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WDM magazine

Issue 60 | Spring/Summer 2023

Your guide to news and activities for the City of West Des Moines

Postal Customer

SUSTAINABLE WEST DES MOINES

Residential Reimbursement Programs

Rain Barrels

Residents are eligible for a maximum reimbursement of \$75. Limit one rain barrel reimbursement per address. Rain Barrels are used for the collection and storage of rainwater from rooftops via a downspout. Water collected can be used to water plants, lawns, and gardens. Rain barrels help reduce stormwater runoff and encourage water conservation. Existing used rain barrels or individuals who have previously received a reimbursement will not be eligible. Eligible rain barrels must be at least 50 gallons in size.



Soil Quality Restoration (SQR)

The City will match 50% of the SQR cost up to \$1500. Limit one SQR reimbursement per year per address. SQR is the process of improving soil health on new or existing lawns. The process uses

tillage, aeration, and compost to increase infiltration and organic matter content in topsoil. SQR leads to healthier, more functional soils and allows landscapes to absorb more rain and shed less runoff. Learn more and apply for your reimbursement at www.wdm.iowa.gov/StormwaterBMP.

We want to hear from you!

The City of West Des Moines is exploring ways to increase community-wide sustainability. We are looking for your input on sustainability and climate issues. Visit www.palebluedot.lloc/wdm-sustainability-survey or scan the QR code to give your input today!



PHOTO BY LAMONT JORDAN

8

Citizen Survey

20

Spring Cleanup

p1

WDM Parks & Recreation

GET IN THE GAME FASTER, STRONGER, AND LONGER WITH

DES MOINES UNIVERSITY'S PERFORMANCE TRAINING PROGRAMS FOR ALL AGES

MidAmerican Energy Company RecPlex West Des Moines

Everyone performs. Whether you climb a ladder, play with your grandkids, participate in athletics, or like to be active, DMU has a performance class for you. The Des Moines University Physical Therapy and Sports Performance Services team at the MidAmerican Energy Company RecPlex offers programs for youth and adults to boost performance in specific sports and life in general. DMU's expert physical therapists and athletic trainers will help you increase speed, strength, power, agility and overall fitness safely and effectively in a state-of-the-art environment. Offerings include:

YOUTH PROGRAMMING

- Middle school: baseball, soccer, football, rugby, volleyball, gymnastics
- High school: football, rugby, volleyball, gymnastics
- Middle & high school: speed & strength training
- Softball
- Cross country/track
- Hockey
- Boys' and girls' wrestling

ADULT PROGRAMMING

- Adult functional fitness
- Active adult exercise (virtual and in-person at both RecPlex and DMU Clinic*)
- Yoga (virtual and in-person at DMU Clinic*)

*DMU Clinic located at 3200 Grand Ave., Des Moines



REGISTER
BEFORE CLASSES
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DATES & SCHEDULES VARY
Scan for more information,
program dates, and costs or call
515-271-1725

DES MOINES UNIVERSITY CLINIC
PHYSICAL THERAPY
IN THE REC PLEX

MidAmerican Energy RecPlex
6500 Grand Ave., Suite 110, West Des Moines, IA 50266



CONTENTS

WDM NEWS

- 4 **WDM Photo Contest**
- National Public Works Week**
- Community Police Academy**
- 5 **The Mayor's Column**
- 6 **WDM City Officials**
- 7 **Boards and Commissions**
- 8 **From the City Manager**
- 10 **Audrey Kennis, DEI Director**
- 11 **WDM Parks & Recreation News**
- 12 **2023 WDM Shade Crusade**
- WDM Public Arts**
- 13 **Severe Weather Season**
- 14 **Yard Waste Season Begins**
- Caring For Our Lawns**
- 15 **Weed Out Old Lawn Care
And Garden Chemicals**
- 16 **2023 Curb-It! Recycling Calendar**
- Community Compliance Corner**
- SeeClickFix**
- 17 **2023 Solid Waste Events**
- Scrap Tire Dropoff**
- 18 **Forestry Update**
- 19 **2023 Sidewalk Program**
- 20 **2023 Spring Cleanup**
- 22 **The WDM Historical Society**
- WDM Community Foundation**
- 23 **2023 Scrap Appliance & Metal
Drop-off**
- 32 **Sustainable West Des Moines**

WDM ACTIVITIES

- P1 **Parks & Recreation**
- 24 **Library**
- 30 **Human Services Programs**

WDM magazine

WEST DES MOINES CITY HALL
4200 Mills Civic Parkway
West Des Moines, Iowa 50265
(515) 222-3600

WELCOME to the WDM Magazine... The City of West Des Moines' premier communication sent to over 36,000 homes and businesses throughout the City.

The WDM Magazine is published three times per year to highlight city news and information as well as community events and programming available through WDM Parks and Recreation, the WDM Library, and WDM Human Services.

**YOUR AD COULD BE READ IN OVER
36,000 HOMES AND BUSINESSES
IN WEST DES MOINES.**

Contact WDM Magazine at **(515) 222-3610**.
Ask for a media kit and more information on
how you can increase your business by being a
sponsor in the WDM Magazine.



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Eye On West Des Moines Photo Contest

The City of West Des Moines is partnering with WDM Magazine to sponsor the Eye on West Des Moines Photo Contest. Submissions for the 2023 contest are accepted anytime through Friday, June 2, at 4:00 p.m. Entries must be electronically submitted to parkrec@wdm.iowa.gov.

- Grand Prize/Overall Winner: **\$100**
- Category Winners: **\$50**

All submissions must be received by **June 2, 2023, at 4:00 p.m.**

Photographs must be entered in one of four categories that represent life in the City of West Des Moines:

- Living – Activities/Events
- Living – Plants
- Seasons in WDM
- Living – Wildlife

For more information, please contact **Mark Brewick at (515) 222-3441 or Mark.Brewick@wdm.iowa.gov**



National Public Works Week Celebration

**Thursday
May 18, 2023
4PM – 7PM**

Location:

North end of the Valley Junction Farmer's Market (300 block of 5th Street)

Each year, the Public Services Department celebrates National Public Works Week to show appreciation for the thousands of Public Works employees across the nation who provide important services such as planning, building, managing, and maintaining the infrastructure of our communities.

This event is not just a FREE, FUN, FAMILY EVENT - it's an opportunity to learn!

Come for the fun, and ask questions about the City's forestry program, plowing snow, repairing streets, code enforcement, animal control, park maintenance, inspecting sewers . . . anything Public Services related!

THE MAYOR'S COLUMN



Happy New Year, West Des Moines! I hope this magazine finds you and your family happy and healthy and ready for a great new year ahead!

I personally am excited about West Des Moines and our future! We have a lot of exciting things going on!

We continue to work on revitalizing Valley Junction. Our economic development programs have helped bring in many new small businesses and restaurants with three new family restaurants in the works. And while we continue to work on the business district, we also have three programs going, aimed at revitalizing the housing stock, beautifying the neighborhood, and increasing home ownership for low- and moderate-income families. Valley Junction is an amazing place, and we are working to make it even better.

Further west, West Bank is building their new corporate headquarters on Westown Parkway, south of Valley West Mall. This 3-story, walkout, 62,000 square foot building will jump start development in and around the Valley West Mall area. And over the next few years we hope to work with developers to revitalize Valley West and bring something unique and electrifying to the area.

Moving further west, we have exciting things going on in and around Jordan Creek Town Center and the areas north and south of the Town Center. First, the much-awaited Dave and Buster's is finally under construction. The restaurant will be located on the pond at Jordan Creek Town Center, north of Fleming's and the Residence Inn. Second, at the southwest corner of Ashworth and Jordan Creek Parkway, Ruth's Chris Steak House is also under construction. This will be an elegant restaurant with retail on the first floor and nice apartments above. Third, further south, at the northwest corner of S. Jordan

Creek Parkway and Mills Civic Parkway, will be Iowa's first Top Golf Facility with a projected completion date of 2024.

Down by the RecPlex is a proposed development called The Grand Experience, a \$600 million water park hotel and convention center that may be 2½ times the size of Great Wolf Lodge in Kansas City. This project may also bring several restaurants including three restaurants/breweries on the pond, additional parking for the RecPlex, and apartment units, hopefully some of which will be workforce housing units for people working in the development. To the east we may have Suite Shots, a golf and entertainment center similar to Top Golf. Both Top Golf and Suite Shots appear to be moving forward simultaneously although we'll have to wait and see how their plans develop. To the west of the proposed Grand Experience is Des Moines University, which is under construction with the first cohort of students expected to arrive in early Summer.

Other big projects include Jordan Creek Tower, at the northwest corner of S. 60th and Stagecoach, a 5-story building with 10 residential condo units on the upper 3 floors, 26,000 square feet of office and 5,400 square feet of retail along with a 7,600 square foot restaurant; and Phases 1 & 2 of both the Ginger East and Ginger West Microsoft data centers, with each phase consisting of a total value of \$318 million.

We have a bright future and a lot for which to be grateful. We are building momentum and are on a path to being the best city in America in which to live, work, play, raise a family, and one day retire. And we will not rest until we get there! God bless and happy new year West Des Moines! Let's Goooooo!

Mayor Russ Trimble



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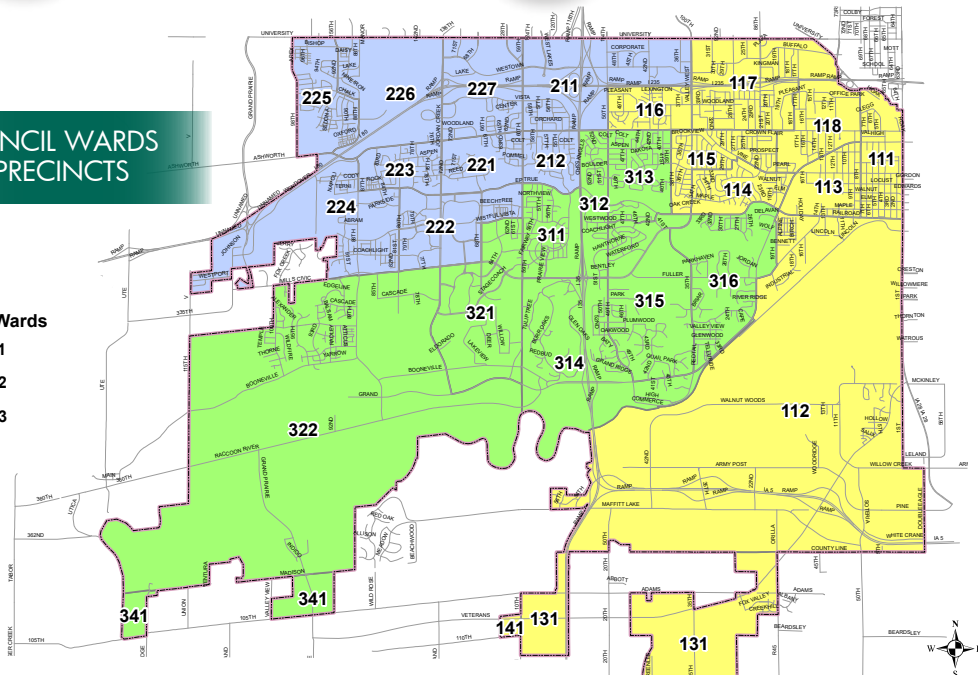
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COUNCIL WARDS & PRECINCTS

- Council Wards
- 1
 - 2
 - 3



To see a larger map, visit www.wdm.iowa.gov/WardMap.

BOARDS AND COMMISSIONS



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Steven Herwig
Lyndley Kent
Thomas Suckow
Stephen Welsh
Nicholas Welter
Diane Witt

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Erick P. Christiansen
Thomas Cunningham
Angie Pfannkuch
Michele Stevens

Civil Service Commission

Emily Bartekoske
Kevin Flagg
Ricky Mathai

Human Rights Commission

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Tiffany Berkenes
Jill Crosser
H. Milton Cole-Duvall
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The WDM magazine is produced by the City of West Des Moines, JM Impressions and MITTERA.

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FROM THE CITY MANAGER

I want to take a moment to share with you the results of our most recent Citizen Survey.

Every two years, our leadership team works with representatives from ETC Institute, a national leader in the design and administration of market research for government organizations, to make sure we produce a statistically valid survey so that we can find out how we're doing and respond to any gaps in service levels.

I'm pleased to report that the results from 2022 show that West Des Moines continues to set a high bar for service delivery both regionally and nationally. In fact, our City scored significantly above the plains state regional average and the national average in all 51 areas assessed in the survey.

2022 Citizen Survey results

Most (an incredible 94%) of our residents, who expressed an opinion, were satisfied with their overall *quality of life* in West Des Moines; 94% were satisfied with their overall *feeling of safety* and 93% were satisfied with the *overall image* of the City.

When it comes to City services, ninety-three percent (93%) of residents, who had an opinion, were satisfied with the quality of police, fire and emergency medical services; 93% were satisfied with the city's parks, recreation, programs and facilities; and 91% were satisfied with the maintenance of city buildings and facilities.

How we communicate with you

We also discovered that this magazine continues to be the "number one" way you stay in touch with what's happening in city government. When asked which sources residents used during the past year to get information about the City, 85% indicated they used WDM Magazine; 69% used the City website, and 18% used the City Facebook page.

The survey results also revealed that 73% of residents were satisfied with the availability

of information on City programs and services. In fact, your satisfaction level with the effectiveness of City communications actually increased 6%, which is considered by ETC Institute to be a statistically significant increase.

What your feedback means to us

These results are amazing, and they show that we have earned your trust and support.

I've always believed that public service is a team effort, and it is extremely gratifying to know that you, our residents, value and appreciate the things we do to make West Des Moines a great place to live.

Our City employees earned these outstanding responses from you, and as a councilmember said after these results were shared at a recent meeting, "Excellence doesn't happen by accident."

That's certainly true for city government in West Des Moines. We hire good people who work together to make sure we're being responsive to your needs and good stewards of your tax dollars.

Although we can't always make everyone happy, we strive to be innovative, responsive and thoughtful about how we do our jobs.

Our commitment to public service

It's clear that the overwhelming majority of you absolutely love living in West Des Moines. Our employees also love this City, and that shows in the work they do every day.

I can't stress enough how meaningful your comments are to us and how proud we are to serve you.

To learn more about our Citizen Survey, just visit our website at www.wdm.iowa.gov/citizensurvey.

Tom Hadden

BE YOUR OWN SUPER HERO

#14
//
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MARCH 9TH 2023

DMACC WEST CAMPUS
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WEST DES MOINES, IA 50266

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ACTOR AND DIRECTOR BEST KNOWN FOR CHEERS AND VOICING A VARIETY OF PIXAR CHARACTERS

MITCH MATTHEWS
HOST OF THE TOP-RANKED DREAM THINK DO PODCAST

MOLLY BLOOM
BESTSELLING AUTHOR OF MOLLY'S GAME

DR. SHAWNA PANDYA
SPACE PHYSICIAN, AQUANAUT, MARTIAL ARTIST, AND ADVANCED UNDERWATER DIVER

ALEX WEBER
AUTHOR AND HOST/NINJA OF AMERICAN NINJA WARRIOR

JAMES LOMZENO
BASS GUITARIST WHO'S PLAYED WITH WHITE LION, OZZY OSBOURNE, SLASH, ACE FREHLEY, DAVID LEE ROTH, MEGADETH, AND JOHN COREY

KENNY ARONOFF
GRAMMY-WINNING DRUMMER, NAMED ONE OF THE "100 GREATEST OF ALL TIME" BY ROLLING STONE, WHO'S PLAYED WITH A WHO'S WHO LIST OF THE TOP ARTISTS AND GROUPS IN THE INDUSTRY

BRENT WOODS
GUITARIST & STUDENT OF THE LEGENDARY RANDY RHODES WHO'S PLAYED WITH VINCE NEIL, KRISTIN CHENOWETH, JOHN WHITE, AND SEBASTIAN BACH

PRESENTED BY:

West Bank

SHIVEHATTERY ARCHITECTURE + ENGINEERING

ANGLO

GREATER DES MOINES PARTNERSHIP

THE CITY OF WEST DES MOINES

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AUDREY KENNIS, DEI DIRECTOR

Promoting an inclusive and sustainable community has been a priority for the City of West Des Moines. Over the last year and a half, I am proud of the work we have done to advance equitable practices and continuous learning for our employees and broader community.



In January, we launched several diversity, equity, and inclusion (DEI) initiatives to help cultivate an inclusive workplace. One of the main priorities was to implement a new DEI training series for all employees and elected officials. We successfully implemented the training modules and significantly increased our DEI learning. This allows us to set clear guidelines and expectations for our shared values across the organization. Furthermore, we implemented a professional learning community that provided staff a needed space to engage in intercultural dialogue.

We also distributed an employee DEI Climate Survey to understand issues related to perceptions, experiences, and sense of belonging. The survey findings will serve as a baseline to help us assess and measure our progress. I cannot underscore the importance of collecting data and gathering respondent experiences related to DEI to help steer our ongoing strategy.

The concepts outlined in our DEI initiatives highlight our intentional efforts to enhance employee learning and development, but we are also providing learning opportunities for our residents through our monthly e-newsletter, DiverCity. The goal is to centralize DEI events and provide learning opportunities. Since November 2022, the newsletter has highlighted educational information, community events, City proclamations, and resources relevant to inclusion. If you're interested in subscribing

to the DiverCity newsletter, please sign up by visiting <https://linktr.ee/wdmdivercity>.

However, to develop lasting and sustainable change, we must also invite new voices and create new spaces for those who have been historically excluded from local government. This spring, we are hosting the Community Engagement Institute (CEI) for

historically underrepresented populations. We want to hear from residents how responsive the City is to our increasingly diverse community. We want to actively forge stronger relationships and build alliances to ensure all residents have access to resources, services, and opportunities.

If you're interested in participating in the Community Engagement Institute, please fill out the application on our website by visiting www.wdm.iowa.gov/CEIapp.

Additionally, West Des Moines is fortunate to have an ecosystem of city departments and community organizations committed to championing accessible, inclusive, and equitable services for residents. We see this daily through our Human Services department which aids over 1,600 households annually; this is equity in practice. Our strong partners throughout the local school districts, the WDM Chamber of Commerce, and local community-based nonprofit organizations have fostered a fertile environment that provides for strategic partnerships and equitable growth.

We also recognize our most significant community partner, you! As we work together to build bridges and a shared vision of DEI, I invite you to connect with us. We want to hear from you, and learn how we can build a more welcoming and inclusive community. Please share your comments by emailing us at divercity@wdm.iowa.gov.

WDM PARKS & RECREATION NEWS



SALLY ORTGIES

West Des Moines Parks and Recreation Director Sally Ortgies has announced that she will retire on March 31, after serving for 34 years in various capacities with the City's Parks and Recreation Department. Assistant Director Ryan Penning has been promoted and will serve as Director, effective April 1, 2023.

City Manager Tom Hadden said Sally is a true professional who has a passion for public service. "She is an incredibly talented and thoughtful leader who has put her heart and soul into major projects in our community," he said.

Hadden said Sally's impact will be felt for years to come through her involvement in the Five Waters Project, which includes the Raccoon River Park Boathouse, the Jamie Hurd Amphitheater, the Athene Pedestrian Bridge, the Marathon Loop Trail, and the Raccoon River Greenway.

She also was instrumental in the planning and construction of the MidAmerican Energy Company RecPlex, the development of Raccoon River Park, the initiation of the Shade Crusade Residential Tree Sale and multiple water quality improvement projects, the completion of nearly 70 miles of multi-



RYAN PENNING

use trails throughout West Des Moines, and the expansion of the City's public art program.

Ryan Penning was hired as Superintendent of Recreation for the Department in May 2018 and has served as Assistant Director since January 2022. He has more than 16 years of experience in parks and recreation, and in his current role, he serves as a manager over the activities of the MidAmerican Energy Company RecPlex and the City's Recreation divisions.

Hadden said Penning's involvement in the Department's major initiatives and programs made him an excellent choice to become the next Director.

"I've had an opportunity to work with Ryan for several years, and I know he's the right choice to ensure a smooth transition and carry on the mission of the Parks and Recreation Department," he said.

Prior to his employment with West Des Moines, Penning worked for nearly 12 years for Ankeny Parks and Recreation. He received his bachelor's degree from the University of Northern Iowa in Leisure, Youth and Human Services.

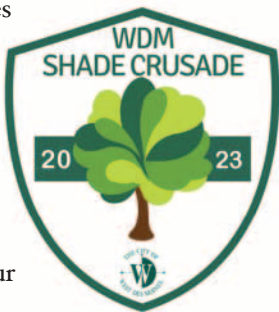
2023 WDM SHADE CRUSADE

Join the City in our continued crusade to increase West Des Moines' tree diversity and urban tree canopy! Native trees (valued at approximately \$60-\$120 each) are being made available to West Des Moines residents for only \$30 per tree. The remainder of the cost of the trees will be paid by the City through a grant from Microsoft Corporation.



All purchasers must be West Des Moines residents and must agree to plant the tree(s) on residential property within City limits. Only 2 trees can be purchased per residence. Tree deliveries will be made to your residence the week of May 1.

Purchase your trees between February 1 and April 23. Some tree varieties sell out quickly, so the sooner you purchase, the better chance you have of getting your trees of choice.



A 50% discount is available to qualifying low-income residents. To learn more about the discount, call West Des Moines Human Services at 515.222.3660.

www.wdm.iowa.gov/ShadeCrusade

WDM PUBLIC ARTS



ART ON THE CAMPUS EXHIBIT

11th Annual ART ON THE CAMPUS Temporary Exhibit

Make sure to take a stroll around the WDM Civic Campus Pond to view the 2023 selected artworks in the Art on the Campus exhibit. The exhibit begins on April 15 and ends on November 15. Twelve original art pieces were selected for this year's exhibit. You can learn more about the exhibit and the selected pieces as well as vote for the People's Choice Award winner at www.wdm.iowa.gov/AOC.

