Call for details. • 222-3413

18+

PAPERCRAFTS C.L.U.B.

Sat 10 am – 4 pm: Aug 5, Sep 16, Oct 7, Nov 4, Dec 2 | Fri 5-11 pm: Aug 18

Be it scrapbooks, holiday cards, book folding, or coloring, we welcome all papercrafters! Bring a project and your own supplies (no sales at the event). We'll provide snacks and cutting tools. *Teens w/adult. Sponsored by the WDM Library Friends Foundation. Registration preferred.

18+

OPEN COMPUTER LAB

Tue 10-11:30 am • Millie Knee Classroom Aug 8, 22 | Sep 5, 19 | Oct 3, 17 | Nov 14, 28 | Dec 5, 12, 19

Need a little help with email or Facebook? Want to download an eBook on your mobile device? We can help! Ask questions and learn from hands-on experience. Basic computer/ mouse skills required. Sponsored by the WDM Library Friends Foundation. Registration preferred. Individual appointments also available.

18+

COLOR CONNECTION: ADULT COLORING CLUB

2nd Tue @ 2 pm: Aug 8, Sep 12, Oct 10, Nov 14, Dec 12

Guaranteed to cure rheumatism, chilblains, toothache, and warts! Okay, not really, but it IS relaxing and FUN! Bring your own supplies or use our markers, colored pencils, and coloring sheets. Make the color connection! Sponsored by the WDM Library Friends Foundation. Registration preferred.

18+

NEW! QUICK & EASY HOLIDAY CARDS

Tue, Aug 22 @ 2 pm [8/7]

For this afternoon program, we'll make three super simple cards – thank you, thinking of you, or all-occasion greetings. Sponsored by the WDM Library Friends Foundation. Registration required.

18+

CHECKMATES: CHESS AND BOARD GAME CLUB

4th Thu 6:30-8 pm: Aug 24 | Sep 28 | Oct 26

For those who know the basics, we'll provide chess sets and feature a different board game each month. No Nov/Dec Checkmates due to the holidays. Sponsored by the WDM Library Friends Foundation. Registration preferred.

6-adult

LICENSE TO DRIVE!

Teen Driver's License Program

Tue, Sep 12 6-7:30 pm [9/5]

Teens and parents of soon-to-be-drivers...find out what YOU need to know to get an Iowa driver's permit and license. Presented by: Iowa DOT, WDM Police, Drive with Cops, Street Survival, and IMT Insurance. Limited seating. Registration required

teens/adults

BEADING BASICS

Tue, Sep 19 @ 6:30 pm • Millie Knee Classroom

Learn to make simple and wire-wrapped loops as we create a pair of earrings. Must see well enough to thread a needle. Sponsored by the WDM Library Friends Foundation. Registration required.

18+

FRIENDS IOWA AUTHOR SERIES NICHOLAS SANBURY SMITH

Tue, Sep 26 @ 6:30 pm – Wine & Cheese Reception | 7 pm – Presentation

Meet the USA Today bestselling author of *Hell Divers*, the *Orbs trilogy*, and the *Extinction Cycle* series. Nicholas worked for Iowa Homeland Security and Emergency Management in disaster mitigation before switching careers to focus on his one true passion: writing. Hosted by the WDM Library Friends Foundation. No registration!

18+

HOLIDAY CARDS

Fri 6:30-8:30 pm:

Oct 20 (Halloween/Fall) [10/2] | Nov 10 (Christmas) [10/2]

When you care enough to make it yourself! Make three holiday cards for special friends or family. Sponsored by the WDM Library Friends Foundation. *Teens w/adult and permission from instructor. AFTER HOURS program. Registration required.

18+

MINI TERRARIUMS

Thu 6-8 pm: Nov 30 [10/30]

Make your own adorable mini terrarium. All supplies provided including an easy-to-care-for air plant. Registration required.

18+



HOLIDAY TAGS MAKE 'N' TAKE

Sat, Dec 2 11 am-1 pm

Stop in to make a few holiday gift tags. We'll have pre-cut tags, ink, and stamps ready for you. Stamping/embossing experience preferred. No registration!

222-3403 • wdmlibrary.org

18+

WDM Library *Adult Book Discussions*



YA NOT CLUB READ

2nd Thu @ 6:30 pm:

Aug 10 – WDM Library Community Room | Sep 14 – Taco Hangover Oct 12 – Raccoon River Nature Lodge | Nov 9 – Rock Bottom Brewery Dec 14 – Fox Brewing

Are you a "grown-up" who likes to read and talk about Young Adult books? Are you looking for a book club that doesn't take itself too seriously? Why not join us for YA Not book club? Books available at the previous month's meeting or at the first floor service desk. Anyone who has read the book is welcome. Sponsored by the WDM Library Friends Foundation. Registration required. courtney.bench@wdm.iowa.gov • 222-3403 • wdmlibrary.org

18+



**CLUB READ**

Tue @ 6:30 pm:

Sep 12 *The One-in-a-Million Boy*

by Monica Wood • Library Living Room

Oct 3 *The Last Days of Night*

by Graham Moore • Millie Knee Classroom

Nov 7 *Bottomland*

by Michelle Hoover • Millie Knee Classroom

A few copies are available at the first floor service desk or you may bring your own copy. Sponsored by the WDM Library Friends Foundation. Registration preferred.

18+

CLUB READ SOCIAL

Tue, Dec 5 @ 6:30 pm

Make new friends! Discover new authors! Bring an appetizer or dessert to share and we'll talk about what we've all been reading since the last Social. Newcomers welcome. Registration preferred.

18+

NEW! SILENT CLUB READ

1st Mon @ 6:30 pm: Oct 2, Nov 6, Dec 4 • Millie Knee Classroom

Shh! This is NOT your traditional book club... no assigned books, no pressure to finish, and no talking required. Just a group of readers quietly enjoying their books together. Grab a beverage at 6:30 pm and share what you've been reading lately. At 7 pm just sit back, relax, and read. It's that simple. Registration preferred.

18+

IF YOU ENJOY OUR ADULT PROGRAMS, PLEASE JOIN THE FRIENDS!

Friends memberships pay for many ADULT programs and services: Club Read and YA Not Club Read, Holiday Cards, Color Connection, Papercrafts C.L.U.B., Adult Summer Reading Club, Beading Basics, Open Computer Lab, iPad Lending, and more!

Donations are tax deductible!**WDM Library Friends Foundation,**

4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org

WDM Library Adult Book Discussions Continued**THANKS TO OUR YA NOT CLUB READ SPONSORS!**

- BARNES AND NOBLE
- CALLA DEVLIN (AUTHOR - TELL ME SOMETHING REAL)
- FOX BREWING
- GILROY'S KITCHEN +PUB+PATIO
- ROCK BOTTOM BREWERY
- WDM LIBRARY FRIENDS FOUNDATION

**EARLY LITERACY**

"Early literacy is what children know about reading and writing before they actually learn to read and write. It is not the teaching of reading, but is laying the foundation for reading so that when children are taught to read, they are ready." – from Early Literacy Storytimes @ Your Library by Pamela Martin-Diaz and Saroj Nadkarni Ghoting.

Why is Early Literacy important?

Acquiring early literacy (pre-literacy) skills before school leads to reading achievement and academic success. Children who enter school with well-developed early literacy skills are ready to learn to read.

**What can YOU do to help your child?**

- Allow your child time to talk while you listen attentively
- Encourage your child to handle books and "tell" you the story
- Provide an atmosphere that is fun and language rich
- Read often and make reading time an enjoyable time
- Read, sing, talk, and play with your child
- Write and color with your child to develop fine motor skills

How can the WDM LIBRARY help?

- Ask a librarian for suggestions
- Use one of our many recommended reading lists to find materials your child may enjoy (i.e. 1000 Books to Read Before Kindergarten)
- Check out library materials to use at home
- Attend age appropriate library programs (see our Storytime Series)

What are the Six Early Literacy Skills?

1. Letter Knowledge – knowing the names and sounds of letters, and recognizing that the same letter can look different (upper vs. lower case, different fonts)
2. Narrative Skills – being able to describe events and tell stories
3. Phonological Awareness – the ability to hear and play with the smaller sounds that make up words
4. Print Awareness – noticing print, the ability to handle a book, and understanding how to follow the words on a page
5. Print Motivation – being interested in and enjoying books
6. Vocabulary – knowing the names of things



Storytime Series

All youth programs are free and most require advance registration which begins at 9 am on the date in brackets. Programs are held in the Library Storyroom unless otherwise indicated. Register online, in person, or by phone.
youth services | 515.222.3405 | wdmlibrary.org

MOTHER GOOSE STORYTIME

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Each week we'll incorporate activities that emphasize and reinforce body part identification, counting, rhythm, sensory stimulation, fine and gross motor skills, and animal sounds. Registration required.

Mon @ 9:30, 10 & 10:30 am:
Sep 11, 18 & 25 [Sep 5]
Oct 9 & 16 [Oct 2]
Nov 6 & 13 [Oct 30]
Dec 11 & 18 [Dec 4]

6 mo – 2 yrs w/adult

NIGHTY-NIGHT DROP-IN STORYTIME

Build a lifetime love of books and reading as we share bedtime stories, sing-along songs, and interactive fingerplays with an early literacy focus. Nighty-Night Storytime follows the Family Storytime format. No registration.

Mon @ 6:45pm:
Sep 11, 18 & 25
Oct 9 & 16
Nov 6 & 13
Dec 11 & 18

0 – 6 yrs w/adult

LAPSIT LAMBS

Now on Tuesdays AND Thursdays! Using puppets, rhymes, songs, and short stories, we will engage baby and caregiver in language-rich activities designed for pre-walking babies. We will spotlight sensory stimulation, animal sounds, fine and gross motor skills, and of course FUN! Includes play ideas that are easily integrated into baby's everyday routine. Registration required.

Tue @ 9:30 & 10:30am:
Aug 8, 15 & 22 [Jul 31]
Sep 12, 19 & 26 [Sep 5]
Oct 10 & 17 [Oct 2]
Nov 7 & 14 [Oct 30]
Dec 12 & 19 [Dec 4]

Thu @ 9:30 & 10:30am:
Aug 10, 17 & 24 [Jul 31]
Sep 14, 21 & 28 [Sep 5]
Oct 12 & 19 [Oct 2]
Nov 9 & 16 [Oct 30]
Dec 14 & 21 [Dec 4]

1 mo – 18mo w/adult

DROP-IN FAMILY STORYTIME

Lights, camera, action! Our stories, songs, felt boards, and rhymes set the stage for children to become successful readers. No registration.

Wed @ 9:30 & 10:30 am:
Sep 13, 20 & 27
Oct 11 & 18
Nov 8 & 15
Dec 13 & 20

0 – 6 yrs w/adult

Storytime Series *Continued*

DROP-IN OLIVER'S PUPPY TALES

Join little Oliver for stories, rhymes, felt boards, music, and movement. Each week we will introduce and develop specific pre-literacy skills and provide effective tools, tips, and techniques for caregivers to try at home. Stay for playtime to improve social, motor, and sensory skills! Library Community Room. No registration!

Thu @ 10:30 am
Sep 14, 21 & 28
Oct 12 & 19
Nov 9 & 16
Dec 14 & 21

Fri @ 10:30 am
Sep 15, 22 & 29
Oct 13 & 20
Nov 10 & 17
Dec 15 & 22

Daycares with more than 5 children, please call the Children's Desk for information about programming for groups.

