

**CITY OF WEST DES MOINES  
BICYCLE ADVISORY COMMISSION**

**AGENDA**

**5:30 p.m.**

**Thursday, March 2, 2017**

**City Hall – City Council Chambers  
4200 Mills Civic Parkway**

- 1. Call to Order / Approval of Agenda**
- 2. Citizen Forum**
- 3. Approval of Minutes of January 5, 2017 Meeting**
- 4. Old Business**
  - A. Veterans Parkway / Great Western Trail Update (Informational Item Only)
- 5. New Business**
- 6. Committee Reports**
  - A. Education and Encouragement Committee
  - B. Enforcement and Evaluation Committee
  - C. Engineering Committee
- 7. Staff Reports**
  - A. Engineering
  - B. Public Services
  - C. Police
  - D. Parks and Recreation
- 8. Other Matters**
  - A. Action Items
  - B. Recognition of Outgoing Commissioners – Steve Gatton / AJ Kelley
- 9. Receive, File and/or Refer**
  - A. Des Moines Area MPO, Central Iowa Bicycle– Pedestrian Roundtable Packet – January, February

The City of West Des Moines is pleased to provide accommodations to disabled individuals or groups and encourages their participation in city government. Should special accommodations be required please contact the Parks & Recreation office at least 48 hours in advance, at 222-3444 to have accommodations provided.

**WEST DES MOINES BICYCLE ADVISORY COMMISSION  
Thursday, January 5, 2017**

The regular meeting of the West Des Moines Bicycle Advisory Commission was called to order on Thursday, January 5, 2017, at 5:30 p.m. by Chair Eddy.

<b>Commission</b>	Joel Wolcott <i>Secretary</i>	Brittany Freund	Kip Albertson	AJ Kelley	Helen Eddy <i>Chair</i>
<b>Present</b>	X	X	X	X	X
<b>Commission</b>	Margaret Christiansen	Spencer Cox	Steve Gatton	Greg France <i>Vice Chair</i>	
<b>Present</b>	X	Arrived at 5:36pm	X	X	

<b>Staff</b>	Sally Ortgies <i>Director of Parks &amp; Recreation</i>	Greg Hansen <i>Superintendent of Recreation</i>	Susan Greenwood <i>Parks &amp; Recreation Administrative Secretary</i>	
<b>Present</b>	X	X	X	
<b>Staff</b>	Joe Cory <i>Deputy Director of Public Services</i>	Marco Alvarez <i>Park Planner</i>	Eric Petersen <i>Traffic Engineer</i>	Duane Wittstock <i>City Engineer</i>
<b>Present</b>	X	X	X	X

Chair Eddy informed the audience that the Veterans Parkway / Great Western Trail Presentation is an informational item only for the Bicycle Advisory Commission and that no public comment would be received. She encouraged everyone to attend the Warren County meeting on January 11.

**On Item 1. Approval of Agenda**

It was moved by Kelley to approve the agenda as presented. France seconded. Motion carried.

**On Item 2. Citizen Forum**

No items.

**On Item 3. Approval of Minutes of December 1, 2016 Meeting**

Gatton to approve the minutes as presented. Kelley seconded. Motion carried.

**On Item 4. Presentation**

**A. Veterans Parkway / Great Western Trail (Informational Item Only)**

Wittstock provided background on the Microsoft Project Osmium and the Southwest Connector Study. He presented the Great Western Trail / Veterans Parkway alignment alternatives. Wittstock shared that the Warren County Conservation Board is currently receiving input and will make a recommendation to the Warren County Board of Supervisors at an upcoming meeting. He stated that the City of West Des Moines is involved because they have financing and want to build a road. He added that Warren County owns and operates the trail and will provide options to the WDM City Council. Chair Eddy reiterated to the audience that the presentation was an informational item only and that public comment would be received by Warren County on January 11 at 7pm at the Warren County Nature Center. France asked what distance of the trail would potentially be impacted. Wittstock responded that up to 1.6 miles could be impacted. Eddy stated that the WDM Bicycle Advisory Commission would not have an official role in the recommendation unless requested by WDM City Council. She encouraged Commission members and the audience to remain involved and to contact elected officials as citizens and as bicyclists.

On Item 5. Old Business  
No items.

On Item 6. New Business  
No items.

Staff Reports:  
On Item 7A. Engineering  
No additional items.

On Item 7B. Public Services  
No additional items.

On Item 7C. Police  
No representative present.

On Item 7D. Parks and Recreation  
Eddy congratulated Ortgies on being hired as the new Director of Parks & Recreation.

Superintendent of Recreation  
Hansen shared that he will be attending the Bike Expo on January 21.