3rd Annual WDMurals Temporary Exhibit

We are excited to bring you an expanded WDMurals exhibit in 2023! Ten murals (six in 2021, eight in 2022) will be painted by Iowa artists on trail underpass exit and entrance walls during the last two weeks of May. This year's theme is "Our Community". Once painted, you can find more details about the murals and selected artists as well as vote for the Best In Show Award winner at www.wdm.iowa.gov/WDMurals.



HOW IS PUBLIC ART FUNDED?

Annual funding for public art in West Des Moines comes from hotel-motel tax revenue dedicated by the City Council for that purpose.

If you are interested in serving on the West Des Moines Public Arts Advisory Commission, please contact the West Des Moines City Clerk at 515-222-3603 to request an application.

Severe Weather Season is Here – ARE YOU PREPARED?



It's important that our West Des Moines residents are prepared for severe weather, such as thunderstorms, floods, or tornados. While we often know when some severe weather is coming, some disasters strike without much warning. That's why preparing in advance is more important than ever. Preparing before a disaster strikes will help ensure you and your family greatly reduce your risk for injury and damage to your home.

- **Be Weather-Ready:** Check the forecast regularly to see if you're at risk for severe weather. Listen to local news or a NOAA Weather Radio to stay informed. If you have a weather radio, program your radio for the next adjacent county to give you advanced notice of incoming severe weather as storms move fast.
- **Sign Up for Notifications:** Know how your community sends warnings. West Des Moines utilizes outdoor weather sirens. Social media and smart phones can also notify you during severe weather.
- **Create a Communications Plan:** Have a family plan that includes an emergency meeting place, emergency contact information, and other related information. Pick a safe room in your home such as a basement, storm cellar or an interior room on the lowest floor with no windows.
- **Practice Your Plan:** Conduct a family severe weather drill regularly so everyone knows what to do. Don't forget to include your pets.
- **Prepare an Emergency Supply Kit:** Gather items for both family members and pets ahead of time to take with you. Be prepared to evacuate.

- **Prepare Your Home:** Keep trees and branches trimmed near your house. If you have time before severe weather hits, secure loose objects, close windows, and doors, and move any valuable objects inside or under a sturdy structure. Make sure your address is visible from the street.
- **Using a Generator:** If you plan on using a generator, never operate it in an enclosed space. Using a generator indoors can kill you in minutes. Always keep a generator at least 20 feet away from your home.
- **Help Your Neighbors:** Encourage your loved ones to prepare for severe weather. Take CPR training so you can help if someone is hurt during severe weather.
- **During a Severe Weather Event:** Unplug appliances and other electrical items, such as computers and televisions, to prevent damage from surges caused by lightning strikes. Stay out of flood waters. Turn around, don't drown. Always assume fallen power lines are energized. Stay away from the area and report any downed lines to authorities immediately.

Emergency Kit

Make sure your emergency kit is ready to go!

- ✓ First Aid Kit
- ✓ Whistle (to call for help)
- ✓ Flashlight & extra batteries
- ✓ Cash & credit card
- ✓ Battery powered radio & weather radio
- ✓ Cellphone charger (solar/battery powered)
- ✓ 3-day supply of water/non-perishable food (for each family member including pets)
- ✓ Change of clothes/shoes for each family member
- ✓ Prescription medicine & special needs items

[WDMurals](#)

WHAT YOU NEED TO KNOW ABOUT YARD WASTE SEASON

The Compost It! program's curbside yard waste collection will begin for the season the week of April 3, 2023, on your regular collection day.

Your yard waste habits may have hibernated over the winter, but by following these simple tips, your yard waste collection can be a breeze this spring!

Contain it properly

There are a variety of ways you can get your yard waste collected curbside.

- **Option 1: Bags and Stickers.** Yard waste can be placed in Compost It! bags or store-brand bags with a green Compost It! sticker attached. Bags and stickers are sold at many local grocery, home improvement, and convenience stores.
- **Option 2: Cart Service.** If you're a Compost It! cart owner, you can throw yard waste in your 96-gallon cart and take it to the curb on your regular collection day! Wondering if a cart might be the best option for you? Find out more about Compost It! cart service at www.WhereItShouldGo.com/CompostCart.

Know your collection time

Yard waste is collected on the same day as your trash each week. Make sure you have it out before 6 AM on your collection day, as some haulers get started before the sun rises!

When you set your items out for collection, remember to leave 3 feet between other carts, yard waste bags, and structures (i.e., mailboxes, lawn ornaments, bushes).



Know what belongs

Help Metro Waste Authority do something great with your yard waste by keeping the wrong things out of your bags and carts. The Compost It! program accepts small twigs and branches, leaves and lawn clippings, and any garden vegetation. Dirt, mulch, rocks, and food waste should be avoided!

Once collected, your lawn and garden debris are turned into Grow Gold Compost, a natural soil enhancer that can be purchased for your next home, garden, or landscaping project.

Learn more about the Compost It! program and what's accepted by visiting www.WhereItShouldGo.com/YardWaste, or call 515.244.0021.

WEED OUT OLD LAWN CARE AND GARDEN CHEMICALS

Spring is in full swing, and it's time to get your lawn and garden in shape! But what do you do with the old weed killers, insecticides, and fertilizers that you left in your shed or garage over the winter?

These hazardous items are not your regular trash, but that doesn't mean it's difficult to dispose of them in a safe, smart way!

Collection at your doorstep

A variety of household hazardous waste can be picked up just outside your door with houseside collection through Metro Waste Authority.

Houseside collection works like an Amazon or grocery delivery. If you want to use the service, simply sign up at www.WhereItShouldGo.com/Houseside, and Metro Waste Authority will come to you. The service is provided as needed, and you only pay if you choose to use it.

For a \$25 fee, you'll receive two 12-gallon plastic bins to fill with materials like paint or lawn chemicals, and a large plastic bag for items that are too large for the bins such as computers, printers, or laptops.

Once your bins and bag are filled, you can schedule collection with Metro Waste Authority at 515.244.0021. Then, just place your items outside by 8 AM on your pickup day.



Drop-off options

If you are doing extensive spring cleaning and would rather drop off your hazardous waste, materials can be taken to the Metro Hazardous Waste Drop-off in Bondurant or the Metro Northwest Transfer Station in Grimes (by appointment only). Common household items like bleach, rechargeable batteries, oil-based paints, lawn chemicals, old motor oil or gasoline, and energy efficient lightbulbs (CFL) are all accepted for free.

There's no reason to stockpile items that can be a hazard to your family. View the list of accepted hazardous waste and find more information about hazardous waste services by visiting www.WhereItShouldGo.com/HHW, or call 515.244.0021.



WEED OUT OLD LAWN CARE AND GARDEN CHEMICALS

CARING FOR OUR LAWN



Looking forward to spring? As spring approaches, our focus will turn to taking care of lawns and open spaces. According to the Iowa Storm Water Education Partnership (ISWEP), the soil beneath the turf, especially in newer developed areas, is often very unhealthy. As a result, many lawns are over fertilized and generate runoff that goes directly to local streams. Lawn care products applied by residents or companies also can end up on streets, driveways, sidewalks and alleys.

Follow these tips from ISWEP to help keep our waterways clean and healthy.

Stormwater Pollution Prevention Tips:

- Sweep up excess fertilizers from sidewalks or driveways
- Don't apply fertilizers and herbicides right before a rainfall event
- Blow grass clippings back onto the lawn after mowing so they don't go down the storm drain!
- Spot spray herbicides rather than spraying the entire lawn

Your actions have a direct effect on aquatic life and the water quality of our streams and rivers.

Get more information on healthy soils by visiting iowastormwater.org.

Visit us on the web at www.wdm.iowa.gov

SPRING/SUMMER 2023 • WDM MAGAZINE 15



2023 SOLID WASTE EVENTS FOR WDM RESIDENTS

Yard Waste and Annual Spring Cleanup events are available to all West Des Moines residents who are eligible for solid waste collection.

- **April 3, 2023** – Yard Waste Collection begins on normal trash collection day
- **April 15, 2023** – Scrap Tire Drop-off: 7:30 AM – 4 PM, Public Services East Site (560 S 16th)
- **May 18, 2023** – National Public Works Week Celebration – 4-7 PM in Valley Junction
- **June 5-9, 2023** – Spring Cleanup: On your normal trash collection day (No appliances)
- **June 10, 2023** – Scrap Appliance & Metal Drop-off: 8 AM – Noon, Public Services East (560 S 16th)
- **September 9, 2023** – Scrap Appliance & Metal Drop-off: 8 AM – Noon, Public Services East (560 S 16th)
- **November 25, 2023** – Yard Waste Collection Ends
- **January 1-12, 2024** – Winter Yard Waste & Christmas Tree Collection

Household Hazardous Waste Disposal Options: Visit WhereItShouldGo.com. For more information, visit www.wdm.iowa.gov or call Metro Waste Authority at 515-244-0021.

2023 Curb-It! Recycling Calendar



Keep track of your Curb It! Recycling collection day by picking up a 2023 Curb It! calendar magnet, available at city offices. The magnet shows your collection weeks based on lid color, as well as any holiday collection delays. If you have questions about your recycling, visit www.WhereItShouldGo.com or call 515.244.0021.

Community Compliance Corner



Weeds, grass, or vegetation that exceeds 10 inches.



Junk in general should be removed and placed on the adjacent right of way per solid waste collection schedules, with the appropriate solid waste stickers for disposal.

Once the snow melts, our Community Compliance Specialists will turn their attention to making sure neighborhood lawns are in compliance with City Code. The **top three Code violations** reported over the spring and summer months include:

- Tall grass and weeds
- Junk and debris
- Overgrown trees and bushes

The Community Compliance Specialists will work with residents to help ensure issues not in compliance with City Code are addressed.



Trees and shrubs must have vertical clearance of:

- eight feet (8') between the surface of a sidewalk, trail or other pedestrian way and the lowest branch, and
- fourteen feet (14') from the surface of a street to the lowest branch.

SeeClickFix

If you have a code compliance concern, please call 515-222-3480 during regular business hours or report it via SeeClickFix on the City's website or your mobile device.

SCRAP TIRE DROP-OFF

Saturday, April 15, 2023 | 7:30 AM – 4:00 PM

The City of West Des Moines, in partnership with Metro Waste Authority, can help you dispose of old tires legally and free of charge. A Residential Scrap Tire Drop-off is being offered on Saturday, April 15, 2023, from 7:30 AM to 4:00 PM at **Public Services East at 560 S. 16th Street**.

Here are the rules:

- Maximum of five (5) tires per household (no rims)
- No scrap tires generated by any business
- No large semi-trailer, farm or tractor tires
- No solid tires such as lawnmower, forklift or golf car tires
- No tires containing hazardous materials



This tire collection is open to West Des Moines residents only. If you have any questions, please call Metro Waste Authority at 515-244-0021 or Public Services at 515-222-3480.

If you're not able to make this **free** event for disposing of tires, you do have options!

Metro Waste Authority has year-round drop-off containers at several locations. Visit WhereItShouldGo.com or call them at 515-244-0021.

Illegal dumping and stockpiling of used tires can create serious health and safety risks. In Iowa, it is illegal to dump tires, and non-shredded tires are banned from landfills.

FORESTRY UPDATE

West Des Moines Tree Maintenance Goals

West Des Moines currently has over 2,650 street trees in rights-of way and medians. Our goal is to inspect and, if necessary, prune these trees once every three years.

It is best to prune from fall to early spring; however, except for oaks, trees can be safely pruned year-round. Due to the number of trees in our care and the size of our tree crew, we will prune throughout the year to maintain our park and right-of-way maintenance schedule. Oaks will only be pruned between October 1 and April 1. When pruning street trees, we want to eventually lift branches 14 feet above the road and 8 feet above the sidewalk to avoid contact with vehicle and pedestrian traffic (see diagram below).

We will prune codominant, broken, rubbing, and hanging branches. We also prune any branches that cause visibility issues with road signage and traffic signals. Unless there are overriding safety considerations, we will never prune more than thirty percent of the live crown of any tree.

If you feel any public tree is unhealthy, unsafe, or needs pruning, please contact Urban Forestry Supervisor Paul Tauke at 515-222-3417 or email at paul.tauke@wdm.iowa.gov.

2023 Sidewalk Program

The City of West Des Moines offers excellent transportation and pedestrian infrastructure for vehicles, bicycles and pedestrians.

Our annual sidewalk program allows City staff the opportunity to review the condition of existing sidewalks throughout the City on a rotating basis every eight years. This map indicates the areas and schedule for inspection of sidewalks.

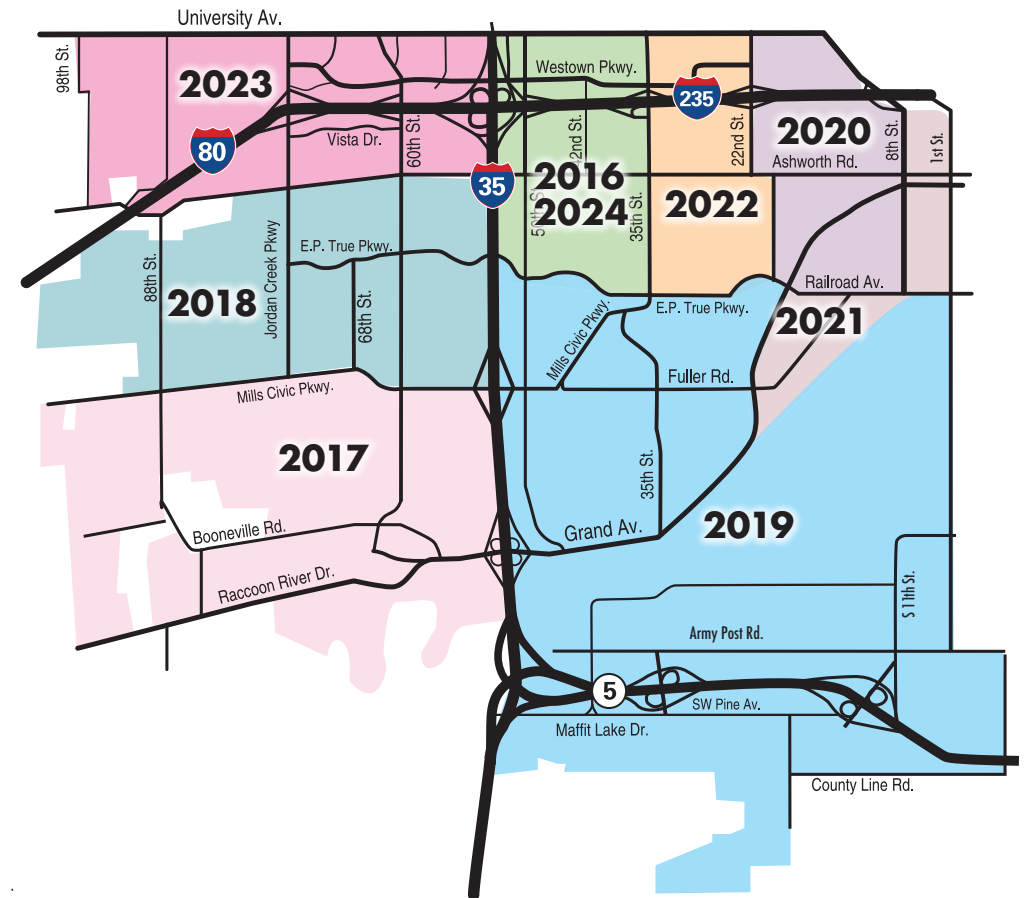
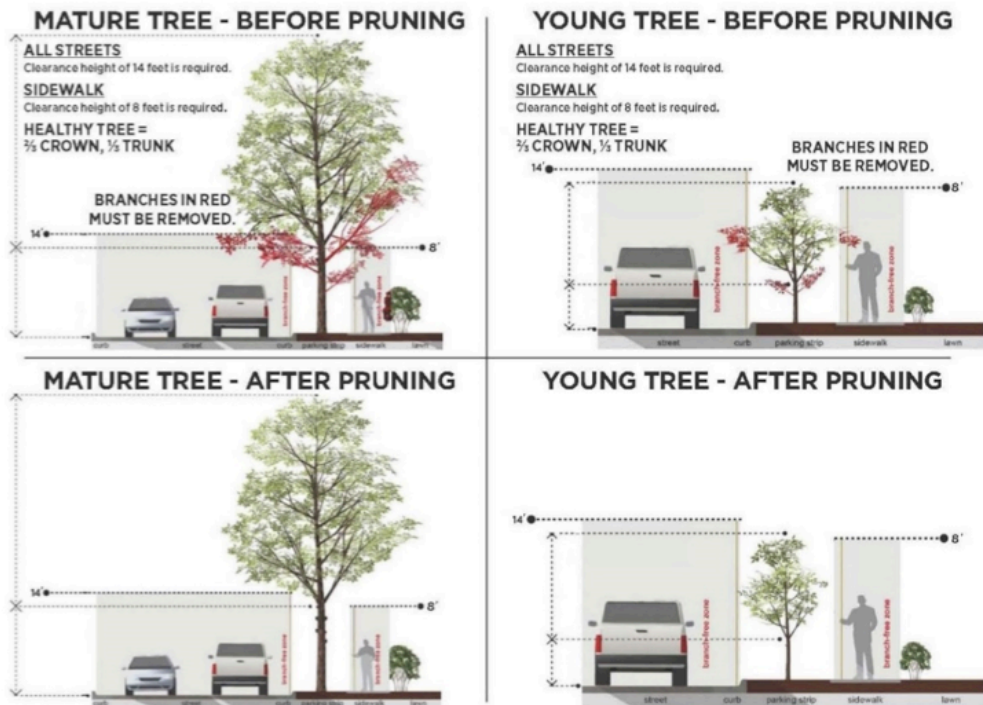
Notices of defective sidewalks are sent to the owner of record according to the County Assessor's office. If the property is a townhome or condominium complex,

the Registered Agent will be sent the notice according to the Secretary of State's office. The property's responsible party has the option to repair sidewalk defects on their own, or they can elect to have their sidewalks included in the City-wide repair project. If repairs are not made within the period of time specified in the notice (generally 75 days), the City will proceed with the repairs and bill the property owner or responsible party.

This program helps protect pedestrians who actively use the sidewalks, as well as property owners who may face liability issues. More information is available on the City's website.



WEST DES MOINES TREE MAINTENANCE GOALS





2023 SPRING CLEANUP June 5-9



Occurs for West Des Moines residents on their regular garbage pick-up day

Rid your home of items that do not fit in your garbage cart!

Simple Spring Cleanup Rules

Garbage Limit:

You can set out as much as will fit in the bed of one pickup truck.

If more than one truckload is set out, the entire pile will be left for the property owner to dispose of.

Weight limit:

If it's reasonable that two people could lift the item, then it's accepted.

What items ARE accepted?

Household items that don't fit in your cart, such as:

- **Carpet**
(up to 4 ft. length x 18" diameter)
- **Couches and End Tables**
- **Fans and Lamps**
- **Grills**
(remove propane tank)
- **Mattresses**
- **TVs / Monitors**

Please see next page for a listing of items that are NOT accepted during Spring Cleanup



Spring Cleanup is available to all West Des Moines residents who are eligible for City provided solid waste collection. Appliances are not accepted.

If you're unsure whether an item is accepted, call Metro Waste Authority at **(515) 244-0021** and ask!

Make sure your items are to the curb for pickup on your normal garbage collection day during the week of June 5 – 9, 2023.

Per City Code, items should be placed at the curb no earlier than 5:00 p.m. the day before pickup and by 6 a.m. the day of pickup.

Although it's tempting to put items out earlier, doing so could result in a violation, and you may find yourself cleaning up after people who help themselves to your items.

These items will NOT be accepted:

Bagged or boxed items

(These may be put in your garbage cart year-round or with a \$1.00 Extra Trash sticker.)

- **Animal Carcasses**
- **Appliances**
 - Air Conditioners
 - Dehumidifiers
 - Dishwashers
 - Dryers
 - Freezers
 - Furnaces
 - Microwaves
 - Refrigerators
 - Stoves
 - Washers
 - Water Heaters
- **Asphalt shingles** over 40 lbs. in total weight
- **Banned substances such as:**
 - Lead
 - Acid
 - Batteries
 - Waste oil
 - Explosive material
 - Any other toxic or hazardous substance
 - Medical waste
 - Drugs
 - Paint
 - Poisons
 - Highly combustible material
- **Concrete chunks** (ALL SIZES)
- **Glass** – no windows, mirrors, doors
- **Home improvement or landscaping items**
- **Propane tanks**
- **Tires**
- **Vehicles and/or major auto parts**
- **Wooden playsets, fencing**
- **Yard waste**

Please Note: If items are not hauled away by the solid waste hauler because they are unacceptable (i.e. appliances, bagged/boxed items) or if they are not at the curb by 6:00 a.m. the day of pickup, it is the resident's responsibility to properly dispose of these items using normal solid waste guidelines. This also applies to unfortunate incidences of items being dropped off by others.

Residents are responsible for all items on their property.

What to do with your:

Appliances?

Take them to one of the two Scrap Appliance & Metal Drop-off events offered by the City:

**Saturday, June 10
September 9**

8AM – Noon

Public Services East
560 S. 16th Street

Televisions & Monitors?

You can always put them out on your garbage pickup day with extra/large item stickers.

Under 35" – (1) \$5 sticker
35" and Over – (2) \$5 stickers

Call Waste Connections at 515-265-7374 to arrange pickup.

Tires?

Bring to the next Scrap Tire Drop-off event

**Saturday,
April 15, 2023**

7:30AM – 4PM

Public Services East
560 S. 16th Street

Other Items?

Go to: **WhereItShouldGo.com** and type most any item in the "search" for disposal options!



WDMCF was created in 2007 in order to make a positive impact in our community. To date, the Foundation has received and is managing over \$1 million from families, individuals, businesses, the City, and Polk and Dallas Counties for our various funds to support artistic, cultural, recreational, historic, social and natural resources.

Grant Submissions Reviewed Quarterly

The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city.

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCF. Grants are reviewed on a quarterly basis by the WDMCF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.