0-6 w/adult



NEW! 1000 BOOKS BEFORE KINDERGARTEN

parents/ages 0-6
Begins Sep 1

Read to succeed! The best and the brightest have parents who read to them. Register online and track the time YOU read with your child. When you reach 1000 books, pick up a free book for your home collection! Check our website for more information.
youth services • 515.222.3410
wdmlibrary.org

WDM Library *Youth Programs*

NEW!

DES MOINES CHILDREN'S MUSEUM

Mon, Aug 7, 9:30-11:30 am
Explore the arts, nature, and the world around you with programs and interactive exhibits. Community Room. No registration.

0 - 18 yrs

KIDS CLUB READ

Thu @ 4:15 pm: Sep 7, Oct 5, Nov 2, Dec 7

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. Titles TBA. Sign up at the Youth Services Desk.

8 - 12 yrs

FUN IN THE SUN: BEACHBALL YOGA FOR KIDS

Fri, Aug 11 @ 9:30 & 10:30 am [7/31]

Kids will have fun getting fit and flexible through poses, games, mindfulness and more. Led by Sara Weis, author of Go Go Yoga Kids. Bring a towel or yoga mat. Registration required.

5 - 12 yrs



WDM Library *Youth Programs***SOLAR ECLIPSE****Mon, Aug 21 @ 11:30 am**

A partial solar eclipse will occur between 11:30 am and 2:30 pm on August 21. The first 200 attendees can pick up free safety glasses in the Community Room, then head to our "backyard" for viewing. Feel free to bring lawn chairs or blankets and make yourself comfortable! Note: In the event of cloudy or bad weather, event will be cancelled. No registration!

0 - adult**LIBRARY PLAY DAY****Thu, Aug 24 @ 10 am [7/31]**

After the big kids head back to school, bring all the littles to the library for some fun! Enjoy a story, games, a craft, and more – all designed for some of our youngest library fans. Registration required.

2 - 6**CHECKMATES: CHESS & BOARD GAME CLUB****4th Thu from 6:30-8 pm:****Aug 24 [7/31] | Sep 28 [9/5] | Oct 26 [10/2]**

For those who know the basics, we'll provide chess sets and feature a different board game each month – or bring your own game! No Nov/Dec Checkmates due to the holidays. Sponsored by the WDM Library Friends Foundation. Registration preferred.

6 - adult**MUSIC TOGETHER®****Fri @ 9:30 & 10:15 am: Sep 8 [9/5] | Dec 8 [12/4]**

Music Together is an international research-based music and movement program for children. In this short sample class we'll sing, move, chant, and play along with instruments to a variety of melodies, rhythms, and styles. Presented by Songs and Signs, LLC. Registration required.

0-5 w/adult**AFTER SCHOOL ADVENTURES****Wed @ 3:45 pm: Sep 20 [9/5] | Oct 18 [10/2] | Nov 8 [10/30]**

ad-ven-ture \əd-ven-cher\ noun 1. an exciting, unusual, or remarkable experience. 2. a bold undertaking or action involving unknown risks and uncertain outcome. Embark on an adventure with us. Who knows what may happen! Registration required.

5 - 12**PRESCHOOL HALLOWEEN PARTY****Mon, Oct 23 @ 6:30 pm | Wed & Thu, Oct 25-26 @ 10:30 am [10/2]**

Put on your favorite costume and join us for not-too-spooky stories and Halloween fun at the library. Registration required.

2-6 w/adult**DROP-IN FALL CRAFT****Mon & Tue, Nov 20-21: 9 am – 9 pm | Wed, Nov 22: 9 am – 5pm****Youth Services Department**

Stop by during library hours and we'll have a special Thanksgiving craft for you. No registration!

1 - 12**KIDS HOLIDAY CARDS****Wed, Dec 6 @ 3:45 pm [10/30]**

You don't have to be an elf to attend our Holiday Cards Workshop for Kids! Make a ho-ho-holiday card for a special friend or family member. Registration required.

5 - 12**WESTRIDGE SINGERS****Fri, Dec 8 @ 1:15 pm**

Enjoy a warm Winter Concert from the 5th & 6th grade chorus at Westridge Elementary! No registration!

0 - adultWDM Library *Youth Programs***FROSTY THE SNOWMAN****Wed, Dec 13 @ 3:45 pm [12/4]**

Thumpety thump thump...join us for a fun and frosty afternoon! Registration required.

5 - 12**NEW! WINTER READING PROGRAM****Dec 15, 2017 – Jan 15, 2018**

The WDM Library wants YOU to keep reading over winter break! Sign up online and track your reading to earn a prize. Registration required.

0 - 18**DROP-IN WINTER CRAFT****Wed & Thu, Dec 27 & 28:****9 am – 9 pm | Fri, Dec 29:****9 am – 6pm****Youth Services Department**

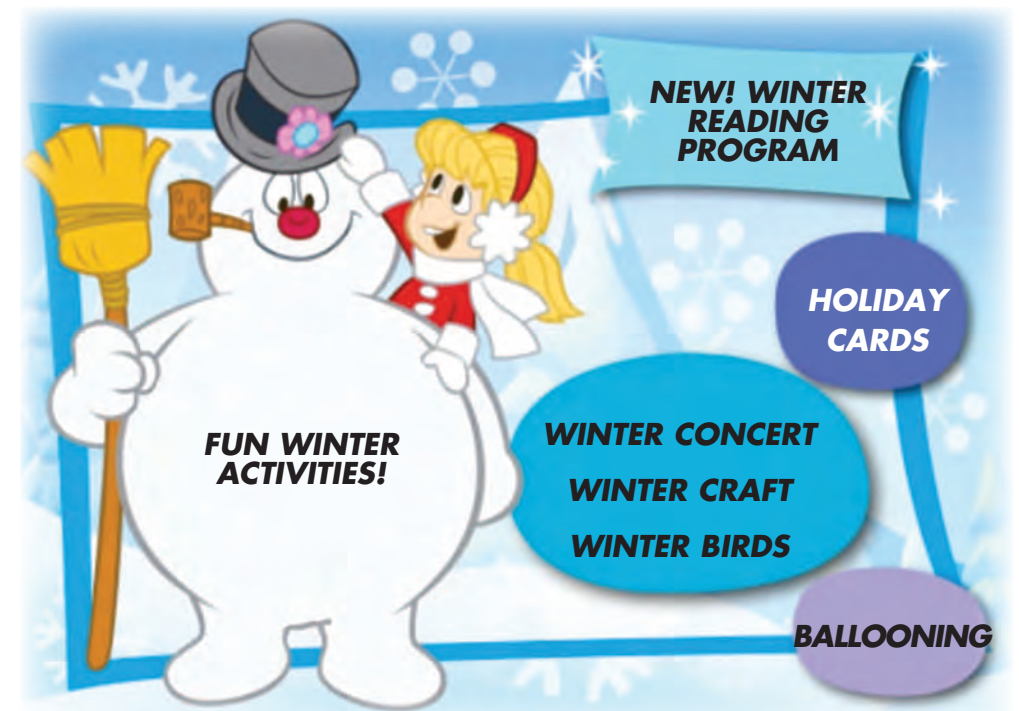
Stop by during open hours and we'll have a whimsical winter craft for you. No registration!

1 - 12**BALLOONING 101****Thu, Dec 28 @ 1:30 pm [12/4]**

Get your PhB in balloon making! Learn to make balloon creations of all kinds... hats, wands, animals, and more! Taught by Christine Carroll of Pink Stew Entertainment. Registration required.

7 - 12**WINTER BIRDS WITH POLK COUNTY CONSERVATION****Fri, Dec 29 @ 11 am [12/4]**

Winter is a wonderful time to bird watch. Find out how to identify some common Iowa birds and get to know our fine feathered friends! Presented by Lewis Major. Registration required.

4 - 12



WDM Library *TEEN Programs*

All teen programs are free and most require advance registration which begins at 9 am on the date in brackets. Programs are held in the Library Community Room unless otherwise indicated. Register online, in person, or by phone. youth services | 515.222.3405 | wdmlibrary.org

VINYL & DUCT TAPE BAGS

Wed, Aug 16 from 2-4 pm [7/31]

Make your own bag out of old vinyl banners and duct tape! Materials provided to create a large bag. Registration required.

12 - 18

LICENSE TO DRIVE! TEEN DRIVER'S LICENSE PROGRAM

Tue, Sep 12 6-7:30 pm [9/5]

Teens and parents of soon-to-be-drivers...find out what YOU need to know to get an Iowa driver's permit and license. Presented by: Iowa DOT, WDM Police, Drive with Cops, Street Survival, and IMT Insurance. Limited seating. Registration required.

teens/adults

TEEN ADVISORY BOARD (TAB)

2nd Wed from 3:30-5 pm: Sep 13 |

Oct 11 | Nov 8 | Dec 13

Millie Knee Classroom

Are you interested in making the library a better place for teens? Then the WDM Public Library's TAB is for you! By becoming a member of TAB you can take a leadership role in your community, give input in teen activities, and help develop the collection of young adult materials at the Library. TAB members also host fundraisers for teen programming at the Library, participate in community activities, help with Children's programs at the library and more. See what it's all about - stop by a meeting or pick up an application today!

• youthservices@wdm.iowa.gov

12 - 18

WORD

Wed at 3:30 pm: Sep 27 [9/5] |

Nov 15 [10/30] | Dec 20 [12/4]

Word is a monthly hangout for teens.

Some months we will create.

Some months we will build.

Some months we will eat snacks or watch a movie.

Every month it will be rad.

Come to Word this month.

Registration required.

12 - 18

TEEN HALLOWEEN ESCAPE!

Fri at 6 pm: Oct 27 [10/2]

Do you have what it takes to escape from the library? Join us for an after-hours event full of puzzles and challenges! Registration required.

Note: Food will be served - please let us know if you have any dietary restrictions in the special notes field.

12 - 18



THANKS TO THE SPONSORS OF THE 2017 ADULT, TEEN & CHILDREN'S SUMMER READING CLUBS!

**The WDM Library Friends Foundation
& Iowa Cubs Greater DSM Baseball Co.**

Auntie Anne's
Center Grove Orchard
Blank Park Zoo
Center Grove Orchard
Chick-fil-A
Dairy Queen
Furry Friends
Iowa Architectural Foundation
Jason's Deli
Jethro's
Polk Co. Conservation
DSM Area Quilter's Guild
Rita's Italian Ice
Scratch Cupcakery
Smoothie King
Warrior Lanes
WDM Parks and Rec, Public Safety & Public Services
WDM Library Volunteers

Summer Reading Club would not exist without community support. Approximately 2500 children and teens participate in summer reading activities which increases knowledge retention over the summer months.





**IF YOU ENJOY
OUR YOUTH
PROGRAMS...**

Your
donation is
**tax
deductible**

2500
children
participating
in the Summer
Reading Club

516
children's
programs with
35,155
attendees

PLEASE JOIN THE FRIENDS!

- * Friends memberships pay for many of our special youth programs throughout the year. During the 2015-16 Fiscal Year, the library offered 516 children's programs with 35,155 attendees.
- * Memberships provide incentives to the 2500 children participating in the Summer Reading Club, which encourages young readers to keep learning when they are not in school.
- * Your donation is tax deductible!



WDM Library Friends Foundation, 4000 Mills Civic Pkwy, WDM, IA 50265.
515.222.3407 • wdmlibrary.org/support-the-library

WDM Library *services*

All services are **free** unless otherwise indicated.