Interim Director of Parks & Recreation  
Ortgies shared that going forward the Commission's full packets will be published on the City's website along with the agendas.

Other Matters:  
On Item 8A. Action Items  
No additional items.

Receive, File and/or Refer:  
9A. Des Moines Area MPO, Central Iowa Bicycle-Pedestrian Roundtable Packets – December

It was moved by Christensen to adjourn at 6:07p.m. France seconded. Meeting adjourned.

Respectfully submitted,

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Susan Greenwood  
Administrative Secretary

ATTEST:

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Joel Wolcott  
Commission Secretary



**NOTICE OF MEETING**

**Central Iowa Bicycle-Pedestrian Roundtable**

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**12:00 p.m., Tuesday, January 17, 2017**

**Burnham Room, MPO Office**

**420 Watson Powell, Suite 200, Des Moines, IA**

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**TENTATIVE AGENDA**

1. **Call To Order**
2. **Introductions**
3. **VOTE: Approval of Agenda**
4. **VOTE: Approval of the Roundtable's December 20, 2016 Meeting Minutes**
5. **PRESENTATION: 50314 Neighborhood Design For Health Presentation**
6. **DISCUSSION: STBG Projects for FFY 2021**
7. **DISCUSSION: Great Western Trail and Veteran's Parkway Update**
8. **INFORMATION: Bike and Ride Data**
9. **Other Non-Action Items of Interest to the Committee**
10. **Project Updates**
11. **Future Agenda Items**
12. **Next Roundtable Meeting Date: 12:00 p.m. on Tuesday, February 21, 2017**
13. **Adjournment**

# Agenda Report

Central Iowa Bicycle-Pedestrian Roundtable

## INFORMATION: Bike and Ride Data

INFORMATION: Report concerning the bike and ride data for central Iowa.

## BACKGROUND:

Below are the most recent Bike & Ride Counts for the Des Moines Area Regional Transit Authority (DART):

Table 1: DART Bike & Ride User Counts per Month by Year

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
JANUARY	717	718	521	341	636	1,772	1,705	1,565	2,275	1,599
FEBRUARY	378	623	973	356	868	1,799	1,738	1,031	1,287	1,917
MARCH	833	1,183	1,935	N/A	2,252	3,160	2,106	2,026	3,366	3,488
APRIL	1,256	1,904	2,792	2,902	3,075	3,901	3,549	3,179	4,359	4,300
MAY	1,934	2,739	3,454	3,333	3,884	4,574	5,095	4,370	4,873	8,214
JUNE	2,632	3,297	4,228	3,828	4,646	4,781	5,370	5,238	5,591	6,480
JULY	2,823	3,968	4,446	4,174	5,046	5,156	6,470	5,636	6,162	5,686
AUGUST	3,202	6,636	4,385	4,425	5,692	5,952	6,996	5,440	6,421	
SEPTEMBER	2,823	3,844	4,156	3,945	4,898	4,168	6,707	5,874	6,163	
OCTOBER	5,873	3,797	N/A	3,862	4,777	4,628	6,618	6,337	5,670	
NOVEMBER	2,282	2,248	2,367	2,623	2,858	3,295	3,804	3,596	3,345	
DECEMBER	701	701	910	1,316	2,034	2,053	2,260	3,158	2,685	
TOTAL	25,454	31,658	30,167	31,105	40,666	45,239	52,418	47,450	52,197	31,684

Source: DART

## INFORMATION: APBP 2016 Webinar Schedule

Jan 18	Low Stress Networks
Feb 15	Growing the Movement - University Curriculum for Pedestrian and Bicycle Professionals
Mar 15	Active Transportation in Rural Settings
Apr. 19	Maintaining Bicycle and Pedestrian Connectivity in Work Zones
May 17	Making Crossings Safe, Convenient and Inviting
Jun 21	Beyond Counting - Putting the Data to Work for Better Planning and Evaluation
July 19	Restoring Public Access to Waterfronts
Aug 16	Incorporating Public Art into Transportation Corridors
Sept 20	Green Design: Minimizing Environmental Impact in Public Rights of Way
Oct 18	Designing Transit to Support Active Transportation, and Vice Versa
Nov 15	Street Lighting - Best Practices and Innovations in Illumination Technology
Dec 13	The Modes They Are A-Changing - Changing Landscape of Transportation and Implications for Bicycling and Walking

## MEETING NOTES

### DES MOINES AREA METROPOLITAN PLANNING ORGANIZATION (MPO) CENTRAL IOWA BICYCLE-PEDESTRIAN ROUNDTABLE

December 20, 2016  
12:00 PM.