Donations (of any size) Always Welcome

Donations to the WDMCF are accepted through the Community Foundation of Greater Des Moines, which also administers and manages the five funds. No donation is too small.

WDMCF funds:

- General Pass-through Fund
- Special Interest Fund: Arts & Culture
- Special Interest Fund: Recreation & Trails
- Endowment Fund – maximum of 5% of endowment funds are available on an annual basis
- Quality of Life Fund

Donating to the WDMCF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come.

Questions:

Contact Robert Palmer, WDMCF Board Chair, at contact@WDMCF.org.

WDMCF Board of Directors:

Mike Abbott
Tom Cox
Wade Den Hartog
John Marshall
Matt McKinney
Robert Palmer
Brett Peterson
Kathleen Till Stange
Emily Whitmer

Ex-Officio Members:

Jamie Letzring,
Deputy City Manager

Sally Ortgies,
Director of Parks & Recreation

www.wdmcf.org

WEST DES MOINES HISTORICAL SOCIETY

The West Des Moines Historical Society is a privately funded nonprofit institution that relies on the generosity of its friends and supporters. Help us preserve the legacy of West Des Moines history through membership.

Pathway to History



The West Des Moines Historical Society is building a path from the past to the future, one brick at a time. You can give a

timeless gift to our community by purchasing a personalized brick that will be incorporated into a lovely path from the historic Jordan House Museum to the gardens in the front yard. Bricks can be in honor or in memory of a loved one, celebrate a special event, or even send a fun message to the thousands of adults and children who visit the museum every year. The bricks are a special tribute and create a legacy celebrating history in West Des Moines. Bricks can be purchased at wdmhs.org.

Two sizes of bricks are available: 4x8 for \$50 8x8 for \$100



Guided Public Tours of the Historic Jordan House Museum

2001 Fuller Road

Plan a tour of the Jordan House, the historic home of one of West Des Moines' first settlers. Learn about James Jordan, his family, his legacy, and his

involvement in the Underground Railroad. Guided tours are one hour in length and doors open fifteen minutes before the listed tour times.

Tour Times

Days: Fridays & Sundays • Times: 11am & 1pm
Fee: Ages 5+ \$5; under 5 free

Offer a Helping Hand!

The WDMHS is looking for volunteers who care about keeping the history of West Des Moines alive. You can help in many ways, from gardening and archiving to program and office assistance. If you would like to learn more, call us today!

515.225.1286 wdmhs.org

2023 Scrap Appliance & Metal Drop-off

SPRING: Saturday, June 10 | FALL: Saturday, Sept. 9

8 AM to 12:00 Noon

If you have scrap appliances and metal to dispose of that are NOT accepted during the Spring Cleanup event, bring them to **Public Services East** at **560 S. 16th Street** on June 10 and September 9 from 8:00 AM until Noon.

These items will be accepted – FREE

Air Conditioners (all sizes)	Dishwashers	Ice Makers	Saws
Batteries (all kinds)	Dryers	Metal - Most anything	Speakers
Blenders/Mixers/Toasters	DVD Players	Metal Shelving	Stereo systems
Calculators	Exercise Equipment	Microwaves	Stoves
Cameras, Camcorders	Fans	Motors (no gas)	Vacuums
Cell Phones	Fax Machines	Mowers – Riding, Walk Behind (no gas)	VCRs
Chillers	Freezers (no food)	Phones	Video Game Systems
Computer Towers, Servers	Furnaces	Pots, Pans, Electric Skillet	Washers
Condenser Units	Garage Doors & Openers	Printers	Water Coolers
Copiers	General Scrap Metal	Refrigerators	Water Heaters
Dehumidifiers	Humidifiers	Rooftop AC Units	Water Softeners (no salt)

These items will NOT be accepted –

Anything with food in it	Garbage	Paint	Wood
Chemicals	Light Bulbs	Plastics	

TVs and Monitors

- Televisions and monitors are accepted AT A COST
- COST is \$25 per TV/Monitor, regardless of size
- Payment may be made on site, cash or check only
- Checks made payable to K3 Recycling

TVs and monitors are accepted during Spring Cleanup at no cost (June 5-9, 2023) on normal collection days.

Note: Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6AM on their normal collection day with the appropriate sticker(s). For more information on curbside pickup, visit the Metro Waste Authority website at WhereItShouldGo.com or call them at 515-244-0021. The TVs/monitors will be landfilled vs. recycled.

K3 Recycling is partnering with the City of West Des Moines in this collection event. If you have any questions, please call the Public Services Department at (515) 222-3480.



WDM PUBLIC LIBRARY

Mission Statement:

To enrich lives by igniting curiosity, engaging community, and expanding perspectives.

Dear Library Users....

If you're not much of a winter person, you just have to hold on a bit longer before we get to the warm, green time of year. The sound of lawnmowers in the distance, naps in the hammock, baseball and softball games, driving with the windows down, all that stuff. If you are a winter person, take heart. Until next year, there's always...the walk-in coolers at Hy-Vee?

At any rate, the warm season at the West Des Moines Public Library always focuses on the summer reading program, both preparation and the execution. This year's theme is once again "Summer Escape," with reading challenges, activities, presentations and just generally lots of fun. And, of course, readers of all ages can take part as the summer reading program has components for teen and adult readers. Contact the library or check the website for registration and event information. Also, by the time this goes to print, we're hoping that the chassis for our new outreach vehicle will be ordered, received and being worked on by our custom vehicle vendor. I exchanged emails with our vendor contact just the other day and he told me that when the work starts, he'd send me updates and pictures I can share with interested stakeholders. From what I'm being told way back here in winter 2022 (when I'm writing this), we should have our vehicle in August or September of 2023. We'll probably put the exciting update stuff on our social media accounts and website, so keep an eye on your feeds...and friend or follow us if you haven't already!

Also, as usual, the library is a cooling center during the summers. If the kids are bored on a Saturday when it's too hot to do much outside, the library is always a cool option to keep in mind for the whole family. As an old boss of mine used to say when talking up the library: "Kids love to come see us, and we don't have candy bars at the check out counter."

— Darryl Eschete & The WDM Library Staff



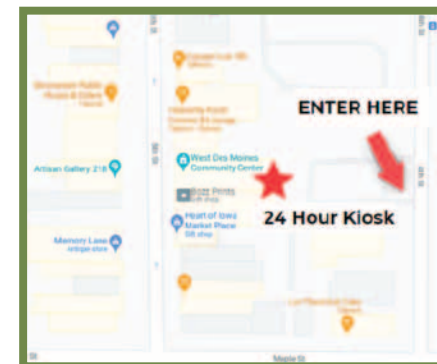
Homebound Library Delivery Service

Love to read? Having trouble getting to the library due to health reasons? The West Des Moines Public Library has a service that can help!

In 2022, library staff and volunteers made over 930 homebound deliveries to people in their individual homes. This program allows WDM residents who have difficulty coming into the library access to library materials – no matter what their living situation.

A WDM library card is required. All materials checkout for one month.

If you or someone you know is interested in this service, please call the Library at **515-222-3404** or email **library@wdm.iowa.gov**. You can also fill out our request form by visiting **wdmlibrary.org/homebound**.



Valley Junction 24-Hour Library Kiosk

We are closing in on the two-year anniversary of the self-service library kiosk located behind the Valley Junction Activity Center. We were delighted to see the usage of the kiosk increase steadily over the first year as it became part of the Valley Junction community. The 235-item vending-style machine allows patrons to browse, select, check out and return library materials 24 hours a day. In order to use the kiosk, you must have a West Des Moines Public Library card in good standing.

24-Hour Library Kiosk, 217 5th St, West Des Moines, IA 50265

Enter via the 4th St. parking lot.



SUMMER READING CLUB IS BACK!

May 22, 2023 - July 29, 2023

Our annual Summer Reading Club will be back and bigger than ever this year! Everyone who registers (yes, adults, too!) will get an exclusive WDM Library Summer Reading notebook to deck out with fun stickers. You'll track your reading through the handy Beanstack app. Readers of any age who log more than 30 reading days will be entered to win exciting raffle prizes at the end of the summer! Keep an eye on our website to hear about when registration opens—you won't want to miss out!

wdmlibrary.org/events/reading-challenges

SUPPORT PROGRAMS AND SERVICES WHEN YOU JOIN THE FRIENDS!

Our community library is fortunate to have the support of the Friends Foundation – a volunteer-based, non-profit organization. Each year, the Friends contribute \$12,000 to library programming for all ages.

Friends Memberships also funded these special projects:

- Teen Center • Rotating Outreach Collection
- Outreach Van • Tale Trail
- Charging Stations • iPads • Artwork
- Valley Junction Kiosk • and More!

★ YOUR DONATION IS TAX DEDUCTIBLE! ★

Follow the Friends on Facebook & Instagram @wdmlibraryfriends

WDM Library Friends Foundation
4000 Mills Civic Pkwy, WDM, IA 50265.
515.222.3407
wdmlibrary.org/about/friends-foundation



Hoopla Digital offers access to eBooks, Audiobooks, Comics, Movies, TV, and Music – all streaming 24/7 (no holds). WDM and Cumming residents with a WDM library card in good standing may check out a set number of items per month. Go to their website or download their mobile app. Create a free login using your WDM Library card number and start downloading. Use the Help function inside the app to contact Hoopla for immediate assistance or email WDM library staff.

www.hoopladigital.com



Flipster is a digital magazine service available to WDM Library cardholders. You can use your computer, mobile device browser, or the Flipster mobile app to download and read current magazines. www.wdmlibrary.org/flipster



Kanopy is a video streaming service that provides instant access to thousands of critically acclaimed movies, documentaries, and Kids favorites. They partner with studios like A24, The Criterion Collection, PBS, and more to bring you library access to thoughtful entertainment. Available to WDM and Cumming residents with a valid WDM Library Card, you get a set amount of credits per month. Many titles (especially Kanopy Kids content) are credit-free to stream as often as you like. Stream Kanopy on any of your favorite devices: desktop, mobile and tablet apps for iPhone and Android, as well as SmartTV apps like Roku, Apple TV, and Fire Stick.

www.kanopy.com/wdmlibrary



YOUTH PROGRAMMING

We continue to offer fun and educational programming for kids from 1 month old up through teens! Our most up-to-date calendar is always on the website at wdmlibrary.org/events.

REMINDER: Minors under the age of 10 are NOT allowed in the library without supervision. Patrons must be 14 or older to act as a supervisor to minors under the age of 10.

Lapsit Storytime – 2nd, 3rd & 4th Monday of the month

(Ages 1 mo. - 18 mo. w/ adult)
Using puppets, rhymes, songs, and short stories, we will engage baby and caregiver in language-rich activities designed for pre-walking babies.

Toddler Storytime – 2nd, 3rd & 4th Tuesday of the month

(Ages 6 mo. - 2 yrs w/ adult)
Simple stories, gentle tunes, flannel boards, and nursery rhymes.

Baby Doll Storytime – 2nd, 3rd & 4th Wednesday of the month

(Ages 18 mo. - 3 yrs w/ adult)
Bring a favorite doll or stuffed animal and join us for Baby Doll Storytime. Children will participate in songs, rhymes, and stories while interacting with their baby doll.

Family Storytime – 2nd, 3rd & 4th Wednesday (evening), Thursday (morning) & Friday (morning) of each month

(Ages 0-6 w/ adult)
Join us in the Community Room for this class featuring stories, songs, and rhymes followed by gross and fine motor play all with an early literacy focus!

Saturday Storytime – 2nd, 3rd & 4th Saturday of the Month

(Ages 0-6 w/ adult)
Drop in and join us in the storyroom for Saturday Storytime! Build a lifetime love of books and reading as we share stories, songs, and interactive rhymes with an early literacy focus.

ONE PASS, MANY ADVENTURES



WDM and Cumming residents with a WDM card in good standing may check out passes to local attractions: The Blank Park Zoo, Brenton Skating Plaza, DSM Children's Museum, Greater Des Moines Botanical Gardens, Iowa Arboretum and Gardens, Reiman Gardens, and Science Center of Iowa.

www.wdmlibrary.org/AdvPass

KIDS CLUB READ

Kids Club Read is our monthly book club for ages 7-10. Print copies of each month's book are available for pickup at the Children's Desk or via curbside service. Titles selected for each month will be published via our Events Calendar. This club meets from 4:15-5:00 PM one Thursday afternoon per month during the school year.

KIDS GRAPHIC NOVEL CLUB READ

Kids Graphic Novel Club Read is our monthly book club for ages 8-12 that focuses on the graphic novel format. Print copies of each month's book are available for pickup at the Children's Desk or via curbside service. Titles selected for each month will be published via our Events Calendar. This club meets from 4:15-5:00 PM one Thursday afternoon per month during the school year.



WDM Library *services*

All services are **free** unless otherwise indicated.

GET A LIBRARY CARD... IT'S FREE! Present valid ID with proof of current address. For more information, please visit www.wdmlibrary.org/librarycard

- **CHECK YOUR ACCOUNT BY PHONE OR ONLINE**
515-225-1576 ■ wdmlibrary.org/my-account
- **FIND REFERENCE TOOLS AND DATABASES**
In the library and/or from home.
515-222-3403 ■ wdmlibrary.org/databases
- **ACCESS E-BOOKS, AUDIOBOOKS, VIDEO & MORE**
515-222-3403 ■ wdmlibrary.org/digital-library
- **RESERVE PUBLIC MEETING & STUDY ROOMS**
515-222-3400 ■ wdmlibrary.org/reserve-room
- **REQUEST HOMEBOUND DELIVERY**
515-222-3400
wdmlibrary.org/homebound
- **VOLUNTEER**
515-222-3400
wdmlibrary.org/volunteer

Follow us on social media!



Visit us on the web at www.wdmlibrary.org

Adult Programming

We have some great adult programs already planned for 2023. In January, we're starting our new quarterly program: Was the Book Better Than the Movie? Read the book beforehand (if you like), and then come and enjoy a good movie, followed by some lively discussion about the differences between the two. You'll even have a chance to vote for the WINNER – book or movie?

We're adding a NEW book group: Step Back in Time, which will discuss historical fiction and meet monthly at The Jordan House. In addition to our regular book clubs and craft programs, we're hosting "Endless Possibilities: Iowa's African American History" on February 23rd.

Please check our Events calendar for information on these programs, as well as everything else we've got planned for Spring!



Adult Club Read is our adult book discussion group. Patrons can choose whether they want to join the group in person at the library or through Zoom from home. See the Library's Calendar for meeting info.

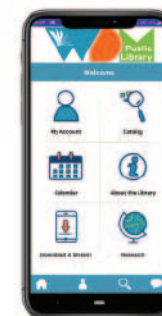


YA Not Club Read is our non-traditional book club for "Grown-ups" who like to read and talk about Young Adult books. YA Not meets on the 2nd Thursday of each month. See the Library's Calendar for meeting info.



Step Back in Time discusses titles from a variety of time/places/people. This group meets on the 3rd Thursday of each month at the Jordan House (2001 Fuller Road, West Des Moines, IA 50265). Please contact Jen to register at 515-222-3413.

Download Library Mobile App



To find the West Des Moines Public Library app, search for "WDM Library" or "West Des Moines Public Library" in your app store. The app is free. To use functions like holds and account info, you will need your WDM Library Card and pin. App users can search the library catalog and reserve items, add one or more library accounts to their device, view and register for events at the library, access online learning resources, and much more! Download on iOS and Android.

Listen to Library Podcast



In This Day and Page is a new podcast created by the West Des Moines Public Library with the goal of sharing all the different library resources, services, and programs we offer! Through staff and community member interviews, join us as we explore the ins and outs of the library world. Look out for a new episode every other week on all major podcast platforms. www.anchor.fm/wdmlibrary

WDM HUMAN SERVICES

“The ♥ of the Community”

WDM Human Services provides necessary assistance to qualifying low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, and emergency financial assistance are a few of the critical services provided. To learn more, visit our website or call 515-222-3660.

EMERGENCY FINANCIAL ASSISTANCE

Financial assistance available to eligible WDM residents who are facing an eviction or utility disconnection. Outreach staff assess the situation and work to ensure the needs of the household are being met.

DMARC FOOD PANTRY

Food and personal care items available on a monthly basis.

ANYTIME ITEMS PROGRAM

Bakery goods, fruits, vegetables and more available weekdays at 8:30 am, rain or shine. Distribution is outdoors at the SE corner of our building at 139 6th Street.

CLOTHING CLOSET

Free clothing, shoes and housewares for qualifying households.

ENERGY ASSISTANCE

LIHEAP (Low-Income Home Energy Assistance Program) provides a one-time annual credit on energy bills for eligible households. Program runs from October through April.

MOW & SNOW

Mowing and snow removal services available to income-eligible WDM senior and disabled residents.

FREE MEDICAL CLINIC

Basic medical care and management of chronic medical conditions to uninsured or under-insured individuals; all on-site services provided free of charge. The clinic is a member of Free Clinics of Iowa, the largest network of free medical clinics in the state.

HOLIDAY ASSISTANCE

Variety of programs available to WDM residents to help alleviate the financial burden of the holiday season for qualifying households.

ELL CLASSES

English Language Learner (ELL) classes offered from September through May. Childcare and free transportation available.

YOUTH PROGRAMS

Financial assistance to WDM youth participating in activities offered through WDM Parks & Rec. Annual school supply distribution in August.

Please visit our website for a full listing of available programs as well as income and service area guidelines for each program:

www.wdm.iowa.gov/HumanServices



Partner with WDM Human Services to help our neighbors in need!

WDM Human Services Current Needs

Personal Pantry

Each month WDM Human Services assists approximately 375 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo and conditioner
- Deodorant
- Feminine hygiene products
- Toilet paper
- Toothbrushes and toothpaste
- Diapers (esp. larger sizes)
- Soap



Clothing Closet

Our clothing closet is in need of new or gently used, children's, teen, and adult clothing and shoes for the current season. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Thursday, 8:30 am – 3:00 pm and Fridays 8:30 am – noon, at 139 6th Street in West Des Moines. Donation receipts are available.



Volunteer Today!

Volunteers are needed in the Clothing Closet, Food Pantry and for ELL classes at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 3:00 pm. Convenient location in the Valley Junction neighborhood. Must be 18 years or older. To learn more, please contact Mindy Hotovec at (515) 222-3663 or visit www.wdm.iowa.gov/HumanServices.

Language Translation Line

The City of West Des Moines has a contract with Voiance to provide language translation services. This language line, accessed by telephone, will help us to understand the needs of those who do not speak English. If you are one of those individuals, please be prepared to tell us what language you are speaking so that we can connect with that particular language to assist you. City staff can initiate this call in-person or through a three-way phone call. Since this article is in English, please share this information with others who may benefit from this translation service.

SPRING/SUMMER 2023

WDM Parks & Recreation PROGRAM GUIDE

Registration Dates

WDM Residents: Tuesday, March 7

Non-Residents: Tuesday, March 14



We provide our community everyday enjoyment through people, parks, and programs.



CONTENTS

Page 2	Policies	Pages 26-42	Youth Programs
Pages 3-7	General Information	Pages 43-49	Adult Programs
Pages 11-16	RecPlex Programs	Page 50	Senior Programs
Pages 17-20	Aquatics	Page 51	Registration Form
Pages 21-25	Family Programs	Page 52	Illumifest

RECREATION POLICIES

Please call the Administrative Office at 515.222.3444, M-F, 8am-5pm to request a refund.

1. Full refunds will be given if the request is submitted no later than 14 days before the program start date.
2. Refund requests submitted less than 14 days before the program start date will be refunded 50% of the program registration fee.
3. Requests for refunds submitted on or after the event start date or completion of the program will not be considered.
4. Please allow 2-3 weeks to process a check refund for payments originally made by cash or check. No cash refunds will be given.
5. Payments made by credit/debit card will be refunded back to the original credit/debit card.
6. The Recreation Program Refund Policy does not apply to travel programs, culinary programs, or adult sport leagues.
7. Refunds for medical situations will be considered on a case-by-case basis.

CANCELLATION POLICY

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

PROGRAM ASSISTANCE

Fee discounts are available for WDM residents meeting assistance guidelines. Contact WDM Human Services at 515.222.3660.

ANTI-BULLYING STATEMENT

The Parks & Recreation Department will not tolerate bullying* in any program or activity, and staff will do all they reasonably can to create a safe space for participants, regardless of an individual's actual or perceived age, color, creed/denomination, national origin, race, religion, marital status, sex, sexual orientation, gender identity, physical attributes/appearance, physical or mental ability or disability, ancestry, political belief, socioeconomic status, or familial status.

* For the purposes of this statement, bullying is defined as the unwanted, aggressive use of physical, social or mental/intellectual power to control, harm or humiliate another person in a repetitive or pervasive manner.

REGISTRATION CHANGE FEE

A fee of \$5 will be charged for each registration change made after participants are enrolled in the program.

ACCOMMODATIONS

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department at least 72 hours in advance.