Questions?
Call
222.3400



WDMLIBRARY.ORG

Access the library 24/7 from the comfort of your home... search for information on our website or items in the WDM Library Catalog. Choose from six broad subjects: My Account, Research, Using the Library, Calendar, Support the Library, and About [the Library] OR select one of the three orange tabs leading to pages for KIDS | TEENS | ADULTS. A scan column also lists quick access topics such as "get a library card". Look in the center section for What's Happening (news and blog items), Today's Events, and Featured Programs. Problems? Click on the help button (upper right).

LIBRARY HOURS

(Labor – Memorial Day)
Mon-Thu: 9 am-9pm | Fri: 9 am-6 pm
Sat: 9 am-5 pm* | Sun: 2 pm-5 pm*
*SUMMER HOURS
Sat: 10 am-4 pm | Sun: Closed
Call or check our website for holiday hours.
515-222-3400 • wdmlibrary.org

GET A LIBRARY CARD...IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

MY ACCOUNT

BY PHONE OR ONLINE

For online access, go to wdmlibrary.org and select "my account login" (left column). You will need your library card number (barcode) and your pin number. Account information includes titles checked out; due dates; requested items and position on wait lists; overdue materials; and charges on your account. You may renew all items at once, or renew individual titles if you have the barcodes. **515-225-1576 • wdmlibrary.org**

ITEM REQUESTS: WE TAKE RESERVATIONS!

If the item you want is checked out, use your library card to place a reserve or "hold" on it – either by phone or online from your account. We'll let you know when it comes in. If we don't own the book you need, we can usually get it for you within a short time. Long wait list? Don't worry. We buy one copy for every six book reserves. **515-222-3400 • wdmlibrary.org**

MOBILE ACCESS

Our mobile app puts the library at your fingertips. Tap into library resources from any internet-connected mobile phone. Browse the library catalog, hold or renew a book, check your account, find events, and more. Search for "West Des Moines Library" on your phone app store and download. It's free!
515-222-3403 • wdmlibrary.org/app



RESEARCH

REFERENCE TOOLS

You'll find links to great websites, listed by category. Life Links including business, education, job searching, health, and legal; Books, Music and Entertainment; Hobbies and Interests; Local Interest; Government; General Reference (biography, geography, history, religion, and science); and Travel and the Outdoors. Got a question? We can help!
515-222-3403 • wdmlibrary.org

DATABASES

We have a variety of electronic resources – some are available in the library; others are also accessible from home. Topics include genealogy, repair, address/phone numbers, magazine/newspaper searching, business and investing; readers' advisory, homework help, travel, hobbies, and more.
515-222-3403 • wdmlibrary.org

USING THE LIBRARY

E-CONTENT

The library offers several options for eBooks and eAudiobooks, plus digital magazines, graphic novels, and eComics! Bridges, Flipster, ComicsPlus, World Cinema Collection, InstantFlix, and more. See our website or ask at the Reference Desk for details.
515-222-3403 • wdmlibrary.org

PUBLIC MEETING & STUDY ROOMS

Available for public use at no charge: small rooms (8 people), Millie Knee Classroom (20), Community Room (60). Call for guidelines and scheduling information.
515-222-3400 • wdmlibrary.org

HOMEBOUND DELIVERY: WE MAKE HOUSECALLS!

If you are a WDM resident unable to come to the library for health reasons and interested in receiving regular monthly visits from a volunteer, give us a call or check our website.
515-222-3400 • wdmlibrary.org

BOOK CLUB COLLECTION

The library has multiple copies of past Club Read titles (Book Club Kits) available for local book clubs to borrow. Specific titles are listed on our website. Advance reservations required. **222-3585 children's titles**
• 515-222-3410 adult titles • wdmlibrary.org

CALENDAR

SCHEDULE OF EVENTS

Search the library calendar for events and descriptions. Searchable by event types (library info, public meetings) and age group. If registration is required, selecting the event will lead to the online registration form. You may also register in person or by phone.
515-222-3400 • wdmlibrary.org

WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization.

- Friends Memberships fund special projects, like the Laptop Lab, and programs for all ages. Contributions mean more books, music, and movies in the collection, so YOU have a better selection.
- Your donations are tax deductible!

WDM Library Friends Foundation
 4000 Mills Civic Pkwy, WDM, IA 50265
 515.222.3407 • wdmlibrary.org

Like the Friends on Facebook @ WDMLibraryFriends



SUPPORT THE LIBRARY

FRIENDS FOUNDATION: GIFTS & MEMORIALS | BOOK BUY BOOK

It's tough finding the right gift, but you can honor friends, family, or a special occasion through the Friends' Book Buy Book donation program. For each \$25 donation, we'll purchase an appropriate title, add a bookplate, and send notification of your gift. This program builds a better library collection for all to enjoy AND your gift is tax-deductible! Larger gifts can be made to the Friends endowment or to fund a special project. Online donations accepted too!
515-222-3407 • wdmlibrary.org

FRIENDS BOOK SALE AREA

Find great bargains in the corner by the children's periodicals – from 10¢ magazines to \$1 hardbacks – adult and children's titles. Coordinated by the Friends Foundation, proceeds benefit library programs and collections. • **515-222-3400**

VOLUNTEER

We need reliable adult volunteers, especially in our homebound delivery program (1-2 deliveries per month). Pick up an application at the 1st Floor Service Desk or print one online. Student volunteers are accepted to work in the summer (apply in early April); must be age 13 or older; and have completed the 7th grade. Group service projects may be available through the school year.
515-222-3400 • wdmlibrary.org



ABOUT THE LIBRARY

MORE THAN BOOKS

Your library is more than a warehouse for books. It's a place to meet, discover, relax, and enjoy. You'll find popular magazines, newspapers, large print materials, books on CD, popular and nonfiction DVDs, computers, iPads, and more.

TECHNOLOGY & EQUIPMENT

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet access, wireless access, and a 20/20+TV enlarger for the visually impaired. Overhead projector and iPads available for checkout. Hate long lines? Try a 3M SelfCheck machine! **515-222-3400** • wdmlibrary.org

KIDS | TEENS | ADULTS

LIBRARY BLOGS

From our home page, click on KIDS, TEENS, or ADULTS (orange box, left side). BLOG is one of the choices you'll find in the green box (upper left). Get the latest program updates, plus book lists, staff picks, reading and literacy tips, and more.



YOUTH SERVICES

The first floor Youth Services Department includes books for babies through 6th grade, as well as audiobooks, music, movies, magazines, puzzles, and puppets (for use with the puppet theater and for check-out). Our kids' area is equipped with train, lightbox, and Lego Duplo tables which encourage creative play. You'll find Young Adult (YA) materials upstairs, along with comfy couches and study tables. For info on programs and activities, drop in or check out our website. **515-222-3403** • wdmlibrary.org/teens



SOCIAL NETWORKS

Find links to our Twitter, Facebook, and Pinterest pages on our website home page (upper right corner). Follow us on Twitter @ WDMLibrary, @ WDMLibraryChild or @ WDMLibraryTeen to receive "tweets" (updates) on library news, programs, and events. Like us on Facebook. Visit our Pinterest page to see Activities for Kids, Book Club Picks, Books & Reading (quotes), Staff Picks, and more! Questions? Contact the Reference Desk. **515-222-3403** • wdmlibrary.org



YOUR LIBRARY STORY

Has the WDM Library has made a difference in YOUR life? Tell us about it in 500 words or less. Selected stories will be featured on our website or promotional materials (with permission). For details, visit wdmlibrary.org/tell-us-your-library-story



WDM LIBRARY TALETRAIL

From the library side of the pond through the tunnel to Ashawa Park, visitors are invited to travel the "TaleTrail" – a series of sixteen kiosks designed to slowly reveal a children's story. The tales displayed are expected to change on a quarterly basis. The TaleTrail project is sponsored by private donations and the *WDM Library Friends Foundation* in memory of Dr. Robert C. Brooks.

DRIVER'S LICENSE RENEWAL

An Iowa DOT License and Identification renewal kiosk is located in the WDM Library Living Room and available during library hours. The kiosk takes a photo and issues a temporary document; the new license of ID card will be mailed to the user. Credit and debit card payments are accepted (no cash). The service is quick, but there are some restrictions. See our website for details. • wdmlibrary.org/using-the-library/iowadot-drivers-license-renewal-kiosk



See Library Activities pages for adult & children's programs at the WDM Library.

WDM Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services is a non-profit agency that provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services. For more than 35 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.



WDM Human Services *programs*

Human Services Mission:

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
SENIOR DINNER CLUB Seniors (60+) have the opportunity to enjoy one another's company while they dine at one of our local restaurants.	Trans. Supervisor 222-3661	First Tuesday of each month	<ul style="list-style-type: none"> • WDM senior residents • Reservations must be made at least 24 hours in advance 	Cost of your dinner Transportation FREE (donations encouraged)



TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
WESTSIDE COMMUNITY CENTER Transportation is available for senior residents of West Des Moines, Clive (Polk County), Windsor Heights and Des Moines (Frisbee Park area). Along with a nutritious lunch, enjoy fun daily activities.	Trans. Supervisor 222-3661 134 6th St. Westside Community Center	M – F 8am – 4pm Lunch served at 11:30 am	<ul style="list-style-type: none"> • Seniors (60+) • Reservations required at least 24 hours in advance 	donations encouraged
APPOINTMENTS Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)	Trans. Supervisor 222-3661	M – F 8am – 4pm	<ul style="list-style-type: none"> • Seniors (60+), disabled and low-income residents of WDM • Reservations must be made by noon the day before 	donations encouraged

CITIZENS WITH SPECIAL NEEDS

FRIENDSHIP CONNECTION Friendship Connection is a club for young adults with special needs.	Human Services Staff 222-3660	Thursdays 10am – 11:30am	<ul style="list-style-type: none"> • Young adults with special needs 	NONE
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Friendship Connection

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3665 or visit our website at www.wdm.iowa.gov/HumanServices.



FOOD

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>DMARC FOOD PANTRY Food is available at WDM Human Services for households in need.</p>	Human Services Staff 222-3660	<p>M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon</p> <p>2nd & 4th Tues of each month 4:30pm - 6:30pm</p>	<ul style="list-style-type: none"> Must provide ID for all household members and proof of address 	<p>NONE</p> <p><i>Funding for this program is provided by USDA which is an equal opportunity employer.</i></p>
<p>HOLIDAY FOOD ASSISTANCE Food assistance for the holidays is available to eligible WDM and Clive households.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> Registration begins 10/9 Walk-ins welcome Deadlines apply 	<ul style="list-style-type: none"> Must meet income criteria of Federal Poverty Guidelines Must be in our service area 	NONE
<p>BREAD DISTRIBUTION Donated bakery items are available weekdays for households in need.</p>	Human Services Staff 222-3660	M - F 9am	NONE	NONE
<p>SUMMER FOOD SERVICE PROGRAM The state of Iowa, in conjunction with WDM Human Services and the WDM Community School District, provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.</p>	Human Services staff 222-3660	Lunches served M-F, beginning in June - See website for dates and times.	<p>All children 18 years or younger</p> 	FREE for children 18 years or younger
<p>GARDEN PROGRAM Offset the cost of food by growing your own garden. Tilling is available to elderly & disabled residents of WDM.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Registration begins in April</p>	<ul style="list-style-type: none"> Proof of income Proof of address WDM resident ID required for all household members 	NONE

HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>ENERGY ASSISTANCE (LIHEAP) The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p> <p>Application period begins:</p> <ul style="list-style-type: none"> 10/2 for seniors and disabled households 11/1 for all other households <p>Application period ends the last business day in April</p>	<ul style="list-style-type: none"> Low-income households in Polk County Social security card & date of birth for all household members 13 weeks of verifiable income from all sources for all household members 	NONE
<div style="border: 1px solid blue; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Dallas County Residents receive assistance at the Dallas County Family Development Center, 2814 1st St., Perry, IA 50220 465-5185</p> </div>				
<p>EMERGENCY FINANCIAL ASSISTANCE Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	<ul style="list-style-type: none"> Low income WDM residents. Residents must present lease or utility bill 13 weeks of most recent verifiable income from all sources for all household members 	NONE
<p>ASSISTANCE WITH GOVERNMENT FORMS Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates.</p>	Human Services Staff 222-3660	<p>M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm</p>	Service area residents	NONE





YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>YOUTH RECREATIONAL ASSISTANCE Limited scholarships for recreational/educational activities offered through WDM Parks & Recreation are available to eligible households.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • WDM resident • ID required for all household members 	50% off program fee (client pays part of fee)
<p>SCHOOL SUPPLIES School supplies are available on a limited basis in August including classroom supplies and backpacks.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> • See website for dates • Registration begins in July 	<ul style="list-style-type: none"> • Proof of income • Proof of address • WDM resident • ID required for all household members 	NONE
<p>HOLIDAY ASSISTANCE Need help with the holidays? Programs are available for qualifying households including Adopt-A-Family and Toyland.</p>	Human Services Staff 222-3660	<ul style="list-style-type: none"> • Registration begins 10/9 • Walk-ins welcome • Deadlines apply 	<ul style="list-style-type: none"> • Must meet income criteria of Federal Poverty Guidelines • Visit website for more information 	NONE
<p>POOL PASSES Pool passes are available to low-income residents of West Des Moines.</p>	Human Services Staff 222-3660	M 8am – 3pm T 8am – 3pm W 8am – noon TH 8am – 3pm Registration begins in April	<ul style="list-style-type: none"> • Proof of income • Proof of address • WDM resident • ID required for all household members 	Reduced Rate –varies depending on household income



HOUSING

HOUSING SOLUTIONS
A short-term rental and support services program (Rapid Rehousing) for homeless families residing in emergency shelters with minor children

Housing Solutions Coordinator 222-3666	M – F 8am – 4pm Limited availability	<ul style="list-style-type: none"> • Eligible homeless participants will need to meet HUD homeless guidelines and income criteria • Must be referred by Primary Healthcare (515-248-1850)
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CLOTHING CLOSET

description	contact/ location	dates days/times	eligibility/ qualifications	fee
<p>Gently used clothing articles and housewares are available to those in need on a monthly basis.</p> <p><i>This is a community supported program — donations of clothing and small housewares are always needed.</i></p>	Human Services Staff 222-3660	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH 8:30am - 3pm F 8:30am - noon 2nd & 4th Tues of each month: 4:30pm – 6:30pm	<ul style="list-style-type: none"> • Proof of income • Proof of address • Service area resident • ID required for all household members 	NONE (donations encouraged)

PERSONAL DEVELOPMENT

<p>ESL CLASSES are provided for individuals whose first language is not English.</p>	Human Services Staff 222-3660	T & TH 10am – noon	<ul style="list-style-type: none"> • Pre-registration required • Limited # of participants 	NONE
<p>HISET CLASSES For individuals seeking to earn their high school equivalency diploma.</p>	Human Services Staff 222-3660	M, W, F 9am - 11:30am Noon - 2:30pm	<ul style="list-style-type: none"> • Registration required • Must be 18 yrs or older 	NONE



ELDERLY ASSISTANCE

<p>HANDYMAN SERVICES Services include lawn mowing, snow removal and minor exterior home repairs for low-income elderly and disabled residents of WDM.</p>	Human Services Staff 222-3660	M – F 8am – 5pm	<ul style="list-style-type: none"> • Income - eligible seniors (age 60+) or income-eligible disabled residents of WDM • Registration required 	NONE (donations encouraged)
--	---	--------------------	---	-----------------------------

VOLUNTEER TODAY!

Volunteers are needed in the Clothing Closet and Food Pantry at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 4:00 pm. Convenient WDM location in Valley Junction neighborhood. Must be 14 years or older. To learn more, please contact Mindy Hotovec at **222-3663** or visit www.wdm.iowa.gov/HumanServices.





FREE Transportation

West Des Moines residents who are seniors (age 60+), disabled, or low income can receive free transportation to necessary appointments and to the Westside Community Center. Rides are provided with a fleet of four vehicles, three wheelchair accessible buses and one van. The service operates Monday through Friday all year. Transportation is also provided for recreational outings like the "Senior Dinner Club," as well as trips to the bank, grocery store, barber, etc. as time allows. Reservations required by noon the day before an appointment.

Please call 222-3661 for more information, or to schedule a ride.

WEST DES MOINES HUMAN RIGHTS COMMISSION

515-222-3675

The mission of the West Des Moines Human Rights Commission is to encourage and support comprehensive educational opportunities that promote a more inclusive community.



BRIDGES to SUCCESS

FREE High School Equivalency Classes at WDM Human Services

High School Equivalency classes (HSED) are now being offered at West Des Moines Human Services. The classes are offered through a program called Bridges to Success which is a collaboration between DMACC and United Way of Central Iowa. The program helps students earn their high school diploma and pass the HiSET tests, opening up job and career opportunities. DMACC instructors lead the classes.

To sign up or learn more, visit bridgesdsm.org or call 515-256-4924.



Visit us on the web at www.wdm.iowa.gov



*Partner with
WDM Human
Services to help
our neighbors
in need!*

WDM Human Services Current Needs

Personal Pantry:

Each month WDM Human Services assists approximately 350 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo
- Conditioner
- Deodorant
- Toilet Paper
- Toothpaste
- Diapers (Sizes 4-6)
- Soap

Clothing Closet:

Our clothing closet is in need of new or gently used children's, teen, and adult clothing and shoes. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Friday 8:30am – 4pm at 139 6th Street in West Des Moines. Donation receipts are available.



ESL Classes at WDM Human Services

English as a Second Language classes are now being offered at West Des Moines Human Services. The beginner-level classes provide instruction in conversational English. The classes take place on Tuesday and Thursday mornings from 10 am to noon in eight week sessions. Volunteer tutors are needed to assist with the classes. Volunteers will provide small group and one-on-one instruction for adult learners. Knowledge of a second language is not necessary to volunteer.

Call 222-3663 for more information or to register as a student or volunteer!

Visit us on the web at www.wdm.iowa.gov



WDM Human Services "The ♥ of the Community"

Help Your Neighbors In Need

The holidays are approaching and you are invited to add one or more families to your holiday list by participating in one of West Des Moines Human Services' holiday assistance programs.

West Des Moines Human Services is a non-profit organization that provides assistance to low-income, elderly and disabled individuals in our service area. Many of our community members are surviving on very limited incomes and struggle to afford even the most basic of necessities. The holiday season can be particularly difficult for these individuals and families.

Please consider partnering with us to assist these struggling members of our community. Gifts can be delivered directly to a family, or you may deliver your gifts to West Des Moines Human Services and we will deliver to the family. **Following are the opportunities available:**

Thanksgiving

Sponsors are needed to provide grocery gift cards or food baskets.

THANKSGIVING DINNER
Thursday, November 23
11:30 AM
WDM Christian Church
4501 Mills Civic Pkwy, WDM
Reservations required.
Call 223-1639 by
November 17th.

(limited seating available)

* Note, for transportation to the dinner, please call 222-3661.



Adopt-A-Family Program

Sponsors are matched with a WDM family in need and asked to provide gifts for the children in the household. A "wish list" for the family will be provided consisting of names, ages, genders and gift ideas for the children in the household. Sponsors may deliver the gifts directly to their "adopted" family.

Toyland

This program provides toys/gifts for kids who are not sponsored through the Adopt-A-Family program. Toyland will take place on December 13, 14, and 15 at WDM Human Services. Donations of new, unwrapped toys/gifts and gift cards for teens are needed for this event.

Monetary Gifts and Gift Cards

Monetary donations and grocery gift cards are also appreciated as this allows us to assist families during the holidays and throughout the year.

If you know of other individuals or organizations who may wish to participate, please share this information. We have many families and children who need assistance, and adopting a family is a wonderful tradition during the holidays. Please call 222-3663 for more information or visit our website at www.wdm.iowa.gov/HumanServices.

If you are interested in providing assistance, please complete the **Holiday Sponsor Form** by December 8th (November 3rd for Thanksgiving) and send to:

West Des Moines Human Services
ATTN: Mindy Hotovec
139 6th Street, P.O. Box 65320
West Des Moines, Iowa 50265
Melinda.Hotovec@wdm.iowa.gov

Visit us on the web at www.wdm.iowa.gov

HOLIDAY SPONSOR FORM

Contact Name _____ Organization (if applicable) _____
Street Address _____ City, State, Zip _____
Telephone Number _____ E-mail Address _____

- I will deliver directly to the family.**
(Note, food baskets must be delivered to the family.)
- I will deliver to WDM Human Services.**

Do you speak Spanish or have access to an interpreter? Yes No

Have you been a sponsor in the past? Yes No

I would like to participate in the following programs offered by WDM Human Services:

Please check the program(s) and fill in the requested information.

Food Card and/or Food Basket:

- Option 1:** Purchase a **food card** from a local grocery provider for _____ (holiday) (\$25 increment(s) please)
I will provide a food card(s) for _____ family(s). Maximum size of family(s): _____
- Option 2:** Provide a **food basket** for Thanksgiving.
(Food baskets must be delivered directly to the family)
I will provide a food basket for _____ family(s). Maximum size of family(s): _____

Adopt-A-Family Holiday Program:

Minimum Requirements: Sponsors are asked to **provide gifts for the children living in the household up to age 18** consisting of at least two to three gifts per child. Of course, you may provide more if you desire. **(Optional:** Sponsors may also provide a food basket for the family consisting of the groceries needed for a holiday meal or a food card from a local grocery provider.)

I want to adopt _____ family(s). Maximum size of family(s): _____

Special Preferences: (ie, specific ages) _____

Toyland

(Please deliver new, unwrapped toys/gifts to WDM Human Services by December 12th, 2017.)

Monetary Contribution or Gift Cards

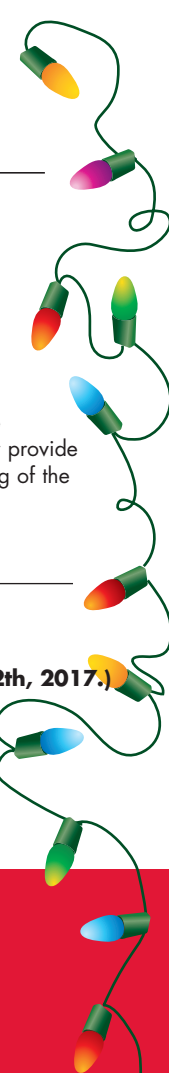
Your contribution will be used to assist families during the holidays and throughout the year.

