CITY OF WEST DES MOINES
CITY COUNCIL MEETING COMMUNICATION

ITEM: Approval of Proclamation
Mental Health Month

DATE: May 2, 2016

FINANCIAL IMPACT: None

BACKGROUND:

Observing Mental Health Month during the month of May would provide a special opportunity to increase awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses.

OUTSTANDING ISSUES (if any): None

RECOMMENDATION:

Approval of Proclamation declaring May 2016 as "Mental Health Month"

Lead Staff Member: Ryan T. Jacobson, City Clerk RTJ

STAFF REVIEWS

Department Director	Ryan T. Jacobson, City Clerk
Appropriations/Finance	
Legal	
Agenda Acceptance	RTJ

PUBLICATION(S) (if applicable)

Published In	
Dates(s) Published	

SUBCOMMITTEE REVIEW (if applicable)

Committee			
Date Reviewed			
Recommendation	Yes	No	Split

Proclamation
May is Mental Health Month

WHEREAS, mental health is essential to everyone's overall health and well-being; and mental illnesses are real and prevalent in our nation; and

WHEREAS, early identification and treatment can make a difference in successful management of mental illness and recovery; and

WHEREAS, with early and effective treatment, those individuals with mental illnesses can recover and lead full, productive lives; and

WHEREAS, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness; and

WHEREAS, each business, school, government agency, healthcare provider, organization and citizen shares the burden of mental illnesses and has a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, I, Steven K. Gaer, Mayor of the City of West Des Moines, do hereby recognize May 2016 as Mental Health Month. We call upon the citizens of West Des Moines, Iowa to commit to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all people with mental illnesses.

Signed this 2nd day of May, 2016.

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Steven K. Gaer
Mayor

Attest:

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Ryan Jacobson
City Clerk