FACILITIES

Administrative Office at WDM City Hall	515.222.3444	4200 Mills Civic Parkway
Crossroads Park Tennis Courts*	515.222.3444	5205 Ashworth Road
Holiday Aquatic Center*	515.273.0700	1701 Railroad Avenue
Holiday Park Baseball Complex*	515.222.3454	1701 Railroad Avenue
Jamie Hurd Amphitheater*	515.222.3444	4100 Mills Civic Parkway
Jordan Cemetery	515.222.3444	2950 Fuller Road
MidAmerican Energy Co. RecPlex*	515.440.4820	6500 Grand Avenue
Raccoon River Park Archery Facility	515.222.3424	2500 Grand Avenue
Raccoon River Park Boathouse	515.440.4787	2500 Grand Avenue
Raccoon River Park Dog Park	515.222.3424	2500 Grand Avenue
Raccoon River Park Nature Lodge*	515.222.3424	2500 Grand Avenue
Raccoon River Park Softball Complex*	515.222.3454	2500 Grand Avenue
Valley Junction Activity Center*	515.222.3440	217 5 th Street
Valley View Aquatic Center*	515.273.0700	255 81 st Street
Valley View Park Fields & Courts*	515.222.3444	225 88 th Street

*Rentable Facility

RENTABLE SHELTERS

Reservations Begin	Rental Season	Fee
1/1	4/15-10/15	\$15/hour; 4 hour minimum

American Legion Park Shelter	301 Vine Street
Brookview Park Shelter	400 81 st Street
Crossroads Park Shelter	5205 Ashworth Road
Fairmeadows Park Shelter	543 22 nd Street
Pearson Park Shelter	1256 19 th Street
Raccoon River Park Shelters	2500 Grand Avenue
Valley View Park Shelter	225 88 th Street

Reserve Shelters by calling 515.222.3444 or online at www.wdm.iowa.gov/ShelterRental

CITY OF WEST DES MOINES PARKS

Park Name	Address
American Legion Park	301 Vine Street
Ashawa Park	4431 Waterford Drive
Brookview Park	400 81 st Street
Crossroads Park	5205 Ashworth Road
Fairmeadows Park	543 22 nd Street
Florer Park	1410 Locust Street
Hidden Point Park	1250 South Hidden Point Court
Holiday Park	1701 Railroad Avenue
Huston Ridge Park	8455 Coachlight Drive
Jaycee Park	5608 Center Street
Jordan Creek Park	310 50 th Street
Kiwanis Park	3101 Maple Street
Knolls Park	5150 Aspen Drive
Maple Grove Park	9350 Chalk Street
Meadowview Park	638 Prairie View Drive
Nelly Phenix Commons	423 6 th Street
Pearson Park	1256 19 th Street
Peony Park	1100 63 rd Street
Pinedale Park	3375 Woodland Avenue
Quail Cove Park	1515 South 52 nd Street
Raccoon River Park	2500 Grand Avenue
Railroad Park	425 Railroad Avenue
Scenic Valley Park	1223 South 24 th Court
Southwoods Park	350 South 35 th Street
Valley View Park	255 81 st Street
Western Hills Park	4115 Walnut Street
Whisper Point Park	9125 Bridgewood Boulevard
Wild Rose Park	6801 Cody Drive
Willow Springs Park	5685 Wistful Vista Drive
Wilson Park	298 9 th Street
Woodland Hills Park	1230 South 95 th Street



**Are you up for a fun challenge?
Visit all 31 West Des Moines parks
this spring and summer!**

RACCOON RIVER PARK

Nature Lodge

The Nature Lodge, located in Raccoon River Park, offers a unique rental space in a natural setting. The building sits along the northwest shore of Blue Heron Lake and provides a place to get away from the demands of city life to slow down and relax. Whether you are planning a company retreat or a special wedding reception, this quaint location provides you with all the convenience of modern living with an elegant yet rustic appearance.

*Su-F 4 hr min;
Sa 10 hr min (Apr-Oct);
Sa 5 hr min (Nov-Mar)

	1/3	2/3	Full
Evenings/Weekends	\$35/hour	\$70/hour	\$105/hour
Weekdays 8am-5pm	\$20/hour	\$40/hour	\$60/hour

**Reserve the Lakeview Room at the Nature Lodge
by calling 515.222.3424**

Boathouse

**Open Day: Saturday, May 27
Closing Day: Monday, September 4**

	M-F	Sa-Su	Holidays
Hours of Operation	10am-9pm	8am-9pm	8am-9pm

*Prices include tax;
Paddles and life jackets are
included with all rentals

	Capacity	1/2 Hour	Hour	Day
Canoe	2-3 people	\$15	\$20	\$70
Kayak	1 person	\$10	\$15	\$55
Double Kayak	2 people	\$15	\$20	\$70
Fishing Kayak	1 person	\$15	\$20	\$70
Stand-up Paddleboard	1 person	\$10	\$15	\$55
Group Board	2-6 people	\$50	\$60	\$210
Paddleboat	1-3 people	\$10	\$15	\$55

For more info visit www.wdm.iowa.gov/Boathouse

RACCOON RIVER PARK

Softball Complex

Raccoon River Park Softball Complex is host to league and tournament players as well as rentals by private groups sponsoring youth and adult tournaments. This professionally maintained complex has hosted many state, regional, and national tournaments, along with a full slate of leagues for local softball players. Community use of this facility is welcomed when not in use by leagues.

Scoreboard Sponsors



*April-October Rental Season	Adult	Youth	Youth (fall)
Tournament	\$15-20/game	\$35/game	\$25/game
Public Hourly	\$35/hour/field		

Reserve the Raccoon River Park Softball Complex by calling 515.222.3454

Archery Facility

The Archery Facility is the first of its kind in Iowa and includes the following features:

- Enclosure walls/fencing
- Shelter over shooting area
- 12 shooting lanes
- Overhead 'arrow curtains'
- Staging area
- Targets up to 40 yards in distance

Users are required to purchase an Archery Permit to utilize the facility. Both yearly permits (calendar year) and daily permits are sold at the following prices and locations:

	Yearly Res	Yearly Non-Res	Daily
Adult	\$20	\$40	\$5
Youth under 16	\$10	\$20	\$5

Purchase an Archery Permit at the Administrative Office at WDM City Hall, Raccoon River Park Nature Lodge, or online at www.wdm.iowa.gov/Archery

RACCOON RIVER PARK

Dog Park

Are you looking for a place to let your dog run off some excess energy? Dogs of all shapes and sizes enjoy romping through the ten-acre fenced play area of the Raccoon River Dog Park. The park features areas for both large and small dogs and is a great place to meet other dog lovers and enjoy each others' pets.

Users are required to purchase a Dog Park Permit to utilize the facility. Both yearly permits (calendar year) and daily permits are sold at the following prices and locations:

	Yearly	Daily
Resident	\$15	\$5
Non-Resident	\$40	\$5

Purchase a Dog Park Permit at the Administrative Office at WDM City Hall, Raccoon River Park Nature Lodge, or online at www.wdm.iowa.gov/DogPark

*All dogs residing in the City of West Des Moines are required by law to have a City Pet License in order to purchase a Raccoon River Dog Park Annual Permit.

Holiday & Valley View Aquatic Centers

Looking for a unique outing for your business, church, or youth group? Why not schedule a private rental at one of the West Des Moines aquatic centers? The rental fee includes all costs. Concessions are available at an extra cost.

*June - August Rental Season; Sa 6:30-8:30pm	Full	Lazy River/ Slides	Leisure/ Kids Pools	Lap Pool/ Diving Boards/ Drop Slide
Holiday Aquatic Center	\$900	----	----	----
Valley View Aquatic	\$1,500	\$750	\$500	\$450

Reserve Holiday or Valley View Aquatic Center by calling 515.222.3440

VALLEY VIEW PARK

Pickleball Courts NEW

Eight, stand-alone, lighted pickleball courts have been constructed in Valley View Park. The courts are on the western side of the park, off of 88th Street in close proximity to the sand volleyball courts, basketball courts, and tennis courts. Due to the popularity of pickleball and the high demand for these new courts, a reservation policy for the courts has been implemented. If courts are not reserved, they are available on a first-come, first-serve basis.

*March 1 - October 31 Rental Season; 1 hr minimum rental	Non-Profit School	Public	For-Profit/Private Org
Fee	\$7/hour	\$10/hour	\$20/hour
Hours of Operation	7am-10:30pm		

Reserve Valley View Pickleball Courts online at www.wdm.iowa.gov/VVPickleball

Sports Fields

*April 1 - September 1 Rental Season; 2 hr minimum rental	Soccer	Softball/Baseball	Cricket
Regular	\$15/hour	\$10/hour	\$40/hour
For-Profit/Private Org	\$30/hour	\$20/hour	\$80/hour

Reserve Valley View Park Fields online at www.wdm.iowa.gov/VVFields

CROSSROADS PARK TENNIS COURTS

*March 1 - October 31 Rental Season; 1 hr minimum rental	Non-Profit School	Public	For-Profit/Private Org
Fee	\$7/hour	\$10/hour	\$20/hour
Hours of Operation	7am-10:30pm		

Reserve Crossroads Park Tennis Courts online at www.wdm.iowa.gov/TennisCourts

VALLEY JUNCTION ACTIVITY CENTER

Looking for the perfect place for that birthday party, family reunion, or organization meeting? The Valley Junction Activity Center, located in the heart of Valley Junction, is just the place for you! The facility offers a wide variety of meeting room spaces as well as two dining rooms available for public rental. The Grand Ballroom located on the second floor of the building provides an excellent space for wedding receptions and large dinner gatherings for up to 200 people.

	Ballroom	Dining Room	Vets Room
Evenings/Weekends	\$90/hour	\$40/hour	\$25/hour
Weekdays 8am-5pm	\$90/hour	\$20/hour	\$14/hour

Reserve rooms at the Valley Junction Activity Center by calling 515.222.3440

JAMIE HURD AMPHITHEATER

The Jamie Hurd Amphitheater can play host to a wide variety of community events, including concerts, outdoor movies, festivals, and theatrical performances. With a stage built to accommodate up to 50 musicians and lawn seating for up to 2000, the Jamie Hurd Amphitheater is perfect for events of all sizes, from weddings to reunions to fundraisers.

*April - October Rental Season	For-Profit	Non-Profit	K-12 School	Private	Weekday
Days	Su-Sa	Su-Sa	M-Th	Su-Sa	M-Th
Hours	7am-10pm	7am-10pm	7am-10pm	7am-10pm	7am-4pm
Minimum	10	4	2	4	4
Rental Fee	\$200/hour	\$100/hour	\$80/hour	\$100/hour	20% discount

Reserve the Jamie Hurd Amphitheater by calling 515.222.3444 or online at www.wdm.iowa.gov/JHA

JORDAN CEMETERY

Burial plots are available for purchase in the newer, western part of the cemetery.

Call 515.222.3444 for more information

FRIENDS OF WDM PARKS & REC

- VOLUNTEER your time or talents at Friends events, DONATE, SERVE on the Friends Board of Directors, or simply SHARE our mission with your friends and neighbors
- PRESERVE and PROTECT land and wildlife in West Des Moines to ensure the happiness and well-being of future generations
- ENRICH our community by enhancing the quality of life in West Des Moines
- STRENGTHEN quality of life initiatives to better attract and retain businesses and employees of all ages



Basic Membership \$35/year

www.wdm.iowa.gov/FriendsofWDMPR
FriendsofWDMParks@gmail.com

RACCOON RIVER DOG PARK AMBASSADOR PROGRAM



The WDM Parks and Recreation Department has implemented a volunteer-led ambassador program at Raccoon River Dog Park to help establish a positive and friendly dog park culture. The Raccoon River Dog Park Ambassador program builds relationships between dog park visitors and the City of West Des Moines and is an integral piece in dog park public relations.

Ambassador's Role:

- Welcome visitors and chat with dog owners about park safety and etiquette
- Keep the dog park clean and tidy
- Help educate the public
- Submit volunteer hours each month
- Log problems and complaints, including names of pets/owners

Benefits:

- For volunteering 48-60 hours per year, the **Raccoon River Dog Park Ambassador will receive a free annual Dog Park Permit** for the next calendar year
- The Raccoon River Dog Park continues to improve
- Ambassadors get to meet new people and set a good example for others

For more information:

Call 515.222.3645 or email jodie.weeks@wdm.iowa.gov

MIDAMERICAN ENERGY COMPANY REC PLEX



This world-class facility offers a variety of different spaces, from ice, turf, and hardcourt spaces to multipurpose rooms, convertible convention space, and more.

	1/3	2/3	Full
Kum & Go Community Room	\$45/hour	\$90/hour	\$135/hour
Overlook Room		\$35/hour	
Activities Room		\$25/hour	

For more info visit www.TheRecPlex.com

Family Fun Day *All ages*

This FREE event will feature open play on our indoor turf. Delicious food and beverages from the RP Grill will be available for purchase as well!



Day	Dates	Time	Fee	Location
Sa	4/15	2-4pm	FREE	RecPlex
Sa	6/17	1-3pm	FREE	RecPlex
Sa	9/9	11:30am-1:30pm	FREE	RecPlex

First Aid/CPR Certification Class *Ages 13+* **NEW**

Have you wanted to get CPR certified or have you let your certification lapse? Join our American Heart Association certified instructor for a mix of online and hands on training. The AHA's Heartsaver First Aid CPR AED course trains participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. This course is designed for anyone with little or no medical training.

ID	Day	Dates	Time	Fee	Location
30571	Sa	5/20	11am-4pm	\$100	RecPlex
30572	Sa	6/17	11am-4pm	\$100	RecPlex



Make sure to check out the DMU Clinic Physical Therapy programs listed on the inside cover of the WDM Magazine!

Parents' Night Out *Ages 5-12*

Parents can enjoy a Saturday night out on the town or a relaxing evening in while your kids have a blast with us from 5-8pm. Each Parents' Night Out will have a fun theme, arts and crafts, healthy activities, and a pizza party for only \$20 per child!

ID	Dates	ID	Dates
30259	3/18	30264	6/24
30260	4/15	30265	7/8
30261	4/29	30266	7/22
30262	5/13	30267	8/12
30263	5/27	30268	8/26

RP Kids Summer Day Camp *Ages 5-12*



Skip the nanny this year and let us provide your child with a summer to remember at our RP Kids Summer Day Camp! Campers will spend an entire day filled with sports of all kinds, arts and crafts, snacks, and so much more. Every camp is guided by our recreation staff who are trained to encourage participation, good sportsmanship, and most of all, fun!

Register by the WEEK

Theme	ID	Day	Dates	Time	Fee	Field Trip
Get Moving	30302	M-F	6/5-6/9	8am-5pm	\$275	SkyZone
Sports	30303	M-F	6/12-6/16	8am-5pm	\$275	IA Cubs Game
Science	30304	M-F	6/19-6/23	8am-5pm	\$275	Science Center
Adventure	30305	M-F	6/26-6/30	8am-5pm	\$275	Adventureland
Animals	30306	M-F	7/10-7/14	8am-5pm	\$275	Omaha Zoo
Theater	30307	M-F	7/17-7/21	8am-5pm	\$275	Movie Theater
Water	30308	M-F	8/7-8/11	8am-5pm	\$275	Adventure Bay
Summer Party	30309	M-F	8/14-8/18	8am-5pm	\$275	Inflatables

Register by the DAY

Can't make the whole week? Build your own schedule for \$60/day.

Register by the MONTH



Month	ID	Day	Dates	Time	Fee
June	30472	M-F	6/5-6/30	8am-5pm	\$1,110
July	30505	M-F	7/10-7/21	8am-5pm	\$550
August	30506	M-F	8/7-8/18	8am-5pm	\$550

Twirl Camp *Ages 5-14*

Sign your child up for this very popular program! Let them experience the thrill of learning to twirl the baton. Your child will learn the basics of baton twirling each day of the camp. A special highlight of the week will be the opportunity for the campers to show off their new-found skills as they march together in the West Des Moines Independence Day Parade (held on July 3). Level 101 classes include a t-shirt and baton. Levels 201 and 301 classes include a t-shirt.



Level	Ages	ID	Day	Dates	Time	Fee	Location
101	5-11	30204	M-F	6/26-6/30	10:30-11:30am	\$58	RecPlex
101	5-11	30205	M-F	6/26-6/30	11:30am-12:30pm	\$58	RecPlex
201	6-14	30206	M-F	6/26-6/30	1-2pm	\$40	RecPlex
301	6-14	30207	M-F	6/26-6/30	2-3pm	\$40	RecPlex

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Learn to Skate *Ages 3+*



This program is geared toward recreational skaters of all ages and skill levels. Instructors will follow the skill progressions outlined in Learn To Skate USA Basic Skills. Each session will be 30 minutes of instruction with 30 minutes of free skate. Skates are included. *not held on 7/4

ID	Day	Dates	Time	Fee	Location
29196	Su	4/16-5/21	1-2pm	\$110	RecPlex
29197	T	4/18-5/23	6-7pm	\$110	RecPlex
30629	T	6/6-7/18*	6-7pm	\$110	RecPlex
30631	Su	9/10-10/15	1-3pm**	\$110	RecPlex
30630	T	9/12-10/17	6-7pm	\$110	RecPlex

** This session will be broken into groups (1-2pm or 2-3pm) once registration closes.

Little Kickers Soccer League *Ages 4-7*

Little Kickers is a co-ed soccer league designed for children ages four through seven. Teams will practice the first 15 minutes followed by a game each week. Little Kickers provides the ideal environment to have fun while being taught the basic soccer fundamentals and learning the importance of teamwork, socialization, and sportsmanship. The registration fee includes a reversible jersey. **Volunteer coaches are needed for this program. Call 515.440.4811 for more information.** *not held on 9/30

Ages	ID	Day	Dates	Time	Fee	Location
4-5	30257	Sa	5/13-6/17	9-10am	\$45	RecPlex
6-7	30258	Sa	5/13-6/17	10-11am	\$45	RecPlex
4-5	30275	Sa	9/9-10/21*	9-10am	\$45	RecPlex
6-7	30276	Sa	9/9-10/21*	10-11am	\$45	RecPlex

Bulldog Soccer Camp *Ages 7-12*



Join coaches and players of the Drake Women's Soccer Team for four afternoons filled with soccer skills and games. This camp is designed for the recreational level camper who will be taught proper technique through small-sided games and contests. All activities will be arranged indoors in a fun, safe, and skill-appropriate environment. Campers should wear shin guards and bring a ball and water. Each camper will receive a camp t-shirt.

ID	Day	Dates	Time	Fee	Location
30301	M-Th	6/12-6/15	1-4pm	\$125	RecPlex

Michael Born Basketball Camp *Ages 7-15*

Join Michael Born, former Iowa State basketball player and current scout for the Indiana Pacers, for his annual summer basketball camp at the RecPlex! This five-day camp will include teaching the fundamentals of the game, competitive drills, a 3-on-3 tournament, and daily full-court games in a fun, energetic environment. We will work hard on the basics each day, but also have a great time with daily competition. The camp is open to boys and girls ages 7-15. Participants receive a t-shirt, and prizes will be awarded on the last day of the camp for various competitions.

ID	Day	Dates	Time	Fee	Location
30256	M-F	7/17-7/21	9am-12pm	\$160	RecPlex

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Bowen Born Basketball Camp *Ages 7-15*

Join former Norwalk High School/Iowa Gatorade Player of the Year and current University of Northern Iowa basketball player, Bowen Born, at his basketball camp this summer! This three-day camp will include fundamentals, skill work, competitive drills, and daily full-court games in a fun, energetic environment. Games will be structured in a tournament format to add to the excitement of the week. Bowen, the 2021 Missouri Valley Conference Freshman of the Year and the 2022 Missouri Valley Conference 6th Man of the Year, will teach boys and girls some of his favorite drills, so come join the fun in this great new facility. Participants receive a t-shirt, and prizes will be awarded throughout the camp for various competitions.



ID	Day	Dates	Time	Fee	Location
30255	M-W	6/5-6/7	9am-12pm	\$125	RecPlex

Pickleball Lessons *Ages 8-11 & 12-Adult* NEW

The best way to learn how to play pickleball is to take lessons from a pickleball instructor. The basics, strategies, and health and safety will be covered. Receive 20% off a new paddle from in-stock merchandise at Bunny's First Serve Pro Shop.

Ages	ID	Day	Dates	Time	Fee	Location
8-11	30404	M & W	6/12-6/28	10-11am	\$90	RecPlex
12-Adult	30362	M & W	6/12-6/28	9-10am	\$90	RecPlex
8-11	30425	M & W	7/10-7/26	10-11am	\$90	RecPlex
12-Adult	30363	M & W	7/10-7/26	9-10am	\$90	RecPlex
8-11	30426	M & W	7/31-8/9	10-11am	\$60	Valley View Park
12-Adult	30364	M & W	7/31-8/9	9-10am	\$60	Valley View Park

Court Time Basketball Camp *Ages 9-14*

Court Time Basketball Camps are specifically designed for players who want to learn the fundamentals or for those who have been exposed to competitive and team basketball. Player-to-coach ratio is set at 10 players per coach.



Boys/Girls Day Camp: ball handling, passing, shooting, individual moves, offensive concepts, defensive concepts; 5-on-5, 4-on-4, 3-on-3, individual skill contests

Boys Competition Camp: fundamentals, competitive games, offensive plays, defense plays; strong emphasis on teamwork; modified games, leagues, and teams to develop as a complete player

	Ages	ID	Day	Dates	Time	Fee	Location
Boys Day	9-14	30353	M-Th	6/12-6/15	9am-3pm	\$225	RecPlex
Boys Comp	10-14	30354	M-Th	6/19-6/22	9am-3pm	\$225	RecPlex
Girls Day	9-14	30355	M-Th	6/26-6/29	9am-3pm	\$225	RecPlex

American Ultimate Disc League Camp *Ages 10-14* NEW

Participants will learn the fundamentals of catching and throwing a disc. Ultimate is a fast-paced, team sport which will require your child to run, jump, and throw.

ID	Day	Dates	Time	Fee	Location
30589	M-F	6/19-6/23	9am-12pm	\$150	RecPlex

Adult Basketball League *Ages 18+* TS 4/13 Registration Deadline

Each team will play a nine-game, round-robin schedule. All games will be staffed with high school certified officials and scorekeepers.

Divisions: A, B, C, and D

Day	Dates	Time	Fee	Location
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Bags League *Ages 18+* TS 4/26 Registration Deadline

Grab a partner and get ready to play everyone's favorite backyard game, bean bag toss. Teams will compete for eight weeks.