Please make your check payable to: West Des Moines Human Services

Sponsor forms or donations should be sent to:

(Deadlines: Thanksgiving – 11/3, Christmas – 12/8)

WDM Human Services • Attention: Mindy Hotovec
139 6th Street, P.O. Box 65320, West Des Moines, IA 50265
Melinda.Hotovec@wdm.iowa.gov • 222-3663



WDM CITY OFFICIALS

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Steven K. Gaer

City Council

Kevin Trevillyan
First Ward

John Mickelson
Second Ward

Russ Trimble
Third Ward

Rick Messerschmidt
At Large

Jim Sandager
At Large

Key City Staff

City Manager
Tom Hadden
222-3610

Deputy City Manager
Jamie Letzring
222-3610

City Attorney
Richard J. Scieszinski
222-3523

Bicycle Advisory Commission

Kip Albertson
Margaret Christiansen
Spencer Cox
Helen Eddy
Greg France
Brittany Freund
Mindy Moore
Thomas Suckow
Joel Wolcott

Board of Adjustment

Michael Blaser
Claire Celsi
Eric P. Christiansen
Thomas Cunningham
Angie Pfannkuch

Civil Service Commission

Kevin Flagg
Chris Haviland
Lori Lavorato

Human Rights Commission

Bernell Edwards
Frank Harty
Justine Morton
Ila Plasencia
Sanjita Pradhan

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- 1 City Hall:** 4200 Mills Civic Pkwy
- 2 Public Safety Station #19:** 8055 Mills Civic Pkwy
- 3 Fire Station #21:** 3421 Ashworth Road
- 4 Human Services:** 139 6th Street
- 5 WDM Public Library:** 4000 Mills Civic Pkwy
- 6 Law Enforcement Center:** 250 Mills Civic Pkwy
- 7 Public Services:** 560 S. 16th Street
- 8 Fire Station #17:** 1401 Railroad Avenue

- 9 Westside Fire Station #22:** 1801 68th street
- 10 Fire Station #18:** 5025 Grand Avenue
- 11 Valley Junction Activity Center:** 217 5th Street
- 12 Nature Lodge:** 2500 Grand Avenue
- 13 Holiday Aquatic Center:** 1701 Railroad Avenue
- 14 Valley View Aquatic Center:** 255 S. 81st Street
- 15 Water Works Plant:** 1505 Railroad Avenue

The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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FALL 2017

WDM Parks & Recreation

PROGRAM GUIDE



Online
Registration Starts
August 8 • 8am



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West Des Moines Parks & Recreation Department Facilities

Administrative Office at WDM City Hall 4200 Mills Civic Parkway	222-3444
Raccoon River Park Nature Lodge 2500 Grand Avenue	222-3424
Raccoon River Park Archery Facility 2500 Grand Avenue	222-3424
Raccoon River Park Dog Park 2500 Grand Avenue	222-3444
Raccoon River Park Softball Complex 2500 Grand Avenue	222-3505
Valley Junction Activity Center 217 5th Street	222-3440
Holiday Aquatic Center 1701 Railroad Avenue	273-0700
Holiday Park Baseball Complex 1701 Railroad Avenue	222-3454
Valley View Aquatic Center 255 S. 81st Street	273-0700
Jordan Cemetery 2950 Fuller Road	222-3444
Weather Cancellation Hotline	222-3500



Jordan Cemetery

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.



West Des Moines Parks

American Legion Park...301 Vine St.
Ashawa Park.....4431 Waterford Dr.
Brookview Park.....400 81st St.
Crossroads Park.....5205 Ashworth Rd.
Fairmeadows Park.....543 22nd St.
Florer Park.....1410 Locust St.
Holiday Park.....1701 Railroad Ave.
Huston Ridge Park8455 Coachlight Dr.
Jaycee Park.....5608 Center St.
Jordan Creek Park.....310 50th St.
Kiwanis Park.....3101 Maple St.
Knolls Park.....5150 Aspen Dr.
Maple Grove Park.....9350 Chalk St.
Meadowview Park638 Prairie View Dr.

Pearson Park.....1256 19th St.
Peony Park.....1100 63rd St.
Quail Cove Park.....1515 South 52nd St.
Raccoon River Park.....2500 Grand Ave.
Railroad Park.....425 Railroad Ave.
Scenic Valley Park.....1223 South 24th Ct.
Southwoods Park.....350 South 35th St.
Valley View Park.....255 81st St.
Western Hills Park.....4115 Walnut St.
Wild Rose Park.....6801 Cody Dr.
Willow Springs Park.....5685 Wistful Vista Dr.
Wilson Park.....298 9th St.
Woodland Hills Park.....1230 South 95th St.

Valley Junction Activity Center

Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



Raccoon River Park Nature Lodge

Looking for a room with a view to hold that family function or business meeting? Then the Raccoon River Park Nature Lodge is just the place for you! The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of spaces and services to make planning your event as easy as one...two...three!

The Lakeview Room accommodates groups as small as 20 people up to sit down functions for 110 people. Our great rental rates make things affordable and works with your budget. We have preferred caterers if you choose to use them, or feel free to make your own arrangements with your caterer. Only beer and wine are allowed at the Lodge.

Give us a call at 222-3424 to check availability!



PARKS & TRAILS MAP

WEST DES MOINES PARKS & RECREATION

JORDAN CREEK TRAIL



VALLEY VIEW AQUATIC CENTER

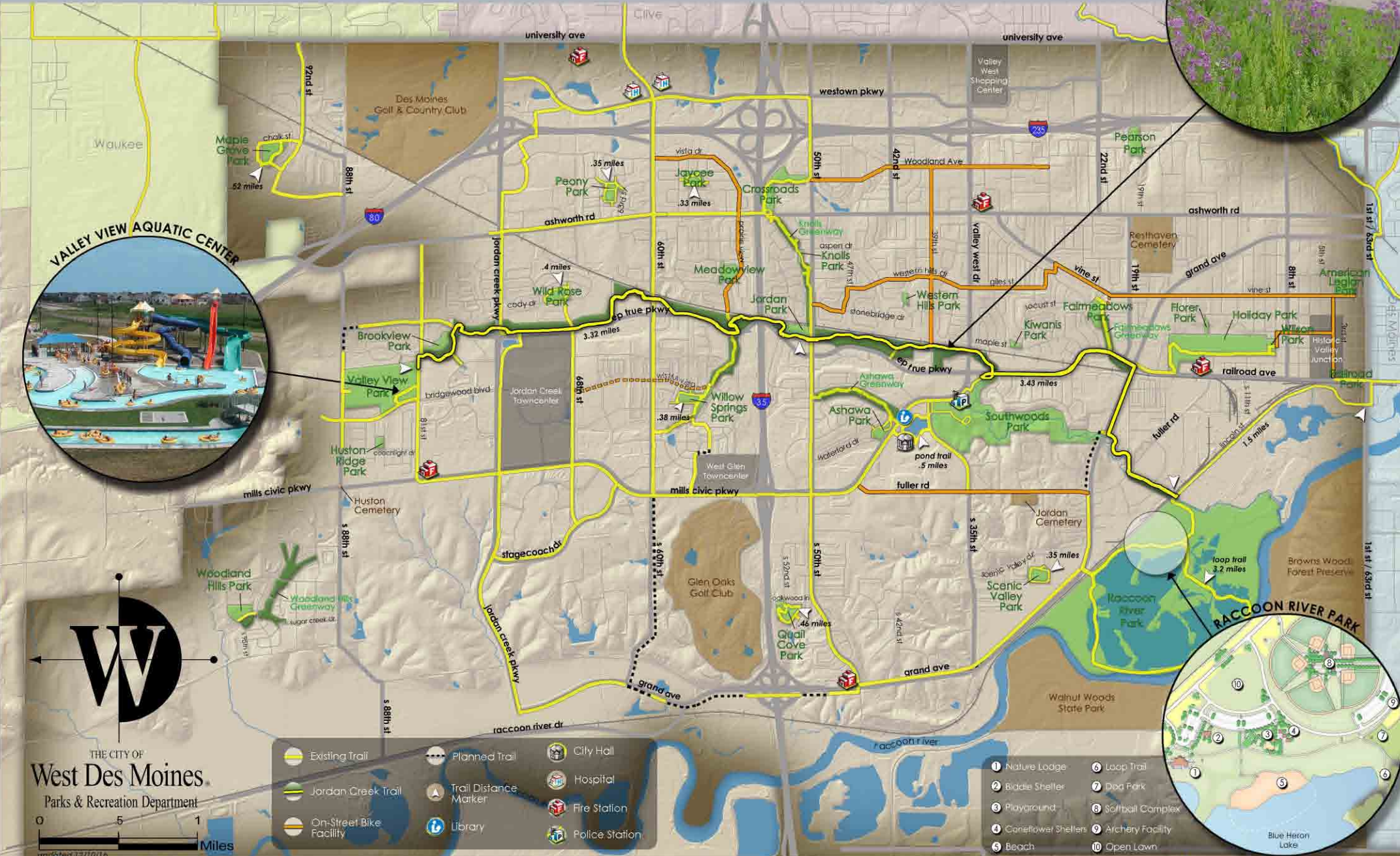


THE CITY OF
West Des Moines
Parks & Recreation Department

0 5 1
Miles
updated 12/10/16

- Existing Trail
- Planned Trail
- City Hall
- Hospital
- Jordan Creek Trail
- Trail Distance Marker
- Fire Station
- On-Street Bike Facility
- Library
- Police Station

- 1 Nature Lodge
- 2 Bicycle Shelter
- 3 Playground
- 4 Coneflower Shelters
- 5 Beach
- 6 Loop Trail
- 7 Dog Park
- 8 Softball Complex
- 9 Archery Facility
- 10 Open Lawn





Raccoon River Park Archery Facility

The facility is the first of its kind in Iowa and features:

- Enclosure walls/fencing
- Overhead 'arrow curtains'
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at www.wdm.iowa.gov/Archery. Questions? (515) 222-3444 or ParkRec@wdm.iowa.gov

Annual Permit	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Adult	\$5	\$5
Youth (15 & Under)	\$5	\$5

Permits can be purchased at the following locations:

- **West Des Moines Parks & Recreation Office**
4200 Mills Civic Pkwy, Suite 1B, West Des Moines
Phone: 222-3444 | Fax: 222-3459
Monday-Friday, 8:00am-5:00pm
- **Raccoon River Park Nature Lodge**
2500 Grand Avenue, West Des Moines
Phone: 222-3424 | Fax: 222-3658
Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours



Using the Facility

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See page 13 for Archery programs

Raccoon River Dog Park

Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the **ONLY** place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

Dog park permits are now on sale! Don't miss out on the fun!

Mail-In

Go to www.wdm.iowa.gov/DogPark download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B
8am – 5pm, Monday-Friday

Raccoon River Park Nature Lodge

2500 Grand Avenue
8am – 5pm, Monday-Friday
Evening/Weekend Hours –
Call 222-3424



Permit	WDM Resident	Non-Resident
Annual	\$20	\$40
Daily	\$5	\$5

Help light up West Des Moines!

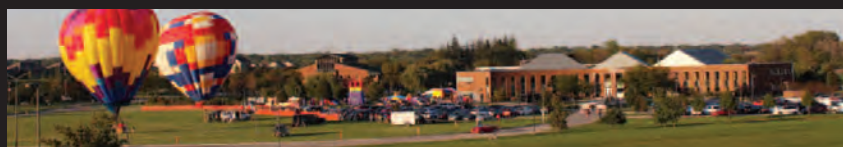
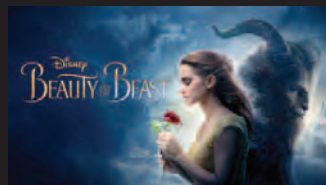
IllumiFest

a Fall Festival of light

Saturday • September 23

4pm – 9pm

4200 Mills Civic Pkwy • WDM City/School Campus



- **Inflatables & Games**
- **Food vendors**
- **FREE hot air balloon rides**
- **FREE demonstrations and exhibits by Chinese Association of Iowa**
- **FREE lantern making**
- **“Royal Promenade” around the Pond with Little Princess Parties**
(Please see page 9 for event details and registration)

- **FREE outdoor movie — Beauty and the Beast**
- **Fireworks**

And much, much MORE!