MPO Office, Burnham Room  
Des Moines, Iowa

#### Roundtable Attendees Present:

Vern Willey, City of Altoona  
Tony Filippini, Ames Area MPO  
Nick Lenox, City of Ankeny  
Mark Arentsen, City of Bondurant  
Ruth Randleman, City of Carlisle  
Jenny Richmond, City of Des Moines  
Jan Herke, City of Urbandale  
Marco Alvarez, City of West Des Moines  
Lisa Hein, INHF  
Jeff Davidson, Keep Iowa Beautiful

David Fiehler, Shive Hattery  
Jenifer Bates, Shive Hattery  
Mindy Moore, Snyder and Associates  
Jim Priebe, Warren County Conservation  
Butch Niebuhr, Bolton and Menk  
Jared Morford, Bike Collective  
Jeremy Lewis, Bike Collective  
Carl Voss, Bike Collective  
Jeff Cook, Friends of CVT  
Clifford Leonard, Citizen

#### Roundtable Staff Present:

Mike Armstrong, Associate Transportation Planner

#### 1. Call to Order

The December 20, 2016 Roundtable meeting was called to order at 12:03 p.m.

#### 2. Introduction

#### 3. Approval of Agenda

#### 4. Approval of the Roundtable's November 15, 2016 Meeting Notes

#### 5. DISCUSSION: Policies for Pedaling Report

Staff presented on a report by the Chaddick Institute of DePaul University called *Policies for Pedaling: Managing the Tradeoff between Speed and Safety for Biking in Chicago*. This report covered current trends in enforcement and policies around bicycling with a specific focus on the Idaho Stop law. The study examined behaviors at intersections throughout Chicago and found that currently the prevalent behavior is to follow Idaho Stop rules when approaching an intersection on bicycle. The authors recommend allowing Idaho Stops at intersections with four-way stops and further studying options at signalized intersections.

#### 6. DISCUSSION: Iowa DOT Administrative Rule Chapter 165, Recreational Trails Program Review

Staff presented the proposed changes to the Iowa DOT Recreational Trails Program chapter from the Iowa DOT. Any comments or questions can be directed to Craig Markley at [craig.markley@iowadot.us](mailto:craig.markley@iowadot.us) by January 9. The DOT summarizes the changes as:

- Removing and revising outdated language
- Adding definitions of terms used
- Clarifying that matching funds from other state agencies and programs and in-kind costs can be used for to match SRT funds
- Additions explanation of eligible costs is added

- Provides extra points in scoring for “shovel ready” projects

The Roundtable discussed the changes with some notes made. The question was raised if on-street projects would still be eligible for SRT funds. There were questions made about the definition of “shovel ready” and how the additional points could severely impact scoring, especially among smaller communities that may not be able to purchase ROW before applying for funding if that is included in “shovel ready.” Finally, a concern was raised over the definition of recreational trail and funding eligibility for motor vehicle uses. The MPO will seek clarification from the Iowa DOT on these questions and forward on concerns.

**7. DISCUSSION: FFY 2021 STBG Program Public Comment**

Staff updated the Roundtable on the STBG and STBG Set Aside process. STBG applications have been received and the project details and scoring are available on the MPO website. Public comment will be accepted throughout January through a public meeting, email, and an online input map. The projects will also be brought back to the Roundtable in January for any final comment.

The STBG Set Aside program, which has previously been title Transportation Alternatives Program, is changing due to FHWA guidance. In the past, MPOs were able to flex an amount from STP into TAP, usually around \$500,000. This money will now return to STP/STBG funds. However, the Funding Subcommittee has stated it will keep that money available for TAP-type projects in the future. This means that in future years, Set Aside/TAP projects will fill out both the Set Aside and STBG applications. The MPO will strive to make this as easy as possible, while maintaining our commitment to TAP projects. The Set Aside applications are not yet available. The Roundtable will be updated in the future with greater detail.

**8. INFORMATION: Bike and Ride Data**

**9. Other Non-Action Items of Interest to the Committee**

Warren County Conservation Board discussed their recent meeting on the Southwest Connector project and how it will impact the trail. The next public meeting will be January 11<sup>th</sup>, and Jim Priebe is still accepting public comment on the project.

The Roundtable also raised the question of how can we protect trails and linear parks in the future through policy or other means. This may be a future Roundtable item.