League Format: Men's, Women's, & Co-ed
Social, Intermediate, & Competitive levels



Day	Dates	Time	Fee	Location
W	Starts 5/3	6:15-9:15pm	\$30 + tax/team	RecPlex



Register at www.teamsideline.com/WestDesMoines

Adapted Community Programming *Ages 6-13*



ID	Day	Dates	Time	Fee	Location
30356	Th	6/8-6/29	4:30-5:30pm	\$50	RecPlex

Adapted Summer Camp *Ages 6-11* NEW

ID	Day	Dates	Time	Fee	Location
30351	M-W	6/12-6/14	9:30-10:30am	\$40	RecPlex

Adapted Summer Camp - Tennis *Ages 9+* NEW

ID	Day	Dates	Time	Fee	Location
30352	M-W	7/17-7/19	2:30-3:30pm	\$40	RecPlex

Pool Party *All ages*

ID	Day	Dates	Time	Fee	Location
30570	Sa	6/24	6:30-8pm	FREE	Holiday Aquatic Center

After School Esports Academy *Ages 6-14* NEW

Is your child interested in becoming a pro gamer? Join our brand new After School Esports Academy, a professionally designed course for any participant looking to get into the Esports industry. Each course is designed to introduce gaming concepts, streaming, mental health, and game-play improvement. We have specifically designed courses for five popular games, including Fortnite, Rocket League, League of Legends, Counter-Strike GO, and Valorant. Join us for this exciting opportunity to take your gaming to the next level!

ID	Day	Dates	Time	Fee	Location
29574	M & Th	4/10-5/18	5-6:30pm	\$350	RecPlex

Healthy Esports Camp *Ages 6-14*

Welcome, gamers, to the RecPlex's Healthy Esports Camp! Join us for this week-long day camp and learn to play age-appropriate games while still focusing on physical activity. Each day will consist of two hours of game-play, one hour of sports activity, and 30 minutes of video-on-demand review to learn more about the game of the day and how to improve. Games include but are not limited to: Fortnite, Rocket League, Apex Legends, Valorant, and more!

ID	Day	Dates	Time	Fee	Location
30251	M-F	6/5-6/9	8:30am-12pm	\$150	RecPlex
30297	M-F	6/5-6/9	1-4:30pm	\$150	RecPlex
30252	M-F	6/19-6/23	8:30am-12pm	\$150	RecPlex
30298	M-F	6/19-6/23	1-4:30pm	\$150	RecPlex
30253	M-F	7/10-7/14	8:30am-12pm	\$150	RecPlex
30299	M-F	7/10-7/14	1-4:30pm	\$150	RecPlex
30254	M-F	8/14-8/18	8:30am-12pm	\$150	RecPlex
30300	M-F	8/14-8/18	1-4:30pm	\$150	RecPlex

Super Smash Bros Tournament *Ages 8-14*

Our amateur Super Smash Bros Ultimate Tournament is the perfect way to work on that wave dash, make new friends in the local Smash community, and compete. Prizes are awarded to the top two players. Played in a double elimination format.



ID	Day	Dates	Time	Fee	Location
30274	W	4/5-5/10	5-6:30pm	\$30	RecPlex

Fortnite Friday League *Ages 8-14*



Compete each week and show off your skills in our Fortnite Friday League. Players will drop in as a duo but compete separately for the most eliminations. Each week will consist of two rounds of games, with a best two-out-of-three format. The league will consist of seven weeks of regular season play and an end-of-season double elimination tournament.

ID	Day	Dates	Time	Fee	Location
30273	F	4/7-5/12	5-7pm	\$35	RecPlex

WEST DES MOINES AQUATIC CENTERS OPEN ON SATURDAY, MAY 27

Season Passes *Ages 3+*

Passes are sold per household. Individual photo ID cards are required for each family member who wishes to have a pass. All pass holders must have a current photo taken or on file. Photos can be taken at City Hall or the Valley Junction Activity Center during regular business hours (8am-5pm) or at the West Des Moines Aquatic Centers starting the first week of the season. (Please note that it is best to purchase season passes at City Hall or the Valley Junction Activity Center prior to the first week of the season to avoid long lines at both aquatic facilities.) WDM season passes are good at Holiday, Valley View, and Clive Aquatic Centers.

***10% discount for WDM Aquatic Center Season Passes ends March 31**

Pass Type	Residents	10% Discount	Non-Residents	10% Discount
Single Pass	\$90	\$81	\$140	\$126
2-Person Pass	\$130	\$117	\$190	\$171
Additional Person	\$45/person	\$40.50/person	\$65/person	\$58.50/person
Childcare Provider	\$65	NA	\$70	NA

Daily Admission Prices

Ages	Fee
Under 3	FREE
3-12	\$6
13+	\$9
55+	\$7

Aquatic Centers Phone #s

Location	Phone #
Holiday	515.273.0703
Valley View	515.273.0707
Information	515.273.0700

Open Swim Times *All Ages*

Valley View Aquatic Center	
Days	Time
Sa	12-6pm
Su-F	12-5:30pm & 6:30-8:30pm
W & Su Family Night \$15/family	6:30-8:30pm
M, T, Th, & F 1/2 Price Evenings	6:30-8:30pm

Holiday Aquatic Center	
Days	Time
Sa	11:30am-6pm
Su	12-5:45pm
M-F	11:30am-7pm*
W & Su Family Night \$15/family	6:30-8:30pm**
M, T, Th, & F 1/2 Price Evenings	5-7pm**

* Closes at 5:30pm, M-Th for swim lessons during the following weeks: 6/5-6/15; 6/19-6/29; 7/10-7/20; 7/24-8/3

** Only when evening swim lessons are not in session

Current Walking & Adult Lap Swim *Ages 18+*

Day	Time	Fee	Location
Su-F	5:30-6:30pm	\$4	Valley View



For weather-related changes or closures visit www.facebook.com/WDMPR

- If an aquatic center closes because of weather (electrical storms or cool temperatures) between 12:30 and 5pm, it will not reopen until 5:30pm.
- If weather conditions do not allow reopening at 5:30pm, it will remain closed for the evening.

American Red Cross Learn-to-Swim Lessons *Ages 3-5+*

To better place your child in the American Red Cross Learn-to-Swim program, please review this partial list of skills taught in each progress level. These skills are taught in each course and are required for completion of the specified level. **Do not register your child for multiple sessions assuming they will advance to the next level for the following session.**

Level	Title	Description
Pre-School 1	Water Exploration	Students will learn to put their face under water, blow bubbles, and kick with support on their front and back
Pre-School 2	Water Navigation	Children will learn to kick and glide on their front and back without support and learn very basic swimming skills
Level 1	Intro to Water Skills	Students will learn how to feel comfortable in the water and safely enjoy it
Level 2	Fundamentals of Aquatic Skills	Children will learn basic swimming skills
Level 3	Stroke Development	Additional guided practice will help students improve their skills
Level 4	Stroke Improvement	Kids will gain confidence during swim lessons, improve their stroke, and gain additional aquatic skills
Level 5	Stroke Refinement	Guidance allows kids to refine their strokes and become more efficient swimmers

Holiday Aquatic Center 30-Minute Evening Lessons Mondays-Thursdays

Session 1 6/5-6/15			Session 2 6/19-6/29			Session 3 7/10-7/20			Session 4 7/24-8/3						
ID	Time	Fee	ID	Time	Fee	ID	Time	Fee	ID	Time	Fee				
PS1 Ages 3-4	29997	6:15	\$60	PS1 Ages 3-4	30071	6:15	\$60	PS1 Ages 3-4	30007	6:15	\$60	PS1 Ages 3-4	30130	6:15	\$60
	30143	6:50	\$60		29994	6:50	\$60		30106	6:50	\$60		30000	6:50	\$60
PS2 Ages 3-4	29999	6:15	\$60	PS2 Ages 3-4	30058	6:15	\$60	PS2 Ages 3-4	30066	6:15	\$60	PS2 Ages 3-4	30144	6:15	\$60
	30033	6:50	\$60		30019	6:50	\$60		30141	6:50	\$60		30003	6:50	\$60
L1 Ages 5+	30076	6:50	\$60	L1 Ages 5+	30008	6:50	\$60	L1 Ages 5+	30029	6:50	\$60	L1 Ages 5+	30059	6:50	\$60
	30023	7:25	\$60		30107	7:25	\$60		30142	7:25	\$60		30060	7:25	\$60
	30099	8:00	\$60		30035	8:00	\$60		----	----	----		----	----	----
L2 Ages 5+	30145	6:50	\$60	L2 Ages 5+	30054	6:50	\$60	L2 Ages 5+	30044	6:50	\$60	L2 Ages 5+	30087	6:50	\$60
	30042	7:25	\$60		30128	7:25	\$60		30026	7:25	\$60		30009	7:25	\$60
	30043	8:00	\$60		30032	8:00	\$60		30036	8:00	\$60		30103	8:00	\$60
L3 Ages 5+	30037	6:50	\$60	L3 Ages 5+	29991	6:50	\$60	L3 Ages 5+	30068	6:50	\$60	L3 Ages 5+	30105	6:50	\$60
	30137	7:25	\$60		30045	7:25	\$60		29996	7:25	\$60		30015	7:25	\$60
	30102	8:00	\$60		30138	8:00	\$60		30010	8:00	\$60		30046	8:00	\$60
L4 Ages 5+	30041	6:50	\$60	L4 Ages 5+	30131	7:25	\$60	L4 Ages 5+	30146	6:50	\$60	L4 Ages 5+	30018	8:00	\$60
	30129	8:00	\$60		----	----	----		30104	8:00	\$60		----	----	----
L5 Ages 5+	30140	7:25	\$60	L5 Ages 5+	29986	6:50	\$60	L5 Ages 5+	30028	7:25	\$60	L5 Ages 5+	30061	7:25	\$60
	----	----	----		30027	8:00	\$60		----	----	----		----	----	----

Valley View Aquatic Center 30-Minute Morning Lessons Tuesdays-Fridays

Session 1 6/13-6/23			Session 2 6/27-30 & 7/11-14			Session 3 7/18-7/28			
ID	Time	Fee	ID	Time	Fee	ID	Time	Fee	
PS1 Ages 3-4	30056	8:30	\$60	30055	8:30	\$60	30100	8:30	\$60
	30109	9:10	\$60	30079	9:10	\$60	30030	9:10	\$60
	29988	9:50	\$60	30063	9:50	\$60	30120	9:50	\$60
	30119	10:30	\$60	30075	10:30	\$60	30047	10:30	\$60
PS2 Ages 3-4	30115	8:30	\$60	30118	8:30	\$60	30114	8:30	\$60
	30005	9:10	\$60	30014	9:10	\$60	30074	9:10	\$60
	30147	9:50	\$60	30070	9:50	\$60	30016	9:50	\$60
	30049	10:30	\$60	30135	10:30	\$60	30136	10:30	\$60
L1 Ages 5+	30151	8:30	\$60	30121	8:30	\$60	30064	8:30	\$60
	30048	9:10	\$60	30078	9:10	\$60	30088	9:10	\$60
	29993	9:50	\$60	30067	9:50	\$60	30125	9:50	\$60
	29990	10:30	\$60	30084	10:30	\$60	30126	10:30	\$60
L2 Ages 5+	30006	8:30	\$60	30020	8:30	\$60	30148	8:30	\$60
	30031	9:10	\$60	30017	9:10	\$60	30132	9:10	\$60
	30123	9:50	\$60	29998	9:50	\$60	30038	9:50	\$60
	30083	10:30	\$60	30139	10:30	\$60	30013	10:30	\$60
L3 Ages 5+	30127	8:30	\$60	30133	8:30	\$60	30002	8:30	\$60
	30011	9:10	\$60	30101	9:10	\$60	30004	9:10	\$60
	30117	9:50	\$60	30022	9:50	\$60	30053	9:50	\$60
	30034	10:30	\$60	30057	10:30	\$60	30110	10:30	\$60
L4 Ages 5+	30050	8:30	\$60	29985	8:30	\$60	30065	8:30	\$60
	30152	9:10	\$60	30150	9:10	\$60	30001	9:10	\$60
	30124	9:50	\$60	30077	9:50	\$60	30012	9:50	\$60
L5 Ages 5+	30086	8:30	\$60	30108	8:30	\$60	30116	8:30	\$60
	30040	9:10	\$60	30122	9:10	\$60	30072	9:10	\$60
	29992	10:30	\$60	30021	10:30	\$60	30111	10:30	\$60

Lifeguard Training *Ages 15+*

See class pre-requisites online before registering.

ID	Day	Dates	Time	Fee	Location
28906	Sa-Su	3/25-3/26	8am-8pm	\$200	Valley High School
29310	F-Su	4/21-4/23	varies	\$200	Valley High School
28908	F-Su	4/28-4/30	varies	\$200	Valley High School

**Work for us as a lifeguard this aquatic season!
Apply now at www.wdm.iowa.gov/jobs**

Parent & Me Swim Lessons *Ages 1-3*

This program provides an opportunity for parents and their young children to explore the water together. Participants will have a special area of the pool to work together and learn basic water exploration skills. An instructor will help with directions for activities to do with your child.



ID	Day	Dates	Time	Fee	Location
29995	M-Th	6/19-6/29	6:15-6:45pm	\$60	Holiday
30052	M-Th	7/24-8/3	6:15-6:45pm	\$60	Holiday

Private Swim Lessons *Ages 5-14*

Your child will learn to swim or further their skills through private lessons with one-on-one instruction. Instructors will use the Learn-to-Swim progressions but at an individualized pace.

ID	Day	Dates	Time	Fee	Location
30149	M-F	6/12-6/16	9-9:30am	\$120	Holiday
30085	M-F	6/12-6/16	9:35-10:05am	\$120	Holiday
29987	M-F	6/12-6/16	10:10-10:40am	\$120	Holiday
29989	M-F	6/19-6/23	9-9:30am	\$120	Holiday
30025	M-F	6/19-6/23	9:35-10:05am	\$120	Holiday
30051	M-F	6/19-6/23	10:10-10:40am	\$120	Holiday
30073	M-F	6/26-6/30	9-9:30am	\$120	Holiday
30062	M-F	6/26-6/30	9:35-10:05am	\$120	Holiday
30112	M-F	6/26-6/30	10:10-10:40am	\$120	Holiday
30024	M-F	7/10-7-14	9-9:30am	\$120	Holiday
30134	M-F	7/10-7-14	9:35-10:05am	\$120	Holiday
30113	M-F	7/10-7-14	10:10-10:40am	\$120	Holiday

Adult Swim Lessons *Ages 16+*

Learn to swim or improve your skills in this class for adults.

ID	Day	Dates	Time	Fee	Location
30039	M-Th	6/5-6/15	6:15-6:45pm	\$60	Holiday
30082	M-Th	7/10-7/20	6:15-6:45pm	\$60	Holiday

Aquatic Center Birthday Parties *Ages 18 & under*

Have your next birthday party in the sun and fun at Valley View or Holiday Aquatic Center! Party packages include: reserved space for two hours for your group, admission to the aquatic center for your group, one free admission for an accompanying adult, and your choice of a food combo from the concessions for everyone in your party. Your group will also get to use the water slides during a special assigned pool break so there are no lines to wait in!

Reserve by calling 515.222.3440 at least two weeks in advance.



Day	Time	Participants	Fee	Additional Participant Fee
Su-Sa	12-2:30pm or 3-5pm	10	\$190	\$19

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Independence Day Events *All ages*

July 3rd Parade

Sponsored by West Bank

Parade entry information will be available starting in early May. To have information mailed to you, please call 515.222.3424. The parade will be limited to 100 entries.

Day	Dates	Line-Up Time	Start Time	Route
M	7/3	5:15pm	6:30pm	Valley High School-Valley Junction

All Iowa Bash

The annual All Iowa Bash will be held in Valley Junction on July 3 following the parade. For more information, visit www.valleyjunction.com or call 515.222.3642.



Holiday Classic Horseshoe Tourney

For information, contact the WDM Horseshoe Pitchers Association at 515.669.3085 or 641.728.4751.

Day	Dates	Time	Fee	Location
T	7/4	Check-in 9:30am; Start 10am	\$15	Holiday Park Horseshoe Courts

West Des Moines Community Band Concert

The West Des Moines Community Band Concert will perform their annual July 4th concert at West Des Moines City Hall prior to the Fireworks Display.

Day	Dates	Time	Fee	Location
T	7/4	7pm	FREE	City Hall

Fireworks Display

The West Des Moines Fireworks Display will start at dusk (approximately 9:30pm) over the West Des Moines City Campus (4200 Mills Civic Parkway).

Day	Dates	Time	Fee	Location
T	7/4	9:30pm	FREE	City Hall

Free Little Art Mart *All ages*



A close cousin of Little Free Libraries, the Free Little Art Mart (FLAM) is the first of its kind in West Des Moines. If you love to create or enjoy collecting small pieces of art, then you will want to frequent the FLAM that will be installed in **Peony Park (1100 63rd Street)** in the spring. Follow our Facebook page for more information as the project unfolds!



Free Little Art Mart Rules

- Take any piece of art that speaks to you
- Feel free to contribute your art
- Contribute art that is suitable for all/any ages
- Share your art on the FLAM Instagram account by scanning the QR code on the sign
- All FLAM art is FREE

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Earth Day Family Fun *All Ages*

Earth Day is the perfect opportunity for your family to come enjoy some family-friendly outdoor activities. You can go kayaking, canoeing, fishing, create a themed craft, and play some yard games. Free tree saplings will be handed out. Come help us celebrate Earth Day in our community!



ID	Day	Dates	Time	Fee	Location
29882	Sa	4/22	10am-1pm	FREE	City Hall

Raccoon River Park Clean UP! *All Ages*



Join us as we clean up our park in preparation for summer! Canoes and kayaks will be available for those willing to clean the shoreline. Trash bags and gloves will be provided for those willing to walk throughout the park and trail. Bring the family and join us as we gear up for summer. Please plan to park and meet at the Boathouse. *Although there is no fee to participate, please register so we can contact you with further details or in case of inclement weather.

ID	Day	Dates	Time	Fee	Location
30414	Su	5/21	9-11am	FREE*	RRP Boathouse



Park PALOOZA *All Ages*

Get ready to kick off summer with us at Raccoon River Park! There will be something for everyone at Park PALOOZA. This free special event will feature the **Mayor's Bike Ride** with Mayor Russ Trimble, make-and-take crafts for kids in the Coneflower shelters with vendors and food trucks selling their products, an opportunity to borrow a fishing pole and fish for free at **Cops and Bobbers**, and a chance to get out on the water.

Activity	Day	Dates	Time	Fee	Location
	Sa	6/3		FREE	Raccoon River Park
Mayor's Bike Ride			8am		Nature Lodge
Cops and Bobbers			9-11:30am		RRP Peninsula
Make-and-Take Crafts			9am-1pm		Coneflower Shelters
Inflatables			9am-1pm		RRP Green Spaces
Boat Rentals			9am-1pm		RRP Boathouse
Touch A Truck			9am-1pm		Parking Lot
Food Trucks			11am-1pm		Parking Lot

More event details will be available at www.wdm.iowa.gov/ParkPalooza

**SAVE THE DATE:
SATURDAY, SEPTEMBER 23**



To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

WDM Community Band Concerts *All Ages*

Bring your chairs and blankets at 7pm on the first week of the month to the Jamie Hurd Amphitheater to enjoy the music performed by the West Des Moines Community Band. In case of inclement weather, concerts will be held at the Valley Junction Activity Center Ballroom.



Dates	Theme	Dates	Theme
5/3	Season Opener	7/4	4th of July in Concert
6/7	Movies & Musicals	8/2	Season Favorites

Moonlit Movies *All Ages*

Join us at the Jamie Hurd Amphitheater on select Fridays throughout the summer for FREE outdoor movies. Forty-five minutes before the show you can enjoy FREE popcorn, soda, and water. This year's lineup will be determined by YOU during March Movie Madness! Visit our website or Facebook page during the month of March and vote each week in a bracket-style tournament as movies of various genres face off. The "final four" movies will be screened this summer in the Moonlit Movies series.



Dates	Time	Dates	Time
6/2	8:45pm	7/21	8:45pm
6/9	8:45pm	8/4	8:30pm
7/14	8:45pm	8/11	8:30pm

Summer Sundaze *All Ages*

Join us on Sunday evenings throughout the summer for Summer Sundaze, our free live music series, at the Jamie Hurd Amphitheater. A different local act will play each week from 6-8pm, and food trucks will be available.



Dates	Band	Dates	Band
6/4	Sharane Calister & the Feel Right	7/23	Jake Gill
6/11	The Rhythmatics	7/30	Lani
6/18	Sara Routh Band	8/6	Stark Raving Madge
6/25	Dick Danger Band of Des Moines	8/13	Suede
7/2	Flying Silos	8/20	Raquel & the Wildflowers
7/9	Joshua Sinclair	8/27	Recoil
7/16	The Crust	9/3	Abbie & the Sawyers

Tallgrass Theatre Company Presents: PIPPIN *All Ages*



With an infectiously unforgettable score, PIPPIN is the story of one young man's journey to be extraordinary. Winner of four 2013 Tony Awards including Best Musical Revival, this updated circus-inspired version of PIPPIN continues to captivate and appeal to the young at heart throughout the world. This event is a free-will donation, with a \$20 suggested donation amount. Audience members are encouraged to bring chairs, blankets, and picnic items.

Day	Dates	Time	Location
Th-Sa	6/15-6/17	7:30pm	JH Amphitheater

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Lakeside Lunch *All Ages*

Join us for a relaxing lakeside lunch at Raccoon River Park! Each Saturday in June and July we will have a food truck or two available for a grab-and-go lunch at Blue Heron Lake. Bring your tennis shoes and walk the trail, rent a paddle boat or kayak from the Boathouse, or bring your fishing pole and bait and fish at the fishing pier. Our lakeside lunch is meant to get you outdoors where you can enjoy your lunch at the park or grab it to go. (Please note: Lakeside Lunch will not be offered on July 8th due to a large special event.)