ILLUMIFEST EVENTS



Little Princess Parties

“Royal Promenade” around the Pond with Little Princess Parties

This is a unique event, created to complement our Illumifest special event! Join several of the “Royal Princesses” for a meet-and-greet before the movie ZOOTOPIA plays on the giant 28’ outdoor movie screen. These professional look-alike Royal characters will be stationed around the pond and available for an autograph and quick photo with your little ones! You will receive a unique “autograph book” upon arrival with the Little Princess Parties actress photos inside for signing. What a fantastic storybook keepsake to a most memorable evening!

DAY	Saturday
DATE	September 23
TIME	5pm – 7pm
LOCATION	WDM City/School Campus – around the pond
AGES	2 and up
COURSE ID	2855
FEE	\$10 per child
REGISTER BY	September 9

*** Please note: Due to time limitations, your registration does not guarantee you a photo and an autograph with ALL Princess characters available. Autograph books must be picked up in the Parks and Recreation Office Wednesday-Friday, September 19th – 23rd and brought to the event. A very limited number of books will be available for purchase on-site.**

STORY HOUR AT THE LODGE

Come to the Nature Lodge to enjoy story hour with our staff naturalist. Bring a lunch to enjoy as we share nature books, stories and games.

DAY	DATES
Thursdays	October 5 – 26
TIME	Noon
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	FREE



HALLOWEEN HOOPLA

Halloween is lurking just around the corner, and this haunted holiday would not be complete without a fun, family-friendly event at Raccoon River Park. Come on out and join the freaky festivities. We will decorate pumpkins and enjoy a ride on the "Witch's Wagon" around the Lake. You will be treated to Count Dracula's "blood" while making your own Skeleton S'mores! Be sure to save the date...we're just dying to see you there.



DAY	Friday
DATE	October 20
TIME	5:30pm – 7:30pm
LOCATION	Raccoon River Park Nature Lodge
AGES	All AGES (Please note: All children must be supervised by a paying adult to participate in the evening festivities and to ride the hayrack.)
FEE	ages 12+: \$6 ages 2 – 11: \$4 under 2 years: FREE
REGISTER BY	October 7
COURSE ID	2853

BEGGARS NIGHT

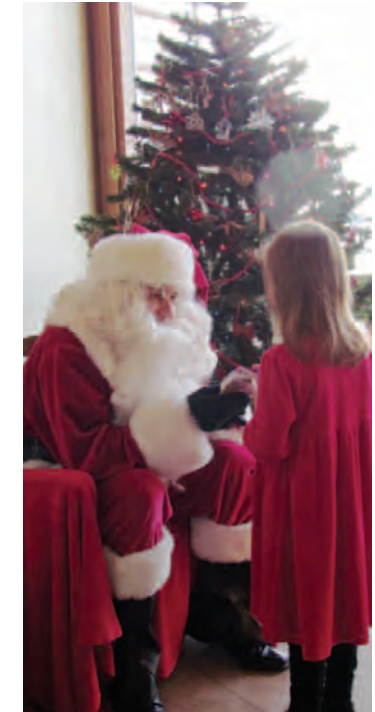
Beggars night for the City of West Des Moines will be **October 30** from **6pm – 8pm.**



BREAKFAST WITH SANTA

Join us for this fun, festive, holiday breakfast featuring Santa Claus himself! Our event features an all you can eat pancake breakfast, catered by "Chris Cakes." Photos on Santa's lap will be available...so be sure to bring your camera! A very limited number of admission tickets will be available for purchase at the door. Please be sure to register early. **All children must be supervised by a paying adult to attend.**

DAY	Saturday
DATE	December 9
TIME	8am – 10am (Open house format)
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	ages 12+: \$6 ages 2 – 11: \$4 under 2 years: FREE
REGISTER BY	November 23
COURSE ID	3323



MARTIAL ARTS

TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life, young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

BEGINNER CLASS

SESSION	DATES	COURSE ID
1	August 29 – October 17	2854
2	October 24 – December 12	2871
DAY	TIME	FEE
Tuesdays	6:30pm – 7:30pm	\$40 per session

LOCATION	Valley Junction Activity Center
AGES	6+
REGISTER BY	One week before the session starts

INTERMEDIATE/ADVANCED CLASS

SESSION	DATES	COURSE ID
1	August 29 – October 17	3013
2	October 24 – December 12	3014
DAY	TIME	FEE
Tuesdays	7:30pm – 8:30pm	\$40 per session

**TAE-KWON-DO/ KARATE
LITTLE NINJAS INSTRUCTOR:**
Phil Dickey: *Fifth Degree Black Belt in Karate, Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee*



LITTLE NINJAS

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

DAY	FEE
Tuesdays	\$28 per session

DATES	SESSION	TIME	COURSE ID
August 29 – October 17	1	5:30pm – 6pm	3009
August 29 – October 17	1	6pm – 6:30pm	3010
October 24 – December 12	2	5:30pm – 6pm	3011
October 24 – December 12	2	6pm – 6:30pm	3012

LOCATION	Valley Junction Activity Center
AGES	4 – 5
REGISTER BY	One week before the session starts

FAMILY "GIVE IT A SHOT" ARCHERY

Have you thought about trying archery, but you don't have any equipment? This family event is planned just for you! Come to the archery facility at Raccoon River Park to give it a try. We will provide the equipment for you to try this exciting new sport. This activity is free, but registration is required.

DAYS	DATES	TIME	COURSE ID
Tuesday	Aug. 15	5:30pm – 7pm	2863
Wednesday	Sept. 27	5:30pm – 7pm	2842
Thursday	Oct. 19	5:30pm – 6:30pm	2861

LOCATION	Raccoon River Park Archery Facility
AGES	6+
FEE	Free



ADULT ONLY DAYS

If you are a stay at home parent, senior or just looking for a chance to try archery come to the Raccoon River Archery facility for this program. We have the equipment, so come and try it out. This event is free, but registration is required.

DAY	DATE	TIME	COURSE ID
Tuesday	Aug. 29	9:30am – 10:30am	2869
Thursday	Oct. 5	1pm – 2:30pm	2868



HUNTER EDUCATION

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an Iowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.

DAYS	DATES	TIMES
Must attend both days		
Thursday	Aug. 24	6pm – 9pm
Saturday	Aug. 26	8am – 5pm
(please bring a sack lunch on Sat.)		
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	http://www.iowadnr.gov/training	





BEGINNERS FIRST STEPS DANCE

Beginners First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience. Let your child learn basic dance movements in a non-threatening, recreational environment!

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz and tap.

No special shoes are required.



DAY	Mondays	
DATES	September 11 – October 16	
AGES	TIME	COURSE ID
5 – 7	5:30pm – 6:15pm	2876
3 – 4	6:15pm – 6:45pm	3391

DAY	Mondays	
DATES	October 23 – December 4 (No class on 10/30)	
AGES	TIME	COURSE ID
5 – 7	5:30pm – 6:15pm	2858
3 – 4	6:15pm – 6:45pm	3392

DAY	Tuesdays	
DATES	September 5 – October 17 (No class on 10/10)	
AGES	TIME	COURSE ID
3 – 4	5:30pm – 6pm	2864

DAY	Tuesdays	
DATES	October 24 – November 28	
AGES	TIME	COURSE ID
3 – 4	5:30pm – 6pm	2877

LOCATION	Valley Junction Activity Center	
FEE	\$39	

INTERMEDIATE FIRST STEPS DANCE

Intermediate First Steps Dance classes are designed as a way for students who have completed a First Steps Dance class in previous sessions to advance their skills. These sessions are 12 weeks in length, as opposed to 6 weeks, and will end with a performance that friends and family members can attend to watch the dancers show off their finely-honed skills. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

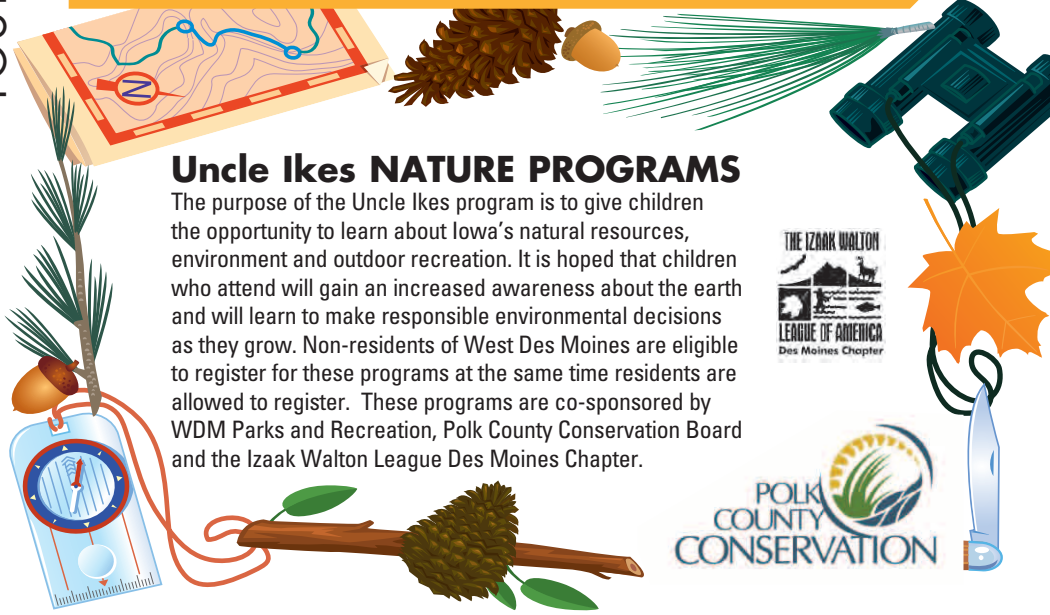
DAY	Mondays	
DATES	September 11 – November 27 (No class on 10/30)	
AGES	TIME	COURSE ID
7 – 10	6:45pm – 7:45pm	2841

DAY	Tuesdays	
DATES	September 5 – November 28 (No class on 10/10)	
AGES	TIME	COURSE ID
5 – 7	6pm – 7pm	2851

LOCATION	Valley Junction Activity Center	
FEE	\$85	



NATURE CLASS FOR CHILDREN 3-5



Uncle Ikes NATURE PROGRAMS

The purpose of the Uncle Ikes program is to give children the opportunity to learn about Iowa's natural resources, environment and outdoor recreation. It is hoped that children who attend will gain an increased awareness about the earth and will learn to make responsible environmental decisions as they grow. Non-residents of West Des Moines are eligible to register for these programs at the same time residents are allowed to register. These programs are co-sponsored by WDM Parks and Recreation, Polk County Conservation Board and the Izaak Walton League Des Moines Chapter.



NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE

Nature Class for children 3-5 with an adult
We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack. Participants must record program name, location and date with the speaker's initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

DAY	DATE	LOCATION	PROGRAM NAME	COURSE ID
Mon.	Sept. 11	Jester Park Shelter #6	Monarchs	2846
Tues.	Sept. 26	Pearson Park	Falling Leaves	2859
Mon.	**Oct. 9	Brown's Woods	Owls	2849
Tues.	**Oct. 24	Raccoon River Park Nature Lodge	Spunky Spiders	2852
Times	6:30pm – 7:30pm ** 6pm – 7pm			
Ages	3 – 5 and an adult			
Fee	\$7			

PRESCHOOL PROGRAM

INDOOR PLAYGROUND

Need to get out of the house and let that toddler run off some steam? We've created an indoor playground that can help get the job done. Toys, slides, and riding toys will challenge your child for a day of fun! Parents are required to stay and supervise their children.