**10. Project Updates**

- INFH shared that they have protected over 6000 acres of land this past year.
- Preliminary work is being done to explore connecting the Raccoon River Valley Trail out to the Council Bluffs area.
- Urbandale’s new trail is open near 100<sup>th</sup> Street and Meredith.
- The Prairie City Trail from Monroe to Mitchellville continues with work being done on the trailhead in Monroe.
- A marketing study has been completed for the Chichaqua Valley Trail.
- Bondurant is hosting a Chowder Winter Ride and the first piece of the Gay Lea Wilson Trail connection through Bondurant has been paved.
- There will be an Ames Bicycle Summit on February 17, the Roundtable is invited to attend.
- Des Moines is staking a route for the River Trail Phase 2 project.
- Altoona will bid the trail connection to Bondurant in March.

- The Bike Collective will have seven new bicycles and a new station in front of the downtown Hy-Vee in January.
- Also in January, on the 19<sup>th</sup> is the Safe Routes to School Conference and on the 20<sup>th</sup> is the Iowa Bicycle Summit.

**11. Future Agenda Items**

**12. Next Roundtable Meeting Date**

The next meeting will 12:00 p.m. on Tuesday, January 17, 2017, at the MPO office.

**13. Adjournment**

The December 20, 2016 Roundtable meeting adjourned at 1:00 PM.





**NOTICE OF MEETING**

**Central Iowa Bicycle-Pedestrian Roundtable**

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**12:00 p.m., Tuesday, February 21, 2017**

**Burnham Room, MPO Office**

**420 Watson Powell, Suite 200, Des Moines, IA**

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**TENTATIVE AGENDA**

- 1. Call To Order**
- 2. Introductions**
- 3. VOTE: Approval of Agenda**
- 4. VOTE: Approval of the Roundtable's January 17, 2017 Meeting Minutes**
- 5. PRESENTATION: Clive Greenbelt Master Plan**
- 6. DISCUSSION: Trail Counter Update**
- 7. INFORMATION: Bike and Ride Data**
- 8. Other Non-Action Items of Interest to the Committee**
- 9. Project Updates**
- 10. Future Agenda Items**
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- 12. Adjournment**

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Source: DART

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Des Moines, Iowa

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Scott Atzen, City of Altoona  
Tony Fillppini, Ames Area MPO  
John Peterson, Citizen  
Nick Lenox, City of Ankeny  
Mark Arentsen, City of Bondurant  
Ruth Randleman, City of Carlisle  
Todd Seaman, City of Clive  
Jenny Richmond, City of Des Moines  
Madeline Sturms, City of Pleasant Hill  
Dan Lane, City of Polk City  
Kevin James, City of Urbandale

Marco Alvarez, City of West Des Moines  
Jeremy Lewis, Bike Collective  
Carl Voss, Bike Collective  
Andrea Boulton, INHF  
Jeff Davidson, Keep Iowa Beautiful  
David Fliehler, Shive Hattery  
Jennifer Bates, Shive Hattery  
Butch Niebuhr, Bolton and Menk  
Jared Morford, CITA  
Jeff Hillemonds, Stanley Consultants  
Jeff Cook, Friends of CVT  
Clifford Leonard, Citizen

#### Roundtable Staff Present:

Mike Armstrong, Associate Transportation Planner

1. **Call to Order**  
The January 17, 2017 Roundtable meeting was called to order at 12:04 p.m.
2. **Introduction**
3. **Approval of Agenda**
4. **Approval of the Roundtable's December 20, 2016 Meeting Notes**
5. **PRESENTATION: 50314 Neighborhood Design for Health**  
Denise Attard-Sacco presented on the 50314 project, which addressed health equity and social justice concerns by ensuring access to physical infrastructure and a safe environment to walk and bike in five Des Moines neighborhoods. The project included extensive public outreach, new partnerships, and effective techniques for engaging underrepresented communities. The final report includes an overview of current conditions as well as prioritized recommendations. More information can be retrieved from Denise or Mike Armstrong.
6. **DISCUSSION: STBG Projects for FFY 2021**  
Staff presented on the received applications and scoring for FFY 2021 STBG program. More information can be found on the MPO website or by contacting Zach Young.
7. **DISCUSSION: Great Western Trail and Veteran's Parkway Update**  
West Des Moines and MPO staff provided an update on the project and its impacts on the Great Western Trail. The Conservation Board voted at their last meeting to maintain the current ROW for the trail and not authorize the transfer of land to West Des Moines. The Board left the option open for further discussion with West Des Moines and Warren County. For more information, contact Jim Priebe with Warren County Conservation.
8. **INFORMATION: Bike and Ride Data**
9. **Other Non-Action Items of Interest to the Committee**
10. **Project Updates**

**11. Future Agenda Items**

**12. Next Roundtable Meeting Date**

The next meeting will 12:00 p.m. on Tuesday, February 21, 2017, at the MPO office.

**13. Adjournment**

The January 17, 2017 Roundtable meeting adjourned at 1:00 PM.