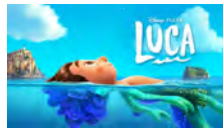
Dates	Time	Dates	Time
6/10	11:30am-1:30pm	7/1	11:30am-1:30pm
6/17	11:30am-1:30pm	7/15	11:30am-1:30pm
6/24	11:30am-1:30pm	7/22	11:30am-1:30pm
		7/29	11:30am-1:30pm

Great American Campout *All Ages*

The National Wildlife Federation's Great American Campout is an easy way to get outdoors and enjoy the benefits of nature and wildlife whether you are a seasoned pro or a first-time camper. So, pack up your tents, sleeping bags, and flashlights for a fun night of camping on the City Hall lawn. Activities will include s'mores, kayaking, fishing, games, and Luca (PG, 2021) on the big screen. Evening snacks and a light breakfast will be provided. **This event is free, but registration is required.**



**GREAT AMERICAN
CAMPOUT**



NEW

ID	Day	Dates	Time	Fee	Location
30463	Sa-Su	7/1-7/2	7pm-9am	FREE	City Hall

Princess & Pirate Splash Bash *All ages*

Hear Ye! Hear Ye! and Yo Ho Ho! All princesses across the land and pirates of the sea are invited to a spectacular splash bash at Holiday Aquatic Center! We've enlisted our friends from Little Princess Parties to provide "The Little Mermaid" and four of her princess and mermaid friends. They will swim and pose for photos with you. (Be sure to bring your camera!) This event is sure to be a crowd pleaser for the entire family. Join us as we enjoy the middle of summer. *One adult entry is included per child registration.

Ages	ID	Day	Dates	Time	Fee	Location
under 3	30287	Sa	7/22	6:30-8pm	FREE	Holiday Aquatic Center
3+	30287	Sa	7/22	6:30-8pm	\$20	Holiday Aquatic Center

Open Air UNO Tournament *Ages 6+*

NEW

A little luck and a bit of skill are all you need to become an UNO champion! Take part in our UNO Tournament to discard, reverse, skip, and draw-four your way to an empty hand and victory. Participants will play in a round-robin timed tournament. The highest score at the end of the tournament will take home a special Rook Room prize package and gain the title of UNO champion. In case of inclement weather, the tournament will be moved to the Valley Junction Activity Center.

ID	Day	Dates	Time	Fee	Location
30293	Su	6/11	1:30-4:30pm	\$10	American Legion Park

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Story Time in the Park *All Ages*

Come enjoy a nature story or two and a kid-friendly craft. We will find some shade near or in the Biddle Shelter at Raccoon River Park. Bring a blanket and dress for the weather.

Day	Dates	Time	Fee	Location
M	5/8-5/29	10:30-11:15am	FREE	RRP Biddle Shelter

Fairytale Time in the Park *All Ages*

Spend a Thursday morning at a West Des Moines park or explore a new one and join our staff for a story and a craft. Bring a blanket and a friend! Fairytale Time in the Park takes place from 10:30-11:15am.

Dates	Location	Dates	Band
6/8	Pearson Park	7/6	Fairmeadows Park
6/15	Jaycee Park	7/13	Wild Rose Park
6/22	Ashawa Park	7/20	Quail Cove Park
6/29	Meadowview Park	7/27	Brookview Park

Trivia Tuesdays *All Ages*

Are you ready to show off your vast amounts of trivia knowledge? Each event is free and prizes for the 3 top-scoring teams will be awarded each evening. Although the questions will be geared toward adults, these events will be family-friendly, and children can participate or come along to join the fun. Team (one to eight people) pre-registration is required.

Theme	ID	Day	Dates	Time	Fee	Location
NEW Grab Bag	30459	T	7/18	7-8:30pm	FREE	JH Amphitheater
NEW Fun Facts	30462	T	7/25	7-8:30pm	FREE	JH Amphitheater

Yoga on the Lawn *All Ages*

Start your week off with a great start with some Yoga on the Lawn! This FREE program is a great introduction to yoga for the beginner and offers new challenges for seasoned yogis. Bring a water bottle and yoga mat and enjoy.

Day	Dates	Time	Fee	Location
Su	6/4-8/27	9-10am	FREE	City Hall

Archery, Give it a "Shot" *Ages 8+*

Have you thought about trying archery but you don't have any equipment? These family events are planned just for you! Come to the Archery Facility at Raccoon River Park to give it a try. We will provide the bows, arrows, and instruction for you to try this exciting sport. Registration is limited to the first 18 people.

ID	Day	Dates	Time	Fee	Location
29870	W	4/26	5:45-7pm	\$4	RRP Archery Facility
29861	W	5/17	5:45-7pm	\$4	RRP Archery Facility
29872	T	6/13	5:45-7pm	\$4	RRP Archery Facility
29863	T	7/18	5:45-7pm	\$4	RRP Archery Facility
29883	T	8/22	5:45-7pm	\$4	RRP Archery Facility

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Burnt Marshmallow Day Camp *Ages 4-6*

Each session of Burnt Marshmallow Day Camp is specifically designed for children ages four to six, with a variety of activities that include: games, songs, stories, sharing, crafts, visits from special guests, and field trips. Each camper receives a t-shirt with their registration. Burnt Marshmallow Day Camp is led by three staff members.

STAR WARS

Join our crew and blast off into a week of high adventure! Our mission will be to explore far away galaxies and learn about outer space. We'll make our own light sabers and Darth Vader masks. This week our activities will allow your mind to travel into creative dimensions. Our special field trip will be to the Science Center of Iowa, where we'll tour the planets and see the stars. What on earth could be better?



ID	Day	Dates	Time	Fee	Location
29916	M-F	6/12-6/16	9am-12pm	\$79	Pearson Park

FROZEN

"Do you wanna build a snowman?" It may be summer outside, but our theme this week features things that are cold and frozen! Join us as we create various types of Olaf snowmen and feature some of the adventures of Anna, Elsa, Kristoff, and Sven. We'll focus on acts of kindness this week and make friendship bracelets. Our field trip will take us roller skating where it will be nice and cool inside. Join the Frozen phenomenon as we feature activities from one of Disney's more popular movies.



ID	Day	Dates	Time	Fee	Location
29912	M-F	6/19-6/23	9am-12pm	\$79	Pearson Park



LITTLE MERMAIDS AND WONDERFUL WHALES

This week we will journey under the sea for a whale of a good time at the Pearson Park beach house! We'll make our own water slide and learn how to turn your backyard into a slippery, silly water wonderland! Pack your swim suits and plan to get wet. The highlight of our week will be the private use of Holiday Aquatic Center, including all the spray and splash features of the leisure pool!

ID	Day	Dates	Time	Fee	Location
29920	M-F	6/26-6/30	9am-12pm	\$79	Pearson Park

MICKEY AND MINNIE'S CLUBHOUSE

"Oh, toodles!" Everything is more fun when Mickey and Minnie are involved. This week we'll explore the fascinating wonders of floating, flying, and bouncing objects! What goes up must come down. We'll play several games with balloons and balls and try to keep them up in the air! We'll fly a kite and make paper airplanes. See how high you can bounce and jump as you take flight at "Pump it UP" on Friday!

ID	Day	Dates	Time	Fee	Location
29914	M, W-F	7/3-7/7	9am-12pm	\$64	Pearson Park

SUPERHEROES

Who is your favorite superhero? Is it someone on the front lines? A police officer, fire fighter, doctor, or a nurse? Or is it an action figure from the movies? Batman, Superman, Wonder Woman, or Mulan? Whoever it may be, join us for an action-packed week celebrating all kinds of superheroes! We will talk about superpowers and super-characteristics, create and maneuver an obstacle course, and even design our own eye masks and capes! Our super-awesome themed field trip will take us to Blank Park Zoo on Friday! A few local superheroes may just make a special appearance this week, too, but no villains are allowed.



ID	Day	Dates	Time	Fee	Location
29915	M-F	7/10-7/14	9am-12pm	\$79	Pearson Park

TOY STORY

Join us for a fantastic, fun-filled journey through the eyes of our favorite Toy Story characters this week. We will create our own adventures in the park and bring Woody and several of his friends along with us! We will create our own mission for Buzz Lightyear, stretch our body and mind like Slinky Dog, dig up a few Dinosaurs, learn to be fearless like Rex, and turn trash into treasures like Forky. Everything has a purpose, and our week will be filled with Toy Story fun! Our Friday field trip will take us to Buzz Lightyear's favorite galactic place in the metro, The Science Center!



ID	Day	Dates	Time	Fee	Location
29911	M-F	7/17-7/21	9am-12pm	\$79	Pearson Park



MY LITTLE PONY

Calling all cowboys and cowgirls! Have you ever wondered what life would be like living on a farm? What type of animals would we see? We'll do plenty of horsing around this week as we create, discover, and imagine life in Ponyville. We'll feature a different Ponypal each day and discover why "Friendship is Magic!" Our field trip will take us out to the Jester Park Equestrian Center. Giddy up!

ID	Day	Dates	Time	Fee	Location
29919	M-F	7/24-7/28	9am-12pm	\$79	Pearson Park

ONCE UPON A TIME

Just as all good stories begin with the phrase, "Once upon a time," so will our week! We're featuring several of our favorite princes and princesses this week as we discover the wonderful world of imagination. We'll build Cinderella's sand castle and dress up like knights in shining armor. We'll have a tea party with Mrs. Potts and Chip and ride Aladdin's magic carpet. "Be our guest" on Friday as we have private use of Valley View Aquatic Center, including the spray features in the zero depth leisure pool.



ID	Day	Dates	Time	Fee	Location
29918	M-F	7/31-8/4	9am-12pm	\$79	Pearson Park

Kids in the Kitchen *Ages 5-8*

Kids in the Kitchen is an introduction to cooking for young children. Children involved in the preparation of their meals prove to be healthier eaters, so start them on the right path with this three-week program! The students will be taught everything from mixing and measuring to kitchen safety. In each class, participants will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

ID	Ages	Day	Dates	Time	Fee	Location
29913	5-6	T & Th	7/11-7/27	4-5pm	\$39	Nature Lodge
29917	7-8	T & Th	7/11-7/27	5:30-6:30pm	\$39	Nature Lodge

Lee Cole's Magicamp *Ages 7-15*

Magicamp is for anyone who likes to have fun. You'll learn how to entertain and amaze your friends, family, and classmates with magic that you can do anywhere, at any time, and for the rest of your life. Join professional magician, Lee Cole, for two days of fun at the Raccoon River Park Nature Lodge. All magic materials are provided.



ID	Day	Dates	Time	Fee	Location
29855	M & W	6/5 & 6/7	9-11:45am	\$49	Nature Lodge
29856	W & F	7/5 & 7/7	9-11:45am	\$49	Nature Lodge
29857	T & Th	8/1 & 8/3	9-11:45am	\$49	Nature Lodge

History Camp *Ages 9-13*



Explore crafts, games, and skills from times gone by, including papermaking, fire-starting, candle-making, archery, fishing, and churning butter! The Jordan House is located at 2001 Fuller Road in West Des Moines.



ID	Day	Dates	Time	Fee	Location
30515	M-F	6/12-6/16	9am-12:30pm	\$100	Jordan House
30516	M-F	7/10-7/14	9am-12:30pm	\$100	Jordan House
30517	M-F	8/14-8/18	9am-12:30pm	\$100	Jordan House

Babysitters Training Course *Ages 10-16*

The Red Cross Babysitters Training course will provide participants with the knowledge and skills to safely and responsibly care for children and infants. Participants will learn how to build a babysitting business, develop leadership skills, and how to keep themselves and others safe. They will also learn some basic information on First Aid and CPR.

Each participant will receive a babysitting training set which includes a manual, a pocket emergency reference guide, and a CD Rom with helpful resources.



ID	Day	Dates	Time	Fee	Location
30285	Sa	5/13	9:30am-4pm	\$70	Activity Center
30286	Sa	6/10	9:30am-4pm	\$70	Activity Center

Planet 7 *Ages 11-13*

PLANET 7 REGISTRATION BEGINS AT 8AM ON TUESDAY, 3/21



Do you want to give your child a chance to see what junior high has in store for them? The Planet 7 program is an opportunity for 6th graders entering 7th grade at Stilwell or Indian Hills Junior Highs to make new friends and feel more prepared to begin junior high.

Programming Highlights

- "Life in 7th Grade" discussions with Valley High School students who attended their junior high school
- Individual skills including belonging, identity, and self and social awareness with the WDMCS DEI office
- Discussions on peer pressure, social media, and drugs/alcohol with West Des Moines and Clive Police Departments
- Team and confidence building with Community Youth Concepts
- Familiarizing themselves with their new school*

2023 Field Trips

- Skateland
- Stowe Heights Challenge Course
- Valley View Aquatic Center
- Adventureland

Planet 7 is intended to better socially and emotionally prepare incoming 7th graders for their junior high experience. School orientation is separate and handled by WDMCS. All incoming 7th graders for the fall of 2023 in WDMCS are eligible to register in the program. **Register your child for one Planet 7 session that is held in the junior high your child will attend in the fall.**

Indian Hills Junior High Registration

ID	Day	Dates	Time	Fee	Location
29929	M-Th	7/10-7/13	9am-4pm	\$175	Indian Hills JH
29930	M-Th	7/17-7/20	9am-4pm	\$175	Indian Hills JH
29931	M-Th	7/24-7/27	9am-4pm	\$175	Indian Hills JH

Stilwell Junior High Registration

ID	Day	Dates	Time	Fee	Location
29932	M-Th	7/10-7/13	9am-4pm	\$175	Stilwell JH*
29933	M-Th	7/17-7/20	9am-4pm	\$175	Stilwell JH*
29934	M-Th	7/24-7/27	9am-4pm	\$175	Stilwell JH*

*Planet 7 for Stilwell Junior High students will be held at an alternate site (TBD) due to WDMCS construction at Stilwell.

For the most up-to-date and robust information on Planet 7, visit www.wdm.iowa.gov/Planet7 or scan this QR code.



To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Little Ninjas *Ages 4-5*

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

ID	Day	Dates	Time	Fee	Location
30097	T	6/6-8/1	5:30-6pm	\$33	Activity Center
30096	T	6/6-8/1	6-6:30pm	\$33	Activity Center

Tae-Kwon-Do / Karate *Ages 6+*

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility, and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life, young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.



Level	ID	Day	Dates	Time	Fee	Location
Beg	30098	T	6/6-8/1	6:30-7:30pm	\$46	Activity Center
Int/Adv	30095	T	6/6-8/1	7:30-8:30pm	\$46	Activity Center

The format for all Rounded Minds™ programming is high-energy! Children experience the joy of learning new skills by "doing" and through fun games, songs, and positive reinforcement. Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, creative, and fun educational experiences.



Tumbling *Ages 2-6*

Our tumbling program allows young children to enhance their social skills and develop greater strength, flexibility, and coordination while learning Spanish at the same time.

Ages	ID	Day	Dates	Time	Fee	Location
2-3	30402	F	4/14-5/19	5-5:30pm	\$65	Activity Center
2-3	30403	F	4/14-5/19	5:30-6pm	\$65	Activity Center
4-6	30405	F	4/14-5/19	6-6:45pm	\$80	Activity Center

Soccer *Ages 2-6*

Children will learn Spanish and the basic rules of soccer while practicing sportsmanship and teamwork.

Ages	ID	Day	Dates	Time	Fee	Location
2-3	30384	Sa	4/15-5/20	9-9:30am	\$65	Ashawa Park
2-3	30400	Sa	4/15-5/20	9:30-10am	\$65	Ashawa Park
4-6	30401	Sa	4/15-5/20	10-10:45am	\$80	Ashawa Park

WDM Youth Sports Organizations

Youth sports in West Des Moines are coordinated by a variety of organizations. Several organizations have User Agreements with the City of West Des Moines that allow them to utilize City property. Registrations for 2023 summer activities are now open. Contact each organization directly for complete information to get your child registered. Information on a variety of sports organizations can be found at www.wdm.iowa.gov/YouthSports.

Tom Karpan Relays *Ages 5-14*

Don't miss this special, annual track and field event held at Valley High School's Tiger Field. Races will be grouped according to age (5, 6, 7, 8, 9-10, 11-12, 13-14) and gender. A participant's age is as of December 31, 2023. An award ribbon will be given for each heat/event. The fastest time or longest distance recorded for each event (ages 7-14) will be eligible to attend the State Track and Field Meet in Marshalltown in June. ***Pre-registration required.**

ID	Day	Dates	Time	Fee	Location
30577	Th	5/11	5:30-8pm	FREE	VHS Tiger Field

Start Smart Programs

***Please note that Start Smart Programs are not competitive game settings. A parent is required to attend and participate each week.**

Start Smart Programs will be held once a week for five weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart Programs are provided at the first class and are included in the program fee.



Soccer *Ages 3-6*

Ages	ID	Day	Dates	Time	Fee	Location
3-4	29967	T	5/30-6/27	5:30-6:30pm	\$60	Peony Park
5-6	29981	T	5/30-6/27	6:30-7:30pm	\$60	Peony Park
3-4	29979	T	7/18-8/15	5:30-6:30pm	\$60	Peony Park
5-6	29966	T	7/18-8/15	6:30-7:30pm	\$60	Peony Park

Baseball *Ages 3-6*

Ages	ID	Day	Dates	Time	Fee	Location
3-4	29983	W	5/31-6/28	5:30-6:30pm	\$60	Willow Springs Park
5-6	29968	W	5/31-6/28	6:30-7:30pm	\$60	Willow Springs Park
3-6	29971	W	7/19-8/16	5:30-6:30pm	\$60	Willow Springs Park

Tennis *Ages 5-7*

Ages	ID	Day	Dates	Time	Fee	Location
5-7	29973	M	6/5-6/26	5:30-6:30pm	\$45	Peony Park
5-7	29977	M	7/17-8/7	5:30-6:30pm	\$45	Peony Park

PeeWee T-Ball *Ages 5-7*

Are you looking for a way to introduce softball or baseball to your five to seven year old but don't want to enroll them in a program that is too competitive or time-consuming? This program is designed as a fun way for children to learn the basics of softball and baseball. Our staff will help guide each team through the fundamentals of hitting, catching, fielding, and base running. Teams are determined upon arrival each night of play.

Ages	ID	Day	Dates	Time	Fee	Location
5-6	29970	Th	6/1-6/29	5:30-6:30pm	\$55	American Legion Park
6-7	29972	Th	6/1-6/29	6:30-7:30pm	\$55	American Legion Park
5-6	29969	Th	7/20-8/17	5:30-6:30pm	\$55	American Legion Park
6-7	29980	Th	7/20-8/17	6:30-7:30pm	\$55	American Legion Park

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Outdoor Adapted Summer Camp *Ages 10+*



West Des Moines Parks and Recreation is partnering with Can Play to offer this three-day adapted summer camp focusing on the following outdoor activities; fishing, kayaking, archery, and hiking. Participants can look forward to learning the basics of each of these activities.

ID	Day	Dates	Time	Fee	Location
30482	M-W	6/26-6/28	9-10:30am	\$60	Raccoon River Park
30483	M-W	7/31-8/2	9-10:30am	\$60	Raccoon River Park

Youth Tennis Lessons

Tennis Director - Bunny Bruning
Bunny played on the WTA Professional Tour for nine years and acquired ranking of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

Little Champs *Ages 3-4*

*Registrant will receive 2 red or sponge balls

ID	Day	Dates	Time	Fee	Location
30373	M-Th	6/12-6/29	8:30-9am	\$96*	Crossroads Park
30375	M-Th	7/10-7/27	8:30-9am	\$96*	Crossroads Park
30376	M-Th	7/31-8/10	8:30-9am	\$64*	Crossroads Park

Future Stars *Ages 5-7*

*Registrant will receive 2 orange-dot balls

ID	Day	Dates	Time	Fee	Location
30391	Sa	6/10-6/24	9-10am	\$45	Crossroads Park
30377	M-Th	6/12-6/29	9-10am	\$180*	Crossroads Park
30393	M & W	6/12-6/28	5-6pm	\$90	Crossroads Park
30378	M-Th	7/10-7/27	9-10am	\$180*	Crossroads Park
30395	M & W	7/10-7/26	5-6pm	\$90	Crossroads Park
30379	M-Th	7/31-8/10	9-10am	\$120*	Crossroads Park
30398	M & W	7/31-8/9	5-6pm	\$60	Crossroads Park

Aces *Ages 8-12*

*Registrant will receive Vibra Zorb, overgrip and 50% off junior shoes from Bunny's First Serve Pro Shop

ID	Day	Dates	Time	Fee	Location
30392	Sa	6/10-6/24	10-11am	\$45	Crossroads Park
30381	M-Th	6/12-6/29	10-11am	\$180*	Crossroads Park
30394	M & W	6/12-6/28	6-7pm	\$90	Crossroads Park
30382	M-Th	7/10-7/27	10-11am	\$180*	Crossroads Park
30396	M & W	7/10-7/26	6-7pm	\$90	Crossroads Park
30383	M-Th	7/31-8/10	10-11am	\$120*	Crossroads Park
30399	M & W	7/31-8/9	6-7pm	\$60	Crossroads Park

High School *Ages 13-18*

*Registrant will receive replacement grips and 30% off shoes from Bunny's First Serve Pro Shop

ID	Day	Dates	Time	Fee	Location
30387	M-Th	6/12-6/29	11am-12pm	\$180*	Crossroads Park
30388	M-Th	7/10-7/27	11am-12pm	\$180*	Crossroads Park
30389	M-Th	7/31-8/10	11am-12pm	\$120*	Crossroads Park



Kids Kayak Class *Ages 8-15*

Hey kids, come learn how to kayak! We'll outfit everyone with a kayak, paddle, and life jacket and get everyone on the water. Tour along the shoreline with a certified instructor, and learn basic strokes, maneuvers, and techniques to safely start kayaking. We'll introduce you to your first basic rescue, so please come prepared to get into the water!

ID	Day	Dates	Time	Fee	Location
29893	F	6/23	8:30-11am	\$33	RRP Boathouse
29899	M	7/17	8:30-11am	\$33	RRP Boathouse

Kids Stand Up Paddleboard Course *Ages 9+*

Here is a great way for your children to learn the basics of stand up paddleboarding! We'll outfit everyone with a board, life jacket, and paddle and get everyone on the water for a quick introduction. Tour along the shoreline with a certified instructor while we cover basic SUP safety and an introduction to strokes. Children ages nine and older can attend without an adult. Please dress to get wet!