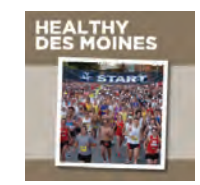
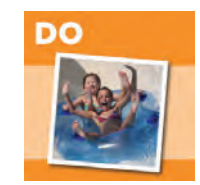
*No Indoor Playground when WDM Schools cancel classes.



DAYS	Mondays & Wednesdays
DATES	October 11 – December 13
TIME	10am – Noon
LOCATION	Valley Junction Activity Center
AGES	4 and under with adult
FEE	FREE



Catch Des Moines active. Outdoor exploration. Biking trails and water slides. Experience edge-of-your-seat sports action. The thrill of crossing the finish line. The excitement of cheering in the stands. The connection with nature. Choose your journey. Watch. Do. Engage with health and wellness. It's all here in Greater Des Moines!



catchdesmoinesactive.com



At Rounded Minds™ our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at roundedminds.com

NEW

ROUNDED MINDS ZUMBA & SPANISH

The ultimate dance-fitness party for young Zumba fans, where they can play it loud and rock with friends. This program features age-appropriate music and moves that get kids moving to the beat, combining movement, music and community in a class for children. High-energy dance party packed with specially choreographed, kid-friendly routines, games and all the music kids love, like hip-hop, reggaeton, cumbia and more!

DAYS	Thursdays
DATES	October 19 – November 30 (No class November 23)
LOCATION	Valley Junction Activity Center Program Room
FEE	\$65
MAXIMUM	20

AGES	TIMES	COURSE ID
4 – 6	5:30pm – 6:30pm	2862
7 – 11	6:30pm – 7:30pm	3541



ROUNDED MINDS ART & SPANISH



Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language and listening skills.

DAYS	Mondays
DATES	November 27 – December 18
TIME	5:45pm – 6:45pm
LOCATION	Valley Junction Activity Center Vets Room
AGES	3 – 7
FEE	\$55
COURSE ID	3067

ART AROUND THE WORLD

Get ready to discover art from around the world. In this six week program, your child will learn art techniques from Japan, Poland, Ukraine, Ghana, Brazil, and Canada. Your child will make multicultural creations while they learn more about the world around them. We will spend some time each week learning about each country and then create art. And to highlight what we've done, select pieces from our sessions will be chosen to be displayed in the lobby of the Valley Junction Activity Center and families will be invited to a gallery night upon completion of the class!



AGES	8-12
FEE	\$65
MINIMUM	5
MAXIMUM	12
COURSE ID	2867

DAYS	Thursdays	
TIME	5:15pm – 6:45pm	
LOCATION	Valley Junction Activity Center Vets Room	
TIME	5:15pm – 6:45pm	
DATES	ART	COUNTRY
September 21	Hanami Cherry Blossom	Japan
September 28	Wycinanki Paper Cutting	Poland
October 5	Pysanky Eggs	Ukraine
October 12	Kente Cloth	Ghana
October 20	Carnival Headdress	Brazil
October 26	Inuit Whale Portraits	Canada
November 2	Gallery Night	

ROUNDED MINDS CONTINUED

ROUNDED MINDS SOCCER & SPANISH



This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.

DAYS	Mondays
DATES	September 11 – October 23 (No class on October 9)
TIME	5:45pm – 6:45pm
LOCATION	Ashawa Park (4431 Waterford Dr.)
AGES	3 – 6
FEE	\$65
COURSE ID	2848

YOUTH SPORTS

FLAG/TOUCH JR. RUGBY

Rugby-It's becoming a hit in our community! Meeting once a week, this program will have a short practice session to cover rules and work on the skills required to play (kick, pass, run) for up to 30 minutes. The rest of each session will consist of the super fun and exciting Flag Rugby, Rookie Rugby, and T3 Touch Rugby formats. Each age group will be skill matched by coaches to determine the best skill level for maximum fun and engagement for all participants of all abilities and ages. All participants will receive a custom designed junior rugby jersey. Although this program is designed to be 'no contact', mouth guards are recommended as there can be incidental contact that occurs.

Learn more at www.JrRugby.com.

WEATHER CANCELLATION
HOTLINE: **222-3500**

DATES	September 16 – October 14
DAY	Saturdays
TIME	9am – 10am
LOCATION	Jordan Creek Park
AGES	4 – 12
FEE	\$75
MAXIMUM	50
COURSE ID	2865



Birthday Parties At The Nature Lodge

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us. Our parties include: setup; a reserved space for your event; a party host or hostess; a theme-related activity; cake; ice cream; juice; paper goods; and most importantly...the cleanup. All parties cost \$110 for the first 12 participants (including the

birthday child) and are two hours in length. An additional fee of \$10 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed.

PLEASE NOTE: All party participants must meet the minimum age required for each specific party. To schedule your special date, please call 222-3424. Reservations must be made at least 2 weeks in advance.



THEME	AGE (of all party participants)
Animal Tracks	4-8
Trolls	4-8
Pirate Party	5-8
Frozen	4-8
Princess Party	4-8
Star Wars	5-8

Party themes are effective September 1st.



CREATIVE GENIUSES

Fun, educational, and personalized art program for children. Children will look and talk about art and self expression making their own masterpieces. Art education for children supports creative ability, confidence, hand eye coordination, math, science, and literacy skills. Most of all, art just feels good! We are where the ART and mind shine bright!

PreK Art Play

Our PreK curriculum follows a seasonal theme and will ignite an excitement for art and it's varieties through what children love to do most at this age, play. This beginning art making experience builds the foundation of the visual arts while supporting age appropriate skills including: hand/eye coordination, building confidence in one's abilities, language development social skills, support for beginning math, literacy, science skills, exploring and learning about the world around us and healthy self expression

DAY	Wednesdays	
DATES		COURSE ID
September 13 – October 18		3075
November 8 – December 13		3076
TIME	5:30pm – 6:00pm	
LOCATION	Valley Junction Activity Center	
AGES	3 – 5	
FEE	\$36	
MAXIMUM	12	

Art Squad

Art Squad is our team of young artists who will engage in a variety of ways to make art and visit the ideas that art expresses through a seasonal theme. Our personalized approach allows each student to make art about their own interests. Art Squad promotes the respect of student ideas and provides a healthy and supportive community for self expression

DAY	Wednesdays	
DATES		COURSE ID
September 13 – October 18		3077
November 8 – December 13		3078
TIME	6:15pm – 7:15pm	
LOCATION	Valley Junction Activity Center	
AGES	6 – 11	
FEE	\$59	
MAXIMUM	12	

NEW

LEARN TO SKATE

Learn to Skate classes offer your skater plenty of opportunity to work on developing skills for ice sports from figure skating to ice hockey. Sessions include a 30 minute group skill lesson followed by 30 minutes of practice time. There are classes available for 3 year olds to adult, and for all skill levels! Each participant is invited to join their class for a performance routine in the Winter and Spring Shows!

DATES	TIME	DAY	COURSE ID
September 9 – October 14	3pm – 4pm	Saturdays	2886
September 13 – October 18	5:30pm – 6:30pm	Wednesdays	2887
October 21 – December 2	3pm – 4pm	Saturdays	2888
October 25 – November 29	5:30pm – 6:30pm	Wednesdays	2889

LOCATION	Buccaneer Arena 7201 Hickman Rd.
AGES	3 – Adult
FEE	\$100 per session
MAXIMUM	75 per session



NEW

LET'S CANOE

Have you ever wanted to explore Blue Heron Lake at Raccoon River Park? Here is your chance! We will have our canoes available for your use. You can sign up for an hour of canoe time to explore the lake, fish or just relax on the lake. Only one canoe per family. Each canoe will hold three people.

DAY	Saturday
DATE	October 14
TIME	COURSE ID
1pm – 2pm	3321
2pm – 3pm	3322
LOCATION	Raccoon River Park
AGES	ALL
FEE	\$10 per family
COURSE ID	3322



ZUMBA

Perfect For Everybody and every body! Each Zumba® class is designed to bring people together to sweat it on.

How It Works

We take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you’ll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check and check.

Benefits

A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.



DAYS	Monday, Wednesday, Thursday	
AGES	12+	
TIME	5:15pm – 6:15pm	
LOCATION	Valley Junction Activity Center Ballroom	
DATES	FEE	COURSE ID
Sep. 6 – Oct. 19	\$105	3325
Oct. 30 – Dec. 21	\$120	3326
MAXIMUM	50	



MIXED LEVEL I & II: BALLROOM DANCING

This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, and Rumba. We will teach 5-7 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area. You are encouraged to have a partner for this class as we do not require anyone to change partners during class.



LEVEL I & II

LOCATION	Valley Junction Activity Center		
FEE PER PERSON	\$60		
DATES	DAYS	TIMES	COURSE ID
September 10 – October 22	Sundays	12:30pm – 1:30pm	3005
October 29 – December 10	Sundays	12:30pm – 1:30pm	3002
September 7 – October 19	Thursdays	6:45pm – 7:45pm	3000
October 26 – December 14 (No class Thanksgiving day)	Thursdays	6:45pm – 7:45pm	3001

MIXED LEVEL II & III: BALLROOM DANCING

This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and technique will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level. PLEASE NOTE! This is a couple’s only class.

Any questions, please contact Jim and Suzi Benjamin at DancelInfo@DesMoinesDance.org

LEVEL II & III

LOCATION	Valley Junction Activity Center		
FEE PER PERSON	\$60		
DATES	DAYS	TIMES	COURSE ID
September 11 – October 23	Mondays	6:45pm – 7:45pm	3003
October 30 – December 11	Mondays	6:45pm – 7:45pm	3006
September 7 – October 19	Thursdays	6:45pm – 7:45pm	3000
October 26 – December 14 (No class Thanksgiving day)	Thursdays	6:45pm – 7:45pm	3001

LEVEL III & IV

LOCATION	Valley Junction Activity Center		
FEE PER PERSON	\$60		
DATES	DAYS	TIMES	COURSE ID
September 10 – October 22	Sundays	1:30pm – 2:30pm	3007
October 29 – December 10	Sundays	1:30pm – 2:30pm	3008

ADULT MEN'S FLAG FOOTBALL LEAGUE

Applications are now available for teams interested in joining a Flag Football league. Please call 222-3444 to have an application mailed, emailed or faxed to you. Seven man teams will play a 7 game schedule.



GAME TIMES	6:15pm, 7:15pm, 8:15pm, and 9:15pm		
*Some Monday or Thursday games may be scheduled for all leagues			
LEAGUE NAME	DAY	START DATE	COURSE ID
Men's A	Tue	August 29	15902
Men's B	Tue	August 29	15903
Men's B	Wed	August 30	15904
Men's C	Wed	August 30	15905
LOCATION	Valley Stadium • 4440 Mills Civic Pkwy.		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Tuesday, August 1 at 4pm		
FEES	Team fee \$535.30 (tax included) Non-WDM resident fee \$6		

MEN'S BASKETBALL LEAGUES

Applications will be available in September for teams interested in joining our exciting and very popular basketball leagues. Please call 222-3444 to have an application mailed, emailed or faxed to you. Teams will play a 10 game, round robin schedule.

All games will be staffed with high school certified officials and scorekeepers.

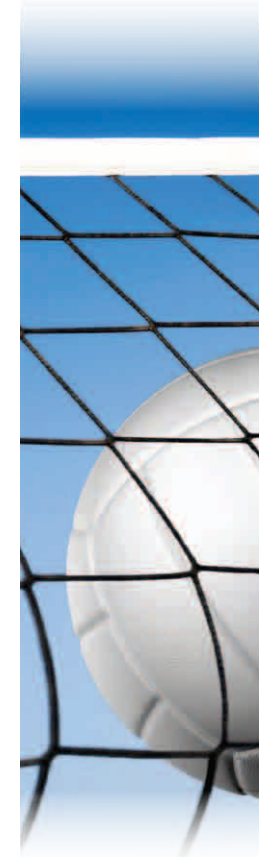


LEAGUE NAME	DAY	START DATE	COURSE ID
Men's A	Wed	November 29	15906
Men's B1	Wed	November 29	15907
Men's B2	Wed	November 29	15908
Men's C1	Wed	November 29	15909
Men's C2	Wed	November 29	15910
Men's C3	Wed	November 29	15911
Men's D1	Wed	November 29	15912
Men's D2	Wed	November 29	15913
Men's B1	Sun	December 3	15914
Men's B2	Sun	December 3	15915
Men's C	Sun	December 3	15916
Men's D	Sun	December 3	15917
LOCATION	Various WDM, Clive and Waukee Schools		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Thursday, November 2 at 4pm		
FEES	Team fee \$439.90 (tax included) Non-WDM resident fee \$6		

VOLLEYBALL LEAGUES

Applications for our Fall volleyball leagues are now available. Call 222-3444 to have one mailed, emailed or faxed to you. Six player teams will play a 10 match schedule. All Leagues will be staffed with an official.

LEAGUE NAME	DAY	START DATE	COURSE ID
Coed A	Mon	September 11	15918
Coed B	Mon	September 11	15919
Coed C	Mon	September 11	15920
Coed A	Tues	September 12	15921
Coed B	Tues	September 12	15922
Coed C	Tues	September 12	15923
Women's A	Wed	September 13	15924
Women's B1	Wed	September 13	15925
Women's B2	Wed	September 13	15926
Women's C	Wed	September 13	15927
Coed A1	Thurs	September 14	15928
Coed A2	Thurs	September 14	15929
Coed B	Thurs	September 14	15930
Coed C1	Thurs	September 14	15931
Coed C2	Thurs	September 14	15932
LOCATION	Various		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Thursday, August 10 at 4pm		
FEES	Team fee \$259.70 (tax included) Non-WDM resident fee \$6		



ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues. The order of priority is as follows:

- 1.) **Returning Teams.** Defined as having at least 51% of last season's roster.
 - a.) Teams who participated in the league the previous season.
 - b.) Teams who participated in the league the previous year.
 - c.) Teams may be placed in another division at Department's option to equalize competition.
- 2.) **New Teams.** Teams that did not participate in the league the previous season or year.
- 3.) **Late Teams.** Any team that does not meet the established deadlines will be accepted at the Department's discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the city of West Des Moines School District in all cases except softball, where City boundaries apply.

ADULT SPORTS



ADULT GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual attention as needed. Lessons are held at West Grand Golf. Participants will need to bring all clubs to first class.

DAYS	Monday – Thursday
DATES	September 11 – 14
TIME	6:30pm – 7:30pm
LOCATION	West Grand Golf, 6450 Raccoon River Drive (1 mile west off of Interstate 35)
FEE	\$52 per person
INSTRUCTOR	Sarah Ward
MINIMUM	6
MAXIMUM	12
COURSE ID	3543

COED BADMINTON
OPEN GYM

Drop in for recreational pick-up badminton matches.

DAYS	Wednesdays
DATES	July 30, 2017 – June 24, 2018
TIME	2:30pm – 5pm
LOCATION	Valley Southwoods – 625 S. 35th St.
FEE	• \$2 WDM school district residents • \$3 non-residents due on site

Corporate
Sponsor
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*We would like to say
thank you to our sponsors
and advertisers
of the Adult Sports
Program. We encourage
you to support them!*

- COCA COLA
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THANK
YOU!

RECREATION
HOTLINE

FOR SPECIAL PROGRAM
INFORMATION AND
UPDATES OR WEATHER-
RELATED CANCELLATIONS,
CALL THE RECREATION
HOTLINE!

222.3500



ADULT COED KICKBALL LEAGUE

Applications for the upcoming Adult Kickball League are now available. Teams play a 6 game schedule. Teams will be split into Jr. High, Jr. Varsity and Varsity divisions when numbers are conducive. Call 222-3444 for more information.

GAME TIMES	6:15pm, 7:15pm, 8:15pm, and 9:15pm		
LEAGUE NAME	DAY	START DATE	COURSE ID
Coed	Monday	August 28	15933
Coed	Tuesday	August 29	15934
Coed	Wednesday	August 30	15935
Coed	Thursday	August 31	15936
LOCATION	Raccoon River Park Softball Complex		
AGES	Adults (18 & older and a high school graduate)		
DEADLINE TO APPLY	Wednesday, August 9 at 4pm		
FEES	Team fee \$174.90 (tax included) Non-WDM resident fee \$3		

ADULT CRAFT CRAZE!

Are you looking to get out of the house and get those creative juices flowing? If so, you may want to sign up for a Craft Craze Class. During each class you will leave with a finished or nearly finished item great for decoration or for gifts.

October 12 • #2847
Floating Ghost

You will take some cheesecloth and wire and make an adorable little ghost who seems to be floating in mid air! Super easy and super cute!

November 9 • #2860
Jeans to Jewelry

Bring an old pair of ragged jeans and leave with some original jewelry. You will use the zipper, seams and waist band to create one-of-a-kind jewelry. Great for a gift or keep it for a nice Holiday flair!

TIME	9:30am – 11am
LOCATION	Raccoon River Park Nature Lodge
FEE	\$7 per class
(Coffee and tea will be served!)	

SENIOR DAY TRIPS

Open to people 55 years and over.

FALL MYSTERY TRIP

Jump on board the mystery bus for an adventurous day full of surprises! You should come prepared for both indoor and outdoor activities since our destination will not be revealed. Please be sure to dress casual and comfortable. This trip will include your lunch, and any admissions to destinations we may visit.

DAY	Tuesday
DATE	September 12
TIME	8am – 6pm
LOCATION	It's a Mystery!
DEPARTURE LOCATION	Valley West Mall — SE Lot
FEE	\$64
REGISTER BY	August 29
MAXIMUM	52
COURSE ID	2850

CELEBRATION BELLE THROUGH 2 LOCK AND DAMS

Enjoy the scenic fall colors as we cruise downriver and enjoy all of the wonderful food and live entertainment along the Mississippi River to the historical town of Muscatine. We'll board the largest luxury excursion vessel on the upper Mississippi River, and take in breathtaking views. AS if that weren't enough to tempt you... our day will also include sticky rolls and fruit as the cruise departs, a full hot lunch buffet, and a snack in the afternoon! Prepare yourself for a fun, relaxing day on the river.

DAY	Wednesday
DATE	October 18
TIME	7am – 7pm
LOCATION	Moline, IL to Muscatine, IA
DEPARTURE LOCATION	Valley West Mall — SE Lot
FEE	\$99
REGISTER BY	October 4
MAXIMUM	104
COURSE ID	2845



SENIOR DAY TRIPS

Open to people 55 years and over.

"THE CHURCH BASEMENT LADIES IN RISE UP, O MEN" AT THE AMANA THEATRE

A charming slice of Midwest life with Lloyd and Marvin, two buddies who spend the day in their ice fishing shanty sharing stories and laughs! As a musical, you can expect hilarious songs like "The Wishing Hole," "Ode to a Snowmobile Suit," "Fish is the Miracle Food" and "The One That Got Away." Guys on Ice has been performed all across the country to sell-out crowds. Rated PG. Lunch is included at the famous Ox Yoke Inn, where food is served "family style." There will also be free time for shopping...making it a wonderful day in the Amana Colonies!!

DAY	Wednesday
DATE	November 8
TIME	8am – 7pm
LOCATION	Amana Colonies
DEPARTURE LOCATION	WDM City Hall, 4200 Mills Civic Parkway
FEE	\$72
REGISTER BY	October 25
MAXIMUM	48
COURSE ID	3324



DAY TRIP INFORMATION

*PLEASE NOTE: Space is limited to the first 52 people who register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. Please note the departure location for each trip!



ST. LOUIS CARDINALS VS. CHICAGO CUBS DOUBLE HEADER

Join us as we travel to the "The Gateway to the West" to take in the rivalry between the Cubs and Cards! This three day, two night package includes: stadium seating on Monday night; premium, all-inclusive seats on Tuesday in a box suite on Redbird Row! These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket! (Please note: These seats include indoor/outdoor seating in Suite #213, in right field.) This travel package also includes a two night hotel stay; breakfast each morning at the hotel; and roundtrip transportation. Whichever team you cheer for....GO CUBS! or GO CARDS! This trip will satisfy all baseball fans.

DAYS	Monday – Wednesday
DATE	September 25 – 27
LOCATION	St. Louis, MO
FEE	\$419 / person double \$389 / person triple \$369 / person quad \$519 / person single
REGISTER BY	September 1
DEPARTURE LOCATION	WDM City Hall
COURSE ID	1117



IOWA HAWKEYES VS MINNESOTA

Join us as we travel to Kinnick Stadium to watch the Iowa Hawkeyes take on Minnesota! This exciting day trip includes your game ticket and round trip transportation. Pack your cooler, and leave the driving to us as we travel via deluxe motor coach. What a great way to experience Hawkeye football at Kinnick Stadium. GO HAWKS!

DAY	Saturday
DATE	October 28
DEPARTURE TIME GAME KICKOFF	TBA TBA
LOCATION	Iowa City
DEPARTURE LOCATION	WDM City Hall
FEE	\$114
REGISTER BY	October 13
COURSE ID	3544



A \$100 non-refundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.

4 WAYS TO REGISTER



Scan & Register with your mobile device.

- **Online:**
www.wdm.iowa.gov/ParkRecReg
- **Mail-In:**
P.O. Box 65320, WDM, IA 50265
- **Call-In:**
222-3444
- **Fax-In:**
222-3459



POLICIES

REFUND POLICY

Refunds will be gladly given for any reason as long as your request for a refund is submitted before the registration deadline date. Any time after that date, refunds will only be issued with a written medical excuse. *This policy does not apply to travel programs & adult sports leagues.*

CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each Registration change made after participants are enrolled in a program.

RECREATION PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications will be available at **WDM Human Services, 139 6th Street.**

ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks & Recreation Department, at least 48 hours in advance. Please call **222-3444** to have accommodations provided.

WDM Parks & Recreation registration form

Account Primary Contact

First Name _____	Last Name _____
Birthdate _____	Phone _____
Mailing Street Address _____	Email _____
City, State, Zip _____	Card number _____ / / exp. date
<i>\$5 / change fee for program changes made after your registration has been processed.</i>	CVC _____ Visa, Mastercard, or Discover (Circle one)

WDM Parks & Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks & Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant First Name	Participant Last Name	Birthdate	Activity	Course ID	Fee

Please make checks payable to the City of West Des Moines

MAIL to: WDM Parks & Recreation • P.O. Box 65320 • West Des Moines, IA 50265

DROP OFF this form with your payment at the Parks & Recreation Administration Office
4200 Mills Civic Parkway • West Des Moines, IA 50265



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\$5 Day Passes are now available online for the **Dog Park** and **Archery Facility** at Raccoon River Park.

Find them at wdm.iowa.gov/DayPasses

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