ID	Day	Dates	Time	Fee	Location
29904	M	6/5	8:30-10am	\$23	RRP Boathouse
29889	F	7/14	8:30-10am	\$23	RRP Boathouse
29910	M	7/24	8:30-10am	\$23	RRP Boathouse

Canoe/Kayak Camp *Ages 11-13*

Your child will spend two days learning about canoeing and kayaking. They will learn how to upright a capsized kayak and will learn the teamwork of operating a canoe. This camp will fill fast so sign up early! Please sign up for only once session of Canoe/Kayak Camp.

ID	Day	Dates	Time	Fee	Location
29826	M-T	8/7-8/8	9am-2pm	\$55	RRP Biddle Shelter
29815	Th-F	8/10-8/11	9am-2pm	\$55	RRP Biddle Shelter

Skateboard Lessons at Legion *Ages 7-18*

In this class we will work on riding, pushing, kick turns, and getting comfortable on the board throughout the park. There will be different ability levels with some geared toward the more avid skateboarder looking to learn a little more technical style and advanced tricks.



Level	ID	Day	Dates	Time	Fee	Location
Beg	29975	Sa	6/3-6/24	9:30-10:30am	\$45	American Legion Park
Int/Adv	29974	Sa	6/3-6/24	8:30-9:30am	\$45	American Legion Park
Beg	29976	Sa	7/8-7/29	9:30-10:30am	\$45	American Legion Park
Int/Adv	29984	Sa	7/8-7/29	8:30-9:30am	\$45	American Legion Park
Beg	29982	Sa	8/5-8/26	9:30-10:30am	\$45	American Legion Park
Int/Adv	29978	Sa	8/5-8/26	8:30-9:30am	\$45	American Legion Park

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Nature Explorers Camp *Ages 6-8*

Join the WDM Parks and Recreation Department and the Iowa Department of Natural Resources as we co-host this camp held at Walnut Woods State Park! Your child will explore their natural surroundings to find materials for some cool crafts. They will learn about nature with games, hikes, and songs. A cookout on Thursday will end this fun-filled week.

ID	Day	Dates	Time	Fee	Location
29822	M-Th	7/17-7/20	9am-12pm	\$56	Walnut Woods State Park Lodge

Creepy Crawlers Camp *Ages 6-8*

This week is for kids who love to hunt insects, pick up worms, and play in the creek! Your child will have lots of fun learning as we go on frog hunts, insect safaris, and look under every rock or trash can for cool critters.



ID	Day	Dates	Time	Fee	Location
29812	W-F	6/21-6/23	9am-12pm	\$51	RRP Biddle Shelter

Let's Go Fishing *Ages 7-9*



You can't beat a summer day, sitting next to Blue Heron Lake and fishing! Get out of the house, and enjoy the summer as you learn about fish and some of the secrets to catching them. We have the poles and bait, so what's keeping you from joining the fun?

ID	Day	Dates	Time	Fee	Location
29811	W-F	7/12-7/14	9am-12pm	\$51	RRP Biddle Shelter

Mythbuster Camp *Ages 7-10*

Can eggs cook on a sidewalk on a hot summer day? Can you dissolve a metal screw with cola? Is yawning contagious? Does spitting on a worm attract fish? Join our mythbusters team, and put these and other myths to the test.

Ages	ID	Day	Dates	Time	Fee	Location
7-9	29823	W-F	6/28-6/30	9am-12pm	\$51	RRP Biddle Shelter
8-10	29825	W-F	6/28-6/30	1-4pm	\$51	RRP Biddle Shelter

Wild for Water *Ages 7-11*

Get your child ready to have lots of fun in the sun as they explore the water worlds around them. They will go fishing, hiking, and creek sloshing. Your child will get to try their hand at kayaking and spend a day at Valley View Aquatic Center. Water games and contests will add excitement as they learn and have fun at the same time!

Ages	ID	Day	Dates	Time	Fee	Location
7-9	29816	M-F	6/19-6/23	1-4pm	\$65	RRP Biddle Shelter
9-11	29817	M-F	7/17-7/21	1-4pm	\$65	RRP Biddle Shelter

Cycle Into Summer *Ages 7-9*

Here is a camp for the younger child who loves to ride bikes! They will explore the bike trails of West Des Moines. The trails are nice and flat, so one speed bikes are fine (no bikes with training wheels allowed), but each day we will be riding five to six miles. Please sign up for only one session. Bike helmets are required.

ID	Day	Dates	Time	Fee	Location
29813	M-T	6/12-6/13	9am-1pm	\$50	RRP Biddle Shelter
29824	M-T	6/26-6/27	9am-1pm	\$50	RRP Biddle Shelter



Bike Bash *Ages 10-12*

Does your child love to bike? If so, this may be the camp for them! They will spend three days exploring the bike trails of the metro. They will bike the trails of Greenwood Park, Waterworks Park, Jordan Creek Trail, Grays Lake, and the Principal Park Riverwalk. There will be lots of time for picnics, splashing in the creek, learning basic bike maintenance, and relaxing rides. Bike helmets are required.

ID	Day	Dates	Time	Fee	Location
29821	W-F	6/14-6/16	9am-3pm	\$90	RRP Biddle Shelter

Camp FISH *Ages 10-12*

This camp is for the child who really enjoys fishing and being outside! They will fish from several locations at Raccoon River Park, learn how to care for their catch, and even get a taste of some fish they catch.

ID	Day	Dates	Time	Fee	Location
29818	Th-F	6/8-6/9	9am-4pm	\$72	RRP Biddle Shelter

Explore - River Rats *Ages 10-12*



Your child will have the time of their lives exploring river sand bars and floodplain forests of the Raccoon River. A picnic lunch, complete with s'mores, will make this day of exploration unforgettable!

ID	Day	Dates	Time	Fee	Location
29827	M	8/14	9am-4pm	\$40	RRP Biddle Shelter

Water Adventure Camp *Ages 11-13*

Join us for some water adventure! Your child will canoe, fish, kayak, hike, and cook out on a Raccoon River sand bar. (All participants must wear a life jacket during all water activities.) It's sure to be lots of fun. Registration is limited, so sign up early!

ID	Day	Dates	Time	Fee	Location
29814	M-Th	7/31-8/3	9am-4pm	\$140	RRP Biddle Shelter

Explore - Archery *Ages 10-12*

This day will give you a "taste" of archery! You will learn the basics of target-style archery and have some outdoor fun in the process!

ID	Day	Dates	Time	Fee	Location
29829	T	8/15	9am-4pm	\$40	RRP Biddle Shelter

Youth Archery Lessons *Ages 10-13*

Does your child want to learn more about archery? Maybe they would benefit from some group archery lessons. Each lesson time will be limited to six archers. Lessons will be taught by a NASP certified teacher.

ID	Day	Dates	Time	Fee	Location
29867	Th	6/8-6/22	9-9:45am	\$24	RRP Archery Facility
29865	Th	6/8-6/22	9:45-10:30am	\$24	RRP Archery Facility
29862	Th	6/8-6/22	4-4:45pm	\$24	RRP Archery Facility
29868	Th	6/8-6/22	4:45-5:30pm	\$24	RRP Archery Facility

Archery Camp *Ages 10-13*

During this camp your child will learn about archery equipment, safe archery techniques, and how to safely shoot competition style archery. These classes will be taught by a certified NASP teacher. Your children will get a lot of experience shooting with this camp. It is sure to be fun for the outdoor enthusiast.

Level	ID	Day	Dates	Time	Fee	Location
I	29810	M-Th	7/24-7/27	9am-12pm	\$60	RRP Biddle Shelter
II	29828	M-Th	7/24-7/27	1-4pm	\$60	RRP Biddle Shelter

Music Together *Ages 5 & under*

Discover the joy of making Music Together! Sing, laugh, move, and learn along with your baby, toddler, or preschooler each week in these award-winning classes. Because young children learn best from the powerful role models in their lives, our engaging classes show parents and caregivers how to help their children become confident, lifelong music-makers just by having fun making music themselves. Classes are mixed-age so siblings can be together. Infants under eight months on the first day of the spring session (born after August 3, 2022) attend free with a paid sibling. Receive a CD, a code to download the music, an illustrated songbook, and parent education materials.

***Fees 1 child: \$195 2 children: \$304 3 children: \$413**

Type	ID	Day	Dates	Time	Fee	Location
Demo	30476	Th	3/30	5-5:45pm	FREE	Activity Center
Demo	30477	Th	3/23	5-5:45pm	FREE	Activity Center
	30473	Th	4/6-6/8	5-5:45pm	*	Activity Center



Plan a family outing to see the many artworks in the West Des Moines Public Art Permanent Collection & annual temporary exhibits! Visit www.wdm.iowa.gov/PublicArt to learn where to find them all.

Toddler & Me Classes *Ages 1 1/2-3*



Music, movement, balance, and basic dance steps are introduced in a fun, friendly, and positive manner. This type of class includes an adult participating in the class along with the little dancer.

Type	ID	Day	Dates	Time	Fee	Location
Demo	30215	W	5/10	9:30-10am	FREE	Activity Center
	30211	W	6/7-7/5	9:30-10am	\$62	Activity Center
Demo	30217	T	7/11	9:30-10am	FREE	Activity Center
	30212	W	7/12-8/9	9:30-10am	\$62	Activity Center

Baby Ballet *Ages 2-3*

Music, movement, balance, and the basic dance steps are introduced in a fun, friendly, and positive manner. Our teachers will keep the music and curriculum moving along in a way that is engaging and appropriate for children 2-3 years of age. A parent/guardian does not need to be present but should stay to watch. Baby Ballet is for children who are able to participate in class on their own.

Type	ID	Day	Dates	Time	Fee	Location
Demo	30218	W	5/10	10:15-10:45am	FREE	Activity Center
	30213	W	6/7-7/5	10:15-10:45am	\$62	Activity Center
Demo	30219	Sa	6/17	9-9:30am	FREE	Activity Center
Demo	30220	T	7/11	10:15-10:45am	FREE	Activity Center
	30214	W	7/12-8/9	10:15-10:45am	\$62	Activity Center

Des Moines Breakerz *Ages 4-15*

This beginner breakdancing class will teach the basic foundations of breaking along with some history of Hip Hop culture. We will cover toprocking, footwork, freezes, transitions, and power in a fun and safe environment. Classes are led by Kellen Zanders.



Ages	ID	Day	Dates	Time	Fee	Location
4-6	29776	Su	5/7-6/18	3-3:45pm	\$59	Activity Center
7-15	29778	Su	5/7-6/18	3:45-4:45pm	\$59	Activity Center
4-6	29777	Su	7/9-8/13	3-3:45pm	\$59	Activity Center
7-15	29779	Su	5/7-6/11	3:45-4:45pm	\$59	Activity Center

Summer Arts Camp *Ages 6-12*

Come join us for Summer Arts Camp in Historic Valley Junction for a week packed with a variety of fun and interesting fine arts activities. This summer's camp will be led, again, by the team of professional artists from Kunzler Studios who will assist you with the creation of several cool art projects utilizing a variety of media. The week will culminate with an art exhibit on the last day of camp. We look forward to seeing you this summer!

Ages	ID	Day	Dates	Time	Fee	Location
6-8	29720	M-F	7/17-7/21	9am-12pm	\$150	Activity Center
9-12	29722	M-F	7/17-7/21	1-4pm	\$150	Activity Center
6-8	29721	M-F	7/24-7/28	9am-12pm	\$150	Activity Center
9-12	29723	M-F	7/24-7/28	1-4pm	\$150	Activity Center

Tallgrass Theatre Seedlings Programs

The Seedlings program is led by experienced theater professional, Maranda Turner, who has a wide range of children's theater, education, and performance experience. All programs are held at Tallgrass Theatre located at 2019 Grand Avenue in West Des Moines.



Acting Games & Stage Basics *Ages 6-12*

A great introduction to acting and stage lingo. Students will enjoy games that touch on multiple areas of theater, with a special focus on enhancing their acting and improv skills.

ID	Day	Dates	Time	Fee	Location
30226	M-F	6/5-6/9	9am-12pm	\$90	Tallgrass Theatre

Ahoy Matey! Camp *Ages 7-17* **NEW**

Enjoy making friends and building confidence while performing a variety of pirate-themed short plays. Tackle physical comedy, witty dialogue, and even a dialect or two. A final performance will be held on July 1 at 2pm. Admission is \$5. Each camper will receive one complimentary ticket to share with a family member or friend.

ID	Day	Dates	Time	Fee	Location
30228	M-F	6/26-6/30	9am-12pm	\$90	Tallgrass Theatre

Tales with a Twist Camp *Ages 7-17* **NEW**

Robin Hood that is an actual robin, Snow White who is actually named Becky, and many other twists on familiar tales are what you will find during this camp. Stretch your acting skills while making friends and becoming comfortable performing for an audience. With an intimate class size, campers will receive lots of one-on-one attention and feedback from our talented staff. We will also play plenty of acting games and try out different elements of the theater. A final performance will be held on July 1 at 4pm. Admission is \$5. Each camper will receive one complimentary ticket to share with a family member or friend.

ID	Day	Dates	Time	Fee	Location
30230	M-F	6/26-6/30	1-4pm	\$90	Tallgrass Theatre

Grown-up & Kid Games *Ages 7+* **NEW**

Hey, Seedlings! Grab your grown-up and join us for a great time playing improv and other stage games. No experience is required—just the ability to laugh at yourself and have fun. This is a great opportunity to watch your child engage in their passion while networking with other theater families. Who knows? You might even come away from the evening with a carpool buddy for camps or rehearsals.

ID	Day	Dates	Time	Fee	Location
30229	F	6/30	6-7:30pm	\$25	Tallgrass Theatre

Silly Superheroes Camp *Ages 7-17* **NEW**

What happens to superheroes and villains that don't make the cut? What if they have boring superpowers? Help us find out at this camp. Campers will perform published scripts and create some of their own. A final performance will be held on July 15 at 2pm. Admission is \$5. Each camper receives one complimentary ticket to share with a family member or friend.

ID	Day	Dates	Time	Fee	Location
30247	M-F	7/10-7/14	9am-12pm	\$90	Tallgrass Theatre

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Musical in a Week Camp *Ages 7-17* **NEW**

Campers will perform a full musical with just a week of rehearsals. From casting to choreography to memorizing lyrics and lines these amazing young actors will make it all happen with direction and guidance from our Seedlings staff. Make memories and friends while growing your skill set. Final performances will be held on July 22 at 2pm and 4pm. Admission is \$5. Each camper will receive one complimentary ticket to the performance of their choice to share with a family member or friend.

ID	Day	Dates	Time	Fee	Location
30234	M-F	7/17-7/21	9am-3pm	\$200	Tallgrass Theatre

Challenge Accepted Camp *Ages 8-17* **NEW**

Want to impress people with your range as an actor, and try a bit of everything? Then this is the camp for you! Improv work, small scenes, singing/movement, and a variety of monologues will boost your skill and confidence while providing you with audition resources. At the end of this camp, we will have mock auditions with a panel of directors giving feedback.

ID	Day	Dates	Time	Fee	Location
30227	M-F	6/5-6/9	1-4pm	\$90	Tallgrass Theatre

Backstage Ninja Camp *Ages 10-17* **NEW**

Want to learn the magic that happens backstage? Come learn about all of the different elements and get your hands dirty designing and making parts of the set and props, or pick costumes for the actors and create their makeup look. Shadow our stage manager and become the run crew for the performances, but most of all make friends and see where your creativity leads you. * Campers are encouraged to participate in the crew for the performances that will take place on July 1 at 2pm and 4pm. Audience admission is \$5 per person. This is not a requirement to participate in camp.

ID	Day	Dates	Time	Fee	Location
30231	M-F	6/26-6/30	1-4pm	\$90	Tallgrass Theatre

Camp Create *Ages 10-17* **NEW**

This unique camp allows campers to literally flip the script. Those that sign up to be a writer will be paired with campers that signed up as actors. Our writers will be given instruction on story elements, designing an outline, and creating believable characters. Then they will really get their creative juices flowing as they write two monologues for our actors to choose from. While the writer is busy with that, the actors will be learning about embodying a character, dialects, overcoming stage fright, tips for quick memorization, and much more. Once the script is chosen, the two will collaborate on the performance, getting and giving peer feedback and direction from the Seedlings staff. A final performance will be held on July 15 at 4pm. Admission is \$5. Each camper receives one complimentary ticket to share with a family member or friend.

	ID	Day	Dates	Time	Fee	Location
Actor	30248	M-F	7/10-7/14	1-4pm	\$90	Tallgrass Theatre
Writer	30249	M-F	7/10-7/14	1-4pm	\$90	Tallgrass Theatre

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Cirque Wonderland Programs

Taught by professional instructors, Cirque Kids programs introduce children to a variety of circus arts. From aerial to acrobatics, these classes improve a child's strength, flexibility, and coordination. All programs are held at Cirque Wonderland located at 105 S. 11th Street in West Des Moines.



Circus Adventures* *Ages 2-4* **NEW**

*An adult is required to stay on site during this class.

ID	Day	Dates	Time	Fee	Location
30168	S	6/18	10-10:45am	\$35	Cirque Wonderland
30169	T	7/11	6:30-7:15pm	\$35	Cirque Wonderland
30170	S	7/23	10-10:45am	\$35	Cirque Wonderland

Me & My Adult* *Ages 4-6*

*An adult is required to stay on site during this class.

ID	Day	Dates	Time	Fee	Location
30171	S	6/11	11-11:45am	\$35	Cirque Wonderland
30173	T	7/18	6:30-7:15pm	\$35	Cirque Wonderland
30172	S	7/23	11-11:45am	\$35	Cirque Wonderland

Circus Camp *Ages 7-11*

ID	Day	Dates	Time	Fee	Location
30155	M-F	7/17-7/21	8:30am-12pm	\$199	Cirque Wonderland
30156	M-F	8/14-8/18	8:30am-12pm	\$199	Cirque Wonderland

Ninja Circus *Ages 7-14* **NEW**

ID	Day	Dates	Time	Fee	Location
30177	T	6/13	2:30-4pm	\$35	Cirque Wonderland
30178	T	6/27	2:30-4pm	\$35	Cirque Wonderland
30182	T	7/18	2:30-4pm	\$35	Cirque Wonderland
30183	T	7/25	2:30-4pm	\$35	Cirque Wonderland
30184	T	8/1	2:30-4pm	\$35	Cirque Wonderland

A Day/Night at the Circus *Ages 7-14*

ID	Day	Dates	Time	Fee	Location
30174	W	6/14	8:30am-12pm	\$50	Cirque Wonderland
30175	Th	6/15	8:30am-12pm	\$50	Cirque Wonderland
30185	F	6/16	5:30-8pm	\$40	Cirque Wonderland
30189	Sa	6/24	5:30-8pm	\$40	Cirque Wonderland
30176	Th	7/13	8:30am-12pm	\$50	Cirque Wonderland
30186	F	7/14	5:30-8pm	\$40	Cirque Wonderland
30190	Sa	7/22	5:30-8pm	\$40	Cirque Wonderland
30188	F	8/4	5:30-8pm	\$40	Cirque Wonderland

Kids Aerial FUNdamentals *Ages 7-18*

ID	Day	Dates	Time	Fee	Location
30159	T	6/6-6/27	6:30-7:15pm	\$150	Cirque Wonderland
30161	W	7/5-7/26	5:30-6:15pm	\$150	Cirque Wonderland
30162	T	8/1-8/22	6:30-7:15pm	\$150	Cirque Wonderland
30163	W	8/2-8/23	5:30-6:15pm	\$150	Cirque Wonderland

Aerial Arts Camp *Ages 12-18*

ID	Day	Dates	Time	Fee	Location
30157	M-F	6/19-6/23	8:30am-12pm	\$199	Cirque Wonderland
30158	M-F	7/24-7/28	8:30am-12pm	\$199	Cirque Wonderland

Youth Tech Inc.

Youth Tech Inc., in cooperation with Des Moines Area Community College West Campus' Celebrate! Innovation program, offers interactive computer camps that focus on providing enrichment opportunities to students in the world of computers. All programs are held at DMACC West Campus located at 5959 Grand Avenue in West Des Moines.



iGame Creator *Ages 6-10*

ID	Day	Dates	Time	Fee	Location
29943	M-Th	6/19-6/22	9:30am-12pm	\$135	DMACC West

Code Studio *Ages 6-12*

ID	Day	Dates	Time	Fee	Location
29950	M-Th	6/26-6/29	9:30am-12pm	\$135	DMACC West

iMobile Game Design *Ages 6-12*

ID	Day	Dates	Time	Fee	Location
29937	W-F	7/5-7/7	9am-12pm	\$130	DMACC West

Young Engineers *Ages 6-12*

ID	Day	Dates	Time	Fee	Location
29938	W-F	7/5-7/7	1-4pm	\$130	DMACC West

Gamers Paradise *Ages 6-13*

ID	Day	Dates	Time	Fee	Location
29952	M-Th	7/31-8/3	9:30am-12pm	\$135	DMACC West

Robotics - Battle Bots *Ages 9-15*

ID	Day	Dates	Time	Fee	Location
29939	M-Th	6/12-6/15	9am-12pm	\$160	DMACC West
29940	M-Th	7/24-7/27	1-4pm	\$160	DMACC West

Roblox Studio *Ages 9-15*

ID	Day	Dates	Time	Fee	Location
29948	M-Th	6/19-6/22	1-4pm	\$165	DMACC West
29949	M-Th	7/24-7/27	9am-12pm	\$165	DMACC West

Movie Makers *Ages 9-15*

ID	Day	Dates	Time	Fee	Location
29944	M-Th	7/10-7/13	9am-12pm	\$155	DMACC West

Animation *Ages 9-17*

ID	Day	Dates	Time	Fee	Location
29945	M-Th	6/26-6/29	1-4pm	\$160	DMACC West

Graphic Design *Ages 9-17*

ID	Day	Dates	Time	Fee	Location
29947	M-Th	7/10-7/13	1-4pm	\$155	DMACC West

Web & App Design *Ages 9-17*

ID	Day	Dates	Time	Fee	Location
29951	M-Th	7/31-8/3	1-4pm	\$155	DMACC West

Video Game Design *Ages 10-17*

ID	Day	Dates	Time	Fee	Location
29935	M-Th	6/12-6/15	1-4pm	\$175	DMACC West
29936	M-Th	7/17-7/20	9am-12pm	\$175	DMACC West

The Gaming Academy *Ages 10-17*

ID	Day	Dates	Time	Fee	Location
29942	M-Th	7/17-7/20	9am-4pm	\$305	DMACC West

3D Game Design *Ages 10-17*

ID	Day	Dates	Time	Fee	Location
29941	M-Th	7/17-7/20	1-4pm	\$160	DMACC West

Creative Geniuses Art *Ages 4-15*

Ages	ID	Day	Dates	Time	Fee	Location
3-5	30583	T-Th	6/27-6/29	9:30-10am	\$45	Activity Center
6-11	30584	T-Th	6/27-6/29	10:15-11:15am	\$75	Activity Center
12-14	30587	T-Th	6/27-6/29	11:45am-12:45pm	\$75	Activity Center
3-5	30585	T-Th	7/11-7/13	9:30-10am	\$45	Activity Center
6-11	30586	T-Th	7/11-7/13	10:15-11:15am	\$75	Activity Center
12-14	30588	T-Th	7/11-7/13	11:45am-12:45pm	\$75	Activity Center

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

St. Louis Cardinals vs Chicago Cubs Double Header *Ages 10+*

Join us as we travel to the "The Gateway to the West" to take in the rivalry between the Cubs and Cards! This three-day, two-night package includes stadium seating on Friday night and premium, all-inclusive seats on Saturday in a box suite on Redbird Row. These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-Cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket. (Please note: These seats include indoor/outdoor seating in a box Suite in right field.) This travel package also includes a two-night hotel stay, breakfast each morning at the hotel, and round-trip transportation. Whichever team you cheer for....GO CUBS! or GO CARDS! this sports tour will satisfy all baseball fans!



A \$100 non-refundable deposit is due at the time of booking, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.

ID	Day	Dates	Time	Room	Fee*	Pick-up/Drop-Off
30368	F-Su	7/28-7/30	7am-7pm	Single	\$685	WDM City Hall
				Double	\$535	
				Triple	\$505	
				Quad	\$485	

*Fee per person

Summer K9 Toss & Fetch League *Ages 10+*

Toss and Fetch is a fun game with your dog, a frisbee, and competition with teams around the world. Each Wednesday we will meet at Jordan Creek Park to "toss and fetch" with our dogs to gather scores that we will submit. Our league is for anyone who has a dog that loves to play fetch with a Frisbee. Each team (dog and owner) will need to register. *If you have more than one dog you will need to register twice. If you have one dog and two people who want to compete with that dog you will also have to register twice.



ID	Day	Dates	Time	Fee	Location
30390	W	6/7-7/5	6:30-7:30pm	\$18	Jordan Creek Park

Freezer Meals *Ages 16+*

Make your weekly meal planning a little easier with Dinner Delights! During this 90-minute class, you will assemble six, three-serving freezer meals which will be ready to toss in the oven, crockpot, or on the stove for stress-free meal times. Everything is provided except a cooler or bags to take your meals home. *Registration for these classes closes three days before each session. Refunds will not be given within two weeks of each class date.



ID	Day	Dates	Time	Fee	Location
29800	Su	4/23	2:30-4pm	\$135	Activity Center
29801	Su	5/21	2:30-4pm	\$135	Activity Center
29802	Su	6/25	2:30-4pm	\$135	Activity Center
29803	Su	7/23	2:30-4pm	\$135	Activity Center
29804	Su	8/20	2:30-4pm	\$135	Activity Center

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Pandemic Board Game Survival *Ages 10+*

Partner up to stop disease from spreading throughout the world at our Pandemic Survival cooperative tournament. You and your partner will face off simultaneously against other teams to either win the game or survive the longest. This last-team-standing style of play is full of non-stop action with your turn-by-turn decisions making the difference between victory and defeat. This is a for-fun tournament, but winners will receive a Rook Room prize package. Teams of all ages and skill levels are welcome. The fee is per team of two players.



ID	Day	Dates	Time	Fee	Location
30295	Sa	5/13	1:30-4:30pm	\$10	Activity Center

Euchre Tournament *Ages 10+* **NEW**

Grab a partner and take some tricks in a thrilling Euchre tournament hosted by The Rook Room in partnership with West Des Moines Parks and Recreation. You and your teammate will face off with other pairs in a round-robin tournament, so there's never a dull moment. Take the most tricks, don't get euchred, and play your way to victory and the top prize. The fee is per team of two players. All materials will be provided.

ID	Day	Dates	Time	Fee	Location
30296	Su	7/16	1:30-4:30pm	\$10	Activity Center

Craft Craze: Beginner's Cross Stitch *Ages 14+*

Interested in cross-stitch and don't know where to start? This class will explain stitching techniques, pattern reading, and other important tips and tricks to start this relaxing and rewarding hobby. We will work on a 4" hoop, and you will leave class with a strong start to your project that you can finish at home.



ID	Day	Dates	Time	Fee	Location
30288	T	4/18	5:30-7:30pm	\$15	Nature Lodge

Craft Craze: Kintsugi *Ages 14+* **NEW**

We will repair a piece of pottery inspired by the Japanese art of Kintsugi in which areas of breakage are repaired by filling the cracks with gold, highlighting the beauty of their history and imperfections. You will receive a small practice piece to break and mend before moving on to a larger piece.



ID	Day	Dates	Time	Fee	Location
30289	T	8/1	5:30-8pm	\$30	Nature Lodge

Theatre Kids All Grown Up *Ages 18+* **NEW**

Whether you were a theater kid or just have a theater kid, we want you to come out and play! This evening of theater activities and games will be just as fun to watch as it is to participate in. Don't worry that you will have to provide all of the entertainment, the Seedlings Staff and friends will have some fun performances ready to go. This is the perfect time for mixing and mingling while enjoying refreshments from the concessions booth.

ID	Day	Dates	Time	Fee	Location
30513	F	7/14	6-8pm	\$15	Tallgrass Theatre

Ballroom Dancing *Ages 16+*

Dances Taught: Foxtrot, Swing (East Coast), Waltz, & Rumba
Instructors: Jim & Suzi Benjamin
Visit www.danceinfo@desmoinesdance.org for more info.

*This class are for couples only. The fee is per person.

Level	ID	Day	Dates	Time	Fee	Location
I	30080	Su	7/23-8/27	12:30-1:30pm	\$60	Activity Center
II*	30081	Su	7/23-8/27	1:30-2:30pm	\$60	Activity Center

Turn Up Fitness *Ages 18+*

Turn Up Fitness is a fun, high-cardio dance class using your favorite hip-hop and pop songs from the 90s through today. It uses high intensity interval training in an empowering and judgment-free setting. You will be having so much fun, you'll forget you are working out! More info can be found at www.facebook.com/turnupjackie. *not held on 7/7, 8/16, & 8/18

Options: \$60 for a punchcard of 10 class; \$7 to drop in and try 1 class

ID	Day	Dates	Time	Fee	Location
30094	W & F	5/3-6/30	6-7pm	\$80	Activity Center
30093	W & F	7/5-8/30*	6-7pm	\$70	Activity Center

Yoga with Jayla *Ages 18+*

There is a great need in the world today for stress management. Yoga with Jayla is a yoga workshop for people of the community so that they can reap the various benefits of yoga. It has been medically proven that yoga releases stress and tension from the nervous system, and this in turn enhances a person's ability to cope with the increasing pressures of modern day living. Yoga does this by providing deep relaxation to the body and the mind through its ancient breathing techniques and physical postures/exercises. So what are you waiting for? Let's get started sharpening your mind, body, and soul. To keep up to date on classes visit www.facebook.com/yogawithjayla.



Options: \$60 for a punchcard of 10 class; \$10 to drop in and try 1 class

*Times: M, W, Th, & F 6-7pm Sa & Sa 10-11am

ID	Day	Dates	Time	Fee	Location
30089	M, Th, Sa, & Su	5/4-6/1	*	\$80	Activity Center
30092	M, W, F, & Sa	6/3-6/30	*	\$80	Activity Center
30090	M, W, F, & Sa	7/1-7/31	*	\$90	Activity Center
30091	M, W, F, & Sa	8/2-8/30	*	\$85	Activity Center

Tai Chi *Ages 18+*

How would you like to improve your posture, balance, flexibility, strength, and mental health? You might want to try this Tai Chi class for beginners. This class will be held on the patio of the Nature Lodge where our instructor, Canh Hua, will teach you some basic Tai Chi forms that you can continue to practice long after this class is over. Canh Hua is a certified Tai Chi for Arthritis instructor.

ID	Day	Dates	Time	Fee	Location
29819	Su	5/21-6/25	9-10am	\$21	Nature Lodge

Forest Bathing - Shinrin Yoku *Ages 16+*

Guided forest bathing walks are appropriate for all ages and abilities as less than a ½ mile is covered on each walk. Guides use techniques to support participants in entering a state of embodied awareness, moving through a series of “invitations” to support participants in tuning into each of their senses, allowing participants to move into a liminal space and experience resulting wellness benefits.



	ID	Day	Dates	Time	Fee	Location
NEW With Your Dog	29679	Su	4-16	1-3pm	\$25	RRP Boathouse
	29678	Sa	5/6	9:30-11:30am	\$25	Southwoods Park
	29680	T	7/11	6-8pm	\$25	Southwoods Park
NEW Sunset Bathing	29681	Th	8/17	6-8pm	\$25	RRP Biddle Shelter

Stand Up Paddleboard Course or Kayak Class *Ages 15+*

Come learn the basics! We'll outfit everyone with either a stand up paddleboard or a kayak, life jacket, and paddle and get everyone on the water for a quick introduction. Tour along the shoreline with a certified instructor while we cover basic safety and an introduction to strokes. Children under 15 must have an adult present in the class. Please dress to get wet.



	ID	Day	Dates	Time	Fee	Location
SUP	29898	Su	6/11	8:30-10am	\$23	RRP Boathouse
Kayak	29891	Su	6/25	8:30-11am	\$33	RRP Boathouse
Kayak	29888	Sa	7/15	8:30-11am	\$33	RRP Boathouse
SUP	29897	F	7/21	7-8:30pm	\$23	RRP Boathouse

Stand Up Paddleboard Yoga *Ages 15+*

SUP will let you experience the tranquil movements of yoga while out on the water. Class is for beginners, and the goal is to have a fun and relaxing time on the water. Use of a stand up paddleboard and a life jacket are included with the cost. Dress to get wet!

ID	Day	Dates	Time	Fee	Location
29902	T	6/13	6:30-7:30pm	\$18	RRP Boathouse
29894	T	6/20	6:30-7:30pm	\$18	RRP Boathouse
29901	T	6/27	6:30-7:30pm	\$18	RRP Boathouse

Full Moon Kayak Tour *Ages 18+*

Relax and enjoy a warm summer evening on the water. Paddle along the shoreline and enjoy the views of the setting sun and rising of the full moon. We'll outfit you with a kayak, paddle, life jacket, and stern light. Participants are required to bring their own headlights.

ID	Day	Dates	Time	Fee	Location
29900	F	6/2	7-9pm	\$28	RRP Boathouse
29887	Su	7/2	8-10pm	\$28	RRP Boathouse
29890	M	7/31	7:30-9:30pm	\$28	RRP Boathouse
29909	W	8/30	7-9pm	\$28	RRP Boathouse

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Tsunami Balance Board Water Fitness *Ages 18+*

Tsunami Fitness offers a safe and fun workout, designed to grow core and joint stabilization, improve your over-all fitness level, prevent injury through increased proprioception, and burn calories.

ID	Day	Dates	Time	Fee	Location
30558	T & Th	6/6-6/29	5:45-6:30pm	\$56	Valley View Aquatic Center
30557	T & Th	7/11-8/3	5:45-6:30pm	\$56	Valley View Aquatic Center

Archery, Give it a "Shot" *Ages 18+*

This class is designed for adults who have wanted to try archery but have never had the chance. Old or young, come join the archery fun! We will provide the archery equipment. You will need to provide the adventuresome spirit!

ID	Day	Dates	Time	Fee	Location
29869	Th	6/1	5:45-7pm	\$4	Archery Facility
29864	W	7/19	9:30-10:45am	\$4	Archery Facility

Archery Lessons for Beginners *Ages 18+*

Have you tried an archery class and are interested in learning more? This is your chance to improve your form and learn more techniques to make you a better archer. These archery lessons will meet for three weeks for 45 minutes. We will provide the equipment and a certified NASP instructor.

ID	Day	Dates	Time	Fee	Location
29871	W	5/24-6/7	11-11:45am	\$24	Archery Facility
29866	W	5/24-6/7	5-5:45pm	\$24	Archery Facility
29873	W	5/24-6/7	5:45-6:30pm	\$24	Archery Facility

Adult Tennis Lessons *Ages 18+*

These are lessons for adults who are new to tennis as well as those who have advanced skills. Lessons will focus on improving player stroke, technique, skills, footwork, strategy, and match play. Courts and players will be organized by ability and experience to maximize player improvement and enjoyment.

ID	Day	Dates	Time	Fee	Location
30359	M & W	6/12-6/28	9-10am	\$90	Crossroads Park
30365	T & Th	6/13-6/29	6-7pm	\$90	Crossroads Park
30360	M & W	7/10-7/26	9-10am	\$90	Crossroads Park
30366	T & Th	7/11-7/27	6-7pm	\$90	Crossroads Park
30361	M & W	7/31-8/9	9-10am	\$60	Crossroads Park
30367	T & Th	8/1-8/10	6-7pm	\$60	Crossroads Park

Coed Badminton Open Gym *Ages 18+*

Drop in for pick-up badminton matches. Payment is taken on-site.

Day	Dates	Time	Res Fee	Non-Res Fee	Location
Su	3/5-9/24	2:30-5pm	\$3	\$4	Valley Southwoods

To register visit www.wdm.iowa.gov/ParkRecReg or call 515.222.3444

Horseshoe Pitching League *Ages 12+*

This coed league is designed for all levels of ability (players will be handicapped). Prizes and a traveling trophy will be awarded. Free pitching instruction is available throughout the week. ***The \$3 league fee due on the second night of play. Call 515.669.3085/641.728.4751, or just show up to play.**

Day	Dates	Time	Fee*	Location
W	5/3-8/2	6:30-8:30pm	\$3	Holiday Park Horseshoe Courts

Pickleball League *Ages 18+*

 **3/23 Registration Deadline**

Pickleball is fun, social, and friendly. The rules are simple, and the game is easy for beginners to learn but can develop into a quick, fast-paced, competitive game for experienced players. Teams will compete for eight weeks and play best two out of three games each week. The first side scoring 11 points with a minimum lead of two points wins.

League Format: Men's, Women's, & Co-ed
Social, Intermediate, & Competitive levels

Day	Dates	Time	Fee	Location
T-Th	Starts 6/6	6:15-9:15pm	\$50 + tax/team	Valley View Park

Sand Volleyball League *Ages 18+*

 **4/20 Registration Deadline**

This is a non-officiated, call-your-own league. Teams will play a seven-match round-robin schedule plus tournament. Power A is the higher competition level. Power C is the lower competition level.

Day	Dates	Time	Fee	Location
Su-Th	Starts 5/8	6:15-10:30pm	\$150 + tax/team	Valley View Park

Coed Kickball League *Ages 18+*

 **4/13 Registration Deadline**

Boot the ball in the classic playground game just like you did back then. Teams consist of 10 players. Games are 10 innings or 55 minutes long.

Day	Dates	Time	Fee	Location
M, T, W	Starts 4/24	6:15-9:15pm	\$208 + tax/team	RRP Softball Complex



Register at www.teamsideline.com/WestDesMoines



Recreation Hotline

For special program information and updates
or weather-related cancellations call

515.222.3500

Draft Softball League *Ages 50+*

This is a recreational 12" slow-pitch softball league for those over 50 years old. Teams play a nine-game schedule. All games are staffed with an umpire and an official score keeper. All attempts will be made to form teams by balancing ages and abilities.


ID	Day	Dates	Time	Fee	Location
30531	W	4/19-6/14	6:15-9:15pm	\$30	RRP Softball Complex
30532	W	7/12-9/13	6:15-9:15pm	\$30	RRP Softball Complex
30530	W	4/19-9/13	6:15-9:15pm	\$55	RRP Softball Complex

Drop-In Softball *Ages 58+*

Players who are 58 and older (must turn 58 by 12/31/23) can drop in, split up into teams, and play softball. No pre-registration is necessary. A game ball is provided. Just show up to play! Payment is taken on-site.

Day	Dates	Time	Res Fee	Non-Res Fee	Location
T & Th	4/11-10/19	10am-12pm	\$3	\$4	RRP Softball Complex


Softball Double Header

 **3/30 Registration Deadline**

Recreation League *Ages 18+*

	Umpire	Day	Dates	Time	Fee	Location
Men's	Player	M	Starts 4/17	6:15-9:15pm	\$290 + tax/team	RRP Softball Complex
Men's	Staff	M	Starts 4/17	6:15-9:15pm	\$445 + tax/team	RRP Softball Complex
Men's	Player	W	Starts 4/19	6:15-9:15pm	\$290 + tax/team	RRP Softball Complex
Men's	Staff	W	Starts 4/19	6:15-9:15pm	\$445 + tax/team	RRP Softball Complex
Coed	Player	W	Starts 4/19	6:15-9:15pm	\$290 + tax/team	RRP Softball Complex

Softball Double Header


 **3/30 Registration Deadline**

Commercial League *Ages 18+*

	Umpire	Day	Dates	Time	Fee	Location
Men's B	Staff	T	Starts 4/18	6:15-9:15pm	\$445 + tax/team	RRP Softball Complex
Men's C*	Staff	T	Starts 4/18	6:15-9:15pm	\$445 + tax/team	RRP Softball Complex

* Ages 50+

Softball Coed

 **3/30 Registration Deadline**

Recreation League *Ages 18+*

	Umpire	Day	Dates	Time	Fee	Location
Coed	Players	Su	Starts 4/16	6:15-9:15pm	\$213 + tax/team	RRP Softball Complex
Coed	Players	Th	Starts 4/20	6:15-9:15pm	\$213 + tax/team	RRP Softball Complex

Free Agent Lists

Do you love softball, volleyball, kickball, basketball, pickleball, bags, or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can go to www.teamsideline.com/WestDesMoines to sign up. We can't guarantee you will be placed on a team, but past response has been positive.

To register visit www.wdm.iowa.gov/ParkRecReg or call **515.222.3444**

REGISTRATION STARTS ON TUESDAY, MARCH 7, AT 8AM

HAIRSPRAY Matinee *Ages 55+* at the Omaha Orpheum Theatre

You Can't Stop the Beat! HAIRSPRAY, Broadway's Tony Award-winning musical comedy phenomenon is back on tour! Join 16-year-old Tracy Turnblad in 1960's Baltimore as she sets out to dance her way onto TV's most popular show. Can a girl with big dreams (and even bigger hair) change the world? We will enjoy lunch together at Spaghetti Works with some brief time for shopping in the Old Market area before the matinee performance. Transportation, lunch, and your theatre ticket are all included in your program fee.



ID	Day	Dates	Time	Fee	Pick-Up/Drop-off
30385	Sa	6/10	8:30am-7:30pm	\$129	Valley West Mall

Lady of the Lake *Ages 55+*

"All Aboard for Adventure!!" We're off to the beautiful community of Clear Lake today. This relaxing day by the lake will include free time for shopping downtown and a luncheon cruise on "The Lady of the Lake." This double-deck sternwheeler riverboat with an upper sun deck for viewing will be a splendid way to enjoy the day. Come experience the charm of this Main Street community and take a deep breath of the fresh, lakeside air!



ID	Day	Dates	Time	Fee	Pick-Up/Drop-off
30397	T	7/18	8am-5pm	\$64	Valley West Mall

Mystery Trip *Ages 55+*

Jump on board the mystery bus for an adventurous day full of surprises! You should come prepared for both indoor and outdoor activities since our destination will not be revealed. Please be sure to dress casual and comfortable. This trip will include your lunch and any admissions to destinations we may visit!

ID	Day	Dates	Time	Fee	Pick-Up/Drop-off
30412	T	8/8	8am-6pm	\$74	Valley West Mall

These trips generally fill quickly, so please register early. Space is limited to 50 people.

PROGRAM REGISTRATION FORM

Account Primary Contact

First Name _____	Last Name _____
Birthdate _____	Phone _____
Mailing Street Address _____	Email _____
City, State, Zip Code _____	Card Number _____
	/ /
	Exp. Date CVC

Registration Information

Participant First Name	Participant Last Name	Birthdate	Course ID #	Fee

* Please make checks payable to the City of West Des Moines

Drop Off

WDM Parks & Rec. Admin. Office
4200 Mills Civic Parkway
West Des Moines, IA 50265

Mail To

WDM Parks & Rec. Dept.
PO Box 65320
West Des Moines, IA 50265

Scan & Email To

parkrec@wdm.iowa.gov
Fax To
515.222.3459

WDM Parks & Recreation Department Waiver and Release of Liability

In consideration of my own or my child's participation in the Parks and Recreation (hereinafter referred to as "P&R") program or activity through the City of WDM, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns. We certify that my child and/or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.





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ATHENE[®]
PEDESTRIAN
BRIDGE



MAKING A GREATER
CONNECTION

Spanning the beautiful Raccoon River, the Athene Pedestrian Bridge will serve as a seamless connection for cyclists and pedestrians from Raccoon River Park to Walnut Woods State Park and dozens of miles of future trails.

A capital fundraising campaign kicked off in September of 2021 for the Athene Pedestrian Bridge, the first of two bridges. Construction is planned to begin in the summer of 2023.

Donations are still being accepted at www.greatoutdoorsfoundation.org



Learn more about the Athene Pedestrian Bridge at www.wdm.iowa.gov/FiveWaters